Plea ahead of doctors' strikes round 5

The number of postponed appointments on strike days has now topped 10,000 at one hospital group – and with a fresh wave of industrial action on the horizon, that figure is set to rise further.

Junior doctors at St George's, **Epsom and St Helier University Hospitals** and Health Group will join colleagues across the country on strike from **7am on Friday** until **7am on Tuesday**.

It is the fifth time they have done so this year and – coupled with a consultants' strike last month – has resulted in 10,051 appointments, procedures, and operations being rescheduled to ensure emergency care can be prioritised.

The **British Medical Association** explains the reasons for the strikes: "While workload and waiting lists are at record highs, junior doctors' pay has been cut by more than a quarter since 2008/9. Junior doctors and their patients need change now.

A crippling cost-of-living crisis, burnout and well below inflation pay rises are driving hard working doctors out of their profession, at a time when we need them more than ever.

In 2022, junior doctors were offered an insulting and well below inflation pay rise of 2%.

No-one can be expected to stay in a high pressured job where your earnings are being eroded year on year. That's why we are calling on the Government for full pay restoration."

This makes it all the more important that people who do have an appointment continue to attend, unless they have been asked not to. Patients whose appointments have been rescheduled will be contacted directly.

Dr **Luci Etheridge**, Chief Medical Officer for St George's University Hospitals NHS Foundation Trust, said: "Our message remains the same as it always has: if you need care, please continue to come forward. That means if you have an appointment and you haven't heard from us you should still come in, and if it's life-threatening you should visit an emergency department or call 999.

"But if you have an appointment and you can no longer make it, please let us know so our frontline doctors and nurses can use their time more effectively to treat other patients and work to reduce our waiting lists."

The hospital group saw extraordinary demand earlier this summer – including the busiest day ever in its emergency departments and a busier-than-usual June.

NHS 111 online should always be the first port of call when you have a health need that's not an emergency, as it will direct you to the best place to get help for your symptoms.

Pharmacies, meanwhile, can offer advice and over-the-counter medicines for a range of minor illnesses, such as coughs, colds, sore throats, and aches and pains. Some pharmacies will be open at weekends, and you can find your nearest one here: https://www.nhs.uk/service-search/pharmacy/find-a-pharmacy

In a life-threatening emergency, you should always call 999 or go to an emergency department.

Dr **Beccy Suckling**, Chief Medical Officer for **Epsom and St Helier** University Hospitals NHS Trust, said: "Earlier this summer it was very busy, and more recently we saw an increase in very unwell people coming to hospital. This, as you would expect, has put a strain on our services.

"We always prioritise our sickest and most seriously ill patients – and that means that those coming to our emergency departments when it is not as urgent will experience longer waits, and may be redirected elsewhere. Please help us when it is not an emergency by using NHS 111 online first."

If you need mental health support in a crisis, and live in Kingston, Merton, Richmond, Sutton or Wandsworth you can call South West London's 24/7 Mental Health Crisis Line on 0800 028 8000. There's more information about this service here: https://www.swlstg.nhs.uk/patients-carers/crisis-support/mental-health-support-line

For adults, young people, and children in Surrey and North East Hampshire, 24-hour support is available by calling: 0800 915 4644. There's more information here: https://www.sabp.nhs.uk/our-services

Epsom's UCA tips for A-level expectants

It's almost A-Levels results day and at the **University for the Creative Arts** (UCA) in Epsom we know there are many students who haven't decided what degree they want to undertake.

According to the government's Creative Industries Sector Vision, the plan is to grow these industries by £50bn and support an extra million jobs by 2030, there is no better time for students to consider a degree in the creative industries, whether that's the arts, business, or technology.

Creative degrees can open doors to careers not previously considered, provide adaptable and future-proofed skills employers are looking for, and in many cases, help young people discover more about themselves and build their confidence.

Sarah Clark, Pro Vice-Chancellor at UCA, has this advice to students and parents navigating the clearing process:

"You've got this - don't panic. Take the time to think about what you want from your course, transferable skills, workplace experience, real-world knowledge and what you want from your university experience, an open-minded community, fun, opportunities to create, or feeling like a name not a number.

Unleash your creative potential. It's fine to change your mind about what you want to study. At UCA, we consider more than just grades – we want to know about your passions, your personality, and creative interests.

Think bigger and keep an open mind. If you want to pursue a creative career you might be surprised by the range of creative courses on offer such as, Games Design, Modelmaking, Digital Fashion, Crafts, Virtual & Augmented Reality.

Start prepping now. Google universities and courses, arrange an in-person campus tour, follow their social media channels, and make a start on putting together a portfolio of work, just in case – UCA's blog has some top tips on this.

Contact someone and ask questions. If you're curious about a course, contact the university through their website or social channels and ask questions. There's no commitment and you might just learn something from the way they respond. You might also want to get second opinions from your tutors, friends, and family."

McKenna Marsden, a BA (Hons) Fashion graduate from UCA Epsom added: "UCA is one of the best fashion schools in the country, I loved the place. It gave me a sense of excitement, developed my garment construction and pattern-cutting skills, and tools to develop in my career - I couldn't be happier with my experience here".

When you choose to study a degree, you'll be stepping into more than a games design studio, lecture theatre, print lab or architecture workshop – you'll be stepping into a lifetime of learning and opportunities, so do your research and choose a course that speaks to you.

UCA.

Epsom scouts on Korean jamboree

Scouts from across Surrey, including Epsom and Ewell, arrived in South Korea for the 25^{th} World Scout Jamboree being held from August 1^{st} – 12^{th} 2023. The Jamboree is a two-week event holding significant historical value as the first Jamboree dates back to 1920. Scouts from 150 countries across the globe come together once every four years to promote unity, community and togetherness.

This year the event is hosted in Gunsan-si, South Korea and it is the second time in the country as the 17th World Scout Jamboree was held in the country back in 1991. Festivities kicked off from August 1st and will end on the 12th. During this time, young scouts will bask in skill development, learn new skills, experience new cultures, and make international bonds with fellow scouts who may not share the same mother tongue but hold the same values as one another.

Those heading to the Jamboree will also have the amazing opportunity of exploring Seoul for three days and also embark on the popular Demilitarized Zone (DMZ) tour - where they will see the original demarcation line between North Korea and South Korea.

Scouts from Surrey and 5,000 other members across the UK, have joined over 40,000 scouts from almost every country in the world this year. Many Scouts spend years looking forward to this event as only Scouts ages 14- to 17 are eligible to apply for the

Jamboree. Participants are selected two years ahead of the event so the Scouts can focus on their fundraising skills to fund their trip. Adults are also entitled to join the Jamboree as scoutmasters or event staff.

The Jamboree is a one in a lifetime opportunity for young scouts. These young people do not only gain practical skills but also make bonds for life, connected by one thing - Scouting.

As has been widely reported in the national media a heat-wave disrupted the Jamboree but still Epsom Scouts feel positive about the experience:

Ben, from **Epsom & Ewell district**, said: "Although the event was cut short I feel incredibly lucky that I got to experience a camp of that scale with that amount of diversity and culture and even though I am gutted the Jamboree experience is over I think the skills, memories and friends we have all gained from this once of a lifetime experience will stay with us forever."

Chief Scout **Bear Grylls** said: 'Scouts from all corners of the UK are travelling over 12 hours to South Korea for the 25th World Scouts Jamboree. This year five thousand talented young people from the UK and 40 thousand from over 150 countries across the globe will come together to take on new adventures, make lifelong friendships and experience this once in a life time opportunity. This year is extra special, as it will mark the 100th anniversary of the Korean Scout, a milestone we will all be able to celebrate together at the 2023 World Jamboree.

'The theme of the Jamboree this year is to "Draw your Dream", representing our willingness to accept young people's ideas and opinions, and create an opportunity for them to make their Jamboree dreams come true.

I'm so proud to be a part of a movement that puts young people first by helping almost half a million people develop skills for life."

Neil Wibberley

Commemorating a dedicated local Councillor

On Tuesday 31st July a small group of Cuddington residents gathered at the lawn behind the GP surgery in Shadbolt Park to commemorate the tragic death of **Clir Rob Foote** on July 31st 2021. Rob was a volunteer race Marshall based at Goodwood and he had volunteered to be a trackside race Marshall at Brands Hatch on that Saturday in 2021. Two cars collided on a bend and one was sent hurtling into Rob's trackside hut. He was killed instantly. He had recently suffered the loss of his wife Rosemarie, after a long fight against cancer and he was slowly getting his life back together helping in the sport that he loved.

Rob was a ward councillor in Cuddington for 18 years and he and his wife were Mayor and Mayoress in 2014-15. The small ceremony was attended by Deputy Mayor Cllr Steven Bridger and his wife Carol together with Cuddington ward councillors Kim Spickett and Phil Neale, RA Chair Wendy Leveridge, RA treasurer David Eames and many local residents.

The bench was donated by Rob's family in Bristol.

Image from left to right - Brian Angus, former mayor and close friend of Rob & Rosie, Deputy Mayor Cllr Steven Bridger and Deputy Mayoress Carol Bridger, Cllr Phil Neale, David Eames-treasurer of Cuddington RA, Wendy Leveridge-chair of Cuddington RA, Cllr Kim Spickett, stand up image of Rosemarie Foote, Margaret Angus and stand up image of Rob Foote.

Cllr **Phil Neale** welcomed the residents, friends and colleagues of Rob And Rosemarie Foote saying "We thank the Deputy Mayor and Mayoress for representing the Borough at this event and to you all for attending this simple ceremony to mark the second anniversary of the tragic accident on Saturday 31st July 2021 when Rob was killed at Brands Hatch racing circuit whilst volunteering as a safety marshall at the trackside. The whole of the sport, that weekend, recognised the dedication and sacrifice that Rob had made for their sport and spontaneous donations totalled more than £60,000 which went to providing a safety minibus stationed at the Goodwood racing circuit, where Rob was a member of the Safety Marshalls' Club."

The memorial bench installed in **Shadbolt Park** by Epsom & Ewell BC was donated by the Rob's sister, **Sheree Foote**, which along with a memorial oak tree planted last year will stand as a lasting symbol of the dedication and work that both Rob and Rosemarie gave to the borough in the eighteen years that he was a councillor and mayor and mayoress in 2014-15.

Epsom's child-play hobbled by e-coli

The popular adventure park off Horton Lane in Epsom known as **Hobbledown** has temporarily closed. This follows reports by the UK Health and Security Agency that three children who had visited the park had developed symptoms consistent with STEC (Shiga toxin-producing Escherichia coli)

Most E. coli strains do not cause disease, naturally living in the gut, but virulent strains can cause gastroenteritis, urinary tract infections, neonatal meningitis and other conditions.

Nick De Candole, the owner, published a statement on the business's website as follows:

"We have been informed by health authorities of a very small number of cases of an E. coli infection in individuals who recently visited the Park. After learning of this we immediately and voluntarily closed the Park as a precaution.

We are in close contact with Epsom & Ewell District Council Environmental Health team and also the UK Health Security Agency and co-operating fully with both on their respective investigations.

I have written to everyone who visited between 11 and 27 July to inform them of the situation and included with this a letter from the UKHSA with further information and guidance.

We are offering those who have booked to visit while we're closed options to reschedule or a full refund, plus 50% off next visit.

I can assure everyone that the wellbeing of visitors to Hobbledown is our absolute priority and we do everything in our power to keep guests safe. We look forward to welcoming everyone back soon."

Epsom and Ewell Borough Council advises "The symptoms of STEC, which include diarrhoea and stomach cramps, usually resolve themselves over a few days, but can occasionally lead to more serious outcomes. If you or someone in your family are showing symptoms of STEC, including bloody diarrhoea, and have visited the farm since 12 July, please contact NHS 111."

Personal injury adviser Claire Glasgow of law firm Field Fisher explains why E.coli must be taken seriously. "Several children involved in past claims for damages for negligent exposure to the E.Coli O157 bacteria subsequently developed HUS (haemolytic uraemic syndrome). HUS can lead to very serious complications including high blood pressure, heart failure, kidney failure, diabetes, seizures, neurological damages, coma, and, in severe cases, brain damage.

"An additional concern for the families involved is the uncertainty of the impact of the infection on their children as they grow up. At the very least, they face regular and ongoing hospital tests and live under the stress of potential long-term health problems."

Urning a big profit on rare Epsom find

A young Epsom couple will be making a large donation to charity after the miniature vase they purchased in an **Epsom** charity shop for £2.50 sold this weekend at auction for £6300.

The beautiful black Japanese cloisonne 4-inch-high vase by Namikawa Yasuyuki, featuring a cockerel, hen and chicks was created during the late 19th century. The same technique was used to create the taller red vase shown, which I purchased from the Debra charity shop in Ewell Village a few years ago.

Whilst charity shops, like Debra in Ewell and the one in Epsom the young couple visited, are always on the lookout for Asian treasures, due to the profitable Chinese and Japanese antique markets, work of the quality of Yasuyuki rarely finds its way onto the bric-a-brac shelves of charity shops; so it is not difficult to understand how the fine detailed cloisonne work was overlooked and perhaps mistaken for a transfer print. Note how different the red Debra charity shop Japanese cloisonne vase looks to the young Epsom couple's find.



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Cloisonne is the technique of creating designs on metal vessels with coloured glass paste which is placed within enclosures made of copper or bronze wires attached to the vessel. Then the vessel is fired in a kiln at a temperature of about 800C.

Although there were markings on the base of the black cloisonne vase, it would have taken an expert to understand the significance of these, which is why the young Epsom couple contacted Canterbury Auction Galleries who succeeded in selling the much sought after vase today. The auction house had sold a larger vase by Yasuyuki for £29,000 in April 2019.

The Epsom couple that found the Yasuyuki cloisonne vase have generously pledged to make a large donation to the Epsom charity shop they purchased the vase from.

The finders intend to treat themselves to a well-deserved holiday with the remaining sale proceeds.

DEBRA was established in 1978 by Phyllis Hilton, whose daughter Debra had epidermolysis bullosa (EB), as the world's first patient support group for people living with EB. Epidermolysis bullosa is the name for a group of painful genetic skin conditions that cause the skin to become very fragile and tear or blister at the slightest touch.

The local branch can be found at 78 High St, Ewell, Epsom KT17 1RE



Top photo background image: cc. Remi Mathis (auction illustration, not the real one).

Nonsuch girls solving tomorrow's problems

Samsung Electronics Co. (UK) Ltd has revealed today the winners of its third Solve for Tomorrow: Next Gen Competition, with a refreshed set of resources for 2023 on the theme of inclusivity.

593 secondary schools across the UK and Ireland signed up to receive free online resources including an interactive video tutorial to help inspire the next generation of innovators. Through the lesson, students aged 11-15 learn the basics of Design Thinking and receive insight into creative STEM careers such as design and marketing.

Samsung colleagues also volunteered their time to support with delivering the lesson in schools, judging entries and answering questions about their career. Students then entered their tech-for-good ideas to help design a future where everyone belongs into the Solve for Tomorrow: Next Gen Competition.

Dimanya, Dora and Marina from **Nonsuch High School for Girls**, (located Ewell's borders) were awarded 1st place in the 13-15 category with 'Signify', an app that helps people with hearing impairments by educating the public about sign language and how to communicate considerately with this community.

In the 13-15 age category, the runners-up were Ella, Mischa and Saliha from Nonsuch High School for Girls – awarded 2nd place for their app 'Beaumatch' to help people with darker skin tones find their right match of makeup, haircare, and skincare.

Commenting on the competition, Soohyun Jessie Park, Head of Corporate Social Responsibility at Samsung Electronics UK, said: "The calibre of ideas that our Solve for Tomorrow: Next Gen participants come up with is mind-blowing, proving world-beating innovations really can come from anyone and anywhere. We were thrilled to receive over 1,000 ideas from across the UK and Ireland this year and will continue to find new ways to support our next generation of innovators. Technology is a brilliant enabler of solutions to many of the issues our world faces, and the entries we receive show that young people are maximising their imagination and learning in abundance."

About Solve for Tomorrow

Solve for Tomorrow originally launched in the US in 2010 and has since seen more than 2.3 million students take part from over 55 countries, in a quest to use technology as a force for good. Every year, the competition is open to young students from all backgrounds with no experience or qualifications needed, empowering the next generation of creators and innovators to imagine a better world, thinking about ways technology can solve some of society's biggest issues.

Less disability by independent living in Surrey

Purpose-built housing to support people with learning disabilities or autism to lead active and fulfilling lives in the community has been given the go-ahead at three Surrey sites.

Backed by investment of £24million, the three developments – planned for Horley, Byfleet and Cobham – will between them provide housing for 44 residents who will be supported to gain independence and daily living skills.

Planning permission has been granted for the three sites and with Morgan Sindall Construction now lined up to build them, construction is expected to get underway early next year.

The three supported independent living developments – at the site of the former Manor School in Byfleet, the former Coveham Hostel in Cobham and the former Horley Library – are expected to be ready in 2025 for tenants to move in.

The county council is aiming to reduce reliance on traditional residential care for residents with learning disabilities or autism, or both, and is also considering other potential locations for supported independent living. As well as earmarking sites on its own land, the council is working with independent care providers to further boost available specialist housing.

Mark Nuti, Surrey County Council's Cabinet Member for Adults and Health, said: "With a building contractor and planning approvals now secured, we've reached a significant milestone on our way to developing the first three of our planned new housing schemes for people with support needs so they can enjoy a better quality of life.

"With support from trained staff, residents will be able to take control, make choices in their everyday lives, access more

opportunities and play an active part in their communities, whether through volunteering, paid work or other activity of their choosing."

Guy Hannell, Area Director for Morgan Sindall Construction in the Southern Home Counties, said: "We're looking forward to continuing our collaborative relationship with Surrey County Council by delivering this batch of three supported independent living developments. Having recently completed several education projects alongside the county council, I know we share a strong commitment to sustainability and achieving high-quality environments that enhance local communities. This is illustrated by the use of our digital carbon assessment tool Carbonica, which allows us to carefully analyse a project's carbon emissions and ensure that we're creating an efficient building design that will provide accessible, futureproof spaces.

"Not only will we be bringing our experience of delivering award-winning residential developments in the South East to this project, but the innovation and insights gained from creating these facilities will inform Surrey's future programme of supported independent living housing."

Architects' images show how the three housing developments could look. They will be homely rather than institutional and include shared spaces such as landscaped gardens. Support workers will provide care and support tailored to people's needs.

Each development will comprise self-contained one-bedroom apartments. Two developments, in Horley and Byfleet, will also include, for those who would prefer a group living environment, five-bedroom shared houses. Tenants will be able to make choices about their living arrangements.

The accommodation is part of a wider Surrey County Council programme to enable older people and others with care and support needs to live independently in the community knowing that care is close at hand. It includes:

- Extra care housing plans for 725 new homes across a number of Surrey sites which will give older people the freedom and independence of their own front door and the reassurance that care is on hand if they need it
- New short breaks accommodation two new purpose-built short breaks centres to give adults with learning disabilities or autism, or both, a change from their daily routine and their families a break from their caring roles
- **Mental health needs** new supported independent living accommodation for people with mental health needs which for some would be a permanent base and for others a shorter stay, to avoid a hospital admission or until they recover

UCA expands at its roots

Local councillors from the borough of Epsom and Ewell have granted the University for the Creative Arts (UCA) Epsom planning approval to change the use of two centrally located buildings for educational purposes.

The Wells Building on Church Street and Parkside House on Ashley Road signify an expansion of UCA's estate, providing more than 40,000 square feet of additional space and delivering high-quality teaching, learning and social spaces.

The building on Church Street marks a return to UCA's roots, as it is adjacent to no. 1 Church Street, which was previously home to Epsom Technical College and School of Art, its predecessor institution.

Investment in the buildings' construction and reconfiguration is likely to reach around £13 million.

By utilising existing office buildings close to its Epsom campus, UCA will be able to deliver these retrofitted spaces rapidly, in an environmentally friendly way and with minimal disruption to the community, student and staff experience.

The projects will also enhance collaboration with Epsom and Ewell Borough Council, the local community, and residents as the new buildings will provide opportunities and spaces for creativity and innovation and blaze a trail for greater engagement in the town's activities.

UCA's Chief Operating Officer, Mark Ellul, said: "This is a massive step forward in growing our Epsom campus and building on our global reputation as a centre for Fashion & Textiles and Business School for the Creative Industries.

"We must have facilities and functions in place for us to deliver the very best creative education and adding two new buildings to our estate will create a creative learning environment that is fit for the 21st Century."

Works will commence later this year and the plan is to occupy the buildings in 2024/25.

Emma Cook UCA

Reviving nature by the M25 in Leatherhead

A £2.8million grant has been awarded to a wildlife charity as it aims to fulfil its founder's last wishes. The **Wildlife Aid Foundation**, based in Leatherhead, was founded 40 years ago by **Simon Cowell**.

The money, which **Surrey County Council**'s cabinet approved today (Tuesday 25th July) will be used to build a community hub for hosting school, college and community groups, as well as family sessions and talks. The £2.8m represents just less than a quarter of the project cost, with the remainder being raised by the charity.

The Wildlife SOS star, who was diagnosed with terminal cancer in 2022, launched a Simon's Last Wish appeal to help the charity after his death.

Documents for the cabinet meeting, which made the decision on awarding the funding as part of the Your Fund Surrey money that community projects can bid for, say the project has the "potential to have a long-lasting positive impact on the environment and wildlife in Surrey".

A planned wildlife centre would restore land bordered by the M25 and the River Mole, and give the charity a future rescuing and rehabilitating animals in Surrey.



The Wildlife area between River Mole and clockwise carriageway of M25 $\,$

Mr Cowell said the charity had got far bigger than he ever thought it would when he founded it 40 years ago and praised the 400 volunteers at the charity.

He told the LDRS earlier in the year: "They just do an amazing job, and without them we would not be here. It's as simple as that."

On his cancer diagnosis, Mr Cowell said he was in "total denial of the whole thing". He said: "We all think we won't get it, and when you do get cancer, you've got two choices. You sit in the corner and sulk, or you just ignore it and get on with it while you can. So I've done that, basically."

Emily Coady-Stemp LDRS

Epsom and Ewell Times adds:

After the grant was announced Simon Cowell said: "It's an astonishing fact that a third of Surrey's biodiversity is either locally extinct or heading that way. The power of the Wildlife Aid Centre shows that, by all of us working together, we will be able to change this. We will inspire visitors to carry out regular, small actions which will have significant, positive impact on the environment. And by all of us doing it, our joint strength is enormous.

This amazing funding means we can finish creating the habitats and build a visitor centre that will welcome everyone. I am thrilled that Your Fund Surrey is supporting the Wildlife Aid Centre; together we will create a replicable movement for environmental good that is driven by our communities."

Surrey County Council Deputy Leader and Cabinet Member for Communities and Community Safety Councillor **Denise Turner-Stewart** said: "I would like to congratulate the Wildlife Aid Foundation who have been successful in their application to Your Fund Surrey's Community Project Fund.

"This is fantastic news for the Wildlife Aid Foundation and indeed for Surrey's residents. This is a truly ambitious and inspiring community legacy project. The new centre aligns with our ambition to promote a greener future in Surrey, to help restore and protect the future of the county's natural environment and encourage nature and wildlife to thrive. It will also offer huge benefit, opening the doors for people of all ages and backgrounds to learn more about wildlife conservation."

A £2.9m award given to Guildford's Yvonne Arnaud Theatre in June saw the total amount of money given out from the pot reach £10m since its launch in November 2020.



The Wildlife Aid Foundation is a charity dedicated to the rescue, care and rehabilitation of sick, injured and orphaned animals. Based in Leatherhead, Surrey, UK, the centre operates Surrey County's only wildlife hospital (one of the three largest such hospitals in the UK) and maintains a referral service for wildlife hospitals throughout Europe. The organisation also carries out une environmental activist and educational roles. Wildlife Aid has attracted media attention for its rescues of photogenic wild animals like young foxes and baby badgers; Animalals