EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

3rd September 2026

ISSN 2753-2771

EPSOM & EWELL TIMES

Up to £1 where sold

ISSN 2753-2771

Befriend the aged

6 September 2023

Loneliness is something that people of all ages can feel, but it is older people who perhaps feel this more acutely. Our **Volunteer Befrienders** visit an older person on a regular basis to offer a supportive and reliable relationship to our clients who may be socially isolated to provide companionship and support.

If you have an hour or two a week to spare, it would be great if you could consider becoming a Volunteer Befriender for **Age Concern Epsom and Ewell**. No specific qualifications are required, just good listening skills, reliability, an interest in older people and a sense of humour.

We will ensure you receive the necessary training before you start your befriending journey and will provide ongoing support. If you would like to know more, please contact Jane Hodgson, Volunteer Co-ordinator on jane.hodgson@ageconcernepsom.org.uk or by telephone on 01372 732456.

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY