

Epsom Hospital looks to ‘terrible’ Australian flu season

7 September 2022



Epsom and St Helier hospital staff will be encouraged to get their flu jab after a “terrible” Australian flu season which can be a sign of things to come in the UK.

Among concerns that covid is now “old news” staff will also be encouraged to take their coronavirus booster in a campaign to encourage take-up in front-line staff.

A board meeting of the Epsom and St Helier hospital trust on Friday (September 2) heard that Jacqueline Totterdell, group chief executive of the St George’s and Epsom and St Helier hospitals group, had “nearly died” when she was admitted to hospital with flu a couple of years ago.

She said this experience gave her “a real passion” for making sure people took up the jab.

The chief executive added: “We always look towards Australia for what sort of flu season they’ve had, and they’ve had a pretty terrible one.

“That, for me, is a real driver about how we can encourage more of our staff to have the flu jab.”

Non-executive director Peter Kane raised a concern that coronavirus may be “yesterday’s news” and asked about how staff at the trust would be reminded of the importance of the coronavirus booster and the flu vaccination, which can be given at the same time.

Arlene Wellman, group chief nursing officer, said communications would begin going out to staff and that the best practices would be pulled from both St George’s and Epsom and St Helier trusts.

The two trusts formed a hospital group last year with the aim of sharing and working together on services.

According to the NHS, more people are likely to get flu this winter as fewer people will have built up natural immunity to it during the pandemic.

It can be life-threatening for some people, particularly those with certain health conditions.

The chief executive also confirmed the next board meeting in November would be updated on the trusts’ winter resilience programme, which is already being planned, and included looking at having the capacity to vaccinate all staff.

The coronavirus booster will be offered to certain groups including residents and staff in care homes and front line health and social care workers.

The meeting also heard about staff at St Helier “doing their absolute best” in a hospital building that was often not fit for purpose, with leaking roofs and lifts that were not big enough to fit hospital beds.

In July it was announced that a planned new hospital in Sutton has been delayed to 2027 at the earliest.

Board papers: <https://www.epsom-sthelier.nhs.uk/board-papers-and-agendas>

Local hospital’s building woes

7 September 2022



Buildings “Absolutely not fit for purpose”, a meeting has heard as staff at **St Helier hospital** are trying to provide care.

NHS bosses were told about a labour ward with a leaking roof, an intensive care ward where temperatures reached 35 degrees and lifts that were too small for hospital beds.

There are also corridors “cluttered” with equipment and staff “doing their absolute best in circumstances they should probably shouldn’t be asked to work in”. The board meeting of the NHS trust which runs the site took place on Friday (September 2) after members had done a walk around of the hospital to inspect first-hand.

It followed the announcement that a new planned hospital in Sutton, which would see the **Epsom and St Helier** sites’ services downgraded, will now not be ready until at least 2027. The trust formed a hospital group with St George’s hospital last year, which it was stressed in the meeting was not a merger between the trusts but a way of working together on services.

Jacqueline Totterdell, group chief executive of the St George’s and Epsom and St Helier hospitals group, had been on a visit to the St Helier site’s gynaecology and maternity wards, including pre- and post-natal and labour wards. The hospital leader said that staff based at the site a pre-fabricated building staff “do pretty well”, despite a lift that is 50 years old, regularly breaks down and “is a real risk”.

Ms Totterdell added: “When it really rains they have buckets and pads down because it rains and there’s not much else we can do with that roof.” While she said there were some issues around staffing, and around sick leave, annual leave and maternity leave, those she spoke to said they worked in good teams and generally enjoyed working. She added: “That’s just the context that they work in.”

Phil Wilbraham, an associate non-executive director on the board, called the hospital’s intensive therapy unit (ITU): “The good, the bad and the ugly”. He said going from the old unit where the beds were too close together and there was little air conditioning and exchange of air was a “massive contrast” to the new area, completed in 2020. Mr Wilbraham said: “When you go to the new ITU, you see how it should be.”

He also said he’d heard about patients being brought into the unit and put in rooms where it was 35 degrees in August, and said in this environment patients couldn’t be expected to recover as quickly as they should. He added: “I would say the staff seemed to be extremely calm, organised and professional. It’s the classic of people doing their absolute best in circumstances they should probably shouldn’t be asked to work in.”

The meeting also heard about “clutter” in corridors and the demands of trying to balance bed space with break rooms for staff and storage at the site. Group chairman **Gillian Norton** highlighted a lot of the “clutter” was actually essential equipment. She said: “The whole discussion just illustrated why we need our new hospital at St Helier. We’re trying to provide outstanding care, which we largely do, but in buildings that absolutely are not fit for purpose.”

The board also heard from **Derek Macallan**, a non-executive director, about a patient who had been in the hospital for six months and not yet been able to be discharged because he was waiting to get his home situation sorted out. Mr Macallan said as well as patients in the renal department not being able to be discharged because they did not have the necessary social care available on release, he too noticed the poor state of the buildings.

In reply, he heard that when discharging patients the hospital trust could be dealing with up to 17 separate district and borough councils because patients extend out into Hampshire and Berkshire.

On the paediatrics ward, **Andrew Grimshaw**, group chief finance officer, saw that specific beds had to be bought to get in the lift, because the generic hospital beds didn’t fit. He said he’d heard from staff that the planned Specialist Emergency Care Hospital in Sutton would solve a lot of those problems and challenges.

Managing director at the trust, **James Blythe**, told a Sutton Council meeting in July the trust was still “waiting for feedback” on the next steps and funding of the project from central government.

Foodbank feeding thoughts...

7 September 2022



Gillian Nichols of **Epsom and Ewell Foodbank** writes: What price do you put on mental health? Among the people that visit foodbanks, many have severe mental health issues due to traumatic experiences, poor circumstances, and often unaddressed medical issues they’ve faced in their lives. At Epsom Foodbank we have a higher motive than simply feeding the people who need us.



We want to help reduce the need for our Foodbank services through addressing the cause of the problem, not just the

problem itself. And we are already doing this very successfully.

Our outstanding counselling service has been sitting alongside the foodbank, working with clients to help them move on from their problems towards independence and work.

It's hard for many of us to understand the plight of the people we help. It is best described in their own words which you can read at the end of this letter.

To have a qualified Counsellor available at our Foodbank is a huge asset which has changed lives. We really want to do more of this. But we need funding in order to do it. And it doesn't take a huge amount. In fact, just £50 per month would make all the difference.

A partnership or donation from your company can enable our Counsellor to keep working with people, building their confidence, and helping them escape from dependence by listening, offering therapy services, and having them know someone is there and looking out for them.

Everyone knows the importance of mental health, and how poor mental health lies at the root of so many social issues. If you can help support this incredible life-changing service, contact gillianaudreynichols@gmail.com



Epsom Hospital bucks Brexit staff bottleneck

7 September 2022



Epsom and St Helier NHS Trust bucks the national trend in maintaining its level of recruitment of UK qualified medical staff between 2015 and 2021. Nationally the picture is different.

The share of homegrown doctors and nurses joining England's NHS is at its lowest for seven years, BBC analysis of workforce data has found.

Some 58% of doctors joining the health service in 2021 came from the UK, with health bosses increasingly turning to international recruitment.

The **British Medical Association** told the BBC the NHS faced a "workforce crisis". It "faced a challenge retaining staff from overseas, due to the "financial and bureaucratic barriers" they faced. **Dr Amit Kochlar**, its international committee deputy chair, said medical graduates were charged up to £2,400 to apply for indefinite leave to remain, with each of their dependents facing the same fee.

While overall numbers have been increasing, critics said declining domestic recruitment was unsustainable to keep pace with demand.

Patricia Marquis, Royal College of Nursing (RCN) Director for England, said ministers must do more to reduce the "disproportionate reliance" on international recruits. "We are seeing a sharp increase in people leaving nursing, with more of our members saying they are considering alternative careers," she said.

Danny Mortimer, chief executive of NHS Employers, said it was "high time for the government to commit to a fully-funded, long-term workforce plan for the NHS" to tackle "chronic workforce shortages". He said "relentless demand" was affecting staff due to vacancies which stood at around 110,000 - "gaps which cannot and should not be filled through international recruitment alone".

A recent report by the cross-party Commons health and social care select committee concluded the large number of unfilled NHS job vacancies was posing a serious risk to patient safety.

The BBC analysed workforce data provided by NHS Digital from 2015 to 2021, to investigate if trends it previously reported following the Brexit referendum in June 2016 continued. The share of UK doctors joining the health service had fallen from 69% in 2015 to 58% last year. Over the same period, the share of new UK nurses fell from 74% to 61%. Recruitment of doctors from the Rest of the World rose from 18% to 34% over the same period, and that share of international nurses rose from 7% to 34%.



In the **Epsom and St Helier Trust** the level of UK recruitment remained even though there was a 13.7% reduction in EU recruitment and a corresponding 13.7% increase in worldwide recruitment during the period analyzed.


News and data provided by the **Local Democracy Service of the BBC** in which **Epsom and Ewell Times** is a partner. For the full in-depth report [CLICK HERE](#)

Another consultation during the holiday month....

7 September 2022



Epsom and St Helier and St George's Hospital are holding a series of workshops starting this week and next for patients and the public to attend. The workshop will involve shaping the new joint strategy for St George's and Epsom and St Helier Hospital. The workshops will be approximately 60-90mins long and facilitated by the hospital's transformation and strategy team. Teas and coffees will be served on the night. A full break down of the events, dates and times can be found below. **Epsom and Ewell's** will be held at the **Premier Inn Dorking Road** Epsom on Wednesday 10th August at 6.00pm RSVP via esth.sguh.strategy@nhs.net



Help shape the future of our hospitals

Are you interested in the future of St George's, Epsom and St Helier University Hospitals and Health Group?

- The NHS has changed a lot in the last few years, and we have an opportunity to think again about how we offer outstanding care to our patients.
- We're developing a new five year strategy and would like to hear your views.
- Join one of our workshops to tell us what already works well and what we could do better.

Location	Venue	Date and time
Wandsworth	WPDC 3rd Floor, Building 1, Burntwood School, Burntwood Ln, London SW17 0AQ	Monday 1 August 6pm - 7pm
Sutton	Sutton Holiday Inn, Gibson Rd, London SM1 2RF	Wednesday 3 August 6pm - 7pm
Merton	Antoinette Hotel Wimbledon, The Broadway, London SW19 1SD	Tuesday 9 August 6pm - 7pm
Surrey Downs	Premier Inn Epsom Central hotel, 2-4 Saint Margaret Drive Odd, Dorking Rd, Epsom KT18 7LB	Wednesday 10 August 6pm - 7pm

To register to attend an event, please email:
esth.sguh.strategy@nhs.net
 with your name, if you are a patient or member of the public, and which workshop you would like to attend.

New plan to transform dementia care in Surrey

7 September 2022



A five-point plan sets out to improve the lives of Surrey residents with dementia and their families.

A joint health and social care dementia strategy of Surrey County Council and Surrey Heartlands Health and Care Partnership, outlines an ambition for everyone with dementia and their carers to live in dementia-friendly communities and be able to live well at home for as long as possible.

Research suggests that approximately 17,700 people in Surrey are currently living with dementia. Between 2020 and 2030 it's projected that this figure will rise by more than a quarter to 22,600.

The five-year plan, which includes direct input from people living with dementia and their carers, sets out how the county council and the wider Surrey Heartlands Health and Care Partnership, that includes the **Surrey Downs Health and Care Partnership** that covers **Epsom and Ewell**, will work with other organisations to support people with dementia, their families and carers so that those diagnosed can maintain their independence and enjoy a good quality of life.

The new joint health and social care dementia strategy will focus on:

- Preventing well - raising awareness of dementia and preventative actions people can take
- Diagnosing well - making sure people have equal access to dementia care by addressing inequalities and gaps
- Living well - making sure everyone has the opportunity to live life to the full following diagnosis
- Supporting well - engaging with communities and faith groups to ensure we reach out to people with dementia and their carers

The work will create dementia-friendly communities and help to deliver the county council's ambition and tackle inequality to ensure no-one is left behind in Surrey.

The strategy has been created in partnership and collaboration with people with dementia and their carers and other organisations, including Alzheimer's Society, Dementia UK, Healthwatch Surrey and district and borough councils.

Sinead Mooney, Surrey County Council's Cabinet Member for Adult Social Care and Health, said:

"Dementia is already an important health issue and the number of people living with dementia in Surrey is expected to increase significantly in the future. Our new dementia strategy is crucial in setting out how we will build on the good work we already do, and continue to improve outcomes for residents across Surrey.

"The new strategy has a much wider focus, encouraging organisations and services to become more dementia-friendly and therefore making a real difference to dementia care in Surrey."

Dr Sophie Norris, GP and Dementia Clinical Lead for Guilford and Waverley, said:

"The strategy sets out the collective ambitions we want to achieve across Surrey to improve the dementia care pathway. In developing this strategy, we have worked with organisations that support people with dementia, their staff, the local voluntary sector and other partners. The strategy provides the chance to reaffirm Surrey's commitment and determination to help people with dementia, and their unpaid carers to continue caring if they are willing and able, and to support their health and wellbeing by achieving outcomes they have identified matter most to them. The jointly held vision is for all people with dementia and their carers to live in dementia friendly communities. They will know where to go to seek information, advice and help. They will have access to the care and support that enables them to live well at home for as long as possible and to die with dignity in their place of choice."

An easy read version of the joint health and social care dementia strategy is also available.

To find out more about support for dementia in Surrey visit the Surrey County Council website.