



## Surrey Youth Games getting starting pistol

10 March 2023



The Specsavers Surrey Youth Games is kicking off next month, with a wide range of activities available in Epsom & Ewell. The Games are the largest multi-sport youth programme of their kind in the South East, offering FREE local training for 7-16 year olds across Surrey, leading to a final celebratory event for the whole family.

The Games are for beginners who may not get the opportunity to attend clubs, or are put off by the thought of initially competing against others. Supportive coaches will help participants join in, have fun, learn new skills and boost their confidence.

Registration is now open for the free training sessions across a range of activities, which start after Easter and are aimed at those who live or go to school in the borough. All teams then unite for a family-friendly event at the Surrey Sports Park in Guildford on Saturday 17 June.

Councillor **Alex Coley**, Chair of the Community and Wellbeing Committee, said "This is a wonderful initiative that provides a great opportunity for young people who are still building their confidence in sport to access training free of charge, as well as gain a feeling of belonging in their local setting. I encourage all those who might benefit from the training to take a look at what's on offer"

You can find out what's on offer in the Epsom & Ewell borough and register for a place by visiting [www.epsom-ewell.gov.uk/syg](http://www.epsom-ewell.gov.uk/syg)