EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

Correction to our Epsom and Ewell Council reports

21 October 2024

We apologise unreservedly to Epsom and Ewell Borough Council's Chief Executive Officer Jackie King for an unintended publication of a report dated 26th September 2024 titled Challenges to Epsom and Ewell Council's Handling of Local Plan, reporting on the 24th September 2024 meeting of the Licensing, Planning and Policy Committee.

This report was overtaken by a report entitled Epsom Local Plan controversy heats up also reporting on the same meeting.

We attributed remarks to Jackie King even though she was not at the meeting. This part of the report has been repeated elsewhere on social media causing some concern in this sensitive area.

The first report was a draft that was intended to be discarded as it was clear that there was a muddle in interpreting the subtitles of the meeting. We do not usually report twice on the same meeting.

The report Challenges to Epsom and Ewell Council's Handling of Local Plan has now been unpublished.

Let us take this opportunity to appeal for new writers. You do not need a degree in English or Journalism. We can always reorganise the writing to a publishable standard. What we need is observers with time to provide us the facts of local matters. A Borough our size cannot sustain paid journalism. We rely on volunteers.

Verdi's Requiem adapted for Epsom Church

21 October 2024



Epsom Choral Society (ECS) will perform the Verdi Requiem on Saturday 23rd November at 7:30pm, at St Martin's Church in Epsom. This concert promises to be a remarkable event, showcasing a special arrangement of Verdi's grand work with chamber ensemble by Michael Betzner-Brandt.

Celebrating over a century of musical excellence, ECS has been delivering exceptional performances to its audiences to mark its centenary in 2022. The choir has programmed a series of exciting and diverse concerts over the past two years, including a gala performance of Handel's Messiah and a spectacular rendition of Walton's Belshazzar's Feast at London's Cadogan Hall.

There are four outstanding international soloists:
Elizabeth Findon – soprano
Judy Louie Brown – mezzo
John Findon – tenor
Mark Nathan – baritone

The concert will be conducted by ECS Music Director, Julian Collings.

This November, ECS invites its loyal followers to experience Verdi's Requiem like never before. The arrangement by Michael Betzner-Brandt is designed specifically for a chamber ensemble, allowing the choir to bring the grandeur and emotional depth of Verdi's masterpiece to a more intimate setting while still capturing the essence and intensity of the original composition.

"Our aim is to create an unforgettable musical experience for our audience," said Nina Kaye, publicity manager. "The Verdi Requiem is one of the most powerful works in the choral repertoire, and this unique arrangement allows us to perform it in St Martin's Church in Epsom."

Tickets for this not-to-be-missed event are priced at £20, with a special half-price offer for under-25s and can be bought online www.epsomchoral.org.uk. Attendees are encouraged to book early to avoid disappointment, as this concert is

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771

expected to attract a large audience.

Join Epsom Choral Society on Saturday, 23rd November at 7:30pm at St Martin's Church in Epsom for an evening of stirring music, passion, and community. Experience Verdi's Requiem in a new light, and be a part of the rich musical heritage that ECS continues to build in Epsom and beyond.

For more information and to purchase tickets, please visit www.epsomchoral.org.uk.

17th October 2024

21 October 2024

Council Finances Housing

Epsom's homelessness crisis



16 October 2024

Finding temporary accommodation for families at risk of homelessness is the "biggest financial pressure" facing Epsom and Ewell. Following Epsom and Ewell Times report 13th October 2023 on Epsom and … Read More

Council Finances Housing

Some Surrey boroughs get brownfield funding



16 October 2024

Surrey councils will get nearly £2m to release disused brownfield sites to unlock desperately needed land for house building including cash to clear asbestos and transform the "heart of Camberley". … Read More

Council Elections News

Surrey Tories bouncing back already?



15 October 2024

The Conservative election turnaround in Surrey shows no sign of slowing after the party beat the Liberal Democrats, Labour and independents to take two more seats at the October 2024 by-elections. … Read More

Football Sports

What were the odds of Epsom & Ewell's 4 x 2 + 2?

Combined Counties League Premier Division South

		P	W	D	L	F	A	GD	PTS
14	Horley Town	14	3	4	7	29	34	-5	13
15	Epsom & Ewell	13	3	4	6	19	30	-11	13
16	Camberley Town	11	3	2	6	15	22	-7	11
17	Chipstead	12	3	1	8	17	35	-18	10
18	Sheerwater	13	2	3	8	21	37	-16	9
19	Balham	12	1	3	8	14	31	-17	6
20	Spelthorne Sports	13	0	4	9	8	27	-19	4

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

15 October 2024

Epsom and Ewell 2-2 Fleet Town. Combined Counties League – Premier Division South. Saturday 12th October 2024. For the fourth time in a row our match resulted in a 2-2 … Read More

Council Finances

Surrey County Council finances under the spotlight



14 October 2024

A recent Local Government Information Unit report presents a worrying picture of local government finances across the UK, with a particular focus on the impact of budget cuts on services … Read More

Business News

Ancaster acquires the Epsom keys to Allams



14 October 2024

Sponsored article: Ancaster Group has announced the acquisition of Allams of Epsom, a prominent Skoda dealership that has been a cornerstone of the local automotive industry for over 70 years. … Read More

Rugby Sports

Sutton & Epsom Rugby beat the unbeaten



14 October 2024

On Saturday 11 th October 2014 Sutton & Epsom RFC visited Crescent Farm to play Sidcup whowere the early season league leaders of London 1 South after five games. On … Read More

Community Health

Public meeting about Epsom Hospital future



12 October 2024

A public meeting has been scheduled for October 17th, 2024, at the Epsom Sports Club, located next to Epsom Hospital, to discuss the future of local healthcare services. The meeting, … Read More

Council News

Fly-tippers force closure of Surrey recycling centre

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771



12 October 2024

A Surrey recycling site will permanently close due to persistent fly-tipping at the site. The Mound car park in Tattenham Corner has been repeatedly hit by high levels of dumped … Read More

Arts Business Education

Epsom Station gets an artistic makeover



11 October 2024

In the hustle and bustle of daily life, railway stations often feel like transient spaces where passengers rush through without a second thought. However, at Epsom Station, something unique is … Read More

Community Volunteers

Winter fuel support in Epsom



10 October 2024

Changes to the Winter Fuel Payments means that many people are worried that they may not beable to heat their homes this winter. For the eighth year running, Citizens Advice … Read More

Community Volunteers

Epsom Pantry has a sister in Banstead

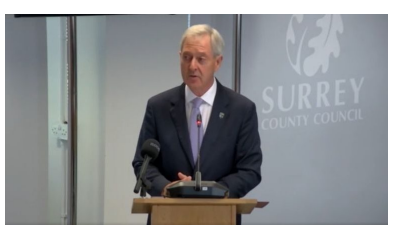


10 October 2024

Sat bang in the middle between M&S and Waitrose on Banstead high street, a new community food store has opened to help people struggling to buy affordable groceries in Surrey. … Read More

Council Education

Surrey sorry for SEND shortcomings



10 October 2024

The leader of Surrey County Council (SCC) has apologised to families who have been ‘failed’ over the provision of special educational needs and disabilities (SEND) services. Parents have previously told … Read More

Education News

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

Surrey student satellite stars

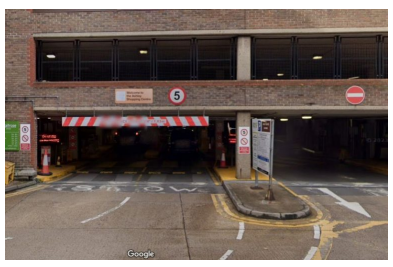


10 October 2024

Meet DARWIN – the award-winning, small satellite that could detect and track wildfires, built by students from the University of Surrey. Surrey's Peryton Space team has won the prestigious UK Students for the Exploration and Development of Space (UKSEDS) satellite design competition, beating teams from around the country for the second … Read More

Council Letters Transport

Epsom and Ewell Council answers parking complaint immediately



10 October 2024

Charles Moseley of Hurstpierpoint complained in a letter dated 8th October to the Epsom and Ewell Times about the running out of Epsom Playhouse beer and the Ashley Centre Car … Read More

---

Ancaster acquires the Epsom keys to Allams

21 October 2024



Sponsored article: Ancaster Group has announced the acquisition of Allams of Epsom, a prominent Skoda dealership that has been a cornerstone of the local automotive industry for over 70 years. This move comes as Ancaster celebrates its 75th anniversary, marking a strategic expansion for the group across South West London and Surrey.

Allams of Epsom, located on Longmead Business Park, has been serving customers in the region since its establishment in 1952. The dealership is well-known for offering the full range of Skoda vehicles and operates as an authorised service and MOT centre. For decades, it has built a loyal customer base, providing reliable service and quality vehicles to generations of local residents.

With this acquisition, Ancaster Group continues to solidify its presence in the South East, adding to its existing network of 13 dealerships representing brands such as Nissan, Hyundai, MG, Renault, and Dacia. This addition will allow the group to further enhance its customer offerings, particularly in the fast-growing Skoda brand. Ancaster's Managing Director, Stephen Wood, expressed enthusiasm for the future, stating, "This acquisition is a strategic milestone for us, as it accelerates our growth and broadens the brands we offer in South London and Surrey. Allams and Ancaster share the same important core values of customer service provided by a motivated and committed team."

Allams will continue to operate under its current name, with customers benefiting from the enhanced support and synergies provided by Ancaster's wider network. The acquisition positions Ancaster to serve the Surrey and South West London markets even more effectively, with a strong focus on customer satisfaction, as both companies are known for their dedicated service teams.

The Allams dealership has long been a fixture in Epsom, having earned a reputation for trust and quality in automotive sales and servicing. For local residents, this acquisition signals the continuation of a trusted service, now backed by the broader expertise and resources of a larger dealership group. Ancaster's purchase ensures that Allams will remain an integral part of the community, while also benefiting from new growth opportunities within a larger organisation.

Ancaster Group, which was founded in 1949, has built its reputation over the decades through customer service, trust,

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771

and value. With this latest acquisition, the group looks set to strengthen its ties to the local community, continuing to offer a comprehensive range of new and pre-owned vehicles across multiple brands.

For Epsom motorists, this new chapter in the history of Allams promises continuity in quality service, combined with the benefits of a broader dealership network under the Ancaster umbrella.

Winter fuel support in Epsom

21 October 2024



Changes to the Winter Fuel Payments means that many people are worried that they may not be able to heat their homes this winter.

For the eighth year running, Citizens Advice Epsom & Ewell (CAEE) has teamed up with the Rotary Clubs of Epsom and Ewell to bring much needed support to those in the borough in need of help with paying fuel bills this winter.

This year, residents in the Epsom & Ewell borough are being asked to donate any amount to Project Wenceslas to help those affected. All funds will help those struggling with electricity and gas bills, as well enable energy efficient appliances to be purchased. CAEE manages the distribution for the benefit for those in fuel poverty, direct to fuel suppliers with no deductions for costs or fees.
Lisa Davis, CEO, Citizens Advice Epsom & Ewell, said:

“With changes to the Winter Fuel Payments this winter, an increased number of people in our community are worrying about heating their homes. Many people relied on the Winter Fuel Payments to help manage their energy usage and budgets. Some people may be eligible for benefits but many may not.

“Project Wenceslas is more important than ever to provide that much needed support and peace of mind for individuals and families across the borough who are struggling. Please get in touch if either you want to donate or you are in need of support.”

To find out more about donating, please contact via the websites epsomrotary.uk or ewellrotary.club and search for Project Wenceslas.

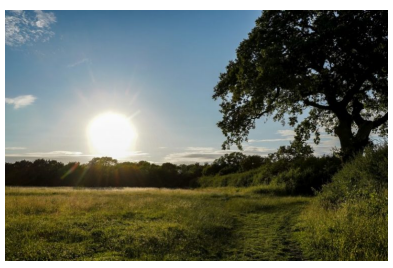
If you are struggling with fuel bills, then contact Citizens Advice Epsom & Ewell on 0808 278 7963 (Mon-Fri, 10am – 4pm) or see our website: www.caee.org.uk.

10th October 2024

21 October 2024

Community Nature News

Secret 100 acres just north of Epsom and Ewell



7 October 2024

Despite being home to ancient hedgerows, a locally significant population of brown hairstreakbutterflies, and a small fragment of wetland, the series of seven meadows spanning 42 hectares (about 100 acres) … Read More

Football Sports

Epsom & Ewell FC draw with leaders

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

7 October 2024

Redhill 2-2 Epsom and Ewell. Combined Counties League – Premier Division South. Saturday 5th October 2024. I wrote last week that matches against Redhill and Fleet Town would give us … Read More

News Policing

Surrey Cop demoted for racist texts



6 October 2024

A Surrey Police sergeant who shared racist texts and a video of a man attempting to take his own life has been stripped of his rank – but will continue … Read More

Health Sports

There’s always Buckland Park for winter swimmers



6 October 2024

Guildford Lido, in Stoke Park, used to be open 12 months a year from 2014, but that ended during the pandemic. This year’s summer season ended on September 15. Nestled … Read More

Council Education Environment

Surrey schools greenest in England

6 October 2024

Surrey County Council is proud to announce that it continues to lead in England in environmental education, boasting the largest number of Eco-Schools Green Flag awards for the second consecutive … Read More

Community News

Ashtead heroes recognised by local Rotary



6 October 2024

Ashtead ‘local heroes’ were recognised for their outstanding service to the community at last night’s 2024 Ashtead Rotary Community Awards. Three awards were made, to people nominated by their peers, … Read More

Culture Education News

Art, culture, and science collide in Surrey

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771



6 October 2024

This November, the University of Surrey will open its doors to the public as it hosts two prominent research festivals: the Being Human Festival and the ESRC Festival of Social … Read More

News Sports

Epsom and Ewell’s over 60s win multi-sports



6 October 2024

Wednesday 2 October saw the 16th running of the Better Club Games tournament at Queen Elizabeth Olympic Park’s Copper Box Arena. The annual event put on by charitable social enterprise … Read More

News Policing

More or less Surrey Police challenge to Commissioner

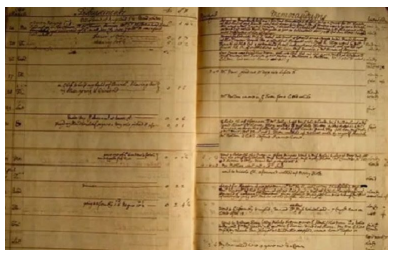


6 October 2024

Staffing cuts at Surrey Police could be in the pipeline as the force attempts to fill a potential £23.4 million financial hole. Surrey Police has to make the savings in … Read More

Local History News

American baseball started in Surrey



6 October 2024

The latest BBC Secret Surrey podcast features Julian Pooley, Public Services and Engagement Manager, who tells the story of a previously unknown William Bray diary. Covering 1754-1755, the diary was found in … Read More

News Planning

Hampton’s Jolly Boatman has more to be jolly about



6 October 2024

Hampton Court and its historic views will be forever changed after the secretary of state approved controversial Jolly Boatman plans to build 97 homes together with an 84 bed hotel … Read More

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

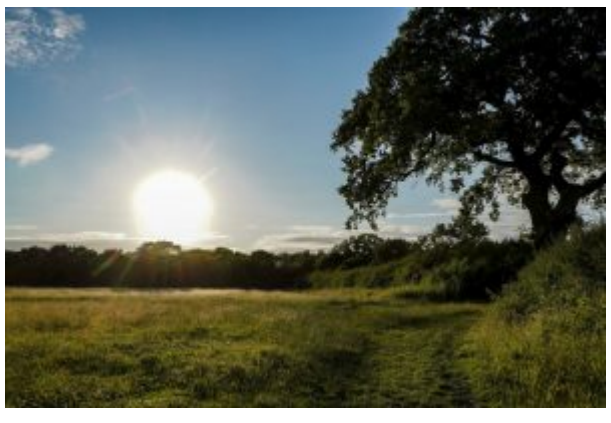
EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

Secret 100 acres just north of Epsom and Ewell

21 October 2024



Despite being home to ancient hedgerows, a locally significant population of brown hairstreak butterflies, and a small fragment of wetland, the series of seven meadows spanning 42 hectares (about 100 acres) at Tolworth Court Farm is far from reaching its ecological potential.

Citizen Zoo is working with Kingston Council and The Community Brain to change that! Our shared vision is to establish a dynamic, mixed-mosaic nature reserve that nurtures a more diverse and abundant wildlife population. We will restore and enhance the site's ecological balance while honouring its rich farming heritage through innovative rewilding measures inspired by rural projects such as mixed grazing regimes.

Mixed-Grazing Scheme

Despite its size and location along the green corridor of the Hogsmill, the site is underperforming in terms of the wildlife it supports. After 20 years of annual hay cuts that should increase botanical diversity, the site's plant communities have degraded since the last surveys were conducted in 2003. Additionally, while the 1000+ insects and 40+ bird species recorded sounds an impressive number, this is far below what a site of this should support. Indeed, a few decades back the site was home to nationally rare ground-nesting birds such as skylarks and lapwing, plus increasingly scarce bullfinches.

Adopting the mixed grazing methods of successful rewilding projects in rural areas, such as Knepp and Wild Ken Hill, we are currently preparing the site for the re-introduction of livestock!

We will be introducing a small number of cattle and pigs, which through their varied grazing behaviours, will improve plant diversity, aerate the soil, and create a diversity of habitats. This will create a dynamic ecosystem within Kingston's largest nature reserve helping to restore ecological balance and create a healthier ecosystem for local species and people. With the invaluable support of our dedicated volunteers and local students, we are clearing vegetation around the perimeter of the site, and preparing to install a secure livestock fence. Once in place, the cattle will be free to roam within the designated area. Each individual will be fitted with a GPS tag, allowing us to monitor their movements and make adjustments if needed, ensuring their welfare and the protection of the environment.

We are aware of the vital importance of the site in terms of local people's access to green space as well as its popularity among dog walkers. However, with the presence of cattle, it will be increasingly important to keep dogs on leads. We will be using Sussex cattle, which will have received training around the presence of humans and dogs, and also be individually selected for their docile traits. This is a common breed for grazing in urban areas and means we can be confident of no issues arising, however, as with other projects, we will ask dog walkers to keep their dogs on leads within the enclosure as an extra precaution.

We are recruiting a dedicated team of 'Wild Guardians' to conduct checks on the livestock and their welfare every day. If there are any issues flagged with the individuals or regarding their safety on site we will respond immediately. Do get in touch if you would like to be a part of this group. It will be a wonderful opportunity to get hands-on experience with a traditional breed, and we would love to have you on board!

Wetland Restoration Project

Another key feature of the Wild Tolworth project is the restoration of a large wetland area in the Great Meadow. Historically, the Hogsmill River flowed through the western corner of Tolworth Court Farm Fields, which acted as a floodplain for the site stream The river was straightened around the 1950s to reduce flooding in the area. This was a commonly used method of flood reduction that counterintuitively passed the risk of flooding on further downstream, as the water flows quicker from A to B. While we would like to have re-diverted the river back through the site, due to electrical, sewage, and gas utilities on site, this was not possible. Instead, we will mimic the flow of the river with an enhanced closed-system wetland. By restoring this important feature, we will rejuvenate the ecological balance of the area, providing vital new habitats for local wildlife while also reconnecting the site with its historical roots. This will increase the presence of many bird species and amphibians on site. Additionally, by storing surface runoff and slowing water entering the river, the wetland will help to prevent flooding downstream.

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771

We will increase the accessibility of the site with a wheelchair-friendly boardwalk over the wetland, offering everyone the opportunity to enjoy the natural beauty of Tolworth Court Farm and experience this unique habitat up close.

This restoration project required us to gain planning permission from the council (as shown by the green planning notice signs at the entrances to the site). There will be no buildings constructed on site.

Work to Date
This project has been a long time in the making. Citizen Zoo, alongside Kingston Council and the Community Brain, has coordinated comprehensive ecological surveying including engaging with nationally recognised invertebrate experts and botanists. Further to this work, in conjunction with the Field Studies Council and Biological Recording Company, we have run over 10 Community Field Recorders Days, where volunteers can learn from species experts to help survey the site and learn more about the incredible species that can be found within the reserve. This has provided insight into the biodiversity of Tolworth Court Farm and informed the changes that can be made to improve the health of the ecosystem and bring benefits to wildlife and people.

We intend to begin work on our livestock fences and wetland restoration project in late 2024 to early 2025.

Nature-Friendly Dog Walks
Tolworth Court Farm is a cherished local space, and we want everyone to feel informed and involved. If you have any questions regarding the logistics of these changes please come along to one of our Nature-Friendly Dog Walks on site. This provides a great opportunity to ask any questions you have while we show you the vision for the site. You can find more information on these on our website (citizenzoo.org) or our Eventbrite page!

Further Questions
If you are unable to make it to a dog walk but you have any questions regarding the logistics of these changes please see our website by googling ‘Citizen Zoo Wild Tolworth’ for some FAQs or email hello@citizenzoo.org.

Pia Trevelyan-Ashby

Ashtead heroes recognised by local Rotary

21 October 2024



Ashtead ‘local heroes’ were recognised for their outstanding service to the community at last night’s 2024 Ashtead Rotary Community Awards.

Three awards were made, to people nominated by their peers, for outstanding services to the local community.

The **Individual Community Service award** was given to **Richard Garrard** who, in 2017 set up the Patient Participation Group with Ashlea Medical Practice. The Group was such a success that it won a national award in 2020. Richard is also Chair of Ashtead Good Neighbours, growing the Group to over 100 drivers who provide transport for medical appointments. He also led the Ashtead British Legion Poppy Appeal which raised £12,000 last year.

The **Group Service Award** went to the Trustees of **Ashtead Peace Memorial Hall** (APMH) whose centenary is being celebrated this year. The trustees and volunteers are committed to improving and maintaining the Hall which is an outstanding community facility for the Ashtead community.

The **Service above Self Community Award** was awarded posthumously to **John Woollatt**. John sadly passed away in May 2024. He was the Chair of the Trustees of Dyscover, a local charity for people suffering with aphasia, a complex language disability. John brought a business approach to Dyscover making it a progressive well-known local charity. He was also a very ‘hands on’ Chairman where no task was too big or too small.

Ashtead Rotary Club President Tony Webb said,

“The Charitable support that Ashtead Rotary Club receives from the local community through Ashtead Village Day, is immense. In large part this is down to individuals and organisations, such as those who we celebrate this evening, for the support they give to our local community.

“This evening, local community nominations have enabled us to go some small way to say a big ‘thank you’ to those who have undertaken such outstanding work. I would therefore like to pay tribute to them on behalf of Ashtead Rotary Club, and to all of those other volunteers in Ashtead who put in time and effort to help others in our local community”.

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

Epsom and Ewell's over 60s win multi-sports

21 October 2024



Wednesday 2 October saw the 16th running of the Better Club Games tournament at Queen Elizabeth Olympic Park's Copper Box Arena.

The annual event put on by charitable social enterprise GLL for the over-60s, saw over 400 older people from 20 local teams descend on the 7,500 seat venue – the 4th largest event space in London.

The 'Battle of the Boroughs' pits contestants from London and the south east in a diverse range of activities – all in friendly competition.

Darts, dominoes, short tennis, short-mat bowls, swimming, badminton, table tennis, cycling, walking netball and walking football all featured – with 200 people taking part in the walking sports held the week before in the Lee Valley Hockey and Tennis Centre and 100 in timed swims in local clubs throughout September.

Across all sports and locations, 700 older people took part.

In a tightly fought contest, Team Epsom & Ewell took the ultimate overall title – ahead of Waltham Forest in 2nd and Greenwich in 3rd. Epsom & Ewell were also winners in 2023 in the first gathering of the Better Club Games since Covid.

GLL first decided to put on the Better Club Games back in 2006 when it realised there was no major multi-sports activity in the UK which brought older adults together annually in the spirit of fun competition.

Competitors are drawn from Active Ageing Clubs facilitated by GLL in leisure centres; the activities chime with GLL's mission to improve health and wellbeing as a key community service through physical activity and sport.

Active ageing has since become a major public health priority with noted benefits to physical health, mental health and helping reduce social isolation in the UK's older population. In addition, keeping active reduces the burden on the NHS.

The 2024 Better Club Games Ambassador was actor and radio presenter Christopher Biggins, 76. He added some trademark fun to the proceedings, taking part in a candid Q&A and trying his hand at darts and table tennis.

'Better' is the brand name of the UK's leading leisure charitable social enterprise GLL. The company's ethos is to reinvest in local community health and wellbeing and the Better Club Games is a key part of this commitment.

GLL Deputy CEO Phil Donnay said: "It was inspiring to see over 400 participants at the Copper Box Arena turn out to take part in this year's running of the Better Club Games, compete and have fun.

"The importance of ageing well and living well is huge – both for individuals and wider society.

"As a charitable social enterprise, GLL are proud to show what older people are capable of through our Better Club Games.

"Congratulations to all those who took part and to our worthy winners – Epsom & Ewell."

Speaking from winning team Epsom & Ewell, semi-retired accountant Tony Gayle, 68, from Stoneleigh, took part in the table tennis, the Games enabling him to rediscover his interest in the sport. "The competitive element is fun but the most important thing is to enjoy the day. It's sociable – you see people you met at the Games last year."

Epsom & Ewell Team mate Phil Humphrey, 64, is a retired construction consultant who was involved with building the Stratford Olympic Park. This was his fourth Club Games and though he previously competed in table tennis, he has now switched to short tennis. "I'd never tried it before but they needed someone for the team a couple of years ago," he explains. "Myself and my partner volunteered and we got to like it – so much so that we now play once or twice a week, all year round!"

Better Club Games is organised and funded exclusively by charitable social enterprise GLL – which runs the Olympic legacy competition venues Copper Box Arena and Lee Valley Hockey & Tennis Centre which hosted the sports.

In addition to transport and refreshments, participants enjoy raising awareness for their club, a celebrity ambassador on the day, a team trophy for each individual sport winner and a medal for every competitor.

Teams from Enfield, Mole Valley and Newham competed for the first time.

The event was supported by GLL supplier partners Technogym, Your PT and Brakes.

GLL Communications

Picture caption: 2024 Better Club Games Winners – Epsom & Ewell with GLL Deputy CEO Phil Donnay (4th from right, front row) and Club Games Ambassador Chris Biggins (second row, 4th from left) /Credit: GLL

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

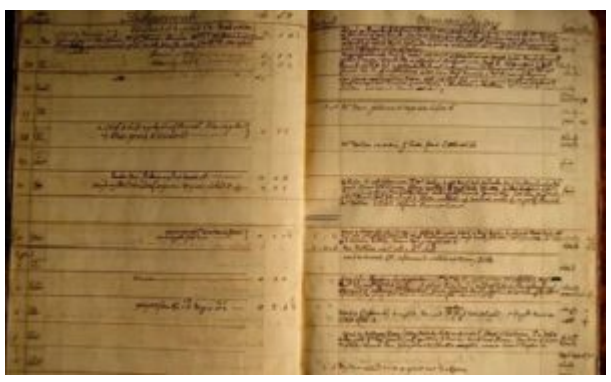
EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

American baseball started in Surrey

21 October 2024



The latest **BBC Secret Surrey podcast** features Julian Pooley, Public Services and Engagement Manager, who tells the story of a previously unknown William Bray diary. Covering 1754-1755, the diary was found in a garden shed in 2007. It is a fascinating document for many reasons but it is particularly interesting as it is the earliest known manuscript reference to baseball, confirming baseball was played in Surrey more than 20 years before American independence.
Listen here »

Read more from Surrey History Centre HERE.

Text and image courtesy Surrey History Centre

Preserve your memories in Epsom

21 October 2024



Sponsored article:

In today’s digital age, preserving cherished memories is more important than ever. At tape2digital based right in Epsom, we specialize in high-quality video tape transfers, ensuring that your precious moments are safeguarded for generations to come. As a lifelong resident of Epsom, I have a deep personal connection to this community and a passion for helping customers preserve their old memories. Whether you have old VHS tapes, camcorder footage, or other formats, we convert your videos into modern digital formats i.e USB, DVD, MP4 digital file with ease and precision.

Why Choose Us?

Convenient Local Service
Located in the Epsom area, offering a friendly, and convenient easy service that allows you to pick up & drop off your tapes in person. Building good relationships with our local customers, means you can always get in touch.

Fast Turnaround
We know how important it is to relive those memories, so we strive to offer a quick turnaround without compromising on quality. You’ll be able to enjoy your digitally preserved videos in no time!

Our Services

VHS to Digital Transfers: Breathe new life into your old VHS tapes.
Camcorder Footage Conversion: Convert those camcorder tapes to easily accessible formats.
Film to Digital: Preserve your family’s cinematic history with our film transfer services.
Customer Satisfaction Guaranteed

At tape2digital, we pride ourselves on delivering excellent customer service. Don’t just take our word for it—check out our glowing reviews from satisfied customers in Epsom and beyond!

Get Started Today!

Ready to transform your memories? Contact us today to discuss your video transfer needs and receive a free quote. Let us help you preserve your precious moments and ensure they can be enjoyed for years to come. Visit our website www.tape2digital.co.uk to get started!

Your trusted video transfer service in Epsom. Because every memory matters.

Web: https://www.tape2digital.co.uk

Email: info@tape2digital.co.uk

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771

https://www.facebook.com/reel/1028388215412532

3rd October 2024

21 October 2024

Council Housing Planning

Will Epsom get an even higher housing target if it misses the early boat?



30 September 2024

The UK Government is preparing to release a new National Planning Policy Framework (NPPF) that could impose mandatory targets for housebuilding, including on Green Belt land, sparking concern among local … Read More

Rugby Sports

Rare rugby draw for Epsom side

30 September 2024

Battersea Ironsides 19 Sutton & Epsom 19. Saturday 28th September A year ago the 2023-4 Ironsides vintage were on top of the table having opened theiraccount with 80 points against … Read More

Helen Maguire News Westminster

Local MP comes to our defence?



30 September 2024

In a significant development in UK party politics, Helen Maguire, the Member of Parliament for Epsom & Ewell, has been appointed to the frontbenches of the Liberal Democrats. On September … Read More

Football Sports

Drawing conclusions in Epsom and Ewell v Horley tie

30 September 2024

Epsom and Ewell FC 2-2 Horley Town. Combined Counties League – Premier Division South. Saturday 28th September 2024. An entertaining contest took place at King George’s Field on Saturday and … Read More

Community Health Volunteers

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

Epsom’s Love Me Love My Mind week of healing



30 September 2024

This year’s theme is ‘Be Kind to your Mind’ • Be active – For your mental and emotional health, and wellbeing• Be Mindful – Practise mindfulness, live in the present … Read More

Health Helen Maguire Westminster

Epsom pensioners gather less winter fuel pay this St Stephens



30 September 2024

Thousands of pensioners across Epsom, Ewell, Ashtead, and Leatherhead are facing the loss of vital winter fuel payments following cuts by the UK government, sparking fears that many will struggle … Read More

Business Council Environment

Surrey’s one stop shop to save energy



30 September 2024

Surrey residents can now receive support to upgrade their homes with energy saving ‘retrofit’ measures including insulation, heat pumps and solar panels through an innovative Home Energy Improvement ‘One-Stop Shop’ … Read More

Council Planning

Epsom’s Master plan to walk and cycle



30 September 2024

On 24 September, Epsom & Ewell Borough Council’s Licensing and Planning Policy Committee approved the Epsom Town Centre Masterplan. The Masterplan sets out clear and comprehensive guidelines for the development … Read More

Health News

Epsom’s local life savers



30 September 2024

A Covid survivor who was so poorly her children were warned she wouldn’t survive the night and the mum of a young boy

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771

who bravely battled leukaemia have thrown their … Read More

Arts News

Dorking refurb: “it’s behind you”!



28 September 2024

Dorking’s “sleeping beauty” will wake up in time for the busy panto season – it has been confirmed. Dorking Halls closed in June 2024 for refurbishment work that could cost … Read More

Horse racing Sports

Season finale tips for Epsom racecourse



27 September 2024

The finale meeting of the Summer Flat season at Epsom Downs arrives on Sunday with a seven-race card to bring the campaign to a close. Racing gets underway at 1.45pm … Read More

News

Epsom man pounds Epsom streets for charity



27 September 2024

Local man and charity CEO, Lucas Mee, ran 125km in under 24 hours this weekend, joined in part bylocal MP Helen Maguire, to help raise funds and awareness for children … Read More

Business News

Another Epsom pub gets a major face-lift



27 September 2024

Much-loved Church Street pub, The Faraday, has reopened after an exciting six-figure investment, creating six new jobs in the local community. Located in the town centre, the site was originally … Read More

Arts Culture

Learn to play music in Epsom



© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

27 September 2024

UK charity Music for All is thrilled to announce their annual flagship event Learn to Play is back for2024 giving everyone in Epsom a chance to take part in ‘the … Read More

---

Epsom’s Love Me Love My Mind week of healing

21 October 2024



This year’s theme is ‘Be Kind to your Mind’

• Be active – For your mental and emotional health, and wellbeing
• Be Mindful – Practise mindfulness, live in the present moment and look for the positives.
• Be Kind – Connect with others, be kind to yourself.
• Give to others – Perform random acts of kindness, volunteer and give to your local community.
• Keep Learning – Invest in your interests and hobbies.
• Talk kindly to yourself: Think about how you speak to your loved ones and use that voice on yourself.
• Practise gratitude, reflect daily, write a journal.

• Focus on self-care and be responsible for your wellbeing.

PROGRAMME OF EVENTS AND ACTIVITIES – BE KIND TO YOUR MIND

Saturday 5th October
10am – 4pm Community engagement stand in Epsom Marketplace, High St, Epsom KT19 8EB:

Come along and meet the Friends of Horton Cemetery on Saturday 5th and 12th October and pick a ceramic flower to plant in your garden. Last year we painted over 1000 flowers to Remember Epsom’s Forgotten Residents buried at Horton Cemetery, and we want to give the flowers back to the local community. Any donations that we receive for the flowers will support our future research into the
lives of the 9000 patients buried at the cemetery.

11am – 2pm Kids Art Club at Epsom Social, 1 Derby Square, Epsom KT19 8AG:

Join us for Colouring activities, create Be Kind bracelets and Seminal Events will be with us for face painting and henna tattoos

1pm Bodhi Eden, Epsom Yoga Studio – 29 Waterloo Road, Epsom KT19 8EX:

FREE taster sessions
Hatha Yoga Taster | 30mins | 13:00pm
Sound Bath Taster | 20mins | 13:40pm
please book via https://www.bodhieden.com/be-kind-tasters

Sunday 6th October
10.00am We Power On – Men’s Social Walk and Talk, meet outside the Rubbing House pub, on Epsom Downs (every Sunday unless otherwise advertised) at 9.50am for a 10am start.

10.15am Church service at St Barnabas Church, Temple Road, Epsom, KT19 8HA – Being Kind to Your Mind
2 – 4pm Free Kids Art and Craft Club at Epsom Social, Derby Square, Epsom KT19 8AG join us for Colouring activities, create Be Kind bracelets and Seminal Events will be with us for face painting and henna tattoos

Monday 7th October
10am – 1pm Drop-in service at Citizens Advice Epsom & Ewell, The Old Town Hall, The Parade, Epsom KT18 5AG
3 – 7pm Monday Drop-in at St Barnabas Church, Temple Road, Epsom, KT19 8HA

3.30pm Guided Mindfulness and Relaxation practice with This Little Yogini at St Barnabas Church, Temple Road, Epsom, KT19 8HA

4pm Be Kind to your Mind – Debbie Brewin, Consultant Therapist, Supervisor & Trainer at Mind-Growth Mastery at St Barnabas Church, Temple Road, Epsom, KT19 8HA

Tuesday 8th October
10am – 1pm Drop-in service at Citizens Advice Epsom & Ewell, The Old Town Hall, The Parade, Epsom KT18 5AG
2 – 4pm Talking Table at The Old Moat Garden Centre, Horton Lane, Epsom, KT19 8PQ

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771

Come and join the team at The Old Moat Garden Centre for a cup of tea and piece of cake and find out what our Wellbeing Service has to offer, receive a free tour, or just come for a chat. We would love to meet you!

6 – 7.30pm Come and join The Include Choir Epsom at St Joseph's Church, St Margaret's Drive, Epsom, KT18 7JQ. The Include Choir provides social, musical and volunteering opportunities (for anyone age 16+), it also teaches inclusive Makaton signing and provides 'joy and uplift' which means you are 'guaranteed to leave with a smile'.

Wednesday 9th October
9:45 – 11:45 Home-Start Epsom, Ewell and Banstead, Ewell Family Centre, Riverview Road, West Ewell, KT19 0JP. Dealing with Difficult Emotions workshop – this workshop is designed to help parents who may be struggling to manage or deal with their children's emotions, providing emotional support and practical suggestions to make parenting just a little more manageable.

10am – 1pm Open day at the Forget-me-not Allotment at Appley House Care Home, Longmead Road, Epsom, KT19 9RX. Love Me Love Me Mind volunteers have been visiting the allotment weekly since early 2024 helping the staff and residents of the care home to use the space, planting flowers and vegetables, and making future plans for a sensory space.

5 – 7pm Open evening at CYP Haven Epsom. Visit our Focus youth centre, 9 Depot Road, Epsom, KT17 4RJ and meet the staff at the CYP Haven in Epsom. We will be serving Tea/Coffee and biscuits and look around, we then showcase our youth services at 5.30pm, followed by a Q&A with staff and find out how we support children's mental health within the community. The CYP Haven is an open access wellbeing drop-in for young people aged 10-18 years. Working closely with local schools and CAHMS/Surrey CC services. Check out our website: cyphaven.net

7 – 8.30pm Grow & Glow – Epsom Methodist Church, Ashley Road, Epsom, KT18 5AQ. A woman's only mental health support group. A place to grow, glow and connect with others No booking required to attend, just come as you are.

Thursday 10th October – World Mental Health Day

9.15am-10.15am Yoga for Wellbeing – The Horton Arts Centre, Haven Way, Epsom KT19 8NP (Doors open 9am) Start the day with a session of gentle yoga. Yoga teacher Louise Tozer will incorporate breathing techniques, sound and gentle movements into her class to improve self-awareness, flexibility and relaxation. This is an all-inclusive class, suitable for all levels. Wear comfortable clothing and bring layers. • Bring your own mat or use a towel or blanket if you don't have a yoga mat. • Bring water
This session is normally £12 but for World Mental Health Day, the session will be freely open to all. Donations are welcome.

10am – 3pm Drop in service at Citizens Advice Epsom & Ewell, The Old Town Hall, The Parade, Epsom KT18 5AG
10am – 4pm Community engagement stand in Epsom Marketplace, High St, Epsom KT19 8EB. Come and get a FREE hug, a high five or a handshake! Join LMLMM and Age Concern Epsom & Ewell for a Delicious CAKE sale, and an opportunity to chat to two local charities.
5 – 6pm Join the Sunnybank drama group for a workshop about being kind, St Barnabas Church, Temple Road, Epsom, KT19 8HA
6pm – 7pm Let's Talk Epsom Peer Support group at St Barnabas Church, Temple Road, Epsom, KT19 8HA
7 – 8pm Live Music performed by Steve Dyke, a trustee of LMLMM at St Barnabas Church, Temple Road, Epsom, KT19 8HA. Join us for an evening of stories and songs, written and performed by Steve. Some
funny, some poignant, some with themes from local history and a couple of singalong classics for everyone to join in. Refreshments are available, free entry with the option to donate on your way out if you feel you've been entertained. It promises to be a great evening, and we'd love to see you there.

Friday 11th October
10am – 12noon Advice Cafe at St Barnabas Church, Temple Road, Epsom, KT19 8HA – providing a space for our partners and groups to provide support, advice and care in a warm and welcoming environment. Action for Carers Surrey, Christians Against Poverty, Citizens Advice Epsom & Ewell, Epsom Foodbank, Epsom Primary Care Network, Love Me Love My Mind, Mary Frances Trust

10am – 12noon – Action for Carers Surrey – Find out more about Action For Carers and how we support unpaid carers throughout Surrey. You'll also be able to meet one of our specialist mental health carer support advisers, whose role is to support unpaid carers who are looking after someone with poor mental health or substance issues.

Saturday 12th October
10am – 4pm Community engagement stand in Epsom Marketplace, High St, Epsom KT19 8EB
Come along and meet the Friends of Horton Cemetery on Saturday 5th and 12th October and pick a ceramic flower to plant in your garden. Last year we painted over 1000 flowers to Remember Epsom's Forgotten Residents buried at Horton Cemetery, and we want to give the flowers back to the local community. Any donations that we receive for the flowers will support our future research into the
lives of the 9000 patients buried at the cemetery.

11am – 2pm Free Kids Art and Craft Club at Epsom Social, Derby Square, Epsom KT19 8AG – Join us for Colouring activities, create Be Kind bracelets and Seminal Events will be with us for face painting and henna tattoos

11am – 7pm Epsom Picturehouse, Epsom Square KT19 8AG. Join us for a Wellbeing Fun Day, in collaboration with Surrey Community Lounges, End Stigma Surrey, Epsom Library and hosted by Epsom Picturehouse – we'd love for you to be there! Come along for a day of community, connection, and fun!
Whether you're in the mood for a friendly chat over tea, want to play some games, or need a quiet space to relax, there's something for everyone. This special day will focus on celebrating wellness, sparking conversations around mental health, and showing you where to find support within the borough.

1pm Bodhi Eden, Epsom Yoga Studio – 29 Waterloo Road, Epsom KT19 8EX
FREE taster sessions

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771

Yin Taster | 30mins | 13:00pm
Meditation Taster | 20mins | 13:40pm
Please book via https://www.bodhieden.com/be-kind-tasters

Sunday 13th October.
10am We Power On – Men's Social Walk and Talk, meet outside the Rubbing House pub, on Epsom Downs (every Sunday unless otherwise advertised) at 9.50am for a 10am start.

2 – 4pm join us for Free Kids Art and Craft Club at Epsom Social, Derby Square, Epsom KT19 8AG

Epsom's local life savers

21 October 2024



A Covid survivor who was so poorly her children were warned she wouldn't survive the night and the mum of a young boy who bravely battled leukaemia have thrown their support behind an inaugural event that celebrates incredible NHS staff.

Jan Ehtash, from Carshalton, spent 12 weeks in Epsom and St Helier hospitals after falling seriously ill with Covid – receiving care from a dedicated team of nurses, doctors, and other health professionals.

Sutton schoolboy Jackson Hall, meanwhile, was treated at St George's Hospital for leukaemia, where paediatric teams went "the extra mile" to support the now-seven-year-old and his family.

Both Jan and Jackson have finished treatment, and they and their families are calling on others to cast their nominations for the very first staff awards at St George's, Epsom and St Helier University Hospitals and Health Group.

"They are amazing, just wonderful people," said Jan, 60. "All of the nurses, the doctors, the cleaners, they are just so, so caring.

"When I went into hospital, all I took with me was a handbag with a set of pyjamas, a toothbrush, and a pair of underwear. I had no idea I would be there that long, but quickly started to deteriorate and was told I would have to go into intensive care. I just remember turning to the doctor and saying, 'I don't want to die'.

"It's thanks to the staff at Epsom and St Helier that I am here today, and I cannot thank them enough for saving my life and for being there when my family and I needed them the most."

Sam Hall, Jackson's mum, added: "All the staff were incredible throughout Jackson's treatment and they really went the extra mile – from giving me a hug when I had to choose between staying at hospital or going home with my daughter, to making me a cup of tea. The care they provided was fantastic, but it was these small things, too, that made a difference.

"Jackson is doing amazingly, settling back into school and becoming an amazing big brother to three-month-old Louie. He makes us so proud.

"Sometimes as a patient or a family member it's hard to know exactly how to show your gratitude to the incredible people who have been there in your time of need. But one way you can say thank you is by nominating a team or member of staff for this award."

The Outstanding CARE Award is dedicated to staff and teams who have been nominated by a member of the public, while colleagues will put forward their nominations in several other categories. All 17,000 members of staff working for the hospitals Group – from frontline clinicians, to essential support teams – are eligible for nomination.

Jacqueline Totterdell, Group Chief Executive, said: "Our biggest-ever awards event will recognise the incredible teams and individuals who go above and beyond for patients like Jan and Jackson.

"Hearing stories about the amazing efforts our staff go to is one of my greatest joys, and every single day they make me proud. I'm already looking forward to reading all the nominations and celebrating everyone who is shortlisted."

The awards take place on Tuesday 10 December at the Oval cricket ground, and will be generously supported by the hospital charities and local businesses. To make your nomination, visit www.stgeorges.nhs.uk/about/gesh-care-awards or www.epsom-sthelier.nhs.uk/gesh-care-awards by Tuesday 22 October.

NHS Press

Image: Jan in ITU with family

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

Season finale tips for Epsom racecourse

21 October 2024



The finale meeting of the Summer Flat season at Epsom Downs arrives on Sunday with a seven-race card to bring the campaign to a close.

Racing gets underway at 1.45pm with a class four nursery contest before the action – and the season – rounds off at 5.15pm with a class four handicap.

Read below to discover the latest tips and a full meeting preview for Epsom's final card of the year on Sunday courtesy of ***Racing TV.***

The opening contest on Sunday's card sees a small field of five head to the start for the class four jersey contest (1.45). The Paul and Oliver Cole-trained White Chapel Road could be the play in the opener, getting off the mark in a Brighton maiden 27 days ago in fine style and he should be right up there again if showing the same form. Previous course and distance winner Pietro can fill the second spot and rates the chief threat.

Race two on the card (2.20) is another five runner contest, this time in a class two conditions stakes over the extended mile around Epsom. Anniversary holds an entry in the Group 1 Futurity Stakes at Doncaster next month and this could be an ideal prep run for the Ralph Beckett runner, off the mark on debut at Newmarket six weeks ago so is the clear horse to beat here.

Sene runners aged between three and four years old will tackle race three on the card (2.55) over the one mile and two furlong trip. Rickshaw made a promising start for trainer Harry Charlton when landed a third in a Pontefract maiden ten days ago and should be in with a big shout here stepping up in trip. Of his rivals, Sir Lowry's Pass rates the main danger, a winner of a Goodwood novice earlier this month despite missing the break that day.

Mark Of Gold looks to be the one to beat in the fourth race on the card (3.30), returning to the Flat having been pulled up in a handicap hurdle at Sandown in April for trainer Gary Moore and back on a handy looking mark as well, will take all the beating. Stablemate Miller Spirit can run him closer, a three-time winner in 2024 and produced a career-best when winning at this track just 17 days ago.

Nine runners will tackle the one mile and two furlong class three handicap at 4.05 with preference heading the way of Andrew Balding's handicapping newcomer Winston's Tipple, who got off the mark in a six runner novice at Lingfield last time out and has the eye-catching jockey booking of Oisin Murphy to boot. Qitaal looked better than ever when scoring under the now retired Franny Norton at Chester on his last run and can take the second spot here as he has to defy a 9lb rise in the weights.

The penultimate on the card is up next at 4.40 and Arkhalia Flynn is taken to get back to winning ways having only been narrowly denied in his hat trick bid last time out at Haydock for trainer Jack Channon.

Finally, the card and the season at Epsom comes to a close with an 11-runner handicap in class four over the seven furlong trip (5.15). Preference in the finale goes to Hodler, who has a good record at this track including a win over course and distance 17 days ago for which he is penalised 6lb in the weights but given how impressive his last run was, looks the type to be able to shoulder the rise with ease.

Epsom selections – Sunday

1.45 – White Chapel Road

2.20 – Anniversary

2.55 – Rickshaw

3.30 – Mark Of Gold

4.05 – Winston's Tipple

4.40 – Arkhalia Flynn

5.15 – Hodler

Horses racing Image: Credit Paul. CC BY 2.0

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

19th November 2026

ISSN 2753-2771

Epsom man pounds Epsom streets for charity

21 October 2024



Local man and charity CEO, **Lucas Mee**, ran 125km in under 24 hours this weekend, joined in part by local MP **Helen Maguire**, to help raise funds and awareness for children on the streets in Uganda. Starting at 3pm on Saturday 21 st September 2024, Lucas pounded the local pavements of Epsom and ran on a treadmill through the night. Lucas completed the 125km in 23 hours and 27 minutes.

On the morning of Sunday 22 nd September he met Epsom and Ewell's MP **Helen Maguire** and her running group, the Epsom and Ewell Harriers Athletic Club in Horton Country Park, to cross the 100km mark and share with them the reasons for his run.

Lucas is fundraising for S.A.L.V.E. International – the charity he is CEO of – which supports young people and their families in Jinja, Eastern Uganda, to leave the streets and have brighter futures through education, business empowerment and permaculture.

This epic run is part of a month-long fundraising campaign to help raise £10,000 for young people who live and work on the streets. Thanks to Lucas' fundraising efforts this total has now been beaten.

Lucas says, "Every day, children in Uganda leave their homes and families in search of a better life. They can travel vast distances to reach major cities, hoping for new opportunities, but often end up at the mercy of the street, where life is constantly dangerous.

"S.A.L.V.E. International works to provide immediate support to street connected children in Jinja, with the aim of helping them to return home and achieve their full potential.

"To raise awareness of the extreme decisions that children on the streets are forced to make, as well as raise vital funds for our work, I have decided to put my fitness to the test and take on this ambitious challenge.

"125km is the equivalent distance between Uganda's capital, Kampala, and Jinja where we are based. This is a journey that many children make by foot. I know it will be tough, but it's nothing compared to spending even one night on the street".

Lucas' challenge is part of S.A.L.V.E. International's Step up for S.A.L.V.E. campaign, which invites people across the globe to take on their own fitness challenge in September to help raise funds for children living and working on the streets of Uganda.

Another Epsom pub gets a major face-lift

21 October 2024



Much-loved Church Street pub, The Faraday, has reopened after an exciting six-figure investment, creating six new jobs in the local community.

Located in the town centre, the site was originally an eclectic showroom and was named after the experimental physicist Michael Faraday. Today, The Faraday has become one of the most popular bars in Surrey.

As part of Stonegate Group's commitment to position every site for success, the investment has been carefully allocated to enhance the pub's offerings while preserving its unique charm.

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY

ISSN 2753-2771

All renovations have been carefully crafted to aid the pub's goal of being a welcoming space for sports teams, social societies and locals looking for an unforgettable night out.

The venue's attractive new décor has revitalised the space, creating a contemporary setting that's perfect for bottomless brunch on Saturdays.

The sports experience at the pub has been enhanced with the addition of multiple HD TV screens. Whether it's Premier League football, rugby, boxing, or Formula 1, The Faraday has it all covered.

With a huge 60-inch HD TV, and now a whopping 23 HD TVs throughout the site, every seat has a view of the sporting action.

The Faraday also has multiple dartboards for Epsom locals who want to find their inner Luke Littler.

The pub has a popular beer garden, where guests can enjoy soaking up the last of the autumn sun, with the front garden also providing a relaxing spot for a lovely cold pint of premium world lager.

A popular student hub, the pub is renowned for its student deals, with the best student night in the city, offering alcoholic drinks starting at just £2.35, burgers or pizza and a drink for a generous £8 and soft drinks starting at 65p.

The Epsom pub offers a fantastic range of craft beers, world beers, cider, and cocktails, all at some of the most competitive prices in the area. It's the perfect place to enjoy a drink in front of one of the many big screens, with 2-for-1 cocktails available all day, every day.

However, those not drinking alcohol will be able to choose from an extensive range of no and low alcohol options, ensuring everyone is accommodated to.

What's more, furry friends are welcome throughout the pub, with the venue being a popular spot for dog walkers popping in for a pint.

MiXR users can unlock exclusive rewards at The Faraday by downloading the MiXR app and creating an account, including a free drink for signing up. Students can also take advantage of special discounts available exclusively through the app.

Samantha Camara, General Manager of The Faraday, said: "These renovations align with Stonegate Group's commitment to always improve and innovate, meaning we can give our guests the best possible experience at our beloved pub.

"We want the investment to position our pub as the place to be for students as well as being the premiere venue to watch sport in Epsom with a huge range of big screens and food and drink at competitive prices.

"I've been General Manager of The Faraday for six years now and my love for this venue only continues to grow. This renovation marks a new chapter for our team which we cannot wait to start!"

The venue features a jam-packed weekly deals schedule, including 2-for-1 pizzas on Mondays, Student Baskets on Tuesdays, Wing Wednesdays, and Craft & Cocktails on Thursdays. Additionally, there are food and drink deals available throughout the week, along with the popular 2-for-1 cocktail offer.

But that's not all, the beloved bar always has a reason for guests to visit with karaoke night on Thursday and Friday, and Saturday nights seeing local DJs spinning decks late into the night.

Finishing the week in style, the pub hosts a quiz night on Sundays at 7pm, where locals are invited to test their knowledge amongst the smartest in Epsom to win exciting prizes.

Related reports:

Landmark pub re-assembles Tuesday

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY