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Up to £1 where sold

A new clinic specialising in adult ADHD has opened in Epsom & Ewell: Kiam Clinic

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For many adults, years of quietly struggling with focus, organisation, time management or restlessness can finally start to make sense once ADHD is recognised. Yet with NHS waiting lists for assessment now stretching to several years in many parts of the country, a growing number of people are choosing to seek answers privately.

When carried out properly, at a reputable, Care Quality Commission (CQC) registered clinic and by an experienced specialist, a private ADHD assessment can be a genuinely life-changing step. It opens the door to the right understanding, support and treatment.

A new clinic, Kiam Clinic, has opened in the heart of Epsom to bring expert, locally accessible adult ADHD care to the Epsom and Ewell community.

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The clinic offers comprehensive adult ADHD assessments and, where clinically appropriate, ongoing treatment and medication management, all delivered in line with national clinical guidelines. Its aim is to provide a clear, thorough and compassionate route to diagnosis, helping people finally understand themselves and access the support they need to thrive at work, at home and in everyday life.

Care at Kiam Clinic is led by Dr Abbass Mohammadinasab (MRCPsych), Consultant Psychiatrist and the clinic's Founder. Alongside his work at the clinic, Dr Abbass is a Senior Clinical Lecturer at King's College Medical School and brings extensive NHS and academic experience to every assessment he carries out.

Kiam Clinic is registered with and regulated by the Care Quality Commission (CQC), giving patients the reassurance of a service that is safe, professional and held to recognised national standards.

The clinic occupies a spacious, purpose-equipped premises with more than 15 consulting rooms. As well as running its own ADHD service, Kiam Clinic is helping to create a hub for healthcare in the local area: a number of its rooms are available to rent to fellow practitioners, from therapists and counsellors to other medical and wellbeing specialists, looking for high-quality, professional clinical space in Epsom.

The team says its goal is a simple one: to make expert psychiatric care more accessible to the local community, in a welcoming and professional setting, while helping to reduce the long waits that so many people currently face.

Whether you have wondered for years whether ADHD might explain your experiences, or you are a practitioner looking for a professional home for your own practice, Kiam Clinic extends a warm welcome to the Epsom and Ewell community.

To find out more about adult ADHD assessment and treatment, or about renting clinical space, visit the clinic's website.

Website: https://kiamclinic.com

Email: enquiries@kiamclinic.com

Telephone: 01372660580

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