

## NESCOT marks 70 years with a tree

22 March 2024



Nescot (North East Surrey College of Technology) in Ewell marked seven decades since its official opening with a commemorative tree planting in the college grounds today (22.03.24). The Mayor Epsom & Ewell, Councillor **Rob Geleit** (Labour Court Ward) planted a silver birch along with **Julie Kapsalis**, Principal and CEO of Nescot and **Chris Muller**, Chair of Nescot Corporation. They were joined by three students, Donna from our Supported Internship programme; Kirsty from Access to Nursing and Anna from Catering who have all had a successful term and made an impression.

Speaking at the tree planting, Julie Kapsalis, said: “It is wonderful to have students take part in this historic moment as without them and the many thousands who walked through these gates before them, we would not be here.

“As we reflect on 70 years of Nescot today, by planting this beautiful silver birch tree we are also looking to the future of education here, which we hope will be sustainable, ever-growing and long-lived. Maybe in 70 years’ time – 2094 – people here will be looking back on photos from today, admiring this tree in its full maturity, and be reflecting on education and what Nescot means to them.”

Marking the commemorative event with the tree planting, the Mayor of Epsom & Ewell, Cllr Rob Geleit, said: “It is an honour to be here today to plant this commemorative tree to mark Nescot’s 70<sup>th</sup> anniversary. I hope in 70 years’ time someone similar will be doing the same thing.”

Julie added, “When this site was formally opened on 22 March 1954, the world was very different and courses such as Home Economics, Flower Arrangement, Guest House Management and Typing were on the curriculum, along with a number of more scientific and technical subjects. Today, our curriculum includes learning opportunities in electric vehicles, artificial intelligence, robotics, gaming, sectors which could barely have been imagined in 1954.

“We can be proud of the role that Nescot plays, offering increased opportunities for people from all walks of life to gain the skills and qualifications they need for a successful career and continuing to provide learning for the local community in Epsom & Ewell and our surrounding region.”

Students and staff took part in a variety of events throughout the day and during the week organised by various curriculum areas that included activities, displays and even a 1950s lesson for some of our plumbing apprentices to mark Nescot’s 70 years.

Nescot began life as Ewell County Technical College, with the first students beginning courses in September 1953 and the establishment being formally opened the following March. Explore the college’s rich history, evolution of education and community engagement on our website here.

Related reports:

[The fellowship of NESCOT](#)

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[Coursera & NESCOT to enhance further education](#)

[Epsom and Ewell’s Technology College 70 years young](#)

Photo: (Centre) The Mayor of Epsom & Ewell, Councillor Rob Geleit at the commemorative tree planting of a silver birch to mark Nescot’s 70<sup>th</sup> anniversary along with (left to right), Catering student Anna, Principal and CEO of Nescot, Julie Kapsalis, Access to Nursing student, Kirsty and Chair of Nescot Corporation, Chris Muller. Credit: Nescot

## Worcester Park school celebrates

22 March 2024



**Worcester Park’s Linden Bridge School** caters for 144 students with autism and complex social and communication needs from four to 19-years-old, including 20 in the sixth form and a residential facility which can accommodate 32 places, with pupils typically staying for two nights a week.

The school’s pupils are exceptionally well-prepared for future life, and they feel valued and secure as a result of strong relationships with staff, says a recent Ofsted report, which judges pupils’ personal development to be ‘outstanding’.

The school was inspected in January and graded ‘good’ overall, recognising the ongoing improvements made since joining **The Howard Partnership Trust** in 2021, at which time it was judged as ‘requires improvement.’

Principal, Mrs **Claire Gungah** said “We are absolutely delighted that the inspection report confirms that Linden Bridge School is a good school with an outstanding provision for the personal development of students.

“In highlighting the many strengths in our school, we are particularly pleased that the report recognises that we are delivering on our core mission, and acknowledges the hard work of staff, the Trust and support from our community in developing the school”.

Noting that the report celebrated students being a credit to the school, and demonstrated their strong relationships with staff, she added

“A huge thank you needs to go to the students who were at the heart of the process and as always, made us proud throughout the inspection showcasing their maturity, friendships, communication skills and pride in their achievements.”

The report says both the school and the Trust have ‘rightly prioritised’ improving the curriculum. Work had started at the last inspection, but it has ‘gone from strength-to-strength.’

“The school’s carefully designed curriculum is now well established in most subjects,” notes the inspector.

“Learning to read is given a high priority. A new phonics programme has been introduced since the last inspection and is now securely established. Comprehensive training has ensured that staff are confident about teaching phonics,” says the report.

“The school provides an extensive and ambitious range of events and activities. For instance, all pupils experience a sporting event and the oldest pupils are involved in organising events such as sports week.”

## Surrey's vulnerable without expert legal advice

22 March 2024



Surrey has become a 'legal aid desert', marked by a critical shortage of support services, leaving vulnerable individuals without expert advice on key issues such as, community care, education, and immigration.

The Access to Justice Report, by South West London Law Centres (SWLLC), was launched at the University of Surrey's School of Law Access to Justice Clinic on Wednesday, 20 March, by His Honour Sir Robin Knowles CBE, Chair of the Commercial Bar Association of England & Wales. Sir Robin is a member of the Civil Justice Council and chairs its Standing Committee on access to justice for those without means.

The report highlights the need for accessible legal aid and representation and raises awareness of the challenges faced by vulnerable people in Surrey.

It catalogues the gaps in legal aid within Surrey; it highlights cases where people have had to rely on non-legal advice services instead of specialist legal services. The lack of specialist legal advice is particularly acute in employment, education and immigration.

The report shows that most social welfare advice is provided by voluntary or not-for-profit agencies, with Citizens Advice taking the leading role; however, there is a lack of specialist legal services.

People were left without expert legal advice on areas such as:

- School admissions and appeals
- School transport
- Special Education Needs
- Community care packages and complaints
- Immigration advice.

Stacey Edgar, Deputy CEO, South West London Law Centres, said:

"At the South West London Law Centres, we have directly observed the significant difficulties faced by individuals and families lacking proper guidance on matters such as immigration and education.

"Our findings now confirm that Surrey has limited mechanisms for accessing justice, signalling the urgency of leveraging insights from this new research to implement a strategy that addresses community needs.

"We're pushing to fill these gaps because access to justice shouldn't depend on where you live or what you can afford."

The report proposes new initiatives to improve legal support, including a Family Law Court Help Desk, an Education Rights Advice Project, and Immigration and Asylum Caseworkers in Surrey.

Currently, the research proposals are transforming into a project to create these mechanisms in Surrey, and SWLLC is welcoming donations, volunteers, and partners to be involved in expanding access to justice to meet the needs of impacted community members.

Liz Williams, Associate Professor and Director of Clinical Legal Education at the University of Surrey, said:

"The Access to Justice Clinic at the School of Law understands that social transformation and legal impact is only possible through a collaborative approach. The Clinic has been a flourishing initiative since its launch four years ago and plans to expand in partnership with South West London Law Centres, local charities and legal professionals on a broad range of collaborations to help solve the access to justice crisis in Surrey."

Professor Veronica Rodriguez-Blanco from the School of Law added:

"The School of Law is committed to placing access to justice at the centre of legal education in developing social sensitivity among the future lawyers that we are educating."

## Surrey Uni taking lead on future network security

22 March 2024



A national effort is needed to train the next generation of the United Kingdom's workforce in intelligent and resilient telecom networks, says a world-leading 5G and 6G expert from the University of Surrey.

The comment comes as the Engineering and Physical Sciences Research Council (EPSRC) announced that Surrey's 5G/6G Innovation Centre will lead a new £8 million Centre for Doctoral Training in Future Open Secure Networks (FORT).

Over the next eight years, FORT will train more than 50 post-graduate researchers, who will become leaders with unique expertise in wireless communications, cybersecurity, networking, and artificial intelligence (AI). Surrey's future cohort will influence the roadmaps of future open networking and security technologies and their applications.



In partnership with Queen’s University Belfast’s (QUB) Centre for Secure Information Technologies, FORT also enjoys support from more than 21 industry partners. These partners include: Amazon Web Services, Ampliphae, Angoka, AWTG, Catapult Satellite Applications, Cudasip, Ericsson, Hewlett Packard Enterprises, HP, Intel, Interdigital, Keysight Technologies, Kyndryl, National Physical Laboratory, Nvidia, OpenWeb, Qualcomm, Rolls Royce, Virgin Media O2, and Viavi Solutions.

Regius Professor Rahim Tafazolli, FREng, Director of the 5G/6G Innovation Centre at the University of Surrey and Principal Investigator of FORT, said:

“I want to extend my heartfelt gratitude to EPSRC for backing the Future Open SecuRe NeTworks (FORT) initiative. I am equally thankful for the support of our 21 industry partners and look forward to working closely with colleagues from Queen’s University Belfast. This powerful team has a unique vision, expertise, and mission of making the UK a powerhouse for future telecommunications.

“In a world evolving at breakneck speed, our programme is designed with this dynamic future in mind. We’re committed to nurturing future visionaries and leaders with in-depth knowledge of advanced space and terrestrial networks, environmental considerations, and AI technology. The UK’s focus must now shift towards upskilling individuals capable of addressing the cyber security challenges posed by AI and take advantage of opportunities presented by societal shifts, environmental concerns, and industrial advancements.”

Along with providing a world-class education with access to industry, FORT will create an environment for students to research new and better ways to build communication networks that are safe, reliable, and ready for the future. FORT is committed to conducting responsible, ethical research in cybersecurity, AI technologies, and future networks, with a strong societal focus. This approach is designed to generate world-class academic contributions and establish a pipeline of talent for the future.

Dr Jesus Martinez del Rincon, Co-Director of FORT and Research Director of Secure Intelligence at CSIT at QUB, said:

“With the FORT programme, we aim to create a community of 50 PhDs who will become the future, industry-conscious thinkers and leaders on secure, trustworthy and autonomous future network communications.”

Along with Professor Tafazolli and Dr Martinez del Rincon, FORT will be led by: Dr Tim Brown from Surrey, who will serve as Director of FORT, and Professor Máire O’Neill from QUB, who is Co-Investigator of FORT.

## Should we be going to.....?

22 March 2024



The Specsavers Surrey Youth Games is back. Following on from the success of the games last year, a wide range of activities are available in **Epsom & Ewell** again, including tennis, judo, swimming and more. The Games are the largest multi-sport youth programme of their kind in the South East, offering **free** local training for 7-16 year olds across Surrey, leading to a final celebratory event for the whole family.

The Games are ideal for beginners who may not get the opportunity to attend clubs or are put off by the thought of competing against others. Supportive coaches will help participants join in, have fun, learn new skills, and boost their confidence.

Registration is now open for the free training sessions which start after Easter and are aimed at those who live or go to school in the borough. Following the training, teams can unite for a family-friendly event at the Surrey Sports Park in Guildford on Saturday 15 June.

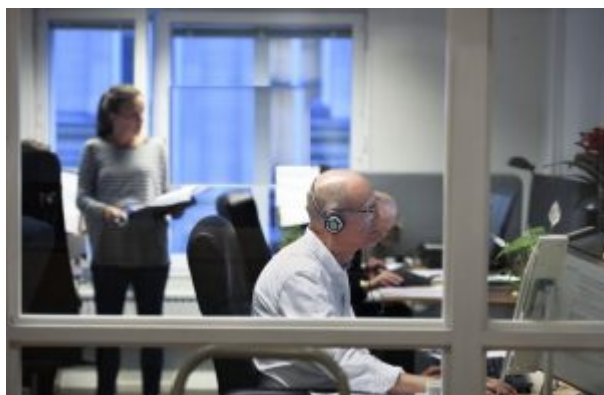
Councillor **Clive Woodbridge**, (RA Ewell Village) Chair of the Community and Wellbeing Committee, said “I’m so pleased that we are running the Specsavers Surrey Youth Games in Epsom & Ewell again this year. The initiative provides a fantastic opportunity for young people who are still building their confidence in sport to access training free of charge.

“I hope that everyone in our borough will take a look at what’s on offer and even tell friends and family about the initiative, so that we can ensure that as many children as possible can access the training.”

You can find out what’s on offer in the Epsom & Ewell borough and register for a place by visiting [www.epsom-ewell.gov.uk/syg](http://www.epsom-ewell.gov.uk/syg)

## Better private - public health communications could prevent deaths

22 March 2024



A young woman tragically took her own life in Surrey prompting a warning from a coroner over communication barriers between hospitals. Meghan Christmas, who suffered from anxiety disorder, depression, complex PTSD and ADHD, died by suicide on October 20, 2021 at a Premier Inn in Guildford.

Less than three weeks prior, Meghan had impulsively attempted suicide by overdose and was admitted to Royal Surrey Hospital on the following day. She was offered further psychiatric treatment through the NHS at this time, which she declined in favour of continuing with her private treatments at The Priory Hospital. Information about Meghan Christmas’ attempted overdose was only sent to her GP and not her private psychiatrist.

Meghan took her own life the same day as her private psychiatrist said she was “progressing well”. Following Meghan’s inquest Coroner Darren Stewart OBE wrote in a Prevention of Future Deaths report to NHS England over the ‘concerning’ communication barriers between private and public healthcare services.

He wrote: “At a time where pressures on the NHS exist, particularly for mental health services, it is of concern that measures which could alleviate this pressure (where someone sources private care) do not exist. There is little or no policy, guidance or other effective arrangements to share important clinical information about patients between private and public healthcare sectors.”

“The passage of information between NHS and private healthcare providers is hindered due to the absence of an adequate structure to share important clinical information about patients in a timely and effective manner. Action should be taken to prevent future deaths .”

Meghan was prescribed antidepressants after a face-to-face appointment with her GP in February 2021. She started seeing a private psychiatrist around July, and received prescriptions both privately and from her GP.

The coroner also raised this as a key concern. They wrote: “This means Mrs. Christmas had access to double prescriptions. Healthcare professionals treating Mrs. Christmas placed significant reliance on the perception that she would be open and honest in her communication with them.”

The coroner also raised concerns around police forces communication between each other. It was at, 4.54pm that Meghan contacted Surrey Police to explain that she was fine. At 5.18pm, the call handler in the Hampshire Police control room communicated with Surrey Police only via email.

After receiving no response from Surrey Police, the handler in the Hampshire Police control room communicated with them via telephone Surrey Police then attended the location in Guildford and found Meghan’s room barricaded. Upon gaining access to the room, officers found that Meghan had sadly died.

Officers attempted to resuscitate Meghan and her heartbeat restarted. After resuscitation, Meghan was transported to Royal Surrey County Hospital where she died two days later on October 20, 2021 from a Hypoxic Brain Injury.

The coroner wrote: “The handling of the incident involving Mrs. Christmas in Hampshire Constabulary’s Force Control Room which resulted in a hour delay in determining that an important communication (being a request for assistance) had not been received by a neighbouring force.” It was not concluded however that this shortcoming contributed to her death.

Hampshire Constabulary have since said they have made significant improvements to their process. These measures included: Revision of training provided and the introduction of additional training for supervisors and control room staff. Implementation of National Policy concerning Missing Persons, including documentation to assist in control room responses to similar circumstances. Revision of the recording of risk assessment measurements on the computer aided dispatch record (CAD) system.

It was further explained to the court that the measures should be seen in the context of wider cultural change management in the supervision and leadership being undertaken by Hampshire Constabulary in the operation of the Control Room.

A spokesperson for Surrey and Borders Partnership NHS Foundation Trust said: “Following Meghan’s death an amendment was made to our Psychiatric Liaison Service policy stating discharge letters will be sent not just to the GP, but also to any other relevant external professional – provided we have the explicit consent of the individual to do this. The measure was welcomed by the Coroner.”

SABP added it has developed new guidelines for both community and in-patient clinicians to ensure it routinely and actively seeks a person’s consent to contact and share information with or from their private practitioner.

The Priory Hospital did not make an additional comment. NHS England has been approached for comment.

## Fire Assembly for Ukraine

22 March 2024



Saturday 10th March a Bronto Fire Engine came to Epsom’s Market Square outside the Assembly Rooms. A crowd gathered to admire the magnificent machine and wish it well on its journey to a city near the front-line of the conflict between Russia and Ukraine.

**Roy Deadman** of the charity **Surrey Stands With Ukraine** explained: “Some population centres in Ukraine are so close to the Russian artillery that the missiles can strike before the sirens sound. This fire engine with its long-ladder can rescue lives trapped in apartment blocks.”

Another volunteer with the charity **Nick Budd** said “There has been a tremendous effort to raise the money to purchase this vehicle and the public have been very generous. Our partners in Ukraine are very grateful to be receiving this vital equipment.”

The Mayor of Epsom and Ewell **Robert Geleit** (Labour, Court Ward) was in attendance, confirming a moment of pride for Epsom and Ewell as the headquarters for the humanitarian efforts of SSWU.

Charity director **Lionel Blackman** said: “Post Brexit there remain various bureaucratic obstacles to the engine’s transportation across Europe to the Polish border, where our Ukrainian partners will collect and take through their country to where it is most needed; but we will overcome and we expect it to be in place in a few weeks from now.”

## Varying opinions on local maternity services

22 March 2024



Epsom and St Helier Hospital NHS Trust claims it has a ‘strong’ maternity service despite failings in a recent CQC report. Safety in the maternity service was rated ‘inadequate’ in a report published by the Care Quality Commission (CQC) in February. The service overall was downgraded from ‘good’ to ‘requires improvement’.

Managing Director of the Trust **James Blythe** said, at an Epsom and Ewell Health Liaison Panel on March 3, he was “disappointed” with the CQC report. He added: “The hospital has a really strong service and what the CQC identified are processes we need to get stronger at.”

However, the CQC’s report highlights practical issues including qualifications and competence of staff, and an environment ‘not fit for purpose’.

An update report by the Trust given to the Epsom and Ewell Health Liaison Panel said: “All of our maternity services meet 10 out of the 10 safety actions required nationally.” The 10 safety actions are specific to maternity services and range from submitting maternity data, workforce planning, training and action plans, to delivering best practice.

However, the CQC report found the leadership team ‘did not take timely action’ to make change where non-compliance with four safety actions was identified in the 2022/23 inspection.

A report in July 2022 identified a shortfall of midwives, yet this had still not been addressed in January 2023. The service was therefore unable to declare compliance with safety action 5 on midwifery workforce planning.

The CQC report said: “On inspection, there was a lack of clarity from managers and leaders about whether the service was on track to make improvements and declare compliance for 2023/24.”

Epsom and St Helier hospital Trust were asked about the discrepancy between the agenda stating they met all 10 safety actions and the CQC inspection report outlying non-compliance of safety actions. The Trust did not comment on the difference.

The Trust is planning to invest more than £2m over two years to increase midwifery staffing in the unit by 8% so the Trust can declare full compliance with safety action 5.

Visiting the hospital in August 2023, the CQC found the service “did not have enough midwifery and nursing staff in the right areas with the right qualifications, skills and training to care for women, birthing [partners] and babies”.

Staff working in transitional care for babies who require extra support “did not have the qualifications and competence for the role they were undertaking.”

A spokesperson from Epsom and St Helier said: “Our priority is to ensure women and birthing people receive the best possible care, and we have already taken steps to improve and strengthen our maternity services – rated by mums in the CQC’s own survey as the best in London.”

Days before the inspection report was published, the Trust secured a strong result in a CQC patient experience survey of women and birthing partner’s experiences of maternity care in England.

Maternity services at Epsom and St Helier received the best scores in London, with maternity care at St George’s joint second place.

The environment in some areas was ‘not fit for purpose’, and on the maternity ward this posed an ‘infection prevention and control risk’. Bereavement and recovery facilities did not meet national standards for privacy.

The Trust is said it is ‘fast-tracking’ estates work with new doors and blinds fitted to improve privacy and dignity.

The hospital’s environment was “not fit for purpose in all areas” and the facilities and equipment were found to “not always keep people safe”.

An Epsom and St Helier spokesperson implied that patients deserve better than the current crumbling estate – but the hospital can still deliver and receive safe care.

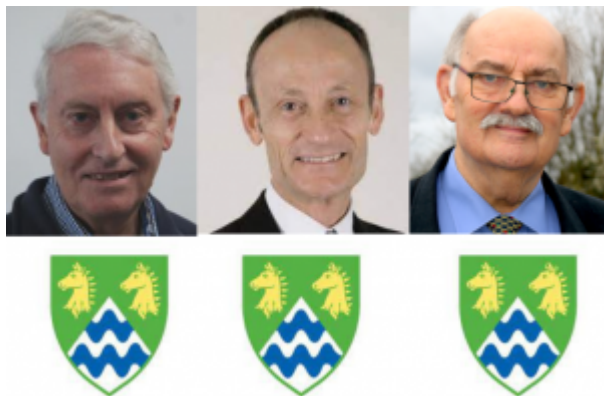
Founded in 1938, approximately 90% of St Helier Hospital pre-dates the NHS itself. A further 98% of the St Helier estate is said to be either in very poor or bad condition and requires capital investment or replacement.

Millions are said to be invested every year to address the most urgent estate challenges, while also improving the buildings, facilities, equipment and environment for patients and staff.

A spokesperson for Epsom and St Helier University Hospitals NHS Trust said: “This new rating is partly a reflection of our ageing estate, and – while the care they receive is safe – mums, babies and other patients deserve better, which is why we’re pleased the Government has promised us a new hospital and upgrades to our existing facilities by 2030.”

## Civic awards at civic reception

22 March 2024



The Epsom and Ewell Mayor’s civic reception took place at Bourne Hall, Ewell on Friday 8<sup>th</sup> March. The “great and the good” of the Borough, including Member of Parliament **Chris Grayling**, gathered at this special annual event that witnessed the conferment of the title of Alderman of Epsom and Ewell to three long-serving local councillors.





The ceremonies began with the Mayor's Active Citizen Award. The Mayor, Cllr **Rob Geleit** (Labour Court Ward), presented this year's award to **Barbara Lewis**, praising her selfless dedication to the community: "Barbara, born in Kingston, was instilled with a strong sense of altruism by her late mother. After attending Tiffin Girls Grammar School and serving in the civil service, Barbara settled in Ewell with her husband Martin, celebrating their upcoming Golden Wedding Anniversary. Barbara's commitment to her local area, Station Avenue, has been unwavering. Notably, she spearheaded efforts to provide scrubs, masks, and other essentials to frontline workers during the pandemic, and organized a heartwarming visit from Santa for children in her neighborhood. Barbara's involvement extends to various charitable endeavors, including Epsom Twinning Society and Epsom Rotary Club, and she even finds time to teach a Spanish class for the University of Third Age (U3A). Additionally, Barbara has dedicated herself to fundraising, notably supporting the Mayor's Charity Committee. Her generosity knows no bounds, always willing to help and support her community."





Cllr **Hannah Dalton** (RA Stoneleigh), spoke up for **Chris Frost**, and welcomed him as an Honorary Alderman of Epsom and Ewell, recognizing his positive impact on local politics: “Chris’s journey in politics began in his youth, and his dedication led to his election to the Epsom and Ewell Borough Council and later the Surrey County Council. Known for his community spirit, Chris spearheaded initiatives like the Interfaith Forum and the Epsom and Ewell Community Fund.”

Ms Dalton commended Chris’s wife, Cllr **Liz Frost** (RA Woodcote and Langley), for her unwavering support and thanked his family for their presence. She expressed gratitude to all who supported Chris over the years, including council officers.



Eber Kington signs the book with Mayor and EEBC CEO Jackie King looking on.

Cllr **Peter O’Donovan** (RA Ewell Court) reflected on **Eber Kington**’s remarkable career, celebrating his induction as an Honorary Alderman: “Born in Battersea, Eber’s journey into local politics began in the 80s when he joined the Woodcote Residents’ Association, eventually becoming a respected councillor. Eber’s tenure was marked by his commitment to his constituents, often being the first point of contact for residents’ concerns. Despite his aversion to planning matters, Eber’s dedication to his community was unwavering. His tenure as Mayor in 1999 was memorable, highlighted by his unconventional but effective leadership style. Eber’s dedication to community service extends beyond politics, evident in his charity work and love for Chelsea Football Club.” Mr O’Donovan praised Eber’s integrity, noting his willingness to listen and support fellow councillors.





Finally, Cllr **Jan Mason** (RA Ruxley) spoke emotionally in praise of the late Mr **Clive Smitheram** who was awarded the Honour of Alderman of the Borough of Epsom and Ewell posthumously. Clive was a central figure in West Ewell having lived there for over 30 years with his wife Gill and family and although a proud Cornishman, Clive was someone who knew everyone locally and if he didn't know someone, he knew someone who did! Clive was a former police officer, having served 31 years in the service and was a retired community safety officer. As an active resident, it led to Clive being elected as a Resident Association Councillor for West Ewell serving for over 20 years, Clive was a former Mayor of Epsom and Ewell in 2010- 2011.

Mrs Smitheram receives the honour on behalf of the late Clive Smitheram.

All photos below heading courtesy Steven McCormick Photography

Related reports:

Long serving Councillor Clive Smitheram dies at 76

Alderman awards for Epsom and Ewell trio

Local Council stalwarts up for local honour

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## Chinn up for women

22 March 2024





On International Women’s Day (Friday 8th March) and Epsom and Ewell’s association with the struggle for equal rights for women through the actions and death of Emily Davison, local Labour Councillor **Kate Chinn** (Court Ward) shares her thoughts on the special day:

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Today is **International Women’s Day** and this year’s theme is to inspire inclusion.

It means breaking down barriers, challenging stereotypes, and creating environments where all women are valued and respected. I’ve heard repeated the old idea that women don’t really understand figures. Tell that to the three women at NASA who did the maths that were instrumental in one of history’s greatest operations – the launch of astronaut John Glenn into orbit celebrated in the book and film **Hidden Figures**. A great read and watch

World renowned feminist, journalist Gloria Steinem reported:- “the story of women’s struggle for equality belongs to no single feminist nor to any one organisation but to the collective efforts of all who care about human rights”

We can all do what we can to support and advance women.

As the IWD website states:- “When women aren’t present, we must ask: “if not why not.” When women are discriminated against, we must call out poor practice. When the treatment of women is not equitable we must take action”

Local politics is a way that women can get involved with their local communities and work with the community, other councillors and partner agencies to make a difference in their local community.

I became active as I believe local politics matter. People need a decent home, to feel safe in their communities, access to the services they need and the opportunity to enjoy the good things in life. We need “bread and roses too”, a phrase attributed to a strike in Massachusetts in 1912 now often referred to as the “Bread and Roses strike”. The slogan pairing bread and roses, appealing for both fair wages and dignified conditions. Now a poem by **James Oppenheim**.

It’s only good governance that can enable both and why local and national politics are so important to all of us.

If anyone is interested in getting involved in politics then please do get involved and there is plenty of available help and support. Talk to your local councillors and the local political parties. Both the political parties and Epsom and Ewell Council run sessions on being a councillor; some in person and some on line

I believe it is important to mark International Women’s Days. One of the many reasons is to celebrate the inspirational women we have both past and present. **Emily Wilding Davison**, Mary Seacole, Rosa Parks and Malala Yousafzai, to name just a few of so many women who have made the world a better place.

**Cllr Kate Chinn**