EPSOM & EWELL TIMES
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Epsom and St Helier Trust doctor appointed by Privy Council to GMC

26 February 2026



The General Medical Council (GMC) has announced a paediatrician as the latest member of its governing body, the GMC Council. Dr Lucinda Etheridge, a consultant in general and adolescent paediatrics, is the latest registrant member to join the body. She joins from St George's Epsom and St Helier University Hospitals and Health Group in Surrey, where she is Site Chief Medical Officer. Her appointment replaces Dr Alison Wright on the Council, who stepped down after being elected as President of the Royal College of Obstetricians and Gynaecologists.

The Council's primary role is to protect the public by setting the GMC's strategy and goals and overseeing the work of the regulator. It is led by GMC Chair, Professor Dame Carrie MacEwen, and comprises up to six lay members and six registrant members. Following her appointment by the Privy Council, Dr Etheridge will start her role on Tuesday, 3 March. She has worked with the GMC since 2007, initially in the development of fitness to practise assessments, then as a performance assessor and training others for that role, before becoming a Responsible Officer for an acute trust.

Dr Etheridge, whose clinical interests are in the management of eating disorders, will step down from her current medical director role in spring 2026. She will then combine her work at the GMC alongside three days of clinical practice each week.

Professor Dame Carrie MacEwen said: "I'm delighted to welcome Dr Etheridge to the Council. She brings a wealth of experience to support us in our role overseeing the GMC and supporting registrants to deliver the best possible care. Dr Etheridge joins at an important time as we continue our work to be a more compassionate and effective regulator, and ahead of vital reform to the regulation of UK healthcare professionals. I would also like to thank Dr Alison Wright for her work and her contributions to Council. On behalf of the GMC, I wish her the very best in her new role."

Dr Etheridge said: "I am delighted to be joining the GMC Council as a registrant member. I look forward to working collaboratively across the four nations to help shape a fair, transparent and forward-looking regulatory environment that enables registrants to provide the highest standards of care for patients."

GMC Council members work a minimum of three days each month with the regulator. More information about the Council is on the GMC website.

The GMC Press Office

Epsom and Ewell's four year commitment to Ukraine

26 February 2026



4 Years of War in Ukraine, 4 Years of Heart Ache, Support and Immense Pride in this Community

By Roy Deadman, Chairman and Co-Founder, Surrey Stands With Ukraine

Four years ago, we woke to news that changed Europe overnight. Ukraine had been invaded. I remember sitting in shock, watching the images unfold, feeling an overwhelming mix of disbelief and anger. I was incredibly angry that Russia had invaded Ukraine. What mattered to me in that moment was not politics, but people. A proud European nation was under attack, and I wanted to do all I could to defend it.

On day one of the war, I called my Ukrainian friend Natalia Irvine, who lives here in Epsom. I asked her a simple question: "What do you need?" I made her a promise that I would support her and her country in any way I could, for as long as it

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took. At that point, I thought in terms of weeks, perhaps months. I could never have imagined we would still be here four years later.

Together, Natalia and I reached out to our local community. We asked for help and the response was overwhelming. Donations flooded in almost immediately. People wanted to stand with Ukraine. They wanted to do something tangible in the face of such horror.

Within hours, it became clear that we needed space. The generosity of the Ashley Centre was extraordinary. On day one, they offered us 6,000 square feet of retail space. Even though it was rent-free, I had to take a personal risk and sign a lease that made me liable for the business rates, as we were not yet a registered charity. It was a leap of faith, but it was the start of what we proudly called “The Hub.”

By the end of that first week, 180 volunteers had registered with us. We had raised close to £20,000 and sent two truckloads of humanitarian aid, donated by this incredible community. It was breathtaking how quickly everything moved.

Those early days were intense. Some people spent up to 20 hours at a time sorting and packing boxes. We worked through exhaustion fuelled by tea, determination and a shared sense of purpose. The emotional rollercoaster was constant, heartbreak at what we were seeing unfold in Ukraine, and immense pride at how Epsom and Ewell pulled together.

We quickly realised this could not be chaotic goodwill alone. We had to run it like a small business operation. Every item had to be sorted, categorised, packed and properly manifested before being loaded onto whichever truck was available. Transport offers poured in, with drivers volunteering to take aid directly into Ukraine. It was inspiring, and it required careful coordination.

In that first week, we formed a core team. Some volunteers stepped forward to create a committee to help make difficult decisions about what we could send and where it should go. These were not easy choices. Demand was enormous, and resources, though generous, were not infinite.

Natalia, based here in Epsom, worked tirelessly alongside us. Her sister Anya, coordinating from inside Ukraine, helped guide where our aid would have the greatest impact. Between Epsom and Ukraine, somehow, we made it work. It was teamwork across borders, built on trust and shared determination.

Very quickly, we understood that we needed to become part of a registered charity. One reason was practical, the burden of business rates. The other was credibility, and the invaluable ability to claim Gift Aid on donations. I was introduced to Lionel Blackman, who ran a charity called Harrop HR Missions. After a coffee and a conversation about our mission, Lionel generously agreed to let us operate under his charity’s structure.

From there, Surrey Stands With Ukraine became the fully formed charity we know today: Surrey Stands With Ukraine. As we reach the four-year mark, we have shipped £5 million worth of aid. We have sent 153 trucks, a fire engine, over 50,000 mobility aids and 650 winter family survival packs, and so much more besides.

Today, our charity is based at Global House, where we share space with the totally amazing Epsom and Ewell Refugee Network. EERN provides local support for Ukrainian families who have made Epsom and Ewell their temporary home. It has been a privilege to work alongside such a dedicated team and to witness their daily commitment.

One unexpected gift from these four years has been friendship. What began as an emergency response has grown into a powerful community bond. I have made lifelong friends through this work. We meet for quiz nights, coffee mornings, beers, lunches and parties. That human connection is not a side note, it is central to our resilience.

This work is emotionally hard. While we do not face the same unimaginable horror that Ukrainians endure, we are closer to it than most. We receive constant requests for help. We watch videos from the ground. We hear heartbreaking stories of families torn apart. We cry. We carry it with us.

That friendship network sustains us. There is always someone ready with a hug, someone to make you smile, someone to pick you up when you are exhausted. This is what being part of this charity and this community truly means.

Every single one of us is a volunteer. No one is paid a wage. We are there because we care deeply and because we want to do something meaningful on behalf of the Ukrainian people. That purity of purpose has shaped everything we do.

Over these four years, I have learned so much about Ukraine and its people. The obvious lesson is their extraordinary courage. But that courage is not confined to the front lines. It runs through all Ukrainians, young and old, men and women. Their commitment to preserving their culture, history and identity in the face of attempts to erase it is profoundly inspiring.

When I made that promise on day one, I thought this would be short term. I do believe Western governments have not done enough, or not quickly enough. This is a war in Europe, on our doorstep. History teaches us hard lessons, yet we so often seem slow to act.

If we are not careful, we may look back five or ten years from now at a Europe that has changed for the worse. It feels at times as though we have moved from a post-war world into a pre-war one. The longer this conflict continues without decisive resolution, the more lives are lost.

And yet, despite the geopolitical uncertainty, I find hope here at home. I find it in every donated sleeping bag, every cheque written, every volunteer shift completed. I find it in schoolchildren raising funds and pensioners knitting winter hats.

When people come together with kindness in their hearts, extraordinary things can happen. A community can unite behind people from another country simply because it is the right thing to do. That gives me hope.

I am immensely proud of what Epsom and Ewell has done over these four years. Proud to live here. Proud to raise my family here. Proud to stand shoulder to shoulder with all of you.

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Four years of war. Four years of heartbreak. Four years of unwavering support. And four years of immense pride in this remarkable community.

Roy Deadman – Chair Surrey Stands With Ukraine

There will be a commemoration today at 5pm in The Ashley Centre, marking the 4th anniversary of the war and the Mayor of Epsom and Ewell Cllr Robert Leach will be in attendance. All are welcome.

Image: Roy Deadman with SSWU's latest appeal for negative pressure wound dressings

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Fire Assembly for Ukraine

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"Imagine this house is in Epsom" says our man in Ukraine.

Epsom and Ewell pledges to end poverty

26 February 2026



Following the 2024 lead of Surrey County Council, Epsom & Ewell Borough Council also has formally adopted the End Poverty Pledge, committing itself to pay the Real Living Wage, review accessibility of key public venues, and embed poverty considerations into future policy decisions. The pledge was endorsed at Full Council on 10th February 2026 as part of the same meeting that approved the council's final budget before local government reorganisation, following earlier approval by the Community and Wellbeing Committee on 13th January, and forms part of a wider Surrey initiative led by the Epsom-based charity Good Company.

Under the pledge, the council has committed to pay the Real Living Wage to all council staff from April 2026, provide training to staff to improve understanding of poverty, review accessibility of community venues such as Bourne Hall, and include poverty considerations in Equality Impact Assessments for all future policies. Council leader **Hannah Dalton** (RA Stoneleigh) said: "As a council, we are committed to supporting all our residents, including ensuring that those facing financial pressures are not left behind. The End Poverty Pledge helps sharpen our focus on understanding the barriers some of our residents face and working with our partners to remove them, so that Epsom & Ewell is a place where everyone feels supported and included. We also recognise the wellbeing of our workforce as an important part of that commitment. By adopting the Real Living Wage, we aim to help staff more reliably meet living costs, contributing to a better quality of life for those who deliver our services every day."

Community and Wellbeing Committee chair **Clive Woodbridge** (RA Ewell Village) said: "We know that rising costs continue to affect many individuals and families across the borough. At Epsom & Ewell Borough Council, we have a long history of supporting vulnerable residents. Our Health & Wellbeing Strategy continues to deliver a range of initiatives aimed at improving mental and emotional wellbeing, alongside community services and support for key voluntary organisations including Age Concern and the Citizens Advice Bureau. We want every resident to feel included, and the pledge ensures that compassion, awareness and practical support remain embedded in everything we deliver for our community."

The council will work alongside Good Company, which operates food banks and led the borough's recent Poverty Truth Commission. Its founder **Jonathan Lees** said: "Good Company started its operations in Epsom & Ewell nearly 14 years ago; sadly, there is still a real need here. It's fantastic that the council has officially committed and signed up to work with

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us and other partners to address poverty in our community."

Although Epsom & Ewell is widely seen as prosperous, council data shows stark inequalities, including a seven-year difference in life expectancy between wards, with Ruxley, Court and Town wards performing worst, and significant numbers of residents relying on food banks or subsidised food schemes. Socio-economic factors account for about 40% of health outcomes, underlining the impact of income on wellbeing even in an affluent borough.

The Real Living Wage, which the council has pledged to adopt, is independently calculated each year by the Living Wage Foundation based on the actual cost of living and currently stands at £12.00 per hour nationally compared with the statutory National Living Wage, set by government, which is lower and forecast to reach £11.89 per hour from April 2026. The Real Living Wage is voluntary and intended to reflect what workers need to meet everyday living costs rather than the legal minimum employers must pay.

It remains unclear how many, if any, EEBC staff are currently paid below the Real Living Wage, as most council employees fall within nationally negotiated salary scales that already exceed that level. The pledge may therefore have limited direct financial impact on many existing staff, although it could affect lower-graded roles, casual workers or future contracted staff depending on procurement decisions.

Some of the pledge's commitments focus on awareness and culture rather than direct financial support, including training staff to recognise poverty issues and reviewing how welcoming Bourne Hall is to residents facing hardship. The council will also ensure poverty is explicitly considered when developing future policies through Equality Impact Assessments, which could influence decisions on service delivery and access.

The pledge was adopted during the same meeting that approved a 2.98% council tax increase, the maximum allowed without a referendum, raising questions about whether such increases could worsen financial pressure for some residents. In practice, many of the poorest households receive Council Tax Support, which reduces or eliminates their bill, meaning they may be shielded from the increase, but residents on modest incomes who do not qualify for support may still feel the impact.

The End Poverty Pledge reflects growing recognition that poverty exists alongside affluence in Epsom & Ewell, and while its commitments may influence how the council operates and makes decisions, its real significance will depend on whether those commitments lead to measurable improvements for residents facing hardship. As Jonathan Lees observed, there remains "a real need here," and whether the pledge marks a turning point or remains primarily a statement of intent will become clearer as the council approaches its replacement by the new East Surrey unitary authority in 2027.

Sam Jones – Reporter



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Image: Mart Production

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Epsom and Ewell Town-Twinning Association invites Cyril Frazer Award entries

26 February 2026

Epsom and Ewell Town-Twinning Association is inviting applications for this year's **Cyril Frazer Award**, a prize established in memory of Cyril Frazer, who died in 2016. Cyril Frazer was Mayor of Epsom and Ewell when the town was

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first twinned with Chantilly in 1995 and was a founding member of the association. Alongside his commitment to town twinning, he was passionate about singing and was a keen member of the Epsom Male Voice Choir.

Both of these interests are reflected in the award, which offers a top prize of £500 and is open to individuals and groups within the Borough. The award will be made to qualified applicants who meet some or all of the agreed criteria, including living or studying in the Borough, meeting a special need such as mental or physical health, benefiting young people, having cultural or educational value, being related to music or the performing arts, furthering friendships or links with Chantilly, or supporting a key twinning or community event.

Last year's winner was Sarah Carpenter of Southfield Primary School, with runners-up Siobhan Cornell and Jo Johnstone from the French and Music departments at Wallace Fields Junior School, and Olivia Gioffredo from Epsom College. The winner received a £500 grant to support French visits and learning activities planned by Southfield Park School, while the joint runners-up each received £250 to support their work in French education and musical study.

Association secretary Diana Deavin said: "Last year we were very impressed by the quality of the submissions received, which is why we awarded a total of £1,000 in the end. We are looking forward to receiving ideas and suggestions and are hopeful that this year will exceed our expectations once again. Please do consider submitting an application, as we are keen to receive entries from as wide as possible a range of potential beneficiaries and keep Cyril's name alive in this very meaningful way."

The prize will be awarded at the Twinning Association's AGM in June, with a closing date for applications of **May 31, 2026**. For further information or to apply, contact **diana@epsomtwinning.com**.

Related report:

Epsom and Ewell Town-Twinning Association presents Cyril Frazer Awards for 2025

Edinburgh Duke visits Surrey's Arts University

26 February 2026



Thursday 12th February, The Duke of Edinburgh visited University for the Creative Arts (UCA) and its School of Creative & Cultural Industries, to celebrate it providing 170 years of practice-based, creative education and to meet its current young creatives who study across traditional and emerging arts.

UCA welcomed The Duke, who has a professional background in the creative industries and is a Patron of a range of organisations that aim to widen opportunities within the sector.

His Royal Highness was met at UCA by Joint Acting Vice-Chancellors, Professor Melanie Gray and Professor Mark Ellul, alongside Chancellor, Dame Magdalene Odundo; Executive Dean, Professor Sophy Smith; and Pro-Vice Chancellor Academic Partnerships & Industry Engagement, Professor Lyndsay Duthie.

Professors Gray and Ellul, commented: "We are honoured to welcome HRH The Duke of Edinburgh, a recognised champion of the arts, to UCA in Farnham. We were delighted to give His Royal Highness a tour of our specialist facilities, where he got hands-on experience of traditional crafts to future-facing technologies, and introduce him to the next generation of creatives, our talented student community."

The Duke was also introduced to globally renowned fashion designer and UCA Chancellor Emerita, Dame Zandra Rhodes. Zandra began her own creative career at UCA, studying at one of its former art colleges in the 1960s, which she credits as the foundation for her creativity.

Other alumni to meet The Duke included actor Gabin Kongolo, who made history as the first Black person to perform and speak Welsh on stage at Shakespeare's Globe and ceramicist Tim Fluck, a British Ceramics Biennial Fresh Talent Award winner.

The Duke's tour formally commenced in UCA's creative workshops, including its glass studio, where UCA is among only a handful of specialist institutions in the UK to offer a degree in the subject. Before the tour shifted up a gear, showcasing UCA's high-tech filmmaking space, its Virtual Production studio. Students used real-time rendering software and motion capture to immerse His Royal Highness in a scene from Moryow, which was shot in the space and will make its debut on the film festival circuit later this year.

Professor Duthie then led a Creative Economy Roundtable discussion in which The Duke actively participated, alongside UCA academics and members of the University's very own Creative & Cultural Industries Leaders Network, as well as alumni.

Professor Duthie said: "The UK's creative and cultural industries contribute £126bn to the economy and support over 2.4 million jobs. Concurrently the sector is being fundamentally reshaped by emerging technologies. It was encouraging to

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hear His Royal Highness articulate a vision that aligns so closely with ours. At UCA, we are preparing the next generation not just to adopt new tools, but to shape how they are used — equipping students to think critically, create boldly, and lead an industry evolving faster than ever before."

The Duke's tour concluded with the unveiling of an artwork created by second year BA Graphic Design student, Ella Stevenson and received a piece of glassware designed by glass technician, Laura Quinn. The works marked The Duke's visit, celebrating 170 years of UCA.

The Duke said: "Congratulations on 170 years of developing all those essential arts, crafts and keeping the creative flame well and truly alight."

University of the Creative Arts.

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Surrey University installs Vice-Chancellor number six

26 February 2026



Guildford Cathedral played host as town and gown come together to see formal installation of Professor Stephen Jarvis as Surrey's sixth Vice-Chancellor

In a ceremony that fused a message about the dual research and teaching purpose of the University, the urgency of a rapidly changing world, and age-old academic pageantry, Professor Stephen Jarvis was formally installed as the University of Surrey's sixth President and Vice-Chancellor at Guildford Cathedral on 11 February.

The academic and civic occasion was attended by community representatives and leaders – including council leaders, current and former MPs and representatives from across the region's business and academic communities, alongside hundreds of staff and students from across the University community.

Professor Jarvis shared a message of a University with deep local roots – bringing together our community of academics, students and graduates with the wider community in Guildford, Surrey and beyond to contribute to social, economic and cultural wellbeing. He spoke of a University with a critical leadership role in combining entrepreneurship and purpose to find solutions to the challenges of the modern world, and in driving economic growth, social opportunity and the future skills agenda.

A computational scientist and former Royal Society Industry Fellow who helped establish The Alan Turing Institute, Professor Jarvis is internationally recognised for his academic leadership in high-performance computing, data science and applied artificial intelligence. On these foundations, he has established himself as an institutional and sector leader. At the University of Birmingham, where he served as Provost and Vice-Principal, he played a central role in shaping strategic vision, whilst at the University of Warwick he led industry-academic partnerships in big data as Deputy Pro-Vice-Chancellor (Research).

Professor Jarvis took up the role of President and Vice-Chancellor at the University of Surrey on 15 September 2025. In his address to a packed cathedral, he said:

"The University of Surrey is defined by a dual commitment to excellence in both education and research. Ours is also a university with a clear sense of purpose: to provide an education that equips graduates for the world of work, and to undertake research that addresses some of the most urgent challenges facing society.

"Surrey aspires to be recognised among the very best universities in the UK, with a strong and growing global reputation, reach and influence. I firmly believe that the UK needs universities like ours to navigate the opportunities and challenges of technological change, respond to critical skills needs, and prepare students for the workplaces of the future.

"The University of Surrey is deeply rooted in its local community – not only a place of learning and discovery, but also an active contributor to the social, economic and cultural wellbeing of the communities we serve. The long-term success of a

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place is built through a shared endeavour: universities, colleges and schools that educate and inspire; public services that protect and enable; infrastructure that connects people to opportunity; and governance that provides stability, trust and direction. Aligned, we don't just function, we flourish."

The installation ceremony featured a traditional academic procession with full regalia, a specially commissioned fanfare, and music from the University Chamber Choir. The fanfare has been arranged for the installation by Dr Christopher Wiley, Head of Music and Media at the University, having been originally composed by the renowned composer of the day Dame Ethel Smyth. Dame Ethel lived in Surrey for most of her life and is commemorated at the University and with a statue in her home town of Woking. More information on the fanfare is included in the Notes to Editors, below.

Professor Jarvis joins Surrey as the University continues to deliver Vision 2041, its long-term strategy to become a globally recognised top 100 leader in research, innovation, education and civic engagement. The University has achieved its highest-ever global position of 219th in the Times Higher Education World University Rankings 2026 and remains within the UK top 15 for student satisfaction, with 85% of graduates progressing into highly skilled employment.

Surrey University

The specially commissioned fanfare was originally composed in the 1930s as one of eight Fanfares for the Musicians' Benevolent Fund, each composed by one of the eight best-known British composers of the day, based on a traditional military bugle call. The 'Men's Meal (2nd call)' bugle call, also known as 'Hot Potatoes' was composed as a fanfare by **Dame Ethel Smyth**, who lived in Surrey for most of her life and is commemorated at the University and with a statue in her home town of Woking. As well as producing an impressive canon of musical works, Dame Smyth was a much-published author and an influential suffragette. Her fanfare was first performed by the Royal Military School Bandsmen under Captain H.E. Adkins at a Musicians' Benevolent Fund Annual Dinner held in London's Savoy Hotel on 8 May 1930. It was recorded by the same ensemble and performed on other occasions, but the manuscript was lost, with Dr Wiley using the 1930s recording to bring the fanfare back to life for today's installation.

Related report:

Surrey's suffragette composer re-imagined in many ways

Surrey's suffragette composer re-imagined in many ways

26 February 2026



Rediscovering long forgotten music does not mean recovering how it was meant to be performed, and that is a major challenge for the arts, finds a new study from the University of Surrey. An expert found that rediscovered music comes with no shared understanding for how it should sound, leaving performers to make radically different interpretive choices that reshape the work itself.

In an article published in Performance Research: A Journal of the Performing Arts, a researcher focused on a little-known piano miniature by Surrey-based British composer Ethel Smyth, written in the late nineteenth century and forgotten for 120 years. When the piece re-emerged in the 1990s and began to be performed again, no traditions of interpretation had survived. There were no clear instructions for tempo, expression or dynamics, and no recordings of historical performances to learn from.

To understand what happens when performers face this problem, the research compared all professional recordings of the same rediscovered work. Using specialist audio analysis software, each performance was measured beat by beat to track tempo and rhythmic fluctuation across the piece.

Each pianist approached the music in a fundamentally different way, particularly at its unfinished ending. Some slowed dramatically, others pushed forward and none aligned closely with one another. Even the earliest modern recording failed

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to establish a shared interpretive reference point.

Dr Christopher Wiley, author of the study and Head of Music and Media at the University of Surrey, said:

"When musicians open a score like this, they are standing on empty ground. While written in standard notation that is commonly understood, there is no inherited wisdom to lean on as to how the piece is supposed to be played. What I found when analysing modern recordings was not small variation in interpretation but completely different musical identities emerging from the same notes. This is creative and exciting, but also unsettling."

The research argues that this challenge will only grow, as more pieces by historically marginalised composers are rediscovered. Nor is it an issue unique to music: performers across arts disciplines such as theatre and dance will likewise increasingly encounter works stripped of their original interpretive traditions.

Rather than relying solely on manuscripts, the study proposes more imaginative solutions: performers may need to draw on unconventional sources such as letters, memoirs and personal writings to guide interpretation. In this case, Smyth's later autobiographical descriptions of the person she aimed to portray through her music offered valuable insight into its character, mood and emotional intent.

Surrey University

Image: Ethel Smyth with score to her composition March of the Women in the background. Sources: English composer and suffragette Ethel Smyth (1858-1944) Library of Congress's Prints and Photographs division under the digital ID ggbain.33693, Author George Grantham Bain Collection; Restored by Adam Cuerden Score: https://www.bl.uk/collection-items/smyth-march-of-the-women. Creative Commons CC0 1.0 Universal Public Domain Dedication. Montage created by Epsom and Ewell Times and is copyrighted.

Epsom and Ewell Times adds: Dame Ethel Mary Smyth DBE (22 April 1858 – 8 May 1944) was an English composer and a member of the women's suffrage movement. Her compositions include songs, works for piano, chamber music, orchestral works, choral works and operas. She lived in Surrey from childhood.

Epsom MP sponsors special youth art in Parliament

26 February 2026



Surrey young people using NHS mental health services have taken their artwork to the heart of government, with an exhibition at the House of Commons offering MPs an insight into their experiences and the support they received.

The exhibition, taking place from 10-15 February, showcases work created by young people supported by the STARS and New Leaf services, part of Mindworks Surrey. STARS supports young people affected by sexual abuse and assault, while New Leaf supports those who are in care, leaving care, adopted or under special guardianship orders.

Young people are sharing their artwork with MPs to showcase how creativity supports young people's mental health and to highlight the positive impact of the services.

The pieces explore identity, hope, growth and recovery, capturing what can be difficult to articulate in words and offering an honest reflection of young peoples' lived experiences of mental health support.

One young person whose artwork is being exhibited said: "STARS has changed my life, I can be me now. I was shocked when I heard my art would be at the House of Commons, I am really proud that people like my picture and what I created."

Rebecca Robertson, Specialist Mental Health and Art Therapist said: "The young people we support have expressed their thoughts and feelings around their life experiences using art materials.

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“Art making can provide an important alternative to more traditional verbal therapies and can be a vital part of helping young people to engage in support, particularly when working with trauma.”

The House of Commons event was sponsored by **Helen Maguire, MP for Epsom and Ewell**, who attended the exhibition last summer and supported bringing the art to Parliament.

Helen said: “I’m delighted to see this exhibition come alive. It demonstrates the powerful work that New Leaf and STARS do and the importance of young people getting the right care and support for their mental health.”

Emina Atic-Lee, Service Manager for STARS and New Leaf services, said: “We are incredibly proud to see the voices of the young people we support take to the stage at the House of Commons. Each piece offers an honest and powerful window into how young people use creativity to make sense of their experiences, express emotions that are hard to put into words, and recognise their own strength.

“To showcase this work in such a nationally significant setting is a truly special moment for them and for everyone involved in the services.”

Press release from Surrey and Borders Partnership NHS Foundation Trust

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Surrey Uni on challenging AI decisions

26 February 2026



AI systems already decide how ambulances are routed, how supply chains operate and how autonomous drones plan their missions. Yet when those systems make a risky or counter-intuitive choice, humans are often expected to accept it without challenge, warns a new study from the University of Surrey.

Epsom and Ewell Times adds that the Civil Aviation Authority has granted Amazon a licence to deliver items by drone. It is uncertain when this service will actually begin.

The research, published in the Annals of Operations Research, looked at the use of optimisation algorithms in relevant areas such as transport, logistics, healthcare and autonomous systems. Optimisation algorithms are systems that decide the best possible action by weighing trade-offs under fixed rules such as time, cost or capacity. Unlike prediction models that estimate what will happen, optimisation algorithms choose what should be done.

Optimisation algorithms decide what gets prioritised, delayed or excluded under strict limits such as weight, cost, time and capacity. Yet those decisions are mathematically correct but practically opaque.

The research team’s findings implies that our increasing ‘blind trust’ creates serious safety and accountability risks in the increasing areas of everyday life where optimisation algorithms are used.

Using a classic optimisation challenge known as the Knapsack problem, the research demonstrates how machine learning models can learn the structure of an optimisation decision and then explain it in plain language. The method shows which constraints mattered most, why certain options were selected and what trade-offs pushed others out.

The study shows how organisations can challenge optimisation algorithms before their decisions are put into practice. Rather than replacing existing systems, the approach works alongside them, using machine learning to analyse decisions and explainable AI to reveal why one option was chosen over another and which constraints and trade-offs shaped the outcome.

Dr Wolfgang Garn, author of the study and Associate Professor of Analytics at the University of Surrey, said:

“People are increasingly asked to trust optimisation systems that quietly shape major decisions. When something looks wrong, they often have no way to challenge it. Our work opens those decisions up so humans can see the logic, question it and intervene before real-world consequences occur.”

This is particularly important for autonomous systems such as delivery drones. Drones must constantly decide which packages to carry while balancing battery life, payload weight and safety requirements. Without transparency, regulators and operators cannot easily justify or audit those decisions.

Rather than replacing existing optimisation software, the approach works alongside it. Machine learning is used in this approach to analyse solutions, explain feasibility and identify brittle or high-risk decisions before deployment.

The research introduces a structured framework that ensures explanations are tailored to real decision makers. Instead of

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technical outputs, systems can provide human-readable reasoning, such as: “too many heavy items were selected, or battery limits were prioritised over delivery value.”

Dr Garn continued:

“Regulators are starting to ask harder questions about automated decisions. If you can’t explain why your system chose one option over another, you’ll struggle to get approval — or defend yourself when something goes wrong. This framework makes that explanation possible.”

Surrey University

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Ewell’s Bourne Hall plans knocked back by scrutiny

26 February 2026



A council decision to invest in the future of Bourne Hall Museum has been sent back to the drawing board after councillors ruled it was made without all the relevant information being made public.

The decision, taken unanimously by the Epsom and Ewell Borough Council’s Community and Wellbeing Committee in January, backed plans to improve the museum rather than close it or leave it as it is. But at an Audit and Scrutiny Committee meeting last week, councillors voted to halt that decision and refer it back, arguing key reports were missing when the original choice was made.

At the heart of the row are two reports commissioned using public money: a service review by an external consultant and a Cultural Peer Challenge by the Local Government Association (LGA). Both were repeatedly referenced in the January committee report and described as providing “valuable insights” and a “blueprint” for the museum’s future but yet neither was included in the public agenda papers. Even for the call-in meeting, the essential reports were not published in full.

Cllr **Alex Coley**, (Independent Ruxley) who called in the decision, said councillors were effectively being asked to vote blind. He told the scrutiny committee that members had been promised the reports would be published but they never appeared before the meeting. “None of us know what’s in the service review, so none of us can tell how this might have influenced the decision,” he said. “Either we do things properly or they get done again.”

Other councillors backed that view, raising concerns not just about missing information but about transparency for the public. Cllr **Chris Ames** (Labour Court) warned it may be unlawful to rely on background documents without publishing them, adding that members of the public watching the meeting had no way of knowing what evidence councillors were relying on.

He highlighted one finding from the LGA report that was not clearly reflected in the summary given to councillors, that the museum’s finances were “skewed” by how building and central council costs were allocated, potentially giving a misleading picture of how expensive it is to run. “That’s absolutely crucial information,” he said.

Council officers and the committee chair argued that all the important points from the reports had been summarised and that the final decision, to invest rather than close, matched the reports’ overall conclusions. They also said funding would still need to be approved by another committee.

But scrutiny councillors stressed their role was not to re-argue the museum’s future, but to decide whether the original committee had all the evidence it should have had at the time. In the end, they voted to refer the decision back to Community and Wellbeing with a view to reconsider the issue from scratch but this time with the full reports available.

Emily Dalton LDRS

Related reports:

Independent view of Ewell’s Bourne Hall

Ewell’s “UFO” shaped Bourne Hall to take off anew

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View of Bourne Hall and Museum, Spring Street, Ewell. (Credit: Google Street View)

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Epsom advice centre training advice first-aiders

26 February 2026

Citizens Advice Epsom & Ewell (CAEE) is inviting frontline workers and volunteers from other charities and organisations to train as **Advice First Aiders**, equipping them with the skills to identify people in need and direct them to CAEE and other vital advice services.

Advice First Aiders do not provide advice themselves. Instead, by asking the right questions, they are able to identify relevant issues, signpost people to appropriate organisations, and recognise when more urgent or complex cases should be referred to CAEE's qualified advisers and caseworkers.

The programme places a strong emphasis on identifying marginalised or vulnerable groups who may be less likely to seek advice when they need it. These include young people and people with learning difficulties, carers, LGBTQIA+ individuals, ethnic minorities, displaced people, and older or socially isolated residents.

The free training session lasts around two hours, is delivered in person, and is designed to be a lively and interactive experience. Local organisations that have already taken part and trained Advice First Aiders include **Epsom & Ewell Family Centre**, **Fox Grove School** (part of The Howard Partnership Trust), the Home Improvement Agency Team at Epsom & Ewell Borough Council, **Sunnybank Trust**, **Epsom Hub**, and **Epsom Baptist Church**.

Feedback from participants has been positive, with one attendee saying: "I am now more aware and perceptive of people's needs which may not at first be obvious," while another commented that "the course covered a wide range of possible scenarios troubling most clients".

Lisa Davis, chief executive of CAEE, said: "Advice First Aiders serve as a critical link, connecting people in our community with advice and the essential support services necessary to improve their situations."

Beyond immediate advice and crisis intervention, the Advice First Aid programme also helps CAEE to identify and address the underlying causes of problems affecting residents across the Epsom & Ewell borough, informing its wider policy and advocacy work.

Organisations interested in taking part can find more information and sign up via the Citizens Advice Epsom & Ewell website.

CAEE release

Ewell's Nescot graduates prove you don't have to move away to go far

26 February 2026

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Over 90 Nescot students gathered at Epsom Downs Racecourse on Friday for their Higher Education Graduation Ceremony, donning caps and gowns to celebrate their success with proud parents, families and tutors.

The event marked a major milestone for students who completed university-level qualifications while studying close to home, proving that higher education doesn't have to mean moving away to succeed. For many, Nescot offered the best of both worlds: small, supportive classes with expert teaching, alongside the flexibility to continue living with family while balancing study with local work.

Nescot partners with several prestigious universities including Kingston University, the University of Greenwich, the University of West London, The Open University and the University of Arts London (UAL), offering degrees and other university-level qualifications across subjects including healthcare, performing arts, education, art and design, teaching, management and sports science.

Guests of Honour on the day included the Mayor of Epsom & Ewell, Councillor Robert Leach, alongside Nescot honorary fellows Paul Nicholson, former professional darts player, and Jane Wilson-Howarth, world-renowned physician, author and zoologist.

Julie Kapsalis, CEO and Principal at Nescot said: "Our higher education graduation ceremony is one of my favourite days of the year. It's exciting and joyful, but the overwhelming emotion is pride. Students, who've put their heart and soul into achieving their qualifications, feel so proud of themselves as they step on stage. Families, who've often been there for students every step of the way, burst with pride at what their son, daughter, brother or sister has achieved. There are usually a few tears too, some from our incredible staff who have watched these students persevere, learn and grow and are now waving them off to careers in their chosen fields. Whether you come to us aged 16 or 66, Nescot is a launchpad and I wish all our graduates every success with whatever comes next."

Students from across the college were fully involved in the ceremony. Travel and tourism students welcomed guests on arrival, music students provided DJ sets and live music throughout, and performing arts students surprised the audience with an incredible singing flashmob.

Guest of honour, Paul Nicholson, gave an inspiring speech, telling students: "What you've done to get here is remarkable – you should be extremely proud of yourselves. But by being here you haven't finished; you've only just started. Your ambitions should never have an end date…with the skills and experience Nescot has given you, make our world a little bit better every day."

Madiha Mahmood who studied for a BA (Hons) in Education Studies gave a speech at the ceremony, including a thank you to lecturers, tutors and support staff at Nescot: "Your dedication, patience, and belief in us, especially during challenging moments, has made a lasting difference. You have guided us, encouraged us, and pushed us to be the best versions of ourselves.

Today is a celebration, but it is also a reminder. A reminder that it doesn't matter how long it takes. It doesn't matter if you fail at the start. It doesn't matter how many people doubt you. If you keep going, you can change your whole story. Congratulations to every graduate here today, we did it!"

No matter which qualification students are working towards, Nescot's lecturers and tutors are dedicated to helping them reach their full potential. Staff are experienced tutors but also have substantial experience of working in the relevant industry too. Student satisfaction is high, with National Student Survey results showing the college is "significantly above the benchmark" across all 27 categories.

To find out more about studying at Nescot call 020 8394 3038, visit www.nescot.ac.uk or email adviceteam@nescot.ac.uk

NESCOT

Rosebery school Epsom puts Henry 8's six on stage

26 February 2026

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An Epsom school brought Broadway and the West End to Surrey last week with a successful run of the musical *'Six: Teen Edition'*.

The play, which is adapted from the international hit musical *SIX* by Toby Marlow and Lucy Moss, tells the story of the six wives of Henry VIII from their own perspective.

Pupils from Rosebery School, part of GLF Schools, performed at the Leatherhead Theatre from Wednesday 28 January to Friday 30 January 2026, this school-friendly 75-minute version brought history to life as a modern pop concert, filled with humour and bold storytelling.

The high-energy show saw the six Queens reclaim their narratives on stage, each sharing her unique perspective through dazzling numbers and dynamic choreography.

The production celebrated resilience, individuality, and sisterhood with tremendous attitude and empowerment, earning enthusiastic applause from audiences across the run.

This ambitious endeavour united more than 140 students from Rosebery School in roles spanning performance, music, technical production, costume design, and leadership.

Rehearsals began in early October, and the students demonstrated exceptional commitment, collaboration, and teamwork throughout the production.

The production featured a fully student-run backstage team handling stage management, wardrobe, makeup, and technical operations, as well as a talented student choreographer who shaped the Queens' movement with creativity and confidence.

The Senior Prefect Team also took part, spearheading a fundraising campaign to support performing arts at Rosebery.

The production also showcased outstanding cross-curricular collaboration. Bespoke costumes were designed by A-Level fashion and textiles students, blending historical influences with contemporary flair. A-Level design and technology students engineered the show's thrones, with music performed by members of the school band.

David Lach, headteacher at Rosebery School, praised the joint efforts of everyone involved in the production. He said:

"This is a truly homemade production, and a distinctively Rosebery production too. From the thrones crafted by our students, to the choreography to the outfits worn, our students have well and truly put their stamp on *Six*.

"The end result was a remarkable performance, blending education and history with contemporary flair and messages of resilience and independence. Huge congratulations to everyone who took part, and thank you to all our wider community who supported us."

James Nicholson, interim CEO of GLF Schools, saw the production last week. He said: "I was hugely impressed with Rosebery's production, which showed great talent, professionalism and imagination. Everyone who took part is a huge credit to the school, and the wider GLF family."

Release on behalf of GLF schools

Photo: Credit: Simon Drake Photography

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Epsom celebrates Ukrainian culture at Festival of

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Friendship

26 February 2026



The Festival of Friendship – Ukraine brought a vibrant celebration of Ukrainian culture to Epsom from 27 January to 1 February, uniting local organisations and residents in a week of art, music, film and hands-on creativity. Organised jointly by Epsom & Ewell Refugee Network, Epsom & Ewell Borough Council, Epsom Library and Epsom Picturehouse, the festival highlighted both the richness of Ukrainian traditions and the strong connection between the Ukrainian community and the community of Epsom and Ewell.

The festival was inspired by a cultural project created by Sofia Ziatyk for her final degree work at Chelsea College of Arts, for which she was awarded First Class Honours. Her project explored Ukrainian crafts, rituals and traditions through striking hand-drawn images, forming the heart of the exhibition that anchored the week's programme.

The official launch event took place on 27 January at Epsom Library and was attended by senior figures from Surrey County Council, the Mayor of Epsom & Ewell, and around 100 members of the local community. The atmosphere was one of warmth and curiosity, as visitors gathered to view Sofia Ziatyk's exhibition and to hear live performances by Ukrainians living in and around Epsom. Traditional music and poetry created a powerful sense of shared experience, giving audiences a glimpse into the traditions and artistic life of Ukraine.

Throughout the week, the library hosted two exhibitions: the display of Sofia Ziatyk's drawings and Inna Kucherenko's *This Is Me: Recreating* – a display of lost photographs and fragments of forgotten history recreated from memory using AI. A special treasure hunt for children invited them to search for pictures and symbols connected with Ukraine, helping younger residents engage with another culture in a fun and accessible way. This initiative proved popular with families and reinforced the festival's emphasis on learning through participation.

Workshops formed a key part of the festival and were consistently well attended by the local community. Participants had the opportunity to try traditional embroidery and beading techniques, make wool dolls, explore paper cutting and experiment with block printing. These sessions offered more than creative activity; they provided space for conversation, storytelling and mutual understanding. Among those taking part was local MP Helen Maguire, whose presence underlined the importance of the festival as both a cultural and community-building event.

The festival also extended beyond the library into the world of cinema. Epsom Picturehouse, working in collaboration with TalentedU, screened three Ukrainian films: *Rocky Road to Berlin*, *Sanatorium* and *Home for Ukraine*. Audience demand exceeded expectations, with each screening so well attended that a second screen had to be opened. The films offered different perspectives on Ukrainian life and history, giving viewers insight into personal stories and national experiences rarely seen in mainstream cinema.

For many attendees, the festival provided an opportunity not only to discover Ukrainian traditions but also to meet Ukrainian neighbours and hear their voices directly through art and performance. The blend of visual exhibitions, live music and poetry, practical workshops and film created a programme appealing to a wide range of interests and ages, demonstrating how culture can act as a bridge between communities, fostering empathy and connection.

Speaking about the events, Councillor Clive Woodbridge, Chair of the Community and Wellbeing Committee, said: "The Festival of Friendship – Ukraine was a truly uplifting and inspiring occasion. It was incredibly moving to see Ukrainian guests of all ages demonstrate how much the creative basis of their culture means to them, whether that be through music, singing or poetry. It was particularly heart-warming to see the younger members of the Ukrainian community perform with such confidence and feeling."

Organisers described the festival as a true partnership between local institutions and residents. By bringing together Epsom & Ewell Refugee Network, Epsom & Ewell Borough Council, Epsom Library and Epsom Picturehouse, the project showed what can be achieved through collaboration and shared purpose. The success of the events – from the packed workshops to the oversubscribed film screenings – reflected the enthusiasm of the Epsom community for meaningful cultural exchange.

Originating in the work of a young artist and carried forward by community organisations, the Festival of Friendship – Ukraine transformed everyday spaces into places of discovery and dialogue. For one week, Epsom became a window into Ukrainian culture, reminding all who attended that art and tradition can unite people across borders and experiences.

Nina Kaye

Mayor Leach with Sofia Ziatyk

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Appeal to twin Epsom with Bucha in Ukraine

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Festival of Friendship –Epsom and Ewell – Ukraine
From Ukraine to Epsom: How Music and Kindness Struck the Right Note
Music and dance for Ukraine at Epsom Methodist Church
Epsom MP leads cross-party delegation to Ukraine to examine impact of explosive weapons
Epsom Stands in Solidarity with Ukraine on War’s Third Anniversary

Epsom therapist seeks to lift our moods in gloomy weather

26 February 2026



It feels like Epsom has hardly seen the sun lately, making winter feel longer and delaying the arrival of spring. This kind of dullness is often described as “typical British weather”, but at the time of writing some parts of the UK have seen rain fall every single day of the year so far.

When daylight is limited and the rain never seems to stop, it is entirely normal to feel low, tired, or less motivated than usual. The good news is that there are some simple, evidence-based steps that can help support your mood, even when the weather is working against you.

Here, Mark from Mind & Meaning Therapy shares three proven mental health tips to help give your mood a boost.

A small social check-in each day

We are social creatures, and even small social connections can improve our mood. These do not need to be big events or require a lot of energy. Simple ways to stay socially connected include sending a text to a friend, scheduling a short phone call, or asking someone to meet for a drink.

These small check-ins can significantly increase feelings of connection. Research shows that regular positive social interactions are linked to better mood, greater life satisfaction, and lower levels of stress.

Get outside and get some natural light

Even on grey days, daylight is far stronger than indoor lighting. Try to dodge the showers and get outside for 10–20 minutes once a day. A walk to the shops or a quick loop around the park is enough to help.

Natural light helps regulate the body clock, which in turn supports both mood and sleep. Studies have found that people who spend more time in daylight during the winter months are less likely to report depressive symptoms than those who remain indoors with low light exposure.

Do one thing to improve your sleep

Sleep and mood are closely linked, and improving sleep can make a noticeable difference to how you feel emotionally. Simple, proven steps include going to bed and waking up at roughly the same time each day, reducing smartphone use before bedtime (for example by leaving your phone in another room), keeping the bedroom cool while ensuring a warm bed, avoiding caffeine late in the afternoon, and leaving an hour or two between your last alcoholic drink and bedtime.

Better sleep helps the brain regulate emotions and reduces stress, making it easier to cope with everyday ups and downs.

What to do if low mood is persistent

If your mental health feels poor over a longer period, or if everyday life feels unusually overwhelming, speaking to a mental health professional can help. Support can make a real difference.

You can contact Mark at Mind & Meaning Therapy in Epsom to explore what may be behind how you are feeling and to find support that suits you.

Mind & Meaning – Therapy in Epsom & Online
mindandmeaning.co.uk
Email: hello@mindandmeaning.co.uk

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