



## 2700 cubs and brownies came to Epsom

20 June 2023



Cub Scouts and Brownies from **Epsom & Ewell districts** joined over 2700 Cub Scouts, Brownies and leaders from across Surrey for a day of fun and adventure at an activity day called SCRAM at **Hook Arena, Epsom** on Saturday 17<sup>th</sup> June 2023.

Cub Scouts and Brownies were able to try many new and large activities that cannot be organised in groups or districts as well as being able to mix with Cubs and Brownies from other districts.

Over 200 activities were on offer including pedal karts, high ropes, bungy trampolines, Assault course Wire, bungee running and zorbing as well as smaller activities like making popcorn, Grand Prix table game, firing water rockets and much more. As well as having fun and enjoying the activities on offer, many activities taught them #skills for life.

During the day, a number of local Mayors from around the County visited to see what was on offer as well as **CJ Ledger**, Deputy UK Commissioner (Support) who spoke to the young people during the day as well as seeing what Surrey Scouting had to offer.

Oliver a Cub Scout from Surrey aged 9 said "I liked the inflatable that you had to jump over so you don't get knocked over, I think it helped that we played a similar game at Cubs which helps with co-ordination skills"

Lauren a Cub Scout from Surrey aged 10 said "I liked the bungy trampoline because it was fun and exciting".

Max a Cub Scout from Surrey aged 8 said "I liked the zorbing because it was fun and I haven't done it before".

Sarah a Brownie from Surrey aged 8 said "I liked the activities and the excitement of the day, there was lots to do".

**Ali Tickett**, Organiser of SCRAM for Surrey said "What a day! 2,700 cubs, Brownies and leaders came to Hook Road Arena to celebrate just how brilliant being a Cub Scout and Brownie is! The cubs and Brownies had an incredible range of activities to try including a cave bus, metal detecting, pancake making as well as a high ropes course and many, many more. Some activities were just for fun and other were a real challenge all supporting the fact that Scouting helps young people develop Skills For Life."

Related reports:

[Epsom Beavers away in Surrey woods](#)

[Dutch scouts go English in Epsom & Ewell](#)

Cub Scouts are for Boys and Girls aged 8 to 10.5  
Brownies are for girls aged 7-9  
Brownies are part of Girlguiding UK  
Pre-pandemic youth membership was 479,000 (2020)  
Up until the pandemic, The Scouts enjoyed a sustained period of growth, with total membership rising by nearly 200,000 between 2006 and 2020  
2020 to 2021, youth membership fell from 480,083 to 362,752 - a 24.5% decline - and adult membership fell from 155,907 to 141,863  
2021 to 2022 membership growth is 362,668 to 421,852 - an increase of 16%

## Uncommon commitment to the Common

20 June 2023



The **Epsom Common Association** (ECA) has a membership of around five hundred households, and works closely with **Epsom & Ewell Borough Council's** Countryside Team and the **Lower Mole Partnership** to protect and improve the Common.

On Tuesday evenings, from June until the end of August, ECA will be hand-pulling bracken for a couple of hours to prevent selected areas of heath or grassland from becoming smothered. During the autumn they will hold the three remaining conservation tasks of the year's programme of eight. Each task runs for two days, usually the third Sunday of the month and the following Monday. The programme is agreed with the Countryside Team, guided by the Council's **Hundred Year Management Plan**. The work typically involves removing scrub and small trees to maintain and improve areas of grass and heath or rejuvenate scrub.



Female Silver-washed Fritillary

Sustainable Epsom and Ewell in partnership with St Martin's Church are looking forward to hosting their 3rd Eco Fair on Saturday July 1st between 10:00 and 14:00. The event is free for all to attend and will include activities for children. Hot food and cakes will be available on the day.

Sustainable Epsom and Ewell is delighted to welcome again to our 3rd event the Epsom Common Association. Further details about the work they do can be found on the website

<https://www.sustainableepsomwell.co.uk>.

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Around fifteen cattle will be grazing across three separate pastures, following in the footsteps of their wild and subsequently domesticated ancestors. Every day the cattle must be checked for health, as must the fences and water troughs. Each week the ECA provides four of the daily checks; without this contribution it is unlikely that grazing could continue.

As well as conservation work, each year ECA publish three newsletters, hold two public meetings with guest speakers, and arrange several expert led guided walks. Of this summer's programme, walks for: butterflies (2nd July) and bush crickets (6th August) are still to take place; and residents are very welcome to come along.

Finally, ECA make excellent hardwood charcoal from logs harvested during conservation work. Two years ago, thanks to funding from the Council's Community Infrastructure Levy, they were able to take delivery of a modern charcoal retort, which has greatly reduced the smoke whilst increasing the yield. Their charcoal is available at local retailers, the sales help finance activities.

Last September, funded from a generous legacy in memory of **Dave Berry**, a volunteer on the Common, ECA worked with the Lower Mole Partnership to create a new pond. Despite a dry start, by early spring it was full and should provide a new habitat for invertebrates and amphibians. Some funds remain and ECA are considering overgrown and silted ponds for future restoration.

In February ECA funded the installation of two Kestrel nest boxes high up in Oak trees. At least one now appears to have been occupied. Might this suggest a shortage of natural nest sites, despite the substantial number of large trees? Many organisations, including the Countryside Team and members of the ECA, contribute significant effort to monitoring a wide range of animals and plants on the Common.

Previously unrecorded species including various dragonflies and the Black Hairstreak butterfly (probably introduced but now breeding); the third year of Grey Herons nesting at Great Pond; and continuing good numbers of many species all suggest that in many respects the habitat management is successful.

However losses such as breeding Willow Warblers, declining across the south and east of the UK, demonstrate the limits of individual nature reserves, which have only a tiny impact on climate change and none on damage to other areas of the planet that may be essential for a particular creature's life cycle.

Next year will mark the fiftieth anniversary of the founding of the Association. ECA are considering what celebration might be appropriate, suggestions welcome. If you would like to help the ECA on its next fifty years please do get in touch. It is not all outdoor work, there is also plenty to be done in organisation, publicity and the like.

Details of activities and contacts can be found at: <https://epsomcommon.org.uk/>  
or  
[Facebook: www.facebook.com/EpsomCommonAssociation](https://www.facebook.com/EpsomCommonAssociation)

David King

Top image: Berry Pond - Epsom Common

Related reports:

Flagging Up Epsom Common

Storm Eunice - Can the Epsom Common Ducks handle it?

Epsom Common Bird Walk Poem

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## Sustaining Epsom and Ewell's trees

20 June 2023



The **Epsom and Ewell Tree Advisory Board** (EETAB) founded in 1994 is a partnership of environmentally minded volunteers from the local community who work together to safeguard and promote the value of trees in the borough.

EETAB operates via volunteer **TREE CHAMPIONS** who feel that trees matter and who help to care for trees in their road or local park. Their aim is to ensure that they pass on to future generations a borough that is at least as leafy as the one we have inherited. EETAB is part of the wider Surrey Tree Warden Network.

One of the key roles EETAB has is to monitor Tree Preservation Orders (TPOs) and Conservation Area planning applications. EETAB seeks to ensure that major planning applications include appropriate soft landscaping requirements and tree planting to enhance the townscape. They provide scrutiny to these applications and this role is vital to maintain mature trees and ensure leafiness is maintained within the Borough. Both these activities often require site visits or follow up reviews to ensure any tree work or developments are aligned with the planning application.



Planting of hedge at the Epsom Riding for the Disabled site.

Sustainable Epsom and Ewell in partnership with St Martin's Church are looking forward to hosting their 3rd Eco Fair on Saturday July 1st between 10:00 and 14:00. The event is free for all to attend and will include activities for children. Hot food and cakes will be available on the day.

One of the aims of the Eco fair is to highlight the work of the many fantastic local green groups and businesses active in the Borough and provide an opportunity for our residents to find out about the work they do and how they can support these groups and businesses. Sustainable Epsom and Ewell are therefore delighted to welcome again to our 3rd event the **Epsom and Ewell Tree Advisory Board**

Further details about the work they do can be found on the website  
<https://www.sustainableepsomewell.co.uk>.

In addition to this work, EETAB also undertakes many practical tree planting work within the borough working both in establishing tree planting projects in local communities and supporting **Surrey County Council** to get more street trees planted. Some of the ongoing projects include:

#### Allotment Tree Nursery

EETAB operates a small tree nursery at the Alexandra Road allotment site. They use this site to care for young trees so that there is ready stock for tree planting projects. They have several hundred trees in pots at the nursery. A team of volunteers look after the saplings there and help maintain the plot and we are always in need of extra help with this work.

#### Planting Projects

Over the past year EETAB has been involved in planting projects at various sites in the borough, the largest of which has been helping to plant a 120m long section of hedge at the **Epsom Riding for the Disabled** site in January, followed by a further 25m section of hedge in March this year. Species planted included hazel, field maple, hawthorn, hornbeam, willow, rowan, ash, dogwood, and dog rose.

#### Street Trees Planting

When familiar trees are lost (due to age/disease/extreme weather) and not replaced, the appearance of a neighbourhood is altered, so the topic of street trees stirs some strong emotions amongst residents. In the planting season 2021/2022 just 10 new street trees were planted in our borough, a figure far lower than the number of street trees lost. EETAB ran a campaign highlighting the loss of street trees and the increasing numbers of stumps left in our verges to put pressure on Surrey County Council to plant more trees.

As a result of this campaign progress has been made and almost 30 street trees were planted in the borough in the 2022/2023. They worked with Surrey County Council to get 44 planted in the 2023/2024 season. There is still concern in some areas about a continuing decline in numbers of street trees, particularly in the tree lined 1930s estates of the north eastern side of the borough. EETAB appreciate residents' frustration about the reduction in the number of trees. Replacement trees are not being planted in some of these verges as they do not pass the criteria set by Surrey County Council for street tree planting, often due to the narrow width of the verge, or due to the presence of utilities underground.

#### Tree care and watering

Although there is often much focus on tree planting in the media, the ongoing care and watering of these newly planted trees is equally important. EETAB volunteers regularly check on the newly planted trees in the borough, clearing vegetation around the base of the tree (to reduce competition for water and to prevent strimmer and mower damage), putting down mulch and checking the tree ties and supports. Young trees need watering regularly for the first few years after they are planted with increased frequency during spells of hot dry weather. In the summer months there is a huge need for Tree Champion volunteers to help with watering young street trees. They have a list of trees in need of a champion and would welcome additional help with this.

If you would like to find out more about the **Epsom and Ewell Tree Advisory Board**, please check their website: [www.eetab.org.uk](http://www.eetab.org.uk), follow on Facebook @EpsomEwellTreeAdvisoryBoard or email them at [epsomandewelltab@gmail.com](mailto:epsomandewelltab@gmail.com)

Vicki Rees

Top image: EETAB Allotment Tree Nursery at Alexandra Road allotments.

Related reports:

Council Meeting: Does Epsom need more trees?

More trees please for Surrey

Any more trees please?

## Epsom Hospital Radio goes National

20 June 2023



Back in 1978 two patients in Epsom District Hospital were having a discussion about music. It turned out that they were both DJs and between them they decided to launch Epsom District Hospital Radio. It took a couple of years to acquire funding, equipment and support but in 1981 the station broadcast its first programmes.

Over the ensuing years the station has grown in both size and reputation, continuing to entertain and amuse the patients as well as hosting events such as school fetes, the Dorking Big Weekend, the Epsom Common Day and the Epsom and Ewell Community Fayre.

2023 marks the 45th anniversary of the station and is a landmark year. Surrey's finest and fastest growing hospital radio station will now be broadcasting on the internet. Thanks to generous donations from **Epsom and Ewell Times**, Kane Construction, 3ti and the on-going support of Epsom Rotary Club, **from Wednesday 31st May** you will be able to listen to Epsom Hospital Radio wherever you are in the UK. The online launch at 8pm begins with a guest appearance by **Epsom Rotary**, one of the sponsors of EHR Online.



Epsom Hospital Radio's President **Trevor Leonard**, who recently celebrated 40 years as a member, is thrilled by the latest development. "This is a pivotal moment in the 45 year history of Epsom Hospital Radio as we will now be able to more actively engage with our wider local community, while still ensuring the patients of Epsom Hospital remain absolutely at the heart of everything we do."

"As well as the superb efforts of our current Station Manager, Chief Engineer, Management Team and members who have made internet broadcasting possible, this major development is also accredited to all those who have volunteered at Epsom Hospital Radio throughout the years and in doing so, helped to lay the foundations for us to take this major step forward today".

Current Station Manager **Ian Daggett** said it reflected the station's desire to progress over the last couple of years. "It's a small step in the world of broadcasting, but for Epsom Hospital Radio it's a giant leap. Being on the internet is something we've wanted to do for quite a while and we're really looking forward to reaching out to the people of Epsom and Ewell and the surrounding areas".



If you want to tune in to Epsom Hospital Radio, a click to listen link is now available on the homepage, which is [www.epsomhospitalradio.org.uk](http://www.epsomhospitalradio.org.uk)

You will be able to enjoy Epsom Hospital Radio playing your favourite hits from across the decades, alongside an eclectic mix of themed programs from classical to comedy, country to rock, specialist music genres, interviews with local people and the occasional celebrity as well.

You can also request a song for a patient in the hospital or a listener anywhere via the request line which is 01372 735999 or via email [studio@epsomhospitalradio.org.uk](mailto:studio@epsomhospitalradio.org.uk)

## Banking on you and me in Epsom and Ewell

20 June 2023



**The Epsom and Ewell Time Bank** is launching soon and they're having a social gathering early June 2023. If you're interested in registering or have any questions, this is your chance to get involved.

As Benjamin Franklin once said, "time is money. But in truth, it's much more valuable than ... it's Productivity, Freedom, Enjoyment, Friends / Family and giving back to your neighbourhood and building a stronger community," so says **David West**, Founder of the **Epsom and Ewell Time Bank** who is launching the community project to benefit everyone saying, "It's free to join and use, giving it's members an opportunity to meetup and exchange their skills, experience and time."

For every hour you help someone, you earn an hours credit, which can be spent on someone helping you. It's a way to meet new people, make friends, and feel more involved in your community.

David told the Times "By sharing your time you are redefining the nature and connections within your community from the bottom up. Working together, building new relationships and creating new opportunities for the common good." He went on to explain "We are apart of the Time Bank UK charity, using their Internet Time Bank software to match people with the community projects and work."



The Epsom and Ewell Time Bank was at the weekend's **Festival of Ewell** and is organising a social gathering and Q&A in June 2023. If you're interested in registering for the Time Bank or have any questions, this is your chance to get involved.

The Time Bank community is free to join and all activities are managed by Time Banking UK's web-based software and overseen by a Epsom and Ewell Time Broker.

David West at The Festival of Ewell

To find out more about the social gathering and stay up-to-date, follow the Epsom and Ewell Time Bank on Facebook and Instagram. For more information on Time Banking, see Time Banking UK's website or email the Epsom resident and organiser, David at [EpsomTB@gmail.com](mailto:EpsomTB@gmail.com).

Epsom and Ewell Time Bank Registration - <https://tol2.timebanking.org/epsomandewell>

Epsom and Ewell Time Bank Facebook Group - <https://www.facebook.com/groups/831821940256246>

Epsom and Ewell Time Bank Instagram - <https://www.instagram.com/epsomandewelltimebank/>

Time Banking UK - <https://timebanking.org/howitworks/>

How does Time Banking help? Time Bank claim:

- 85% meeting more people.
- 80% felt more part of the community than before.
- 74% made new friends.
- 74% experienced a lift in mood or reduced depression.
- 69% felt they could ask for or receive more help.
- 66% said they experienced reduced loneliness.
- 60% said their quality of life, health and wellbeing had improved.



## Walking citizens funding advice

20 June 2023



People from across the borough joined forces with **Citizens Advice Epsom & Ewell** (CAEE) to raise vital funds for those at the forefront of the cost-of-living crisis.

Nearly 50 staff, volunteers and supporters went the extra mile on Sunday 14 May 2023 by walking a self-guided 5 mile route around Horton County Park or 10 mile route through the Epsom countryside to raise funds for the charity.

Image: Cllr Kieran Persand, Chris Grayling MP, Sue Grayling, Lisa Davis CEO CAEE, Louise Curd CAEE, volunteer Chris Bruce CAEE, Cllr Bernie Muir

Supporters who took part on Sunday included MP **Chris Grayling** and Horton councillors **Bernie Muir** and **Kieran Persand**. **Epsom and Ewell Rotaries** both fielded volunteers to help on the day plus some CAEE staff and volunteers who gave up their Sunday.

The event is expected to raise over £1,000. Anyone who would like to walk the route and donate or even just donate, can visit the CAEE Just Giving page. All funds raised during Sunday's event will go directly into supporting frontline services.

One of the people CAEE has helped is Tom (not his real name), a man in his 50s who lives alone in a rented property. He is typical of many of CAEE's clients and their multiple (and sometimes hidden) vulnerabilities. When Tom first came to CAEE he was defensive, lacked confidence dealing with people and his finances and had spiralling rent arrears, council tax liabilities, water arrears and other debts. His paperwork was chaotic and incomplete and Tom found appointments challenging.

Over a period of time, advisers at CAEE have been working regularly with Tom and he has taken giant leaps forward and is now in a much better situation. CAEE has empowered Tom to work at a pace that he can cope with to help him overcome some of his difficulties.

**Lisa Davis**, CEO of CAEE, said: "We're so grateful to everyone who rallied together this weekend. Every day our advisers hear from people who are stressed, isolated and frightened as they try to deal with the cost-of-living crisis. We're working flat out to help people find a way forward. But we're a charity and our services are stretched. All the funds raised by the people of Epsom and Ewell will help us get crisis support for those who need it."

## Epsom & Ewell's Coronation Champion

20 June 2023



Brownie leader **Mary Zoeller** from **Epsom** has been recognised for her outstanding volunteer work by Their Majesties King Charles III and Queen Camilla.

Led by **Queen Camilla**, the **Royal Voluntary Service** has recognised 500 outstanding volunteers from across the UK with a **Coronation Champion Award**. The awards celebrate and recognise the tireless work of volunteers around the country, which formed a key part of the coronation celebrations for His Majesty the King.

Mary received the award for her work volunteering with Girlguiding and other local charities. Over the past thirteen years she has inspired girls to have exceptional experiences as leader of **1<sup>st</sup> Ewell Village (St Mary's)**, as well as being Epsom division and assistant county commissioner for Surrey East.

The Coronation Champion Volunteer Awards were judged by a panel consisting of specialists in the volunteering field and charity leaders. Mary is one of only 500 people in the UK to be awarded a Coronation Champion Volunteer Award.

Mary attended the Coronation concert at Windsor Castle on Sunday 7 May in recognition of her award.

Mary said: *"I'm very shocked but absolutely delighted to be named a Coronation Champion. In Girlguiding, we all work hard to make a difference to girls and young women's lives and it's wonderful when our volunteering efforts are recognised. Attending the concert on Sunday was a once-in-a-lifetime experience, one which I will always remember."*

Brownie in 1<sup>st</sup> Ewell Village (St Mary's) Libby, aged 9, said: *"All the brownies are so excited and happy that Brown Owl won this award. When she told us about the award, we clapped really hard. Brown Owl deserves this award for always making sure we have the best time at Brownies every week. Brownies is so much fun, Brown Owl always helps everybody with a big smile."*

### About Girlguiding

Girlguiding is the UK's largest youth organisation dedicated completely to girls, with around 370,000 members. Girls can do anything. We help them know that, whether they're 4 or 18 or in between. All girls have a home at Girlguiding - whoever they are, and wherever they are. We show them a world of possibilities, big and small. We help them think big and be bold in a space where they can be themselves, get creative, explore, and have fun. We're a powerful collective voice - with girls, led by girls - changing the world for the better.

We're 300,000 Rainbows, Brownies, Guides and Rangers, who come together to laugh, learn, explore and have adventures, in communities across the UK and virtually. We're 70,000 volunteers who make guiding happen by giving time, talent and enthusiasm. Registered Charity No 306016 girlguiding.org.uk



## Dutch scouts go English in Epsom & Ewell

20 June 2023



For over 35 years a close friendship has existed between the **1st Cuddington Sea Scouts in Epsom & Ewell District** and the Karel Doorman Zeeverkenners Groep of Bergen Op Zoom in the southern Netherlands. The roots of the relationship go back to the 2nd World War, Arnhem, disrupted schooling and a Royal Navy Admiral.

The relationship centres around reciprocal visits on a 3 or 4 yearly basis; and 2019 saw the last pre-pandemic visit. The Groups kept in touch over lockdown (and they had a brief joint paddle-boarding session with a motorcycling leader in 2020), but there was incredible excitement when at the end of April 2023, 74 Dutch Sea Scouts and leaders arrived in a double decker coach for their 12th visit.

Their journey had taken them via a day trip to Canterbury and they arrived to meet the **1st Cuddington** team who were cooking dinner. Over the course of the week they had a week with joint boating at the Warspite Water Activity Centre on the Thames; a hike down (and up) Box Hill with Warspite Scouts and Explorers, London Zoo, a day of boating at the Dockland Scout Project in central London, kipping on a ship in the West India Dock, exploring London, swimming in Guildford, widegames with Explorers, joint discos and much more.

Neighbours at 2nd Cuddington provided accommodation for the girls whilst the Dockland Scout Project supplied both accommodation and a day of boating in the shadow of Canary Wharf; there was also support from Scout partners at Ajax Sea Scouts

### About Scouts

- Scouts, the world's largest youth movement, was founded on 1 August 1907.
- In the UK, Scouts is supported by The Scout Association, enabling 7,000 Scout Groups across the country to provide opportunities to over 475,000 young people aged 6-25.
- There are now more than 638,000 individuals actively involved in Scouts in the UK.
- All genders, races and backgrounds are welcome at Scouts. Every week, it gives almost half a million people aged 4-25 the skills they need for school, college, university, the job interview, the important speech, the tricky challenge and the big dreams: the skills they need for life.
- Scouts helps members gain these skills by encouraging them to ask the big questions and listen with wide open minds. It helps them to take a deep breath and speak up, think on their feet, ignore the butterflies and go for it. With Scouts, young people don't give up - they get back up and try again, often with the support of the friends they've made there.
- Over 200 activities are offered by Scouts around the UK, from canoeing and caving to coding and community projects, made possible by the efforts of over 163,000 adult volunteers.
- Worldwide, Scouts has over 50 million members, both male and female, and operates in nearly every country in the world.
- UK Scouts has over 250 Scout Activity Challenge badges. These require participants to achieve a level of understanding and skill realistic and appropriate to their age range.

## A Valentine unloved for over 125 years, till now

20 June 2023



Another short and tragic life buried in an unmarked grave in Epsom's abandoned Horton Cemetery is brought to life by one of the volunteer team of researchers. The full story can be read on [www.hortoncemetery.org](http://www.hortoncemetery.org)

The story of **Valentine Ridley**: At just 6 years old, in 1897, we find Valentine and his sister Elizabeth in the Greenwich Union Poor School. Their father George is "in house", that is, living in the workhouse. There is no mention of Valentine's mother or his younger sisters. Later in October Elizabeth is released 'c/o Father'.

In May 1898 Valentine and all three of his sisters were admitted, along with their father, to the Greenwich Union Work House, their address is given as Snead Street, New Cross which is shown on Booth's Maps as "comfortable" two storey houses, with bay windows, usually shared by two families. Sadly, by August of that year Valentine was in the Brighton Road, School, Sutton. His father is now shown as 'out of house on leave'. In June of this year Valentine's youngest sister, Florence, was transferred to the Work House Infirmary where she died in October 1898, having lived a short sad life, so possibly George's 'leave' was due to this event.

Periods of leave were granted to look for work, deal with family problems or celebrations. Someone like Valentine's father George, became known as an "in and out" as they spent their lives in and out of the workhouse/infirmary.

The 1901 Census, taken on 31<sup>st</sup> March, shows all three children in the Banstead Road School, Sutton, but on 23<sup>rd</sup> Dec 1901 Valentine, Elizabeth and Mildred are



discharged from the Brighton Rd School and returned to the Workhouse again. These two schools were run by the same authority and seem almost interchangeable.

23 Hidy Hedley	Eliz <sup>th</sup> Greenwich	Masters	6 1 3 1 To the Workhouse
• • •	Valentine	•	8 1 1 1
• • •	Mildred	•	7 1 3 1

on 18th November 1909 he is admitted to the Ewell Epileptic Colony where he lived for the next 7 years. According to the 1911 Census he developed Epilepsy when he was 16 years old, just one year prior to being admitted. With no family to care for him we can assume that the Greenwich Union was happy to pass his care to the Epileptic Colony in Ewell.

Valentine died on 21<sup>st</sup> February 1916 and was buried in the Horton Estate Cemetery on 25<sup>th</sup> February in plot number 2014a, he was just 23yrs old.

The 'Epsom Colony', part of the Epsom Cluster of five mental hospitals' had been opened in 1903 to care for "the Epileptic insane of the Metropolis". This new approach housed patients in a collection of villas, avoiding the stigma of living in a mental asylum. The treatment consisted of a specially regulated diet and doses of potassium bromide, the first effective treatment for controlling epilepsy. The patients were expected to contribute to their costs by working on the hospital farm or in the kitchens, laundry or bakery, all of which supported the Epsom cluster of hospitals.

Lesley Lee

Copyright: The Friends of Horton Cemetery

## Epsom Rotarians win Citizen Award.

20 June 2023



Each year the Council formally recognises a member of the Epsom and Ewell community who goes above and beyond in a voluntary and/or campaigning capacity. The **Active Citizen award** is within the incumbent Mayor's gift. The individuals are permanently recorded on a special citation within the Town Hall and receives a medal at the evening reception honouring volunteers from across the borough.

Photo: Anne and Clive Richardson (left) with the Mayor and Mayoress of Epsom and Ewell

So it is with great pleasure we congratulate Epsom Rotarians **Anne and Clive Richardson** being awarded the **Epsom & Ewell Borough Council Active Citizens Award** by the Mayor of Epsom & Ewell Cllr **Clive Woodbridge**. The award was made during the evening of 10 March 2023 at the Mayor's Civic reception. Anne and Clive have given much of their time to help with many local charities through Epsom Rotary Club and are active within the Epsom & Ewell Twinning Association.

### Photograph Competition Open to Scouting and Guiding Groups

Each year Epsom Rotary hold a club photography Competition open to Scouting and Guiding Groups. This year the theme is the built environment and entries are welcome by the end of March 2023. For details of how to enter, visit the website :

<https://www.rotary-ribi.org/clubs/page.php?PgID=892508&ClubID=874>