



Benches mark the victims of Co-Vid across the Borough

23 October 2022



Epsom & Ewell Borough Council is installing 14 memorial benches across the Borough to commemorate all the lives lost in the Covid-19 pandemic. Metal benches have been placed at Alexandra Recreations Ground, Long Grove Park, Nonsuch Park, Shadbolt Park, Stoneleigh Broadway and The Grove in Ewell Village. Mayor Clive Woodbridge, College Ward Councillors Julie Morris and Nigel Colin, Cllr Hannah Dalton and Elena Ciesco. Acting Borough Chief Executive Jackie King also attended.

More metal benches have been or are in the process of being installed at Auriol Park, Ewell Court Park, Mounthill Gardens and The Wells Centre. Wooden benches will also be placed at Epsom Common, Grandstand Road, Horton Country Park and Hogsmill by the steppingstones at a later date. Flowers will also be planted around the benches where appropriate.

Funding for the benches was provided via the Community Infrastructure Levy (CIL).

Councillor **Hannah Dalton**, who put forward the CIL bid, said, "The past two years have been extremely hard for everyone in the Borough, but more so for those who have lost loved ones. These benches are our permanent memorial to all those affected by the pandemic. "I hope they will bring comfort to grieving families, ensuring that their loved one will always have a place in and be remembered by our community."

Councillor **John Beckett**, Chair of Environment and Safe Communities Committee, added, "While these benches memorialise the pandemic, they also represent a time for reflection within the Borough. I can't think of a more fitting tribute to those we have lost, than to have something to remind us of and generations to come."



A Robin is a feature of the Co-Vid victims memorial bench

One of the benches, for each of the Borough's Wards, was the place of a moving speech by **Mayor Clive Woodbridge** on Saturday morning 22nd October. In **Alexandria Park** The Mayor spoke of the loss so many across the Borough have suffered during the pandemic. As of the week ending 7th October 2022 the UK Government funded **LG Inform** states that 474 persons have died of Co-Vid in Epsom and Ewell.

Mayor Woodbridge recognised how deep the bereavement is felt by relatives who came to the bench this day especially as he had this year suffered the loss of a son. As an example of the reality of loss he read a tribute to one Epsomian who succumbed to the virus.



Elena Ciesco who campaigned for memorials in the Borough

Luigi Ciesco was born in Italy in 1941 and at the age of 19 he moved to England in 1960 to start a new life. He met Vincenza his wife, at a wedding in Italy and soon after, they were married, settling first in Hook Road and then in Alexandra Road in Epsom for 45 years. They went on to have 4 children and 8 grandchildren and were married for 57 years. He was an amazing, fun loving and cheeky man, a real character and he was known and loved by so many. He loved his family, and he loved his Italian music and he loved to dance. He was an extremely hard-working man and worked in the NHS. He grew all his own vegetables and was an expert gardener and wine maker.

The Covid memorial benches mean a great deal to the bereaved families. The world seems to have moved on from Covid but they have not moved on, they are forever changed. The benches show the reality of how cruel this virus is and how it does not discriminate from young to old. We all hope that it makes people stop and think about our loved ones never to be forgotten."



Epsom's Mental Health Week

23 October 2022



Epsom and Ewell based charities **Love Me Love My Mind** and **The Friends of Horton Cemetery** joined forces with Surrey County Council Youth Workers and others this week. In Epsom Market Square on Saturday 8th October local residents and visitors took part in the "**Out of Sight, Out of Mind**" Project. This **Historic England** supported project raises awareness of the **Horton Cemetery** in Epsom. There are buried 9000 patients of Epsom's five now closed psychiatric hospitals. The largest asylum cemetery in Europe.

Borough and County Councillor **Bernie Muir** joined in the Market Square painting of memorial flowers.



Clr Bernie Muir paints a flower

The painting continued during a day of reflection and celebration on **World Mental Health Day** 10th October at **St Barnabas Church** in Temple Road, Epsom. Activities included a walk to Horton Cemetery beside Hook Road and a song and dance performance by students from Epsom's **Laine Theatre Arts** School.



Mayor Clive Woodbridge paints a flower

Mayor **Clive Woodbridge** joined the event and painted a flower. 900 ceramic flowers are being individually painted by young and old throughout the Borough over the year. Workshops will be held to discuss the significance of the Cemetery and the lives of those who ended up in this paupers' graveyard. The aim is to plant the flowers near the Cemetery on Mental Health Day 2023. The site was sold by the NHS to a property speculator in 1983 and has been neglected ever since.

Lighting up for menstrual dignity

23 October 2022



On Tuesday 11 October **Surrey Fire and Rescue Service** lit up Guildford Fire Station in a show of support for **Binti**, an international menstrual dignity charity based in Weybridge, Surrey. The service will be looking to supplement **Surrey County Council's** ground-breaking initiative, as the first UK council to provide free period products across the county and eradicate menstrual stigma and taboo whilst normalising the conversation.



Surrey Fire and Rescue Service are to explore the distribution of Dignity Packs where needed when carrying out community engagement activities.

The event at Guildford Fire Station was attended by representatives from the Service, including Acting Chief Fire Officer, **Dan Quin**, and Chief of Staff **Bernie Beckett**. They were joined by actor and Binti ambassador **Nina Wadia**, star of TV programmes including *Eastenders*, *The Outlaws*, *Dr Who* and contestant on last year's series of *Strictly Come Dancing*.

The lighting up of Guildford Fire Station coincided with **International Day of the Girl Child**, which seeks to highlight the challenges faced by young females to their education, their physical and mental wellness, and the protections needed for a life without violence across the globe. 2022 marks the 10th anniversary of the International Day of the Girl, following its establishment by the United Nations. They note that over the past 10 years, there has been increased attention on issues that matter to girls amongst governments, policymakers and the general public, and more opportunities for girls to have their voices heard on the global stage. Yet, investments in girls' rights remain limited and girls continue to confront a myriad of challenges to fulfilling their potential; made worse by concurrent crises of climate change, COVID-19 and humanitarian conflict.

Surrey County Council initially worked with Binti to host collection and donation points at 35 Surrey buildings, including libraries and County Council buildings



upon the launch of the partnership in May 2021. Since then, the initiative has spread to a total of 55 collection and donation points where people can take period products to enable Period Dignity.

Other organisations in Surrey have also come onboard, including Morrisons branches in Woking and Weybridge, as well St James Church in Weybridge.

Commenting on their support for Binti, Acting Chief Fire Officer, Dan Quin, stated: "We are delighted to be supporting Binti. As a Surrey-based charity with a global impact, they share our passion to support and protect those in need. I look forward to seeing the partnership develop, and hope that our communities will benefit from our planned work with Binti, as they have from the scheme established by our colleagues in Surrey County Council, and in particular Surrey Libraries."

Manjit K. Gill MBE, CEO and Founder of Binti commented, "We believe period products should be available like toilet paper is and Surrey County Council are leading the way to create this change. With the cost of living crisis impacting many the campaign has been designed to ensure everyone has free access. Surrey is having menstrual conversations every day and working with Surrey Fire and Rescue Service is so exciting because we think period stigma will become a thing of the past."

Binti was the first period charity registered in the UK, they have offices in India, US and The Gambia. They have now opened a period charity shop the first of its kind in Walton on Thames. Girls can buy period products and discuss all things related to menstruation. Binti's vision is to provide menstrual dignity to all girls, all over the world. This means facilitating access to pads to ensure menstrual health, educating girls about what menstruation is and what they can expect from it, and dispelling stigma, taboos, myths and negative perceptions around menstruation.

For more information on how to donate and collect and ways to get involved, visit Surrey County Council's Period Dignity webpage or the Binti website.

[Surrey County Council news](#)

Will "Top Tory" Surrey County lobby Coffey?

23 October 2022

A council chief has called on select committee members to use their status as a "top Tory" authority to influence health spending at government level. Calling ambulances backed up outside hospitals "dangerous" and saying "we don't want old people on trolleys in corridors", one of the council's health directors said it would take everyone working together to get through the winter.

Surrey County Council's adults and health select committee heard on Wednesday (October 6) from representatives from Surrey Heartlands Integrated Care System (ICS), South East Coast Ambulance Service (SECAmb) and Frimley Health and Care ICS.

As the health organisations set out their plans for winter pressures, and commitment to working together to cope, members heard of current issues including Frimley Park hospital beds being nearly 100 per cent full most of the time and systems issues causing delays in ambulance handover times.

Liz Bruce, joint executive director for adult social care and integrated commissioning (Surrey County Council and Surrey Heartlands ICS), said she "absolutely agreed" that ambulances backed up outside hospitals was "high risk and dangerous to everybody else in the community". She said: "We don't want old people on trolleys in corridors, and therefore we're all in this together." She highlighted the importance of the "whole system" working together, saying improvements were "everybody's responsibility".

The director said: "What can this committee do to help us? A Conservative council, a top Tory council, you can help us by influencing government around funding nationally for hospital discharge and social care, and how we support sick people safely to go into hospital and come out again. Because we don't want to see elderly people go into long term care when they don't need to."

While the government had announced £500million for health care over the winter, she said it was not yet clear how it would be allocated or if it was "truly new money". Saying she expected the winter to be "extremely challenging", she added: "It's very obvious that we're going into significant and stark problems in our system for people in discharge. I've asked [my team] to build, very quickly, a business continuity plan around with winter discharge."

The meeting heard from **South East Coast Ambulance** and **Surrey Heartlands** representatives about what was being done to improve ambulance handover times. Moving towards electronic patient records, virtual wards and daily meetings were all hoped to help with delayed handovers which were made worse by sicker patients and "systems problems".

SECAmb's deputy director of operations **Mark Eley** said he was having to balance offering staff overtime, particularly in the current financial situation, with the risk they might "work too hard, wear themselves out" and go off sick. He said: "Staff are becoming very weary and worn from the last two years, so I'm not pushing too hard because as I increase my overtime, I can increase my sickness if I'm not careful."

The issues with Frimley Park hospital beds being full "almost all of the time" were also said to be caused by not being able to discharge patients who were well enough to go home.

Should go to Specsavers not Epsom Hospital?

23 October 2022



Our special correspondent shares his local experience.

In the good old days before Covid 19 you could visit the surgery to book to see a doctor, or instead telephone. You can do neither these days; now you have to fill an online form in and in a day or so the doctor will get back to you. If you are lucky, you will be able book a face-to-face appointment with the doctor provided you do not have a temperature or any other of the dreaded symptoms of Covid.



Malcolm Howard is a retired accountant and lecturer in Financial Management at the University of Surrey. In 2008, his book 'Accounting and Business Valuation Methods' was published by Elsevier. As an accountant he specialised in making the best use of available resources.

There is one exception to this; if you have an eye problem you book an appointment at Specsavers as (at least in this area) they act on behalf of the NHS. They do an excellent job; for minor problems they will sort it out. If not, they will send you off to the eye hospital to be seen straight away as a lengthy wait to see a consultant may result in more damage.

I have been a type 2 diabetic for twenty-five years and because of this annually I have my eyes screened; photographs are taken of the back of the eyes. When I started this was done at **Epsom Hospital**. I got there by bus and the procedure was tiresome, as they put drops in your eyes which make your sight blurry. But it had to be done! Then after a few years the technician gave me some good news; they had a modern machine and drops in the eyes were no longer needed. Absolutely brilliant. On top of that she would put your mind at ease and tell you not to worry.

Then someone in government decided to privatise the operation and accepting the lowest bid without having regard to anything else the service went into rapid deterioration. The new equipment was sold off and outdated technology returned. Years later, the privatised version of diabetic eye screening is still using equipment that became obsolete twenty years ago. Now you are advised:

* plan how you'll get to and from the test - do not drive, as your sight may be blurry for a few hours afterwards.

* you might want to bring someone with you or ask someone to collect you after the test.

* During the test you'll be asked to read some letters on a chart first.

* Drops are then put in your eyes. This may sting for a few seconds. The drops make your sight blurry after about 15 minutes. After that you'll be asked to look into a camera.

* After the test you will not get the result on the day. You will get a letter about your result within 6 weeks.

Screening can take place at various venues, such as community centres, as well as hospitals.

I could have my eyes screened at **Epsom Hospital** without spending a penny on transport as the 166 bus would drop me outside. However, I choose not to because I do not need to waste a few hours being unable to see properly. Instead, I have my eyes photographed at Steven Harris Opticians in Beckenham. I get there by train and tram, but if I did not want to spend any money, I could take the 166 to Croydon Bus Station and get another bus from there to Beckenham. They take a number of photos in each eye (not just one in each eye) and the consultant shows me these and what they mean; he says we are looking for consistency with last year. No drops and a fantastic service.

Of course, other opticians, including Specsavers, have the latest equipment also.

I keep on being harassed by Surrey's Diabetic Eye Screening Programme (DESP). They insist that if I opt out it means I don't have my eyes screened and they will inform my GP. They simply don't understand that there are better services out there.

Anyone over 60 can have a full eye test, including a retinal scan FOR FREE under the NHS. Those under 60 can go privately and the same procedure costs around £45. In my view, such a fee is worth every penny. After all, it would relieve the anxiety of waiting six weeks to know if there were a problem or not.

The NHS would save a fortune if they scrapped this privatised service and organised screening through qualified opticians.

[Do you have a view? Write to us. Ed]

Painting the Town Purple against Polio

23 October 2022



The **Rotary Club of Epsom** will mark historic progress toward a polio-free world while urging the community to help end the paralyzing disease. On Saturday 22nd October 2022 Epsom Rotary members are taking action for **World Polio Day** (24th) to raise awareness, funds, and support to end polio, a vaccine-preventable disease that still threatens children in parts of the world today.



There will be a stand in the **Epsom Market Place**, by the Clocktower, with members of the Epsom Rotary Club providing information on polio and the work being done to eradicate it. The Epsom Clock tower will be lit-up purple. The colour purple stems from a symbolic purple dot painted on the fingers of children to show they have been vaccinated.



When Rotary and its partners launched the **Global Polio Eradication Initiative** in 1988, there were 350,000 cases of polio in 125 countries every year. We've made great progress against the disease since then. Today, polio cases have been reduced by 99.9 percent, and just two countries continue to report cases of wild poliovirus: Afghanistan and Pakistan. And we remain committed to the end.

With polio nearly eradicated, Rotary and its partners must sustain this progress and continue to reach every child with the polio vaccine. Without full funding and political commitment, this paralyzing disease could return to polio-free countries, putting children everywhere at risk. Rotary has committed to raising US\$50 million each year to support global polio eradication efforts. The Bill and Melinda Gates Foundation has pledged to match that 2-to-1, for a total yearly contribution of \$150 million.

Past Epsom Rotary Club President, **Veronica Smith**, is organizing the event and hopes that members of the local community will come and visit the stand and give support to this very worthy cause.

Rotary has contributed more than \$2.2 billion to ending polio since 1985.

About Rotary

Rotary is a global network of 1.2 million neighbours, friends, leaders, and problem-solvers who unite and take action to create lasting change in communities around the globe. For more than 115 years, Rotary's people of action have used their passion, energy, and intelligence to improve lives through service. From promoting literacy and peace to providing clean water and improving health care, Rotary members are always working to better the world. Visit endpolio.org to learn more about Rotary and the fight to eradicate polio.

New Surrey home for young with mental health needs

23 October 2022



A £10million mental health unit which will allow young people to be treated nearer to home is under construction in Charlwood. The new facility will have 12 beds for young people aged between 12 and 18 years old, providing in patient care for those with acute mental health needs.

Funding for the unit has come in the form of around £6m from NHS England as part of a national programme to make sure specialist services are available for the needs of local populations, and £4m from private company Elysium Healthcare.

The mental health unit will prioritise young people in Surrey and, where possible, across other south east regions. It will be built and managed in a partnership between Elysium Healthcare and Surrey and Borders Partnership NHS Foundation Trust, a provider of mental health, learning disability and drug and alcohol services for people of all ages across Surrey, Hampshire, Croydon and Sussex.

According to the trust's website, when completed the unit will provide, for the first time in more than ten years, inpatient care in Surrey for young people with acute mental health needs, closer to their home and community.

On the site of April Cottage, Farmfield Drive, which was previously owned by Surrey and Borders, the facility will have 12 inpatient beds for young people as well as communal living and outdoor spaces to encourage socialising and independence.

There will also be an on-site school for the young people to continue with their schooling during treatment.

Graham Wareham, chief executive of **Surrey and Borders**, said the trust was pleased to be partnering with Elysium Healthcare to "transform the care experience for young people needing inpatient services in Surrey."

He added: "Young people need to be cared for close to home when they are at their most vulnerable with acute mental health needs. The opening of this new unit will help us provide care and treatment for many young people, so they get the support they need without having to travel far from their families, carers, and friends."

Joy Chamberlain, chief executive officer of **Elysium Healthcare**, said the project would "create a new benchmark for the future". She added: "I am delighted that Elysium and Surrey and Borders Partnership are collaborating on this joint venture. We are bringing together expert knowledge, clinical acumen, innovation, and capital to deliver the best care for the young people of Surrey."

The facility is due to open at the end of 2023.



Epsom Hospital looks to 'terrible' Australian flu season

23 October 2022



Epsom and St Helier hospital staff will be encouraged to get their flu jab after a "terrible" Australian flu season which can be a sign of things to come in the UK. Among concerns that covid is now "old news" staff will also be encouraged to take their coronavirus booster in a campaign to encourage take-up in front-line staff. A board meeting of the Epsom and St Helier hospital trust on Friday (September 2) heard that Jacqueline Totterdell, group chief executive of the St George's and Epsom and St Helier hospitals group, had "nearly died" when she was admitted to hospital with flu a couple of years ago.

She said this experience gave her "a real passion" for making sure people took up the jab.

The chief executive added: "We always look towards Australia for what sort of flu season they've had, and they've had a pretty terrible one."

"That, for me, is a real driver about how we can encourage more of our staff to have the flu jab."

Non-executive director Peter Kane raised a concern that coronavirus may be "yesterday's news" and asked about how staff at the trust would be reminded of the importance of the coronavirus booster and the flu vaccination, which can be given at the same time.

Arlene Wellman, group chief nursing officer, said communications would begin going out to staff and that the best practices would be pulled from both St George's and Epsom and St Helier trusts.

The two trusts formed a hospital group last year with the aim of sharing and working together on services.

According to the NHS, more people are likely to get flu this winter as fewer people will have built up natural immunity to it during the pandemic.

It can be life-threatening for some people, particularly those with certain health conditions.

The chief executive also confirmed the next board meeting in November would be updated on the trusts' winter resilience programme, which is already being planned, and included looking at having the capacity to vaccinate all staff.

The coronavirus booster will be offered to certain groups including residents and staff in care homes and front line health and social care workers.

The meeting also heard about staff at St Helier "doing their absolute best" in a hospital building that was often not fit for purpose, with leaking roofs and lifts that were not big enough to fit hospital beds.

In July it was announced that a planned new hospital in Sutton has been delayed to 2027 at the earliest.

Board papers: <https://www.epsom-sthelier.nhs.uk/board-papers-and-agendas>

Local hospital's building woes

23 October 2022



Buildings "Absolutely not fit for purpose", a meeting has heard as staff at **St Helier hospital** are trying to provide care. NHS bosses were told about a labour ward with a leaking roof, an intensive care ward where temperatures reached 35 degrees and lifts that were too small for hospital beds.

There are also corridors "cluttered" with equipment and staff "doing their absolute best in circumstances they should probably shouldn't be asked to work in". The board meeting of the NHS trust which runs the site took place on Friday (September 2) after members had done a walk around of the hospital to inspect first-hand.

It followed the announcement that a new planned hospital in Sutton, which would see the **Epsom and St Helier** sites' services downgraded, will now not be ready until at least 2027. The trust formed a hospital group with St George's hospital last year, which it was stressed in the meeting was not a merger between the trusts but a way of working together on services.

Jacqueline Totterdell, group chief executive of the St George's and Epsom and St Helier hospitals group, had been on a visit to the St Helier site's gynaecology and maternity wards, including pre- and post-natal and labour wards. The hospital leader said that staff based at the site a pre-fabricated building staff "do pretty well", despite a lift that is 50 years old, regularly breaks down and "is a real risk".

Ms Totterdell added: "When it really rains they have buckets and pads down because it rains and there's not much else we can do with that roof." While she said there were some issues around staffing, and around sick leave, annual leave and maternity leave, those she spoke to said they worked in good teams and generally enjoyed working. She added: "That's just the context that they work in."

Phil Wilbraham, an associate non-executive director on the board, called the hospital's intensive therapy unit (ITU): "The good, the bad and the ugly". He said going from the old unit where the beds were too close together and there was little air conditioning and exchange of air was a "massive contrast" to the new area, completed in 2020. Mr Wilbraham said: "When you go to the new ITU, you see how it should be."

He also said he'd heard about patients being brought into the unit and put in rooms where it was 35 degrees in August, and said in this environment patients couldn't be expected to recover as quickly as they should. He added: "I would say the staff seemed to be extremely calm, organised and professional. It's the classic of people doing their absolute best in circumstances they should probably shouldn't be asked to work in."

The meeting also heard about "clutter" in corridors and the demands of trying to balance bed space with break rooms for staff and storage at the site. Group chairman **Gillian Norton** highlighted a lot of the "clutter" was actually essential equipment. She said: "The whole discussion just illustrated why we need our new hospital at St Helier. We're trying to provide outstanding care, which we largely do, but in buildings that absolutely are not fit for purpose."



The board also heard from **Derek Macallan**, a non-executive director, about a patient who had been in the hospital for six months and not yet been able to be discharged because he was waiting to get his home situation sorted out. Mr Macallan said as well as patients in the renal department not being able to be discharged because they did not have the necessary social care available on release, he too noticed the poor state of the buildings.

In reply, he heard that when discharging patients the hospital trust could be dealing with up to 17 separate district and borough councils because patients extend out into Hampshire and Berkshire.

On the paediatrics ward, **Andrew Grimshaw**, group chief finance officer, saw that specific beds had to be bought to get in the lift, because the generic hospital beds didn't fit. He said he'd heard from staff that the planned Specialist Emergency Care Hospital in Sutton would solve a lot of those problems and challenges.

Managing director at the trust, **James Blythe**, told a Sutton Council meeting in July the trust was still "waiting for feedback" on the next steps and funding of the project from central government.

Foodbank feeding thoughts...

23 October 2022



Gillian Nichols of **Epsom and Ewell Foodbank** writes: What price do you put on mental health? Among the people that visit foodbanks, many have severe mental health issues due to traumatic experiences, poor circumstances, and often unaddressed medical issues they've faced in their lives. At Epsom Foodbank we have a higher motive than simply feeding the people who need us.



We want to help reduce the need for our Foodbank services through addressing the cause of the problem, not just the problem itself. And we are already doing this very successfully.

Our outstanding counselling service has been sitting alongside the foodbank, working with clients to help them move on from their problems towards independence and work.

It's hard for many of us to understand the plight of the people we help. It is best described in their own words which you can read at the end of this letter. To have a qualified Counsellor available at our Foodbank is a huge asset which has changed lives. We really want to do more of this. But we need funding in order to do it. And it doesn't take a huge amount. In fact, just £50 per month would make all the difference.

A partnership or donation from your company can enable our Counsellor to keep working with people, building their confidence, and helping them escape from dependence by listening, offering therapy services, and having them know someone is there and looking out for them.

Everyone knows the importance of mental health, and how poor mental health lies at the root of so many social issues. If you can help support this incredible life-changing service, contact gillianaudreynichols@gmail.com

