

# Dementia Hub serving Epsom and Ewell

16 March 2023



Epsom & Ewell Borough Council have renamed their Dementia Daycare Service the Dementia Hub - and are using the opportunity to remind those living locally about the fantastic service the Hub offers for the community.

The Dementia Hub, situated in Sefton Road in Epsom, offers specialist respite daycare for people living with memory loss and dementia. It offers a safe, friendly environment where clients can enjoy activities, social interaction and develop skills to improve their quality of life. The Dementia Hub is part of the Community & Wellbeing Centre, a support hub which offers social and recreational activities for over 55s. The Community & Wellbeing Centre also provides services including assisted bathing, a community alarm service, foot clinic, meals at home, a shopping service and transport from home.

The Dementia Hub's new name and logo will make it easier for people to find information about the facility online, as well as helping create a stronger identity for the service. Councillor Alex Coley, Chair of the Community and Wellbeing Committee, said: "We're incredibly proud of the work that the Dementia Hub does to help enrich the lives of people living with memory loss and dementia, and the lives of their carers too."



Cllr Coley RA Ruxley Ward Chair Community and Wellbeing Committee

"The specialist team at the Dementia Hub provide a home-from-home environment where people can take part in memory therapies, gentle exercise, art therapy and more - whilst also making friends. "Caring for a loved one with dementia or memory loss can be challenging at times. The Dementia Hub also enables carers to take precious time to rest and recharge - or simply catch up with essential tasks."



People who are interested in finding out more about the Dementia Hub or who'd like to book a free assessment can call 01372 727583 or visit: [www.epsom-ewell.gov.uk/dementia-hub](http://www.epsom-ewell.gov.uk/dementia-hub)

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The Dementia Hub is a service offered by Epsom & Ewell Borough Council at the Community & Wellbeing Centre, on Sefton Road in Epsom.

Full and half day sessions are available for people aged 50+ living with memory loss, dementia, confusion due to medical conditions such as a stroke, conditions such as Parkinson's Disease, and more.

For more information on services offered by Epsom & Ewell Borough Council, visit: <https://epsom-ewell.gov.uk/residents/communities-health-and-wellbeing>

# New hospital programme called “HS2 of hospitals”

16 March 2023



The government’s hospitals programme has been called the “HS2 of hospitals” as “quite intense” discussions continue about how to take it forward.

**Epsom and St Helier** had its plan for a new site agreed by the NHS in 2020, with an original date for opening set at 2025, now pushed back to 2027 “at the earliest”. A health liaison panel at **Epsom and Ewell Borough Council** heard from **James Blythe**, managing director at the trust, who said adapting the current buildings to modern healthcare standards was becoming “increasingly difficult year on year”.

The national programme was announced as delivering 40 hospitals by 2030, with Epsom and St Helier one of eight “pathfinder” hospitals due to be at the top of the list, Mr Blythe told the meeting. But he said there were “quite intense discussions” going on at government level about the programme and how to take it forward.

Mr Blythe said: “What the government, the Treasury and the Department [of Health], are working through is basically how do you go about building 40 hospitals? Clearly what don’t you do is say to 40 schemes: ‘Go and design something completely different, go out to the construction market and try and procure it.’

“This has sort of now become the HS2 of hospitals. Let’s think about how we do this as a single scheme. Let’s think about how we do this consistently, how we procure consistently, how we design consistently.”

With St Helier hospital “very evidently crumbling” and problems with buildings at the Epsom site too, the trust plans to build a new specialist emergency care hospital on the old Sutton Hospital site, next to the Royal Marsden Hospital. Mr Blythe said: “We know that if we build a modern hospital to modern standards, we can do better for our patients, including local Epsom residents.”

But he said with the move from one financial year into the next, there were questions about where future works might sit in relation to other capital projects. He added: “Clearly what the construction market can’t take is 40 new hospital schemes trying to do the same thing at the same time.”

The meeting also heard that the trust was expecting feedback on its plans “very soon”, hoping it would then be able to get on with the planning process. Mr Blythe said: “As you can imagine, planning for a hospital which is going on to the land adjacent to Royal Marsden in Belmont in a mature and developed residential area, that planning process will not be insignificant. So we know that that will take some time”

Epsom and Ewell Borough Councillor **Liz Frost** (Residents’ Association, Woodcote Ward) asked about plans for the new multi-storey car park due to be built at the Epsom site, which was granted planning permission on appeal in December. She said she received a lot of complaints about roads surrounding the hospital being clogged up as people queued for spaces.

Cllr Frost said: “I have in the past spent quite a lot of time at Epsom Hospital when car parking has been horrendous and everybody was turning up late for clinics because they couldn’t actually get in.”

Mr Blythe said work should start in the autumn to build the new car park, and that options being looked at to minimise disruption during the nine-month build included possible park and ride schemes and using town centre car parks.

Saying he would bring back a plan later in the year for how the project would be handled, Mr Blythe also said the “flip side” was parking should be “substantially better once it’s built”.

He added: “We’re hoping that by [building the new car park] we will prevent some of the build-up of traffic from backing up into the town centre, which has sadly been a feature of the hospital for the last few years.”

Related reports:

[Pay black hole takes £2.2M Epsom Hospital funds](#)

[Epsom Hospital multi-storey car park rises](#)

[Epsom Hospital’s multi storey carpark wrong on many levels?](#)

[Epsom Hospital car park appeal](#)

[Local hospital’s building woes](#)

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## Patient nut complaint to protect others

16 March 2023



The **Epsom and St Helier Trust board** heard the complaint of a patient allergic to nuts given nut oil. LDRS reports:

A hospital patient with a peanut allergy and an epipen was given medication for a nosebleed which contained nut oil. The patient at **St Helier hospital** was told before going home that the A&E doctor “didn’t think” the cream contained nut oil, a hospital trust board meeting heard. But on returning home and reading the leaflet, the unnamed patient learned there was in fact arachis oil, or peanut oil, in the medication. The patient had gone to the emergency department after a nosebleed, having started on a medication to help reduce blood clots. The patient had told the nursing team on arrival at the hospital and the doctor who prescribed the cream for the nosebleed about their allergy.

On contacting the emergency department, the patient was told there was not an alternative medicine that could be prescribed.

Members of the Epsom and St Helier Trust board heard at a meeting on Friday (March 3) that the patient then contacted their GP for an alternative before making a complaint to the trust so the issue would not affect other patients.

The board meeting, held at Epsom hospital, heard from a registrar and a consultant in the emergency department what steps had since been taken to learn lessons from the incident. These included a safety alert being sent within the team and the individual doctor being spoken to, while board members also asked what more could be done at trust level to help in what was a “very, very busy” department.

**Ruth Charlton**, the site chief medical officer, said the emergency department was of the only in the trust to use a paper prescription method rather than electronic. She also said that because the emergency department was operating 24/7, and doing things very quickly, patients were not sent to pharmacy for medications, which would be “an extra checking mechanism in place”. She said an electronic system would flag allergens, such as cows’ milk, in a medication and then allow something else to be prescribed instead.

She added: “We need to take away this case and look at what more we could do to address the systems issues.”

The meeting also heard it was not clear what checks were made by the doctor about what was in the medication, or who the patient had spoken to when calling the hospital to ask about alternative medications.

Board chair, **Gillian Norton**, said the board was impressed with the “rigorous approach to learning” shown by the department and thanked the doctors for sharing the experience. She said: “Keep up the great work. “We are very conscious that you have done all this learning and thought about this while you have got this incredibly busy day job.”

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## Surrey doctors to go on strike?

16 March 2023



Royal Surrey hospital trust bosses are beginning to plan for three days of junior doctor strikes which could have a “significant impact” on services. A national ballot is currently taking place of members of the BMA Junior Doctors union, which closes on February 20.

If members vote for action, it could mean a possible 72-hour strike taking place in March, a board meeting heard on Thursday (January 26). As yet the trust, which runs Guildford’s Royal Surrey County Hospital as well as the Haslemere hospital, has not been directly impacted by its staff striking, though ambulance strikes in December saw the hospital put measures in place.

Meeting documents said the junior doctors' strike was more likely than others to meet the 50 per cent threshold needed for members to strike because a national ballot was being held. According to the BMA website, junior doctors have seen their pay cut by more than 25% to their salaries since 2008/09.

Bill Jewsbury, the trust's medical director, said the three-day strike, which he thought "probably would" go ahead, would have a "significant impact" on various parts of running the trust. The meeting heard that other, more senior doctors, would need to "step down" into the roles, along with non-union members.

Dr Jewsbury added: "That then has an impact beyond that 72 hours because we then have to rest those people. "What you're looking at is a much longer period of disruption than just your three days' of strike."

According to the documents, a review carried out of the day of ambulance workers' striking in December had identified one incident that was being investigated of the strike having an impact on patient care. The meeting also heard that the possible junior doctors' strike would impact on its target to clear the backlog of people waiting more than 78 weeks, a year and a half, for treatment by the end of March, in line with national guidance.

Getting rid of all the people on the waiting list was described in documents as "the biggest operational challenge affecting the trust", with a peak of 207 patients in the category at the beginning of October, falling to 161 at the end of November and to 155 in the first week in December.

Matt Jarratt, chief operating officer, told the meeting: "That is going to be a major challenge was going forward."

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## 'It felt like mum was a prisoner' in Surrey Hospital

16 March 2023



A woman said she felt like her mum was "a prisoner" when she couldn't take her home from a Surrey hospital. The daughter, who we are choosing not to name, said it felt like the family was caught in a "never-concluding circle" when trying to communicate between NHS trusts to get her mum discharged.

Her mum was in hospital for five months, having been admitted to Guildford's Royal Surrey County Hospital with pain following breast cancer, but the family living in West Sussex meant a lot of communication about release was across different NHS trusts.

By Colin Smith, CC BY-SA 2.0, <https://commons.wikimedia.org/w/index.php?curid=9266476>

She told a meeting of the Royal Surrey trust board on Thursday (January 26) that conversations about getting her mum discharged were "awkward" and "difficult" as she tried to negotiate her mum's release from hospital and whether or not she needed a care plan in place.

Board members apologised for the patient and her daughter's experience, which included time at Haslemere Hospital, and said the trust would address issues such as communication between themselves and neighbouring trusts. Alexandra Ankrah, NExT director at the trust, sympathised with the woman's experience, saying she had been through similar with her own mother, though not at Royal Surrey.

Addressing concerns that her mother had felt like a "bed-blocker", where people who are medically well enough to leave hospital cannot be discharged because there may not be the appropriate social care measures in place at home, she and others in the meeting agreed they did not like the term. Ms Ankrah said: "No one should ever be made to feel that they don't have a right to our care and services."

The daughter, who chose not to make a complaint against the trust, said: "I felt like my mum was a prisoner." The meeting heard that many patients were in similar situations regarding communication across county borders, and a meeting would be organised using the patient story as a basis to make changes.

The chief executive, Louise Stead, said it came up "every single week" with people caught in "an impossible little maze". The trust's medical director, Bill Jewsbury, said getting people home when they were well enough was "really important" because most people wanted to be at home and improved once there. He added: "If we are really honest with ourselves, we are incredibly risk averse around discharge planning."

Dr Jewsbury said the story was "a classic example" of saying somebody needed a care package in place before they could be discharged but said it would be "quite a powerful driver" for the family to be able to take their relatives home. He said the trust should ask itself: "Have we had that conversation with yourselves as the broader family? [Have we] phrased and pitched it in such a way as: "There are going to be some risks involved in perhaps getting your mother home. 'It isn't without risk but we can get your mother home.'"

He said it would be "worth trying" and that the hospital could do more to work with families as well as outside groups

such as charities and churches in supporting patients.

The hospital's own virtual wards, where patients can continue to be treated at home and which started late last year, were also raised as one way of helping to tackle the issue.

The daughter told the meeting: "If somebody had presented me with a disclaimer for signing mum out of the hospital, I would have done that."

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## 2030 vision for the elderly in Surrey

16 March 2023



Surrey County Council sets out its vision for the care and living of the older generation by 2030. In 2021/2022 Adult Social Care in Surrey spent £506 million to support older people. This money helped over 5,600 older people and their unpaid carers. Money was also spent with voluntary organisations that support people in their community too. Adult Social Care also ensures services for information, advice and guidance are available to help people understand their care options and to make good care-related decisions.

The county of Surrey has a population which is getting older with people living longer than in other parts of the country. These changes mean that many more people are likely to be living alone, without support from their family. By 2030, the number of people aged 75+ predicted to be living alone will have increased by 27%. National reporting states that the number of unpaid carers 65 years old and over will increase by 17% from 2016 to 2025.

Dementia is most common amongst older people and in Surrey it is estimated that between 2020 and 2030 the overall number of people with dementia could increase by 28%, from 17,700 to 22,672.

In building the 2030 strategy SCC stated "We spoke to over 750 people living in Surrey. We worked with many diverse groups of Surrey residents of all ages including unpaid carers, care providers, partners, and colleagues. This took seven months and included workshops and surveys. We wanted to know what works well, what does not work well, what could be improved and what is important to our residents."

The plan sets out all the ways SCC, working with its partners in the NHS, care sector and districts and boroughs, will support people to live and age well in Surrey over the next decade. At the heart of the plan is a commitment to improving opportunities and care choices in local communities so that older people can be as active and independent as they wish.

The council engaged with residents and their families, as well as staff and partners, to draw up the strategy - and is now seeking input to help shape how it's put into practice.

The plan is centred around three priorities. They are:

- Prevention - supporting people to lead healthy and independent lives in their local communities for as long as possible
- Living independently - enabling people to live in their own homes with care and support tailored to their strengths, including through planned new extra care housing
- Care homes - making sure that Surrey can offer the right mix of high quality care homes for those who need them

Further details can be found in the summary version of the plan at [surreycc.gov.uk/livingwellinlaterlife](https://surreycc.gov.uk/livingwellinlaterlife).

Working with partners, including the NHS in Surrey Heartlands and Frimley, as well as care providers and voluntary organisations across the county, the council has already achieved some key milestones in its plan.

These include:

- signing a new contract for home care services so that people receive even better care in their own homes
- enhancing its reablement service for people needing short-term care, such as after a hospital stay, through linking with specialist care workers
- carrying out in-depth planning to help SCC and its partners meet the growing need for care home places catering for complex and challenging needs

The council's keen to continue to gather residents' and partners' input as it works towards meeting the commitments in the plan. There will be opportunities to take part in workshops and surveys.

Anyone who has an interest in shaping services for older people can sign up via the web page or by calling 0300 200

1005, SMS (for the deaf or hard of hearing) 07527 182 861, text relay 18001 0300 200 1005 or BSL video relay.

Mark Nuti, Surrey County Council's Cabinet Member for Adults and Health, said: "Our ambition here in Surrey is that no one is left behind - we're committed to helping those who need us most, and improving quality of life for everyone. We want older people to be able to lead independent and active lives for as long as possible in their own homes and communities and, if they need extra support, to receive tailored and dedicated care. Our Living Well in Later Life plan sets out how we will continue to modernise our services and work with our partners over the rest of the decade to enhance the lives of older people in Surrey. If you have an interest in shaping services for older people, please come forward and help us put our plan into practice."

Additional reporting from Surrey County Council news service.

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## Cycling for Motor Neurone Disease

16 March 2023



**Greg Culshaw** of Toyota's Epsom Head Office (GB), has completed a gruelling 24-hour static bike ride, putting him on course to raise more than £40,000 for the Motor Neurone Disease Association. Greg is the General Manager, Customer, Network and Quality Support.

Greg began his challenge at 10am on Wednesday 17 November and was joined by a number of colleagues, including **Agustin Martin**, Toyota (GB) President and Managing Director, who completed stints on static bikes alongside him, to give him encouragement. Paralympic cyclist, **Jody Cundy**, and **Mark Chapman**, Director of Finance of the MND Association, helped cheer him on at the start of his marathon.

Toyota (GB) is halfway through a three-year partnership with the MND Association and has so far raised more than £78,000 for the charity, which focuses on improving access to MND care, funding research and campaigning on behalf of the MND community.

Greg was inspired to take on the challenge in memory of a Toyota colleague, **Rachel Rollason**, who died from motor neurone disease earlier this year. He commented: "Rachel and I spent four years working together in the Customer Services Division and it's fair to say that she made a lasting impression on me. Her boundless energy and devotion to getting things done were inspiring. She operated on 'no limitology' before I had even heard the phrase."

He added: "This has been a brutal challenge, but at the same time I've been focused on completing it for Rachel and the MND Association. The idea started in a conversation with Rachel and in her last text message to me, she told me how proud she was of me for taking it on. She continues to inspire me and in turn, made me proud of her."

To date, Greg has raised nearly £16,000 through his Just Giving page: <https://www.justgiving.com/fundraising/Greg24hrBikeRide>. This will remain open for donations until the end of November.

Toyota (GB) has pledged to fund-match the total raised by Greg, which means the charity should receive around £40,000 to help it keep up the great work it does on its five key promises:

1. To make MND treatable and ultimately find a cure.
2. To ensure everyone gets the help they need, when they need it.
3. To make every day with MND count.
4. To ensure people with MND are heard
5. To ensure that nobody with MND faces it alone

Mark Chapman, Director of Finance at the MND Association, commented: "Greg's challenge is particularly poignant because he's doing it in memory of his colleague Rachel. It's brilliant to see so many staff members from Toyota rally behind him to honour her, knowing that every penny raised will make a huge difference to people living with and affected by MND.

Last year we provided £1.4 million of support grants for 2,479 people living with the disease.

The grants provided by the MND Association have helped people living with MND to maintain their independence and improve their quality of life, and we couldn't do this without partnerships with companies like Toyota."

Jody Cundy, eight-time Paralympic Champion (three swimming, five track cycling) commented: "It was a pleasure to join Greg for the first hour of his 24hour charity ride for MNDA. It was a tough challenge, but I hope my support and presence helped make it a little easier."

Agustin Martin said: "Watching Greg complete this challenge while we went about our daily business has been humbling

for all of us at Toyota. We congratulate him for his for raising such a significant sum for the MND Association, our charity partner, and for helping to honour the memory of our much-loved colleague, Rachel Rollason.”

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## Epsom woman gets out of a mango pickle

16 March 2023



A woman was sent home from **Epsom General Hospital** with a sliver of mango seed stuck in her throat, leading to an update of guidance around patients who have been eating soft foods. The 57-year-old went to Epsom hospital emergency department saying she was having trouble swallowing after eating mango pickle.

A doctor looked at her, but could not see anything obviously wrong, with the patient not drooling, still able to swallow and no foreign body visible on examination. The patient was sent home with the advice that it could be a scratch or gastritis, and told to return if she was more unwell.

A board meeting of the Epsom and St Helier hospital trust heard she then came back four days later unable to swallow at all and with a sore throat, but still nothing visible to doctors. On a slide titled “the deadly mango” in a learning from complaints presentation, board members heard how the hospital then discovered an oesophageal tear and air in her chest after a CT scan.

Documents show there was “low level of risk” given she had been eating soft food, and that sharp foreign bodies causing problems are usually only related to fish or broken bones such as in chicken, so this was not considered.

There are no guidelines either nationally or at the trust for this sort of situation.

After discussions with other hospitals, she went for surgery in Guildford, where a mango seed sliver was removed from her oesophagus and she stayed for a week on intravenous antibiotics. Luckily the patient made a full recovery, but did make a complaint against the hospital trust.

The board meeting heard that the unnamed patient had been informed of the investigation into the incident and how new guidelines had been drawn up at the trust, to look at the symptoms patients were suffering, and not just the foods they had eaten.

**Dr Richard Jennings**, group chief medical officer, said that from something ridiculously obscure and exotic and unlikely ever to happen again, the trust had created pragmatic and useful learning points. He added: “I was also very happy, having felt anxious reading the title, to find it was a “potentially deadly mango”.

The meeting heard that assessment of the patient was done correctly, though the investigation showed the patient probably should have been discussed with ear, nose and throat [department] if symptomatic

She also should have been told to return within 24 hours if there were no improvement.

A presentation said it was “every rare to have sharp foreign body injury following soft food and usually due to foreign bodies in them”, such as glass or plastic.

As well as new guidelines for staff, a discharge leaflet would be created for patients who were going home with this condition.

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## Concerned with driving for ages

16 March 2023



**Age Concern Epsom and Ewell** are fortunate to have many volunteers that give up their time to help provide various services to support members of the older community in the borough of Epsom and Ewell. One of these services is its well used transport service which takes clients to medical appointments across the borough and further field. To provide this service, they have a wonderful small team of volunteers who carry out around 1000 trips a year.

**Stuart Kendrick** (L) and **Alan Carlson** (R) and Mayor Clive Woodbridge celebrate long-service

Two of these drivers, **Alan Carlson** and **Stuart Kendrick** have each been driving for us for over ten years, and this

month they will both have reached an amazing milestone of completing 2000 drives.

Alan, a retired special needs teacher, and previous mayor of Epsom and Ewell in 2001/2002, has lived in the borough most of his life. He started driving for Age Concern Epsom and Ewell in 2012, he'd not long retired and wanted to do something useful with his time and his large car! He appreciates that the transport service can help take away the anxiety that some clients feel and aims to provide calm reassurance when driving our clients to their appointments. He really enjoys meeting people and hearing their interesting stories and he's been able to build up good relationships with many of them.

Stuart, a retired minicab driver, originally from South London started driving for Age Concern Epsom and Ewell following his retirement because his wife suggested he might like to go and do something useful! He really enjoys meeting our clients and gets a sense of fulfilment knowing that he is doing something that they really appreciate. His wife now often accompanies Stuart on his drives, and they all love the chats that they have on the way to appointments.

Age Concern is extremely grateful to all their volunteers but would especially like to thank Stuart and Alan for completing 2000 drives for Age Concern Epsom and Ewell and on 24th October held an informal lunch party for them with invited guests.

If you would like more details about the Age Concern Epsom and Ewell Transport Service, please contact Transport Desk, Monday - Friday 9.00am - 12.30pm on 01372 732 456.

Alternatively, if you would like to like to volunteer for Age Concern Epsom and Ewell, please contact Jane Hodgson, Volunteer Coordinator Monday - Wednesday 9.00am - 3.00pm on 01372 732 458 for an informal chat.

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## Surrey Ambulance employee woes far from over

16 March 2023



An NHS chief executive has never in her career seen employee relations cases of the “volume and a complexity” as at her current troubled ambulance trust. **South East Coast Ambulance Service (SECAmb)**, the NHS trust which covers Surrey, is on an improvement journey, after an “inadequate” rating for how the service was led in June and a report this week which downgraded its overall rating.

The trust's interim chief executive, **Siobhan Melia**, said though she was not happy with the pace of the progress on improving the culture at the trust, she understood why it was not moving quickly. She told a board meeting on Thursday (October 27): “I have never in my career seen a volume and a complexity of [employee relations] cases that we are dealing with.” She said she understood why limited staff resources and an “incredibly high case load” were contributing to this.

The meeting heard what progress was being made against two warnings given in the June report, which found a culture of “bullying, harassment and sexualised behaviour” at the trust.

A report published this week by the **Care Quality Commission** downgraded the trust's overall rating, finding that staff were “burnt out”, working beyond their hours and not always getting breaks. But the area of “caring” was given a “good” rating in the latest report, with patients found to be treated with kindness and compassion.

Thursday's meeting focused on the two warning areas of four highlighted in the June report, namely risk, clinical governance and quality improvement, and of a culture of bullying. The latest report will be addressed at future board meetings of the ambulance trust, which covers Surrey, Kent, Sussex and parts of Hampshire.

According to meeting documents, the trust's planned outcome for concerns around culture centred on a “significant reduction in bullying and harassment”, and staff feeling empowered and supported to raise concerns.

The interim chief executive said there needed to be “absolute clarity” on there being zero tolerance on behaviours that did not align with trust values, and a “decisive position” taken that sexually inappropriate behaviour would not be tolerated.

She said the backlog of cases meant people were getting “frustrated” at the length of processes because the trust was “running to catch up”. Ms Melia said she had found herself “challenged” as a woman chief executive in 2022 to have taken a sexual safety workshop in the last week. She added: “I'm listening to the lived experiences of female members of staff at SECAmb, who are talking quite openly in that workshop about some of the things that are happening. So we simply have to get more decisive, more strong in the actions that we take and continually say: ‘We will protect you as we should when you're an employee of SECAmb’.”

Saying decisions on sanctions in proven cases needed to be “much faster”, she added that the trust needed to “deliver the actions in a much more overt way” to match words and communications that were being put out.

The trust's executive director of human resources and organisational development, **Ali Mohammed**, said that 25 per cent of employee relations cases involved bullying, harassment or sexual safety.

He said once the initial work had been done on meeting targets set out after the CQC report and clearing the backlog of cases, more of a “learning culture” needed to be brought in at the trust. But he said ultimately it would be the staff that would be able to tell leaders if things had changed for the better. He said: “Are we winning in terms of people feeling that there’s a different culture within the organisation? That’s the key thing in the end, asking the individuals themselves because they are the best judge of it.” He said there was an “individual and collective responsibility” on all board members, managers and “every single individual within the organisation” to push the same message and the same culture. He added: “This isn’t something one person could do in isolation. I think it’s a test we should hold ourselves to as a board, and as a senior management community, that it is something that we personally will be pushing forward.”

The board’s chairman **David Astley** said the trust needed to “root out” inappropriate behaviour. He said all staff needed to feel confident and safe at work, whether on the front line or in other areas. Mr Astley added: “They’ve got to feel safe, so they can do the best job they can for their colleagues, and more importantly, the patients.”

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## Surrey’s challenges with social care

16 March 2023



**Surrey County Council** must work closely with independent care providers to meet the challenges facing social care and continue to improve choice for residents, Surrey’s new director of adult social care has said.

In her first keynote speech to Surrey’s care sector, **Liz Bruce** embraced the need for a new working relationship between the council and providers of residential, nursing and home-based care to help build for the future of social care including planning for the biggest care reforms in decades.

As well as preparing for the reforms - which are set to usher in a lifetime limit on care costs of £86,000 - the care sector in Surrey is operating in an “unprecedented” economic environment and dealing with recruitment pressures and the impact of Covid-19, Mrs Bruce said.



Liz Bruce new Director of Adult Social Care

Addressing the **Surrey Care Association**’s autumn conference in Dorking, Mrs Bruce said new relationships and “new thinking” would enable the council and providers, along with their NHS partners, to move “together ahead”.

Forging a closer relationship would enable the partners to better shape services around the needs of residents and communities and enhance the choice of care and support options available.

Earlier this year, Mrs Bruce became Joint Executive Director of Adult Social Care and Integrated Commissioning working across Surrey County Council and Surrey Heartlands integrated care system.

She told the conference: “*We need each other more now than ever. We’re stronger together and we’ve got more in common together - we mustn’t let people divide us. We’re far more powerful and influential to central government if we’re saying the same things.*”

“*How we work together going forward is all based on relationships. We need to innovate together and to do that we’ve got to have a good relationship and have dialogue. None of us can do what we’re trying to do on our own so we need to come together and work in partnership. I’m optimistic we can do that.*”

Areas where there are opportunities to work together include on shared issues such as workforce and training. A key focus for adult social care is supporting providers and residents with better information, advice and guidance to help the make informed life choices, especially when considering or requiring care.

The county council’s commissioning strategy for older people, covering the period until 2030 and drawing on input from

providers and the NHS as well as residents and staff, aims to champion greater choice, quality and control for residents.

As well as supporting people to lead independent and active lives in their own homes and communities for as long as possible, the blueprint spells out how the council and partners will work together on ensuring intensive and personalised care options for people with more complex needs, in line with the council's ambition to tackle inequalities in health so that no one in Surrey is left behind.

Mrs Bruce took up her new role in Surrey in May from the London boroughs of Richmond and Wandsworth where she was Director of Adult Social Care and Public Health. She has previously held senior positions at London's tri-borough partnership - Westminster, Hammersmith and Fulham and Kensington and Chelsea - and at Manchester City Council and Warwickshire County Council.

Surrey County Council News

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## National Polio Day marked in Epsom

16 March 2023



**Gina Miller** supported **Epsom Rotary's** fight against rising cases of Polio. Today is **National Polio Day** and on Saturday local Rotarians were raising awareness in Epsom's Market Square. They raised £300 from the Borough's generous public and that will be matched by the **Bill and Melinda Gates Foundation**.

Gina Miller with Peggy Rowell of Epsom Rotary in Epsom Market Square

With the news reporting Poliovirus has raised its ugly head, here in the UK, it is a reminder how important the Rotary International PolioPlus campaign is. Not since 1984 has there been a case of polio in the UK, which was declared polio free in 2003. Although, no cases have been detected or confirmed and the risk of someone catching polio in the UK is low, it has come as major blow to Rotary, that it has been identified, here, in the UK. The emphasis is being placed on trying to make sure that all children and unvaccinated adults have been fully immunised against the disease. This is because the poliovirus is opportunistic and will exploit gaps in population immunity.

The **Rotary PolioPlus campaign** was launched in 1985, becoming a founding member of the **Global Polio Eradication Initiative** in 1988. In this time, Rotary members, working with communities around the world, have contributed more than 2.1 billion US dollars and countless volunteer hours for the fight to end polio. Now polio is considered eliminated in most first world countries with Afghanistan and Pakistan being the only countries in the world where the infection is classed as an endemic.

The fight has to continue and as Rotarians we can play a key role in raising funds and awareness to achieve a polio-free world and ensure we protect the gains Rotary has worked so hard to achieve.

### Polio Outbreaks 2022

Poliovirus (Poliomyelitis) has been confirmed in non-endemic countries in Africa, Asia, Europe, India, the United Kingdom, and New York in 2022. In recent years, polio-endemic countries of Afghanistan and Pakistan have reported polio outbreaks, according to the Global Polio Eradication Initiative (GPEI).

And on September 26, 2022, the U.S. CDC issued a global Alert - Level 2, Practice Enhanced Precautions, regarding polio outbreaks and poliovirus detections in various countries.

On September 13, 2022, the WHO added the USA to a list of about thirty countries where circulating vaccine-derived poliovirus (cVDPV) has been identified in 2022. This action is related to genetic sequences in July 2022 from a polio (Acute flaccid myelitis) patient in Rockland County, NY, and wastewater specimens collected in various New York counties, linked to poliovirus samples collected in Israel, and London, indicating multi-country, community transmission.

Our own correspondent

# Benches mark the victims of Co-Vid across the Borough

16 March 2023



**Epsom & Ewell Borough Council** is installing 14 memorial benches across the Borough to commemorate all the lives lost in the Covid-19 pandemic. Metal benches have been placed at Alexandra Receptions Ground, Long Grove Park, Nonsuch Park, Shadbolt Park, Stoneleigh Broadway and The Grove in Ewell Village.

Mayor Clive Woodbridge, College Ward Councillors Julie Morris and Nigel Colin, Cllr Hannah Dalton and Elena Ciesco. Acting Borough Chief Executive Jackie King also attended.

More metal benches have been or are in the process of being installed at Auriol Park, Ewell Court Park, Mounthill Gardens and The Wells Centre. Wooden benches will also be placed at Epsom Common, Grandstand Road, Horton Country Park and Hogsmill by the steppingstones at a later date. Flowers will also be planted around the benches where appropriate.

Funding for the benches was provided via the Community Infrastructure Levy (CIL).

Councillor **Hannah Dalton**, who put forward the CIL bid, said, "The past two years have been extremely hard for everyone in the Borough, but more so for those who have lost loved ones. These benches are our permanent memorial to all those affected by the pandemic. "I hope they will bring comfort to grieving families, ensuring that their loved one will always have a place in and be remembered by our community."

Councillor **John Beckett**, Chair of Environment and Safe Communities Committee, added, "While these benches memorialise the pandemic, they also represent a time for reflection within the Borough. I can't think of a more fitting tribute to those we have lost, than to have something to remind us of and generations to come."



A Robin is a feature of the Co-Vid victims memorial bench

One of the benches, for each of the Borough's Wards, was the place of a moving speech by **Mayor Clive Woodbridge** on Saturday morning 22nd October. In **Alexandria Park** The Mayor spoke of the loss so many across the Borough have suffered during the pandemic. As of the week ending 7th October 2022 the UK Government funded **LG Inform** states that 474 persons have died of Co-Vid in Epsom and Ewell.

Mayor Woodbridge recognised how deep the bereavement is felt by relatives who came to the bench this day especially as he had this year suffered the loss of a son. As an example of the reality of loss he read a tribute to one Epsomian who succumbed to the virus.



Elena Ciesco who campaigned for memorials in the Borough

“**Luigi Ciesco** was born in Italy in 1941 and at the age of 19 he moved to England in 1960 to start a new life. He met Vincenza his wife, at a wedding in Italy and soon after, they were married, settling first in Hook Road and then in Alexandra Road in Epsom for 45 years. They went on to have 4 children and 8 grandchildren and were married for 57 years. He was an amazing, fun loving and cheeky man, a real character and he was known and loved by so many. He loved his family, and he loved his Italian music and he loved to dance. He was an extremely hard-working man and worked in the NHS. He grew all his own vegetables and was an expert gardener and wine maker.

The Covid memorial benches mean a great deal to the bereaved families. The world seems to have moved on from Covid but they have not moved on, they are forever changed. The benches show the reality of how cruel this virus is and how it does not discriminate from young to old. We all hope that it makes people stop and think about our loved ones never to be forgotten.”

## Epsom’s Mental Health Week

16 March 2023



Epsom and Ewell based charities **Love Me Love My Mind** and **The Friends of Horton Cemetery** joined forces with Surrey County Council Youth Workers and others this week. In Epsom Market Square on Saturday 8th October local residents and visitors took part in the “**Out of Sight, Out of Mind**” Project. This **Historic England** supported project raises awareness of the **Horton Cemetery** in Epsom. There are buried 9000 patients of Epsom’s five now closed psychiatric hospitals. The largest asylum cemetery in Europe.

Borough and County Councillor **Bernie Muir** joined in the Market Square painting of memorial flowers.



Cllr Bernie Muir paints a flower

The painting continued during a day of reflection and celebration on **World Mental Health Day** 10th October at **St Barnabas Church** in Temple Road, Epsom. Activities included a walk to Horton Cemetery beside Hook Road and a song and dance performance by students from Epsom's **Laine Theatre Arts School**.



Mayor Clive Woodbridge paints a flower

Mayor **Clive Woodbridge** joined the event and painted a flower. 900 ceramic flowers are being individually painted by young and old throughout the Borough over the year. Workshops will be held to discuss the significance of the Cemetery and the lives of those who ended up in this paupers' graveyard. The aim is to plant the flowers near the Cemetery on Mental Health Day 2023. The site was sold by the NHS to a property speculator in 1983 and has been neglected ever since.

## Lighting up for menstrual dignity

16 March 2023



On Tuesday 11 October **Surrey Fire and Rescue Service** lit up Guildford Fire Station in a show of support for **Binti**, an international menstrual dignity charity based in Weybridge, Surrey. The service will be looking to supplement **Surrey County Council's** ground-breaking initiative, as the first UK council to provide free period products across the county and eradicate menstrual stigma and taboo whilst normalising the conversation.



Surrey Fire and Rescue Service are to explore the distribution of Dignity Packs where needed when carrying out community engagement activities.

The event at Guildford Fire Station was attended by representatives from the Service, including Acting Chief Fire Officer, **Dan Quin**, and Chief of Staff **Bernie Beckett**. They were joined by actor and Binti ambassador **Nina Wadia**, star of TV programmes including *Eastenders*, *The Outlaws*, *Dr Who* and contestant on last year's series of *Strictly Come Dancing*.

The lighting up of Guildford Fire Station coincided with **International Day of the Girl Child**, which seeks to highlight the challenges faced by young females to their education, their physical and mental wellness, and the protections needed for a life without violence across the globe. 2022 marks the 10th anniversary of the International Day of the Girl, following its establishment by the United Nations. They note that over the past 10 years, there has been increased attention on issues that matter to girls amongst governments, policymakers and the general public, and more opportunities for girls to have their voices heard on the global stage. Yet, investments in girls' rights remain limited and girls continue to confront a myriad of challenges to fulfilling their potential; made worse by concurrent crises of climate change, COVID-19 and humanitarian conflict.

Surrey County Council initially worked with Binti to host collection and donation points at 35 Surrey buildings, including libraries and County Council buildings upon the launch of the partnership in May 2021. Since then, the initiative has spread to a total of 55 collection and donation points where people can take period products to enable Period Dignity.

Other organisations in Surrey have also come onboard, including Morrisons branches in Woking and Weybridge, as well St James Church in Weybridge.

Commenting on their support for Binti, Acting Chief Fire Officer, Dan Quin, stated: "We are delighted to be supporting Binti. As a Surrey-based charity with a global impact, they share our passion to support and protect those in need. I look forward to seeing the partnership develop, and hope that our communities will benefit from our planned work with Binti, as they have from the scheme established by our colleagues in Surrey County Council, and in particular Surrey Libraries."

**Manjit K. Gill MBE**, CEO and Founder of Binti commented, "We believe period products should be available like toilet paper is and Surrey County Council are leading the way to create this change. With the cost of living crisis impacting many the campaign has been designed to ensure everyone has free access. Surrey is having menstrual conversations every day and working with Surrey Fire and Rescue Service is so exciting because we think period stigma will become a thing of the past."

Binti was the first period charity registered in the UK, they have offices in India, US and The Gambia. They have now opened a period charity shop the first of its kind in Walton on Thames. Girls can buy period products and discuss all things related to menstruation. Binti's vision is to provide menstrual dignity to all girls, all over the world. This means facilitating access to pads to ensure menstrual health, educating girls about what menstruation is and what they can expect from it, and dispelling stigma, taboos, myths and negative perceptions around menstruation.

For more information on how to donate and collect and ways to get involved, visit Surrey County Council's Period Dignity webpage or the Binti website.

Surrey County Council news

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## Will “Top Tory” Surrey County lobby Coffey?

16 March 2023

A council chief has called on select committee members to use their status as a “top Tory” authority to influence health spending at government level. Calling ambulances backed up outside hospitals “dangerous” and saying “we don’t want old people on trolleys in corridors”, one of the council’s health directors said it would take everyone working together to get through the winter.

Surrey County Council’s adults and health select committee heard on Wednesday (October 6) from representatives from Surrey Heartlands Integrated Care System (ICS), South East Coast Ambulance Service (SECamb) and Frimley Health and Care ICS.

As the health organisations set out their plans for winter pressures, and commitment to working together to cope, members heard of current issues including Frimley Park hospital beds being nearly 100 per cent full most of the time and systems issues causing delays in ambulance handover times.

**Liz Bruce**, joint executive director for adult social care and integrated commissioning (Surrey County Council and Surrey Heartlands ICS), said she “absolutely agreed” that ambulances backed up outside hospitals was “high risk and dangerous to everybody else in the community”. She said: “We don’t want old people on trolleys in corridors, and therefore we’re all in this together.” She highlighted the importance of the “whole system” working together, saying improvements were “everybody’s responsibility”.

The director said: “What can this committee do to help us? A Conservative council, a top Tory council, you can help us by influencing government around funding nationally for hospital discharge and social care, and how we support sick people safely to go into hospital and come out again. Because we don’t want to see elderly people go into long term care when they don’t need to.”

While the government had announced £500million for health care over the winter, she said it was not yet clear how it would be allocated or if it was “truly new money”. Saying she expected the winter to be “extremely challenging”, she added: “It’s very obvious that we’re going into significant and stark problems in our system for people in discharge. I’ve asked [my team] to build, very quickly, a business continuity plan around with winter discharge.”

The meeting heard from **South East Coast Ambulance** and **Surrey Heartlands** representatives about what was being done to improve ambulance handover times. Moving towards electronic patient records, virtual wards and daily meetings were all hoped to help with delayed handovers which were made worse by sicker patients and “systems problems”.

SECamb’s deputy director of operations **Mark Eley** said he was having to balance offering staff overtime, particularly in the current financial situation, with the risk they might “work too hard, wear themselves out” and go off sick. He said: “Staff are becoming very weary and worn from the last two years, so I’m not pushing too hard because as I increase my overtime, I can increase my sickness if I’m not careful.”

The issues with Frimley Park hospital beds being full “almost all of the time” were also said to be caused by not being able to discharge patients who were well enough to go home.