EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

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Epsom commemorates VJ day

18 August 2025



St Martin’s Church, Epsom, was filled on Friday 15th August as the borough came together to mark the 80th anniversary of VJ Day – the end of the Second World War in the Far East. The service, organised by the Royal British Legion’s Epsom and Ewell branch, brought together civic leaders, veterans, families, choirs and the wider community to commemorate those who served and those who never came home.

The service was led by Revd Nick Parish, who in his opening prayer set the tone:

“God, our Father, in the dying and rising of your Son, Jesus Christ, you have brought life and salvation out of cruelty and death. We mark VJ Day in gratitude for the courage of the allied forces who suffered for freedom in the Far East campaign, and in sorrow for all that hinders the coming of your kingdom of peace. Give us wisdom to learn from the bitter memories of war and hearts that long for the unity of all nations.”

A personal touch from local families

Among the most moving contributions came from Mrs Sheila Carlson-Berry, who read extracts from her late father Douglas Fletcher’s letters home from Burma. Fletcher, who had volunteered for the RAF at 19, wrote more than 250 letters to his sweetheart Sylvie during his service.

From October 1944 he wrote with cautious optimism:

“I suppose by the time you receive this European war will be just about finished. What a wonderful thought. It must make the people at home very happy… loved ones at home free from all danger. That, of course, is the main reason for our joy. The other is that now we can have the men and materials out here to put an end to this.”

In another letter, he reflected on the “forgotten” nature of the Burma campaign:

“Most people don’t realise there’s a war on out here. It’s only the people who have someone here that understand what is happening. The children have suffered most. It will take years to erase horrible memories from their minds. Man’s inhumanity to man – a terrible war, isn’t it?”

By August 1945, as the atomic bombs fell on Japan, Fletcher wrote with relief:

“So it’s all over. Hard to believe, isn’t it? It came so suddenly, but there it is. It will make things so much easier… Yes, the atomic bomb is a terrible weapon, but I think we have it to thank for the Jap surrender… I sincerely hope it will be the last war on this earth. War is too terrible a business. So many innocent people have to suffer.”

Sheila told the congregation: “As you probably guessed, Douglas is my dad. Sylvie, my mum. He never forgot his comrades. Each Remembrance Day, I went with him to Westminster, and he cried as he planted a cross in the garden for his friend and pilot, Godwin Scudamore, who didn’t make it home.”

The stories of Epsom’s fallen

Cllr Dr Graham Jones MBE and the Lord Lieutenant of Surrey, Michael Molyneux, read researched accounts of four Epsom men who lost their lives in the Far East campaign.

- **Sergeant Jack Cannon**, Royal Artillery, died 28 February 1944 aged 30 at Imphal, India: “Jack married Nora Rush in 1940, and a year later their son Anthony was born. After just a year with his family, Jack was sent to India… He was killed in action during a Japanese attack and later interred at the Commonwealth War Graves cemetery in Imphal. His widow Nora requested the inscription: *‘To a beautiful life came a sudden end, and he died as he lived, everyone’s friend.’*”
- **Corporal Lionel William Murray**, Dorset Regiment, killed at the Battle of Kohima, 4 May 1944, aged 28: “Before the war he lived with his mother in Langley Vale. He was evacuated from Dunkirk, then sent to India to train in jungle warfare. At Kohima he fought in bitter hand-to-hand combat and was killed in action. His gravestone reads: *‘In loving memory of a beloved son and brother. Rest in peace.’*”
- **Lance Bombardier Alfred William Cates**, Royal Artillery, died of cholera 26 July 1943 aged 42: “Stationed in Singapore, he was taken prisoner in February 1942 and sent to work on the notorious Thailand–Burma Death Railway. His widow Emma chose the words: *‘So young, so calm, so bright, I bid you, my dearest one, goodnight.’*”
- **Noel Seymour**, RAF wireless operator, died 14 October 1943 aged 21: “Taken prisoner in Singapore, he too was forced to work on the Burma Railway, where some 30 prisoners died every day. Noel was one of them. He lies in Kanchanaburi War Cemetery in Thailand, and his name is remembered on the war memorial in this very church.”

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Tributes from today's leaders

Helen Maguire MP for Epsom and Ewell, whose grandfather had served in Burma, spoke of both the past and her own military service: "Those who served in the Burma campaign were referred to as the Forgotten Army, and today we remember them and we honour them… My grandfather fought in the Battle of Kohima, a brutal and decisive turning point in the war. Like many who served there, he never spoke of his experiences, but it was clear the war stayed with him for the rest of his life. I remember him today with pride, gratitude and honour."

Maguire linked her own military service in Bosnia and Iraq to the experiences of those remembered:

"War is cruel and it affects innocent people. It's something civilians should never have to live through. Today, I remember my grandfather and those he served with. I remember those who didn't come home, and I remember too the lasting impact of service on families, on lives and on future generations. We give thanks for peace and pray for an end to wars."

Community effort

Barb Warwick, principal organiser with the Epsom RBL, later thanked the many contributors, from choirs and standard bearers to the volunteers who served over 100 cups of tea and cake in St Martin's Hall. She acknowledged the "wonderful trumpeter Mr Dennis Sexton" for sounding the Last Post, and Tom Davey representing 135 Squadron.

Warwick reflected that this was "almost certainly the last service of its kind" and praised those who helped plan the event, especially John Rogers and Revd Nick Parish: "You did them proud."

Remembering the Forgotten Army

The commemoration at St Martin's – once known as the "Burma Star church" – brought together personal memory, civic duty, and community remembrance. The letters of Douglas Fletcher, the stories of Cannon, Murray, Cates and Seymour, and the testimonies of descendants and leaders ensured that those from Epsom who served in the Far East will not be forgotten.

As the exhortation reminded the packed congregation: *"We will remember them."*

You can watch the full service on this video link: Epsom and Ewell VJ Day Commemoration

Image: Barb Warwick of Royal British Legion Epsom and Ewell the principal organiser of the event.

Run for humanity in Epsom and Ewell

18 August 2025



On Sunday, 18th May 2025, the Ahmadiyya Muslim Youth Association (AMYA) in the Southwest Region of England hosted a remarkable charity run that brought together people from across the local community in a spirited show of unity and compassion.

Held at Auriol Park, a public park in the Borough of Epsom and Ewell, the event ran from 10 AM to 2 PM and served as a vibrant platform for both raising funds and awareness. With over £8,000 collected on the day, the event was a resounding success. All proceeds went to AMYA's partner charity, *Humanity First*.

Humanity First, established in 1995 and registered with the UK Charities Commission, operates in 66 countries across six continents. It runs eight core programmes that have collectively transformed millions of lives through disaster relief efforts, sustainable development, and community empowerment. The funds raised through this event will directly support the charity's response to various crises around the world, including the ongoing humanitarian catastrophe in Gaza.

Participants came from across the region, with residents of Kingston, Worcester Park, Tolworth, Malden Manor, New Malden, Surbiton, Epsom and Ewell all playing their part in contributing to this noble cause.

The day began with a competitive 10K run that set the tone for the rest of the event, as runners, supporters, and volunteers came together with a shared purpose. Alongside the run, attendees enjoyed a variety of activities, including inflatable attractions, food stalls, and exhibitions that added a festive and welcoming atmosphere for families and supporters alike.

Beyond the fundraising, the event provided an invaluable opportunity for the public to learn more about the Islamic principle of serving humanity. In Islam, service to others is not just encouraged — it is considered a vital part of one's faith and spiritual fulfilment.

The Ahmadiyya Muslim Youth Association, known for its strong emphasis on community welfare and interfaith cooperation, exemplifies this teaching by actively engaging in charitable activities across the UK and internationally. By

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organising such events, AMYA not only raises funds for critical humanitarian efforts but also helps foster mutual understanding and a sense of shared responsibility within the wider community.

Faran Shaheen
Regional Press Secretary for the Ahmadiyya Muslim Youth Association (AMYA) UK

Cleanliness is next to Godliness in Epsom

18 August 2025



On Sunday, 4th May, the sun was shining — and so were the smiles of Councillors Steven McCormick (RA Woodcote and Langley) and James Lawrence (LibDem College). While Steven knew what to expect having joined the group several times before, James was astonished to be greeted by a 110-strong team of volunteers, all equipped with litter pickers, high-vis jackets, and green and grey litter bags (more on those later), gathered and ready in Rosebery Park.

The volunteers, from ASEZ WAO and the World Mission Society Church of God, had travelled from Surrey, London, and as far afield as Manchester, Guildford, and Birmingham. Their mission: to clean up the parks and streets of Epsom as part of a “Reduce Plastic” campaign — an initiative backed not just by words, but by real action.

The event began with inspiring words from the councillors. Councillor James expressed his surprise at the turnout, admitting he had expected a group of around 11 but was delighted to see 10 times that number. “This is wonderful — amazing,” he said. “It’s so pleasing to see so many young faces in the crowd… so many people think activism is just shouting something online, but it’s fantastic to see people actually doing something.”

Councillor Steven added: “Hopefully people will just put litter in the bin — I know it’s a big ask — but what you’re doing is great and sets a really good example. You don’t just explain it, you actually do it. Really good job.”

Although Councillor Neil Dallen (RA Town) was unable to attend in person, he sent a message of encouragement via email, which was read out by a representative: “Best wishes to you all. This country depends on volunteers in many ways. A clean and tidy town encourages others to keep it clean and discourages littering and graffiti.”

The mostly young adult volunteers were uplifted by the councillors’ support, giving them a resounding cheer and calling out, “We love you!” Following the speeches, a short presentation was given on plastic pollution, highlighting the dangers of microplastics and encouraging people to think about how they can reduce plastic in their daily lives — something we can all take part in.

Afterwards, the councillors and volunteers set to work along three key routes in Epsom, including the town centre, the car park near Lidl, Epsom Square, Rosebery Park, and Mount Hill Gardens — all areas where litter had been reported. Recyclable and non-recyclable waste were carefully separated, with recyclable items placed in green bags and non-recyclable in grey ones.

Members of the local community praised the volunteers, and several even signed up for future events. Other environmental groups also offered words of encouragement, recognising the volunteers’ hard work. By the end of the day, about 40 bags of rubbish had been collected and left at an agreed pick-up point, where they were retrieved by a ranger from Epsom and Ewell Borough Council (EEBC) and taken to the recycling depot. The EEBC depot had kindly supported the volunteers by providing around 30 litter-picking kits, which proved invaluable.

The day stood as a shining example of successful collaboration between community volunteers, councillors, and council staff. More activities are already being planned by ASEZ WAO, based at the World Mission Society Church of God on East Street, in partnership with Councillors Steven and James. These include further plastic awareness events, potential upcycling initiatives, and of course, more litter picks.

Epsom was recently ranked the second-best place to live in England, and the volunteers are hopeful that, with continued community effort, it will claim the top spot next year. They are committed to working alongside the community and the council to inspire civic pride, keep our streets clean, and make our local area a pleasant place for everyone. As Councillor Neil noted, by setting a good example, we hope others will be inspired to keep Epsom clean and discourage littering and graffiti.

Olivia from ASEZ WAO summed up the spirit of the day, saying, “The event was brilliant — I loved it. I really hope it makes a difference, and if you have the time, I’d definitely recommend getting involved in something like this.”

Joe Adams

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Volunteers Join Forces with Councillor to Give Epsom a Spring Clean

18 August 2025



Epsom Town Centre was treated to a thorough spring clean on Sunday 6th April, as a team of around 40 volunteers from the international youth group ASEZ WAO UK joined local councillor **Arthur Abdulin** (RA, Town Ward) in a community litter pick.

Dressed in high-vis jackets and armed with litter grabbers and bin bags, the group covered key areas including the High Street, Epsom Square, and alleyways leading to the railway station — even tackling neglected corners of car parks and hotspots often used by the homeless. In total, the team collected an impressive 38 bags of rubbish, which were later gathered by council rangers.

The ASEZ WAO UK is a local volunteer group in Epsom that works to serve the Surry area and make it a better place for everyone. Mostly made up of young adults who are passionate about doing their bit to help the local community, they have been carrying out various volunteer activities in Surry since 2021.

The Epsom clean-up began with a presentation highlighting the dangers of plastic pollution — a growing threat to the environment and public health. The initiative aimed not only to tidy up the town centre but also to raise awareness about responsible waste disposal and inspire behavioural change among residents.

Councillor Abdulin, who frequently takes part in litter picks, joined volunteers in clearing a significant amount of long-neglected waste. “The greatest impact this kind of event has is sharing the message,” he said. “It will have a great impact on people so that they think before littering and get rid of it properly.”

The warm spring-like weather added to the atmosphere as locals strolled through the market and visited the Ashley Centre — perhaps unaware that just metres away, volunteers were working hard to ensure the town remained pleasant and welcoming for all.

Recent signage from Epsom & Ewell Borough Council reminds residents that dropping litter could lead to a £100 fine. But campaigners like ASEZ WAO UK hope that community-led efforts and education will play an even greater role in keeping the town clean.

Their message is clear: everyone can make a difference. Whether by using a bin, reducing plastic waste, or picking up just one piece of litter, every small action contributes to a cleaner, healthier Epsom — and a better world.

Image: L to R. A volunteer and Cllr Arthur Abdulin

Epsom’s World Mission Society Church of God response to social justice day

18 August 2025



February 20th, 2025, was a Thursday, but it was not just any Thursday—it was the **UN’s World Day of Social Justice**. Many people are unaware of this important day, observed annually on February 20th, which aims to promote **equality, solidarity, and human rights**, while addressing **poverty, unemployment, and social exclusion**.

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How is World Day of Social Justice Observed?

There are many ways to take part in this day, including:

- Learning and researching social justice issues
- Supporting organisations through donations, volunteering, or spreading awareness
- Engaging in community activities

For more ideas on how to observe the day, visit the Awareness Days website.

Volunteers in Epsom Take Action

On **Wednesday, 26th February**, a group of volunteers from Epsom put social justice into action at the **Nourish Hub**. The volunteers, from the **World Mission Society Church of God**, commemorated the day by **donating food and volunteering**. This initiative was part of a larger campaign called **"Hold Hope!"**, which was carried out across **30 countries** to mark UN Social Justice Day.

The volunteers had been preparing for about a month. Initially unsure of what to donate, they obtained a **wish list** from the Nourish Hub and packed enough food for **15 to 20 families**. The **Nourish Hub staff** were extremely grateful, with the manager stating that the donation would significantly help in providing **nourishing meals**. The **deputy manager** was especially delighted, noting that the donation was almost equal to the food currently in stock.

What is the Nourish Hub?

The **Nourish Hub**, located in **Shepherd's Bush**, is run by **UKHarvest**, an environmental charity dedicated to **reducing food waste and promoting healthy eating**. The hub is also supported by **Hammersmith and Fulham Council** and provides an average of **200 meals per day** to those in need.

Across the UK, including in **Epsom and Surrey**, food banks are working tirelessly to support struggling individuals and families. Often, we don't give much thought to food banks, but **small donations can make a big difference**. As the saying goes, **"Every little helps."**

Spreading Love and Raising Awareness

The volunteers wanted to **share love and raise awareness** of social justice, especially on this day. They found great fulfillment in helping others and hope their efforts inspire **you** to take action and support your local community.

The **Church of God**, which operates in **175 countries**, continues to engage in **diverse voluntary activities**. The **Epsom branch, located on East Street**, is planning more initiatives, including:
 Donations to the Epsom & Ewell Foodbank
 Street clean-ups
 Help for the homeless
 Tree planting
 And more!

Get Involved – Volunteering is Good for You!

Did you know that **volunteering is proven to improve well-being**? Helping others **boosts happiness and mental health**. If you have some free time, why not **get involved, make a difference, and brighten someone's day—along with your own**?

Joseph Adams

Ahmadiyya Youth Clean the Streets of Epsom to Welcome the New Year

18 August 2025



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By Luqman Ahmed
Leader of the Ahmadiyya Muslim Youth Association Epsom

As the first light of the new year stretched across the horizon, a group of volunteers from the Ahmadiyya Muslim Youth Association (AMYA) in Epsom began their day armed not with party hats or confetti, but with gloves, litter picking sticks, and determination. While others were still nestled in beds, dreaming of resolutions, this remarkable group was out in the cold, rainy and windy morning, embodying their motto: *Love for All, Hatred for None.*

The volunteers worked in harmony to breathe new life into their community. With every littered bottle picked up and every forgotten candy wrapper swept away, the streets seemed to exhale a sigh of relief. It was as if the city, shedding its New Year's Eve revelry, was donning a fresh, clean cloak to greet 2025.

The act itself was simple but profound. *"We do this every year,"* said 30-year-old volunteer Ahmad Iqbal Ch, a doctor by profession. *"It's our way of giving back and starting the year with positivity."*

For the Ahmadiyya Muslim Youth Organisation, the clean-up event is more than just an exercise in tidiness; it finds its roots in the teachings of Islam, where the Holy Prophet (pbuh) told his followers that half of their faith is cleanliness and that removing even a stone out of someone's way is considered charity.

Members of the public, on their way to work in the wet and windy weather, stopped to thank the volunteers and wished them all a happy new year.

Three core principles guided the AMYA team that morning: humility, selflessness, and service. The humility to pick up after others, the selflessness to sacrifice a warm morning at home, and the service to a community they loved deeply. Their efforts painted a vivid picture of the human spirit at its best—undaunted by chill or challenge.

As the volunteers finished, one could almost hear the streets murmuring in gratitude, the trees nodding in approval, and the winds carrying their story to distant corners. The Ahmadiyya Muslim Youth Association had done more than clean up—they had planted seeds of hope, showing that even small acts of service can sweep away the remnants of the past and make way for a brighter, better future.

Indeed, as the Borough slept through its hangover, a group of quiet heroes ensured that its awakening would be one of cleanliness, care, and community—a new year, truly renewed.

Warm Wednesdays are back in Epsom

18 August 2025



For the third year running Epsom Methodist Church (EMC) is opening its doors and running its Warm Wednesdays programme this winter. EMC is just one of the 80 Warm Welcome spaces across Surrey that are open to all residents free of charge and are a place you can pop in to stay warm, get a hot drink, receive energy advice and much more!

Situated right in the heart of Epsom in Ashley Road, Epsom Methodist Church will be open from 9.30 am to 6pm every Wednesday from 6th November through to the end of March*. We will be providing hot drinks, hot meals, free wi-fi and friendly company and conversation. Everyone and anyone is welcome to drop in for five minutes or stay for the whole day – no booking required.

EMC will also be providing advice on where to go for help with energy bills, benefit problems, financial and housing issues and obtaining warm goods and emergency support. On some Wednesdays we will be joined by advisers from Surrey Community Action who will offer help with keeping energy bills down, dealing with energy providers and claiming benefits such as Pension Credit.

Each Wednesday from 3.30 pm to 6pm EMC's Warm Space will take the form of a free after school club for parents and children. There will be games, crafts and activities before everyone joins together to share an evening meal together. Again no booking is required.
Lead Organiser, Robert Hill, commented:

"Energy prices have gone back up this autumn and we know some households struggle to pay their heating bills. Warm Wednesdays not only provides a place where people can stay warm but they can also find friendship and get practical assistance to help see them through the winter.

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“Epsom Methodist Church is proud to be part of a Surrey-wide effort to support communities and provide help for those who need it. And it is great to have the backing of the County Council for what we are doing.

For further information contact Robert Hill on 07802 551636 or email roberthill.home@icloud.com

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Ahmadiyya roti for local food bank

18 August 2025



Fresh bread from local Ahmadi Muslims will be made from the Roti-making factory at the UK’s largest Muslim convention, the Jalsa Salana, as part of the “Bread for Britain” campaign organized by the Ahmadiyya Muslim Community and given to local food banks.

The annual convention (Jalsa Salana) is a three-day event held by members of the Ahmadiyya Muslim community at a prop-up village near Alton that draws over 40,000 participants from more than 115 countries. The purpose of the event is for attendees to increase religious knowledge as well as to promote peace, spirituality and community. The convention is headlined by His Holiness Hazrat Mirza Masroor Ahmad, Caliph of the worldwide Ahmadiyya Muslim Community addressing the congregation on each of the three days of the event. The event is broadcast live internationally and also features faith and civic leaders, parliamentarians and diplomats speaking on the importance of enhancing unity, understanding and mutual respect in our ever-changing world.

Local Ahmadi Muslims from Epsom have been actively involved in organizing the Jalsa Salana. This year, the convention has expanded its outreach through the “Bread for Britain” campaign, which aims to help address food insecurity by distributing thousands of roti-breads to several different locations across the UK. Epsom will be one of the towns to benefit from this initiative.

The fresh bread, lovingly made at the convention’s dedicated Roti-bread making factory, symbolises not just nourishment but also the values of compassion, service, and community. The local community’s effort highlights their commitment to supporting their neighbours and addressing pressing social issues.

A local representative of the Ahmadiyya Muslim Community in Epsom stated, *“The Bread for Britain programme highlights the essential duty of every Muslim to help and support their community as the Quran says “give to the kinsman his due and to the needy and to the wayfarer. That is best for those who seek the favour of Allah”. We hope that through this small gesture we are able to help our local community.”*

The roti breads will be delivered to Lidl Neighbourly food bank in Epsom, to be distributed to individuals and families in need, providing essential nourishment and demonstrating the strong community ties within Epsom.

As the “Bread for Britain” campaign continues, the Ahmadi Muslim community in Epsom remains dedicated to extending their charitable efforts beyond the Jalsa Salana, working towards a more compassionate and supportive society.

Image: kavitakapoor License details

Cleanliness is next to Godliness

18 August 2025



On Sunday, June 9th, around 30 volunteers from ASEZ WAO UK, a local young adult volunteer group inspired by the

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World Mission Society Church of God in Epsom, gathered to clean along the stream at Longmead Road. The event, joined by Howard Gregory, Chairman of the Epsom & Ewell Tree Advisory Board, aimed to prevent plastic pollution in local waterways.

This litter pick was part of the group's Blue Ocean campaign, which strives to reduce pollution in streams, rivers, beaches, and seas. In just two hours, the volunteers collected a total of 37 bags of litter, removing mainly plastics to prevent them from entering the waterways. Passersby at Longmead Road were pleased and cheered the volunteers, expressing their gratitude.

ASEZ WAO UK conducts cleanups like this almost monthly, fostering a positive mindset and a sense of community.

The World Mission Society Church of God, located on East Street in Epsom, is a global church with over 7,500 branches and approximately 3.5 million members. The church teaches about God the Father and God the Mother through the Bible.

The group remains committed to keeping the waterways in Surrey plastic-free.

ASEZ WAO UK

Lessons in slowing down in Surrey

18 August 2025



St Augustine's Abbey in Chilworth, near Guildford Surrey, will open its doors to the public on May 18, 2024, offering a rare insight into the world of **Benedictine monks**. This public talk aims to provide an objective view of the Benedictine way of life, rooted in centuries-old tradition.

Epsom and Ewell Times seeks to slow down a notch the pace of information in our modern age. We attempt to provide deeper understanding of local news reviving online a tradition lost 20 years ago with the demise of Epsom and Ewells' Herald and Advertiser weekly prints. Benedictine Monks living in the heart of Surrey have kept a slower tradition of existence going for 1500 years!

The Benedictine Order, founded by Saint Benedict of Nursia in the early 6th century, emerged as a cornerstone of Western monasticism. Benedict's Rule, emphasizing prayer, work, and community life, became the guiding principle for monastic living across Europe. Monasteries under the Benedictine rule became centres of learning, agriculture, and spiritual guidance during the Middle Ages. The order played a pivotal role in preserving knowledge and culture during turbulent times. Benedictine monks contributed significantly to medieval society through their dedication to prayer, scholarship, and service. Today, Benedictine monasticism endures globally, fostering spiritual growth and intellectual pursuits.

The May 18th event will kick off with an optional Holy Roman Catholic Mass at 9 am in the Abbey Church, followed by a talk from 10 am to 11:30 am. Attendees will have the opportunity to delve into the daily rituals and routines of Benedictine monks, including chanting in Latin and the discipline of rising at dawn for prayer, practices that have endured for over 1,500 years.

The event will also explore the relevance of St. Benedict's Rule, written in 530 AD, and its application in modern society. Attendees will gain insights into the motivations driving individuals to embrace the monastic life, characterized by simplicity, contemplation, and service.

In collaboration with the Guildford and District Knights of St Columba, the event aims to be informative for individuals of all ages and backgrounds, regardless of faith. Admission to the talk is by donation, with funds collected to support the monks in their spiritual endeavors.

To secure attendance, interested individuals need to RSVP by emailing richardatob@gmail.com. This event provides a unique opportunity to gain a deeper understanding of Benedictine spirituality within the tranquil setting of St Augustine's Abbey.

St Augustine's Abbey is located at Sample Oak Lane, Chilworth, Guildford, Surrey GU4 8QR.

For more information, visit http://www.chilworthbenedictines.com

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New Family Centre grows out of Nursery

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For nearly 25 years **Epsom Methodist Nursery** has been providing early years childcare in the heart of Epsom – just two minutes from the town centre. Now the Nursery is entering an exciting new chapter in its history. As well as continuing to offer early years education for two to five year-olds the Nursery will become a **Family Centre**.

Following consultation with parents the Family Centre is planning to offer a broad range of activities and support including:

- A bumps and babies group for new parents providing ante-natal and post-natal support.
- Support groups for parents and carers of toddlers and young children.
- Courses and classes covering areas such as potty training, coping with challenging behaviours and family budgeting.
- Support for speech and language development.
- An affordable after-school club.
- A summer lunch club.

Already the Family Centre is running two stay-and-play groups for parents and young children and in April it is offering a free ‘Ready Steady Cook on a Budget’ course. With the cost of living rising, the FREE four-week course aims to support parents to provide easy, wholesome and healthy meals for the whole family whilst sticking to a budget.

The course will cover menu planning on a budget, planning the weekly shopping list, hands on experiences of creating easy recipes and top tips for saving money and time. The move to becoming a Family Centre has been made possible by a grant award from the Community Foundation for Surrey (CFS). CFS has arranged for the Netherby Trust and the Epsom and Ewell Community Fund to provide £12,450 which will match a contribution from Epsom Methodist Church. This money will help fund both the employment of a Family Centre Manager for the next year alongside the various activities that are planned.

Commenting on the grant award **Cara Golding**, the manager of Epsom Methodist Church Nursery, said:
“We are delighted to have secured this funding from the Community Foundation for Surrey. Our work with families at Epsom Methodist Nursery has shown us how committed parents are to their children and families and how keen they are to pick up ideas that will help them with the everyday and sometimes complex challenges that parenting can bring. Local agencies and public services are under pressure and services have been cut back. So the more we can do to provide practical help to parents and give children the best start in life the better. That is our mission.”

For further details on the ‘Ready Steady Cooking on a Budget’ course see

https://www.instagram.com/emcfamilies?igsh=bnNpYnFzNzhzaHp4&utm_source=qr

Longmead gets a Godly clean-up

18 August 2025



On Sunday, January 21, joined by the Mayor of Epsom and Ewell, Councillor **Rob Geleit** (Labour Court Ward), 40 volunteers from ASEZ (Save the Earth from A to Z), the young adult volunteer group from the World Mission Society Church of God in Epsom, gathered to clean Longmead Road and adjacent streets in Epsom.

In a matter of 2 hours, the volunteers collected a total of 75 bags of litter; allowing the greenery to flourish and preventing plastics and litter from entering the waterways. The residents of Longmead Road were pleased and cheered the volunteers expressing their gratitude. As they walked along the areas of the clean-up and honked when they drove through, as a way to show their gratitude and the glory of God spread.

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A passer-by, **Howard Gregory** from the Epsom and Ewell Tree Advisory Board and Elms Over Epsom explained “I saw this amazing crowd and amazing pile of rubbish, and this is fantastic.”

The World Mission Society Church of God is in East Street Epsom. The Church was founded in South Korea, inspired by the writings of Ahn Sahng-hong, considered by followers to embody the second coming of Christ.

Regardless of beliefs ASEZ did a great job.

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