



More opinions of opinion polls

In the run-up to the 2024 general election, polling data for party support in **Epsom and Ewell** shows a fluctuating political landscape. Epsom and Ewell has returned a Conservative Party since the constituency was first created.

However, recent polling data indicates a potential upheaval.

In the 2019 general election, the Conservatives maintained a significant lead with 53% of the vote. The Liberal Democrats followed with 23%, while the Labour Party took a 17% share. However, recent polls now place the Liberal Democrats at the forefront as potential victors in the upcoming election 4th July.

This data comes emerges from the model of Electoral Calculus, which predicts that the Liberal Democrats have a 72% chance of winning the elections this term, with the Conservatives at 20%. The model suggests a dramatic turnaround favouring the Liberal Democrats, with a swing of 26.09% of support from the Conservatives. In addition, the Electoral Calculus predicts that the Labour party will have a 5% chance of winning.

Even so, alternative polling sources, such as the UK Polling Report, suggest a more closely contesting race. The current support levels are predicted to be 29.76% for the Conservatives, 24.21% for the Liberal Democrats, and 24.03% for Labour. It indicates that there is a significant residual support for the Conservative Party, which challenges the prediction of a Liberal Democrat win, making the race far from a foregone conclusion.

YouGov polls illustrate a more volatile landscape in comparison, with the winners emerging differently on a weekly basis, underscoring the volatility in voters' intentions. According to the latest YouGov prediction, the support in Epsom and Ewell is 35.1% for the Conservatives, 25.9% for the Liberal Democrats, and 19.7% for Labour.

This general election highlights Epsom and Ewell as a key constituency, reflecting upon broader electoral trends across the United Kingdom.

Image: Creator: <https://pixy.org/> | Credit: <https://pixy.org/4155081/> | Copyright: CC BY-NC-ND 4.0

Epsom kickboxers seek funds for world championships

Epsom based **Absolute Martial Arts**, a well-regarded martial arts school, is celebrating a significant achievement this year. Thirteen of their talented students have qualified and earned the honour to represent England at the WKC World Championships in Portugal.

However, the path to this prestigious event comes with considerable financial challenges.

In the world of kickboxing, athletes receive no financial backing. Craig and Rachel Harrington, passionate owners of Absolute Martial Arts, commented, "Unfortunately, kickboxing is a sport that requires complete self-funding." This means every expense – from flights and accommodation to entry fees and team uniforms – must be covered by the athletes themselves.

To raise some of these costs, Absolute Martial Arts is hosting a free fundraising event at **Wallace Fields Infants School** in Epsom on July 21st. The event promises to be a fun-filled day, featuring a "sparathon", various activities for children and adults alike, a BBQ with raffles, and so much more. The Harringtons further mentioned that they would love for this event to raise awareness, not just for kickboxing as a sport, but also for the athletes who go to great lengths to achieve their dreams.

Notably, the club holds a strong track record, having achieved success in previous years. During the last championship, they sent seven fighters who brought home an impressive tally of four gold and three silver medals— a true testament to their skill and dedication. This year, with thirteen qualifiers, the expectations are even higher, though so are the financial demands. As a result, Absolute Martial Arts is reaching out to the local community within Epsom and Ewell, counting on a strong turnout at their upcoming fundraising event.

Mark your calendars for July 21st at Wallace Fields Infants School and join them for the fundraiser. The support of local residents can make a significant difference in helping these young athletes realize their dreams on the world stage.

For more information, visit Absolute Martial Arts' website or contact Michelle Downes at doodab@blueyonder.co.uk or 07540 460680.



First steps for mental health

The National Health Service (NHS) has introduced “First Steps to Support,” a new service which is designed to help residents aged 18 and over manage their mental health. This comprehensive facility is accessible via telephone, text, and email, offering early intervention and guidance through a single conversation with a dedicated wellbeing advisor.

Whether you’re feeling stressed, irritable, or down, facing financial worries or sleep issues, caring for others with little to no time for yourself – “First Steps to Support” will help you delve and face these issues. They seek to help you improve your mental wellbeing by providing support not only for individuals but also for their friends and family members. The welcoming staff aims to understand what’s

troubling you and attempts to explore ways to guide you to the right resources, in order to ease your burdens and help you enjoy life again.

Residents will receive tailored guidance on self-help strategies and have early access to talking therapies. In addition, the service offers referrals to various support services that tackle wider determinants of wellbeing, including financial difficulties, housing issues, employment concerns, isolation, and bereavement. The overarching objective is to enhance long-term wellbeing by connecting residents with local community organisations and support hubs, ensuring sustained assistance and resilience.

Service Availability:

Residents can reach out to the “First Steps to Support” service through the following contact methods:

- ☐ Telephone: 0333 332 4753
- ☐ SMS: 07860 026657
- ☐ Email: dohel.firststeps.surrey@nhs.net

The wellbeing advisors can be contacted during the following hours:

- ☐ Monday: 8am to 3pm
- ☐ Tuesday: 9am to 4pm
- ☐ Wednesday: 10am to 5pm
- ☐ Thursday: 9am to 7pm
- ☐ Friday: 10am to 2pm

Further Information

For more information, the NHS encourages residents to visit the “First Steps to Support” webpage on healthysurrey.org.uk