



Business that connects by insulating

18 February 2024



The **Wickes Community Programme** has donated insulation products to the value of £1000 to help struggling families in the local community. This initiative is run by the Epsom based charity, **Good Company**, which also operates a network of local food banks. Since launching the Epsom & Ewell Energy Support Scheme in October 2022, Good Company has helped more than 300 families and over a thousand people in the local area.

The primary aim of the programme is to offer support to families struggling to pay energy bills by helping them make their homes more energy efficient and offering advice on how to reduce their energy use in other ways.

Tom Sefton, the Poverty Lead at Good Company, said: "The products donated by Wickes included secondary glazing film, various draught excluders and heat reflective radiator foil. These were handed out at group workshops that we have been running in Epsom, Leatherhead, and Tadworth for food bank clients and other local families most affected by the cost-of-living crisis. We wanted to show people that making small changes like this can significantly reduce your energy usage."

Feedback from participants has been extremely positive, including one client who said: "I found the workshop very helpful and really enjoyed talking to the other participants, sharing tips on how to save energy. The takeaway tips are also very informative. Thank you so much for your kindness and for giving me really useful information about the cost of energy and how to reduce usage and keep warm and safe this winter - which, like many people, has been scaring the life out of me."

Tom went on to say: "Other clients have told us they are wearing the hooded blankets we provided to stay warm and are using an air fryer instead of their oven to save energy, as well as fitting draught excluders and radiator foil to heat their homes more efficiently."

Chris Grayling MP Epsom and Ewell said: "Last year we ran an appeal in conjunction with **Citizens Advice Epsom** and Good Company and raised over £40,000 to support our local community. These funds were used to provide short-term help with energy bills and to offer energy-saving advice. We were delighted when Wickes agreed to support us with these products through the Wickes Community Programme. It's at times like these we need to work together with businesses like Wickes to make a difference."

Wickes Store Manager in Epsom, **Ben O'Leary** said: "Supporting our local community is really important to Wickes, especially during the current cost of living crisis. For any families interested in how they too can make their homes more energy efficient there's some great advice on the Wickes website."

The Wickes Community Programme is open to all local community groups and charities seeking help for improvement projects.

2 years on Epsom to gather in solidarity with Ukraine

18 February 2024



The Epsom & Ewell Refugee Network (EERN) and Surrey Stands with Ukraine (SSWU) are calling upon the community to join them in a special gathering on Saturday February 24th at 11 am in the **Market Place in Epsom**. This gathering marks the solemn second anniversary of the commencement of the war in Ukraine.

The local Ukrainian choir, **Renaissance**, will render the Ukrainian National Anthem. Attendees will have the opportunity to engage with Ukrainian residents regarding the ongoing situation in Ukraine and to learn how they can extend support to the Ukrainian community within Epsom & Ewell.

The Mayor of Epsom & Ewell, Cllr. **Rob Geleit** (Labour Court), will attend. The event will foster a sense of unity and solidarity with the Ukrainian population residing in and around Epsom.

"We are deeply moved by the outpouring of support from the Epsom community for Ukrainian refugees," said **Jo Sherring**, Epsom & Ewell Refugee Network Lead. "This gathering is an opportunity for us to stand together in solidarity with our Ukrainian friends and reaffirm our commitment to supporting them as they rebuild their lives."

"It is important for us to get together on this sad date to commemorate those who lost their lives in the war, to thank our supporters, defenders, volunteers, and the British people who gave shelter to us at these hard times for Ukraine." said **Natalia Zadorizhna**, pianist and director of the Renaissance choir who has been living in Ashtead with her 11 year old daughter since May 2022. "It is an enormous privilege to stay in the UK and to be surrounded by such noble, caring and generous people."

Epsom has exhibited remarkable solidarity with Ukraine since the outbreak of the war, with numerous families opening their doors to Ukrainian refugees and contributing substantial amounts towards humanitarian aid. The community has banded together, with volunteers actively aiding refugees in assimilating into the local fabric.

All members of the Epsom community are warmly encouraged to attend this event, which promises to be a meaningful demonstration of support for the Ukrainian populace.

For further inquiries, please contact:

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English classes for Ukrainians and other refugees in Epsom.

Epsom & Ewell Refugee Network (EERN)

Established in 2015, operates as a community-driven organization in close collaboration with the Epsom & Ewell Borough Council. It operates under the auspices of the charity **Good Company (Surrey)**, with a mission rooted in compassion, solidarity, and inclusivity. EERN extends support to refugees and asylum seekers within Epsom and its environs, facilitating their integration into the community through various initiatives including employment guidance, educational support, cultural orientation, and free English language lessons.



Epsom and Ewell residents welcome Ukrainians fleeing war.

Surrey Stands with Ukraine (SSWU)

At the onset of the conflict in Ukraine, a collective of British and Ukrainian residents from Epsom joined forces to establish Surrey Stands with Ukraine (SSWU), a humanitarian relief project dedicated to aiding Ukraine. SSWU provides support to both the Ukrainian populace within Ukraine and those residing in the UK by gathering and distributing medical supplies and other essential aid. Operating under the registered charity **Harrop HR Missions Ltd.**, SSWU ensures that 100% of all donations are directed towards supporting the people of Ukraine, with no fees or wages deducted for volunteers or trustees.

EERN and SSWU are very grateful for the magnificent support provided for their efforts by **The Ashley Centre** Epsom, through its donation of the use of a suite of offices used for processing donations, English classes and an advice centre. Also to **Epsom and Ewell Borough Council** that has waived the imposition of business rates.

Related reports:

Epsom and Ewell Borough of Sanctuary

Hosts of Ukrainian refugees appreciated

Flight of refugees: history repeating?

Breaking the mould for Ukrainian refugees

Local refugee cash appeal



30 years' smile stamped on local Post Offices

18 February 2024



Postmistress **Nidhi Prashar** has reached her 30 years' milestone of serving Post Office customers in Surrey. Three decades ago, Nidhi and her husband, Anil, bought Oxted Post Office and for most of that time Nidhi has served that community. Now Anil runs that branch since Nidhi became Postmistress for **Epsom** in July 2017.

Postmistress, Nidhi Prasahar, said: "I loved serving the people of Oxted, but there was suddenly an opportunity to take on a bigger, busier, branch as well at Epsom, so Anil now runs Oxted branch. First Epsom was temporarily based at Epsom & Ewell Town Hall to restore service to the town, then I opened my permanent branch and card and gift shop in the High Street in February 2018.

"I get on really well with my customers in Epsom too. Thankfully I'd just got settled before Covid struck, but that was strange as many businesses in the high street were closed, so those customers were not around. However, other people who would normally have been commuting to elsewhere, were suddenly working from home and visiting my Post Office, so there were lots of different customers to get to know. People were grateful that Anil and I were able to keep both Oxted and Epsom branches open."

Last year Nidhi was filmed at Epsom branch as part of an episode of Stacey Solomon's Sort Your Life Out programme. A local family had their home de-cluttered and they came across lots of different foreign currencies, which was then converted into useful sterling at her Post Office. Many of her customers immediately recognised her from the programme.

Nidhi, said: "I love being a postmistress. It's the people that you meet that make it so great. There aren't many jobs where you have this great interaction with people. People come in regularly and you build up a relationship. Customers become like extended family."

"In Oxted there are no banks left and we meet the banking needs of the community – so it's non-stop banking customers. In Epsom there are lots of banks and building societies, but we are open longer hours than all of them, so for some customers they find it more convenient to come here."

At Oxted and Epsom customers also have the choice of DPD and Evri services in addition to Royal Mail and Parcelforce mail services.

Post Office Area Manager, **Richard Wilder**, presented Nidhi with a 30 Years' Long Service Award. He said: "I want to thank Nidhi for being a first class Postmistress in Surrey for 30 years. Nidhi and Anil provide great customer service and they really care about the people that they serve in Oxted and Epsom. Both branches look great too with the retail alongside."

The Post Office.

Epsom MP cuts ribbon of new nursery

18 February 2024



Children at a new nursery welcomed MP **Chris Grayling** who cut the ribbon to officially open the new provision at an Epsom school.

The **Vale Primary School** now offers a curriculum for two to 11-year-olds and its nursery already has 23 children on the roll with more joining in the spring.

Mr Grayling, MP for Epsom and Ewell, joined **Julian Drinkall**, CEO at GLF Schools, in cutting the ribbon to officially open the nursery on Wednesday 7 February.

"I was delighted to be invited to attend the official opening," said Mr Grayling. "The additional nursery places will support the government's expansion of childcare support to working parents and offer the local community free, funded 15 and 30 hour early years places for two, three and four-year olds. It is clearly going to be a really happy nursery," he added.

The school is a member of the GLF Schools Multi-Academy Trust which has a strategy to promote school readiness by ensuring as many as possible of its primary schools can cater for children aged from two to 11 with a school-run nursery on site.

Sarah Leyland and **Cathy Browne**, co-heads at The Vale, said they were both very proud of the hard work and community collaboration which has seen the creation of 'such a positive environment for our young children.'

To add to the celebration aspect of the event, a specially made cake depicting the school logo and an array of cupcakes were made by a former parent of the school.

"I am delighted for our community and the parents and carers with us today that GLF can offer this new nursery provision. GLF's nursery strategy emphasises the importance of ensuring our youngest children have access to high quality early education and being ready to start school," said Mr Drinkall.

"It was clear today that our new nursery at The Vale Primary School is quickly becoming an integral part of the local community and provides local families with the opportunity to access a new and exciting two-11 curriculum."

The nursery will be holding an open morning on Wednesday, March 6 and Friday, March 8 and visits can be booked at the school on 01372 273639 or via info@thevaleprimary.org

The Vale Primary School website also has details on how nursery funding is changing and how parents can apply for funded places for 15 hours childcare for two-year-olds. More details on www.thevaleprimary.org



Ada of Surrey inspires big AI project

18 February 2024



Drawing inspiration from **Ada Lovelace**, who resided in Surrey, a computing pioneer and translator who overcame societal barriers in the 19th century, the "ADA network" based at **Surrey University** aims to usher in a transformative era of AI research focused on digital inclusion.

Augusta Ada King, Countess of Lovelace (*née* **Byron**; 10 December 1815 – 27 November 1852) was an English mathematician and writer, chiefly known for her work on Charles Babbage's proposed mechanical general-purpose computer, the Analytical Engine. She was the first to recognise that the machine had applications beyond pure calculation. In 1835, she married the first Earl of Lovelace, becoming Lady King. They had a home in Ockham Park, Surrey.

The **University of Surrey** has been granted a multi-million-pound award from the **Leverhulme Trust** to spearhead a groundbreaking initiative aimed at ensuring equitable access to artificial intelligence (AI)-powered digital media. This ambitious project, named the Leverhulme Doctoral Scholarships Network for AI-Enabled Digital Accessibility (ADA), will receive a grant of £2.15 million over eight years.

Professor **Sabine Braun**, ADA Director at the University of Surrey, emphasized the importance of digital media accessibility, stating that it is pivotal for engaging with various aspects of life, from public information to entertainment. The ADA project aims to leverage AI technology to make digital content accessible to individuals of all ages, languages, cognitive and sensory abilities, and physical mobility.

In today's digital landscape, interacting with digital content involves complex sensory inputs. However, accessibility issues arise when individuals cannot access content in their preferred language or format. While traditional methods like text subtitles or simplified versions have been used to address these challenges, the sheer volume of digital content necessitates AI-driven solutions.

The ADA project seeks to advance AI-driven accessibility solutions by integrating insights from the humanities and social sciences to better understand user needs.

The Surrey Institute for People-Centred AI (PAI) will host the ADA project, aligning with its mission to advance AI from a human-centric perspective. The project will draw expertise from three renowned research centers at the University of Surrey: the Centre for Translation Studies (CTS), the Centre for Vision, Speech and Signal Processing (CVSSP), and the Nature Inspired Computer and Engineering Research Group (NICE).

CTS will contribute expertise in language and translation technology to improve media accessibility, while CVSSP will leverage its world-leading AI and computer vision capabilities. NICE will provide specific expertise in knowledge-driven AI and machine translation for under-resourced languages.

Professor **Adrian Hilton**, Director of PAI and CVSSP, highlighted ADA's vision to establish a hub for high-quality research training in AI-enabled digital accessibility. By collaborating with Surrey's Digital World Research Centre (DWRC), Digital Societies, and Brain and Behaviour research groups, the ADA project aims to drive meaningful advancements in AI accessibility, ensuring that media services are accessible and inclusive for all individuals and society.

Image: Daguerreotype by Antoine Claudet and Surrey University's newest lab that has 200 machines which are each equipped with a Nvidia Quadro P4000 Graphics Card: useful for intensive jobs that require multiple cores in areas such as data science, AI and deep learning.

Dementia nurses coming closer to Epsom

18 February 2024



Dementia UK, the specialist dementia nursing charity, in partnership with Leeds Building Society, is launching free face-to-face 'Closer to Home' clinics to provide life-changing support to families living with dementia in **Epsom**.

The clinics will be held in the **Epsom branch** of Leeds Building Society, bringing emotional and practical support closer to families with dementia through the charity's specialist dementia nurses, known as Admiral Nurses. Dementia UK's Closer to Home clinics will run on 28th and 29th of February and the 5th, 6th and 7th of March 2024.

The face-to-face clinic will offer a safe, comfortable, and private space for families to discuss any aspect of dementia and receive the specialist support of Admiral Nurses. Between June 2021 and December 2023, over 4,000 families have been helped through Dementia UK's 'Closer to Home' clinics, and the charity has partnered with Leeds Building Society to offer in-person support across the United Kingdom since 2022.

Nationwide research conducted by Dementia UK into the impact of dementia revealed that nearly half (47%) of people in the South East of England have been affected by dementia, and 51% of people in the region are worried about how a diagnosis would affect their relationships with family and friends. Only 16% of people in the South East have heard of Dementia UK's specialist Admiral Nurses.

In April 2020, Dementia UK and Leeds Building Society announced a four-year partnership to raise £700,000 to help over 2,500 families with dementia across the UK. As part of this partnership, the innovative 'Closer to Home' project was also launched in June 2021, to improve access to dementia care and support.

The partnership's initial target of £500,000 has now been exceeded. Thanks to this, Dementia UK has been able to develop and deliver virtual appointments with specialist dementia nurses for an even larger number of families and individuals.

Hannah Gardner, Admiral Nurse at Dementia UK, said:

"We're proud to bring our Closer to Home project to Epsom to offer specialist face-to-face clinics in the area. We know the difficulties that families in Epsom and the surrounding area often experience. We know that dementia doesn't just affect the person with the diagnosis: families, friends, and carers are also impacted."

"Dementia is a huge and growing health crisis - someone in the UK develops dementia every three minutes. This means it's more important than ever for us to reach families and offer one on one support from our dementia specialist Admiral Nurses. From worries about memory problems to understanding a dementia diagnosis and how the condition progresses, we will be providing practical and emotional advice on caring for someone who lives with this progressive condition, along with giving advice on financial and legal issues."

Richard Fearon, CEO of Leeds Building Society, said:

"Dementia UK was voted as our charity partner by our members and colleagues, and we are thrilled to have raised over £700,000 for them, exceeding the



£500,000 fundraising target we set ourselves at the start of this partnership."

Dementia UK's Closer to Home clinics will take place in Epsom on the 28th and 29th of February and the 5th, 6th and 7th of March 2024.

To book a confidential and in-person appointment with an Admiral Nurse, visit dementiauk.org/closer-to-home
dementiauk.org

Surrey boost for mental health includes Epsom

18 February 2024



Surrey County Council has announced a significant investment of £3.6 million from the Mental Health Investment Fund (MHIF) into 13 innovative, community-focused projects. This allocation follows a previous grant of £530,000 in 2023 to 9 projects. The overarching goal of these initiatives is to bolster emotional well-being, with a dual focus on preventing poor mental health and providing support for those already grappling with mental health challenges.

The MHIF operates in collaboration with Surrey Heartlands Health and Care Partnership.

The 2019 Surrey Health and Wellbeing Strategy guides the allocation of MHIF funds, emphasizing the reduction of health inequalities and targeting specific groups and neighbourhoods. The MHIF focuses on prevention, dismantling barriers, and empowering individuals to proactively improve their emotional health and well-being.

Mark Nuti, Surrey County Council Cabinet Member for Health, expressed delight in the diverse allocation of the second round of funding. Spread across all 11 districts and boroughs of Surrey, the funds support a range of organizations employing innovative, community-focused approaches to address mental health challenges.

In the table summarizing mental health projects in Surrey, here are the projects targeting Epsom and Ewell and frequently the Court Ward area in Epsom in particular, among other areas in Surrey.

Emerge Advocacy

Supports people aged 10-25 who are in A&E because of self-harm, a suicide attempt or emotional crisis, 7pm - 11pm when many other services are closed, and hospital staff are very busy. The MHIF funding will allow Emerge to expand their post hospital follow up support so that young people and their families do not have to endure long waits for support during their most vulnerable moments. Emerge Advocacy runs Emerge projects in the Royal Surrey, Epsom, Frimley and East Surrey hospitals.

Other projects involving Epsom and Ewell include:

Barnardo's Paediatric Parenting Service

- **Target District:** Court in Epsom
- **Description:** Barnardo's will provide support to parents/carers of children under 6 years old, diagnosed with autism and/or ADHD, in key neighbourhoods, including Court.
- **Funding:** £409,609
- **Duration:** 2.5 years

PAPYRUS: Prevention of Young Suicide

- **Target District:**
 - Year 1: Court in Epsom
- **Description:** PAPYRUS aims to expand its impact in Surrey schools through various initiatives, including direct intervention in specific neighbourhoods.
- **Funding:** £139,834
- **Duration:** 2 years

YMCA: Step Forward

- **Target District:**
 - Epsom and Ewell
 - Hooley, Merstham, Netherne, Tattenham Corner, Preston, Horley Central and South, Redhill West, Wray Common
- **Description:** Step Forward addresses the gap in service provision for young adults with poor mental health, including those in Epsom and Ewell and surrounding districts.
- **Duration:** Not specified in the provided information

These projects aim to provide various forms of support, from inclusive wellbeing coaching to parenting services, suicide prevention, and support for young adults, specifically in the mentioned districts of Epsom, Ewell, and Epsom Court.

Robot puts study at home pupil in the classroom

18 February 2024



One pupil at a Surrey primary school has been utilising virtual technology to help her keep-up with learning by sending a robot into class.

The robot is controlled by the pupil, and gives her the opportunity to be with her friends and classmates even though she cannot be in school physically.

Cuddington Croft Primary enlisted some cutting-edge technology when a Year 5 pupil was forced to take several months off school due to serious illness.

To enable Alexia to continue her studies remotely, the school arranged for an AV1 robot to attend lessons in her place, allowing the youngster to join her classmates virtually.

"The robot was on a table at school, and when Alexia was on, it would 'come to life', and its head could rotate to see the classroom," said **Mike Skelton**, Head Teacher at Cuddington Croft, part of the GLF Schools Multi Academies Trust.

"The aim of the AV1 was to help the pupil to attend lessons while they were unable to be there in person," explained Alexia's teacher, April Riley. "It's been brilliant at making that connection between the pupil and the class. It's mainly for them to join in, listen to the lessons, and still feel part of the class."

"The first few times the pupil came online it was very exciting, and the other children were interested to see how it moved and when the eyes changed et cetera. However, it didn't take much time before it started to feel normal."

"What's great is that they can log on and show off their learning and their work," she continued. "That made them feel like they had done their part, and I think that sense of achievement was really important."

"We had a great example of this in our last English unit where everyone had to read a speech. The pupil came online and read their speech through the AV1, and everyone cheered afterwards."

The portable robot was provided with the help of the **Surrey County Council** Access to Education Team.

"I really love my robot, as I can join in with the lessons in class with my friends and my teacher, and interact with them," said Alexia, who is currently making a phased return to school. "It also makes me feel like I am in the classroom with everyone and lets me see everyone without being seen, as sometimes I don't feel well."

"It allows me to answer questions and to change the colour if I don't feel well but still want to listen into the lesson. Then my teacher knows I am there but might not 'put up my hand' to answer questions."

"I prefer to be in class, but sometimes that's not possible because I am not well, but it still helps me to feel included in the class."

"This technology allowed a child to feel included within her class during the toughest period of her and her family's lives," added Mr Skelton. "It added a sense of normality and togetherness that could not have been achieved through sending work home."

Epsom youth show a taste for cooking

18 February 2024



On Saturday, 3rd February, three candidates from Epsom participated in the District Young Chef Competition held at Merton College for Rotary Young Chef, along with approximately 14 others from areas including Kingston, Redhill, and Morden.

While negative messages about the state of young people, crime, and issues are often heard, witnessing what took place gives us hope that there are many young, decent individuals who will grow up to become assets to our community. Let's sing their praises!

The participants in the competition had two hours to prepare a healthy two-course meal. The quality of the food by all the young people was amazing, ambitious, tasty, and demonstrated a passion for food.

The day was made even more special by Emma from Rosebery School, who also took part in the local competition recently and was awarded first place for her outstanding salmon dish.

Emma will now move on to the regional round in Hampshire to cook once more. We, of course, congratulate Emma on her outstanding achievement and wish her the best of luck in the next competition.

Thanks also go to Joe from Epsom Rotary, who organized the local competition and is supporting our candidate through to the next round.

Epsom Rotary.

Petition to reclaim Horton Cemetery from property speculator

18 February 2024



The trustees of the Epsom charity **The Friends of Horton Cemetery** have appealed to the public to sign an [online petition](#) on [change.org](#) that calls for Europe's largest asylum cemetery to be returned to the community. In a bizarre decision in 1983 the Epsom five acre resting place of 9000 patients was transferred by the NHS to a property speculator. Norman Fowler was the Conservative Secretary of State for Health at the time. The property speculator was a darling of the privatisation movement having been the first to obtain and "rejuvenate" Council tower-blocks. A former local Councillor serving Epsom and Ewell at the time recalls no efforts to transfer the Cemetery to the Council, despite it being in law the "burial authority".

It has been neglected ever since with no planning application ever being submitted by the owner. Why he holds on to it is a mystery to the trustees of the Charity. According to Lionel Blackman, the Charity's secretary and local solicitor: "Mr Heighes, who owns Marque Securities, has never replied to any of our correspondence seeking a dialogue about the future of the Cemetery. In my opinion only a special Act of Parliament could allow the Cemetery to be used for any purpose other than a Cemetery. Even using it as "amenity woodland" would be a breach of its recognised planning status."

The Charity's volunteers continue to research and publish on the [Charity's website](#) the lives of those buried in the Cemetery.

Image: Horton Cemetery in 1952. Well maintained like this until sold in 1983

Complementing this work are the initiatives of the Surrey History Centre (SHC):

Glass slides of patients at the Manor Hospital, Epsom

Did you know that SHC holds a sizeable collection of glass plate negatives, yet to be identified, of male and female patients at The Manor Hospital, Epsom.

A project is currently underway to digitise, identify and catalogue the loose negatives of male and female patients in 6317/3/- that date from the 1890s to the 1910s. They are a fascinating and moving portrait of the men and women who were admitted to the Manor Hospital, and a valuable resource for anyone researching individual patients or generally interested in the history of mental health treatment in the late 19th to early 20th century.



The first stage has now been completed, comprising 79 high resolution digital photographs of male patients, and thumbnail images have been added to the online catalogue (6317/3/-), see <http://tinyurl.com/55sasppx>.

As well as identifying the patient name and hospital number, importantly the catalogue entries include a cross-reference to the relevant case book in Surrey History Centre reference 6282/14/-. The case book entries, which provide a detailed account of the patient's illness and treatment, also include a photograph of the patient, and this has enabled us to match and identify the glass negatives.

For the next stage, there is one more box of slides of male patients to complete, and we'll then continue with the larger collection of female patient slides.

For more on the history of Manor Hospital, see the Exploring Surrey's Past website.

Was your ancestor in an asylum? This talk traces the history of the care of people living with mental illness or learning disability from the 18th century through to the 1990s. Using the records of Surrey's earliest private asylums, county institutions at Springfield, Brookwood and Netherne, charitable foundations like Royal Earlswood and Holloway Sanatorium and the 'Epsom Cluster' of Horton, Long Grove, The Manor, St Ebba's and West Park, it traces the history of mental health care in Surrey, and uses medical records to uncover the hidden stories of individual patients, including some from Hampshire. It draws on photographs and other records rescued when these vast hospitals finally closed to explore daily life in a psychiatric institution over the course of three centuries.



Tracing the History and Experiences of Our Asylum Ancestors, 1700-c1990

26 February 2024, 6pm to 7pm Online

A talk by Julian Pooley for Hampshire Archives & Local Studies

This talk will take place online, 6.00 to 7.00pm Tickets £6.00. For further information and to book visit:
Hampshire County Council (hants.gov.uk)