

# A helping hand from the Council

30 January 2024



Epsom & Ewell Borough Council has launched a local campaign to tell residents about community support services that offer them, and their loved ones, a helping hand.

The council offers a range of valuable services for those who are elderly or vulnerable. They are run by staff who provide a personal and caring service, and council subsidies mean that costs are kept to a minimum. Services include:

- The Dementia Hub: respite care for people living with memory loss and dementia.
- Meals at Home: tasty, healthy meals delivered to homes in and around Epsom & Ewell, catering for any dietary requirement. The team can even drop off shopping, too.
- Transport from Home: DBS checked drivers help people in Epsom & Ewell, who are unable to use public transport, with door-to-door travel.
- Community Alarm: easy-to-use devices that raise an alarm in an emergency and can even help find a loved one who has become lost whilst away from home.
- The Community & Wellbeing Centre: support hub for the over 55s; a place to relax, make friends, join activities, and feel at home.

Residents will notice information about the services across the borough on council social media accounts including Facebook, Instagram and X, in the council email newsletter, and in local advertising.

Councillor Clive Woodbridge, Chair of the Community and Wellbeing Committee, said: "As we become older, or for people with additional needs, living independently can feel challenging. We also know that many of our residents are carers for loved ones who would really benefit from our services.

Our trained teams offer care and support for people who need it most, allowing them to stay independent for longer. We hope this campaign will reach residents who could use a helping hand and encourage them to talk to us to find out how we can help."

If you or someone you know could use any of these services, please talk to Epsom & Ewell Borough Council today. Call 01372 732000 or visit the website: [www.epsom-ewell.gov.uk/communitysupport](http://www.epsom-ewell.gov.uk/communitysupport)

The Dementia Hub, meals at home and shopping service are also available for people who live outside of the borough of Epsom & Ewell.