

Bullish performance beats the Salts

12 September 2023



Jersey Bulls 2-0 Epsom & Ewell - Combined Counties League - Premier Division South - Saturday 9th September 2023.

Our fourth defeat from four League matches was maybe no real surprise for most Epsom supporters as Jersey Bulls defeated us by two goals to nil, even though our failure to register a shot of any concern to the home keeper was a little concerning. On a blisteringly hot day, the home side gradually wore us down and by the end we were a well beaten side, even though I thought we did a good job defensively for much of the match.

In front of an attendance advised as 533; low for Jersey, but in my opinion around a hundred above the actual number who were present, based on a less than half full stand that holds nearly a thousand, we took the field with a few changes from our loss at Eastbourne United. Ayrán Kugathas came in for the suspended Tommy Williams, while Ollie Thompson started at the back ahead of Ash Snadden. Further forward Jaan Stanley returned to the starting eleven with Tino Carpena dropping to the bench.

It was Hawaiian day at Jersey and many of the supporters were wearing garlands presented in the Jersey fan zone that opened up before the match. However, there was little for our boys to celebrate and as the players “warmed up” (as if they needed to get warmer!) you could tell that this was going to be a difficult day against a team that passed the ball around for fun.

The first real action occurred in the seventh minute when Harvey Keogh was out quickly to block as a striker broke through. We won a corner at the other end but there was no one there to finish the delivery on after it was flicked on by a defender. Both sides had another opportunity inside the first twenty minutes as a good run by the Jersey number 11 finished with a shot dragged across goal, before a Rory Edwards corner was cleared at the near post, but only as far as Ethan Nelson-Roberts who struck the ball well enough, but it just cleared the Jersey bar. What we didn’t realise at the time was that this would be our best chance of the match.

We had a scare in the 27th minute when a mis-hit shot spun up in the air, and Keogh then dropped it and we had a moment of panic in the six yard area before the danger was cleared. However, we were back on the attack soon after as Zach Powell sent a lovely pass through to Ade Batula on the right, who cut in only to see his shot blocked by a defender.

We had an unusual incident in the 33rd minute. Shortly after completing a five minute water break, the referee called a halt to proceedings once again and it transpired that he was struggling with his vision (insert joke here!), but fortunately a Jersey official was able to fill the breach on the line after one of the Assistants stepped up to take the whistle.

The game continued in a similar pattern with Jersey controlling much of the ball, and their number 10 struck at goal but it went high and in the direction of St Helier High Street with the only danger being to passers by outside the ground. On a more serious note we were beginning to concede some free kicks on the edge of the area and from one of these, the ball clipped the wall and forced Keogh into a fine save, tipping the ball over for a corner. For sure the danger signs were there at the half, but we managed to get in to the shade of the dressing room goalless.

Unfortunately, and much like the previous FA Cup match, we conceded early in the second half after another clumsy foul had conceded a free kick out on the Jersey left. The delivery was met with an unmarked header which Keogh kept out, but the ball fell to Adam Trotter around fifteen yards out and his shot went through a crowd of people into the net with Keogh either unsighted or beaten by a deflection.

This was the signal for the drums and bells to start playing for a while as the previously quiet home support suddenly found their voice. In the carnival atmosphere Keogh kept out another low drive that was just creeping inside the post with his left leg and although we attacked with a good run from Kiyo Brown, his powerful looking shot had all the pace taken off it by a defender and it dribbled through apologetically to the keeper.

The hosts sent another header straight at Keogh midway through the second half as we began to get pushed back further and Powell picked up a yellow card to go with the one Batula had picked up at the start of the half. Fresh legs came on with Carpena, Sirak Negassi, Nick Inwugwu and then Snadden all joined the action, but we were struggling to get out of our half as the Bulls seemed to be toying with us at times. Keogh made another flying full stretch save but in the 84th minute Edwards appeared to be clattered in the middle of the park and we all stopped, expecting the free kick that never came and they nipped through to score their second goal through Le Quesne. It was the least they deserved, even if we shouldn’t have switched off, but fortunately a few minutes later the torture was over. In fact this match was very similar in nature to the identical defeat we suffered on our previous visit in 2019.

Some of our Committee appeared rather over-disappointed by the result after the match, and some even expressed the view that the home side weren’t that great, but they did more than enough to secure the win against us and you had the feeling that they had another gear or two if required. We have to be realistic about our ambitions this season and accept that sometimes the opposition are on a different level to us right now. That was definitely the case in this encounter and the only things we took home from Jersey were some garlands and a sun tan!

It could be said that four straight defeats to open the season is a poor start, but in our defence, we have played arguably two of the better sides in the division in Jersey and Redhill and were extremely unlucky to lose in the closing seconds at Fleet Town on the opening day, as a point gained there would have kept us off the foot of the table position we currently occupy. However, we do need to start picking up points soon and whilst I’m not that downhearted about our defeat on the Island, our next match at home to Sheerwater on Saturday is likely to be a much more telling indication of where we actually stand this season.

Epsom & Ewell: Harvey Keogh, Ayrán Kugathas, Ethan Nelson-Roberts, Callum Wilson (c), Ollie Thompson, Zach Powell, Ade Batula, Chester Clothier, Jaan Stanley, Rory Edwards, Kiyo Brown

Subs: Tino Carpena for Batula (57), Sirak Negassi for Kugathas (73), Nick Inwugwu for Powell (73), Ash Snadden for Clothier (78)

Report Source: www.eefconline.co.uk

Beckenham Edge Extraordinary Encounter

12 September 2023



Sutton and Epsom 41 - Beckenham 42. It was a case of polar opposites on the opening Saturday for this weekend’s combatants as the hosts began the campaign with an away defeat at Reeds whilst the visitors got off the mark with a thrilling 36-31 home win against London Cornish. **Sutton and Epsom** had not had the pleasure of hosting the Kent club since their 28-8 victory in November 2013. The Black and Whites gave debuts to starting prop Callum Gibson whilst utility back Jack Briggs began on the bench. In marked contrast evergreen George London returned to the colours to make his 187th appearance. The match surpassed even

the weather in terms of being unexpected and eleven tries later Beckenham won by a solitary point as the scoreboard read 42-41.

The Rugby Lane crowd palavered peacefully onwards from the clubhouse into the unclouded jollity of the afternoon to witness the Class of 2023-4 open their domestic account. The thermometer told of testing temperatures in the 90s and the challenging conditions were certain to be a factor in proceedings. Freddy Bunting kicked off for the hosts. The first opportunity was given to the visitors as Sutton strayed offside to give Lewis Bunton a simple penalty to put Beckenham on the scoreboard, 3-0, in the third minute. Sutton and Epsom replied in kind moments later as Freddy Bunting equalised with a penalty of his own for 3-3. The Bunting boot then set up a great opportunity with a fabulous 50 20 kick. An ensuing quickly taken penalty by Chris Ballard had the Black and Whites under the posts. Will Lloyd went close before it went wide for Gareth O'Brien to jink his way over. Freddy Bunting added the simple conversion for a 10-3 lead.

The next sortie to the Kent 22 resulted in a second Sutton goal. Michael Bennion made a break and Max Russell kept it alive before it was switched to the right. Gareth O'Brien then glided in untouched under the posts from 30 metres for his second try. Freddy Bunting did the necessary for 17-3 and the players enjoyed a much needed official hydration break. With thirsts slaked and suitably revitalised the boys from Balmoral Avenue swept into the home 22 and won a penalty five out. They set up the lineout and though their catch and drive faltered they were awarded another penalty. A quick tap and a powerful burst saw Jamaican international Rimarni Richards score. The conversion drifted wide but Beckenham had reduced the deficit to 8-17. The Black and Whites immediately extended their lead, though Michael Bennion's dummy went unsold, the ball was recycled, George London stooped to take a pass on the half-volley then made light of the attentions of the visitors' defence to relentlessly power on and touch down from 20 metres. Freddy Bunting bisected the uprights and Sutton and Epsom had clear water at 24-8 approaching the half hour mark.

That clear water was to be the high water mark for the hosts as their ascendancy was alarmingly transformed by a stunning Kent comeback. It was not so much a turning of the tide but a tectonic shift of seismic proportions. A careless penalty at the restart gifted Beckenham an opportunity from a 5-metre lineout. They executed their process to perfection as former skipper Liam Markey flopped over. Despite the conversion failing they were on their way back at 13-24. It was the visitors' turn to err at the restart, not only kicking out on the full but also following up by giving away a penalty. Sutton and Epsom opted for the kick to the corner rather than through the uprights but the gamble did not pay dividends. Moments later at the other end the men from Balmoral Avenue were more clinical as they won their lineout and a bullocking run by Rimarni Richards crossed the whitewash. On this occasion Lewis Bunton added the extras for 20-24. As a disbelieving home crowd dropped their remarks into the understanding air there was one more twist, or perhaps dagger to the heart, before the half-time whistle. Dan Hamilton gathered a loose ball in his own half and he sprinted by the grandstand with no one ahead of him. Desperate cover closed him down but a wonderful support run by Lewis Bunton saw the 10 score. He added the conversion and the visitors turned around 27-24 to the good to end a jaw-dropping half of rugby.

It was hard to know if the incarnadine faces of the Sutton players were from the heat or their embarrassment. The Kent team continued the second period where they left off in the first. Within moments Lewis Bunton had added another penalty for a 30-24 lead. From the restart the catch was run back 50 metres and soon followed try number five with a strong finish on the flank by winger Stefan Linton. The touchline conversion failed but Beckenham were 35-24 ahead with 27 unanswered points. At this stage the visitors looked to be favourites to continue their hot streak and run up a cricket score. However, the pendulum swung back in favour of the Black and Whites.

A positive carry by debutant Callum Gibson offered Sutton some respite with a penalty. Captain Bunting steadied the ship and ended the drought to close the gap to 27-35. Better was to come to raise the spirits of the Rugby Lane crowd. A desperate kick and chase by Max Russell led to a 5-metre penalty. Sadly Max Russell showed all the circumspection of the Gadarene swine with the same result as the Biblical beasts as his quick tap gave away possession. Fortunately for Sutton and Epsom they soon got a penalty that reduced Beckenham to 14 men as Mr Duncan Butler-Wheelhouse issued a yellow card to captain Hans Laud-Anderson showing no empathy towards a fellow double-barrelled man. More woe fell upon the visitors as Ewan McTaggart emerged from a pile of players with a try from the 5-metre lineout to secure an Sutton and Epsom bonus point. Freddy Bunting converted expertly from the touchline to make it a one-point game with Beckenham 35-34 ahead.

It was time for the final official water break and cool heads were certainly at a premium as the game entered the final quarter. Sutton started to play with fluency, the tackling improved, turnovers were being won and the set scrum was secure. The Black and Whites regained the lead with their best team try of the afternoon. Multiple phases had Callum Gibson, Max Russell and Ciaran Mohr make gains and it was left to the vastly experienced George London to force his way over from close-range for his brace. Freddy Bunting once more converted from touch to lead 41-35 leaving Beckenham searching for a goal in the last ten minutes as a try would not suffice.

A spectacular finish ensued as the tension led to errors. Kicks went out on the full, balls were dropped and penalties neutered attacks. Then with the game in time added on the visitors had the chance to kick a penalty into the corner. Could they once again score from a 5-metre lineout? The ball was secured but the drive was held and anxious moments passed until a shrill blast of the whistle. Everyone expected a try but a penalty try was a surprise to those seeking shelter from the sun in the grandstand. Instead of a very challenging conversion from the flank Beckenham had an automatic 7-point score and had regained the lead 42-41. Surely that was the end of the drama.

With noteworthy game management the visiting pack controlled the restart. Slowly and steadily they advanced to the Sutton 22 and the Sutton and Epsom defence dared not concede a penalty but were desperate for a turnover. Unexpectedly Beckenham gave away a penalty and offered the hosts a lifeline. It was advanced by Bunting's boot to halfway. The lineout was secured and the endgame began. The ball went wide and the Kent territory was entered. Then the ultimate drama as Sir awarded the hosts a penalty. It was Captain Bunting who had to go to the well once more and attempt another kick from the touchline. The ball soared over the height of the uprights but inches wide and the final whistle blew. Beckenham had triumphed 42-41 and the Black and Whites had the consolation of two bonus points.

Both teams had moments of dominance but also had periods they would want to forget. It was cruel that the brilliant place-kicking of Freddy Bunting was not rewarded by one last successful strike to add to the previous magnificent seven. The Sutton scrum was a source of strength, Gareth O'Brien sidestepped his way to two tries and veteran George London also doubled up with forceful scores. Equally Beckenham had their standout performers with the powerful carrying of prop Rimarni Richards being rewarded with two tries, Dan Hamilton was central to the comeback and their lineout converted the chances they were provided with remorseless efficiency.

Next Saturday, 16th September, the charabanc will be heading to Geoffrey Knight Fields for a fixture with Old Reigatian. OR have opened their campaign with an impressive 33-7 home win against Sidcup before a 36-26 winning trip to London Cornish in round 2. Meanwhile the Black and Whites will hope it will be third time lucky as they search for their first win.

Sutton and Epsom: Michael Bennion, Max Russell, Ross Parsons, Freddy Bunting ©, Ciaran Mohr, Gareth O'Brien, Chris Ballard, Will Lloyd, Chris Farrell, Callum Gibson, Ewan McTaggart, Josh Glanville, George London, Rob Hegarty and Kean Orchard.Replacements: (all used) Tom Boaden, Jack Howes and Jack Briggs.

Beckenham: Luke Bosch, Stefan Linton, Dan Hamilton, Matt Lovell, Tom Bateman, Lewis Bunton, Ben Murphy, George Baker, Lamar Sinclair, Rimarni Richards, Ciall Kirwan, Josh Hiscott, Liam Markey, Tom Ward, Hans Laud-Anderson .Replacements: (all used)Rob Willden, Olly Stapleton and Sami Suliman.

Epsom horse owners asked to take survey

12 September 2023



Britain's inaugural **Thoroughbred Census** has been initiated, inviting former racehorse owners to partake in the survey open until December 31, 2023. The primary aim is to enhance the traceability of retired racehorses.

About the Census: The census is a collaborative effort with Retraining of Racehorses (RoR), the official aftercare charity of British Racing, funded by the Racing Foundation. It receives support from World Horse Welfare and Weatherbys General Stud Book and is coordinated with experts from Hartpury University. This initiative is a crucial component of British Racing’s Horse Welfare Board’s five-year welfare strategy, ‘A Life Well Lived.’ The project’s objective is to enhance the traceability of thoroughbreds after their racing careers conclude.

The Census seeks to address a recognized data gap resulting from infrequent updates to equine identification documents (passports) once thoroughbreds transition into private ownership. By improving data accuracy, British Racing and RoR aim to provide enhanced support to owners, including access to educational resources and avenues for competition if desired. Additionally, it fosters informed and supportive communities. Furthermore, it equips the Horse Welfare Board and RoR to enhance and adapt welfare initiatives and facilitates rapid and effective communication in the event of an equine disease outbreak.

Helena Flynn, Programme Director of the Horse Welfare Board, stated, “This campaign will help us emphasize responsible ownership and the critical role every thoroughbred owner plays in ensuring the accuracy of their equine identification document (passport).”

What Information Does the Census Require? To complete the survey, owners must provide the horse’s equine identification document (passport) number, microchip number, age, current residence, second career, and other pertinent details to compile a comprehensive dataset for retired British racehorses in 2023.

Why is an Additional Objective of the Census Necessary? Typically, new horse owners are expected to update ownership information within 30 days. During their racing careers, this information is meticulously maintained by breeders, owners, and trainers in the Weatherbys General Stud Book. However, data for former racehorses significantly declines when they enter private ownership after retiring from racing, with equine identification document (passport) compliance averaging just 20% across the equestrian community. This decline may stem from a lack of awareness regarding the importance of this phase, uncertainty about associated costs, a reluctance to update documents even after a horse has passed away, and a general disinterest in participating in the process.

Therefore, an additional goal of the census is to engage with private owners to encourage them to review and, if necessary, update their horse’s equine identification card (passport). Moreover, owners of horses previously registered with licensed British trainers will be invited to register their horses for free with RoR.

David Catlow, Managing Director of Retraining of Racehorses, emphasized, “The ‘social license’ for the use of horses in sport is under increasing scrutiny, with the welfare of former racehorses after retirement being a specific concern. This initiative is a significant stride toward ensuring thoroughbreds enjoy a healthy and caring existence throughout their lives, while also providing the racing industry with pertinent data to inform future decisions.”

To complete the form, please visit: https://uwe.eu.qualtrics.com/jfe/form/SV_8bNJFzR2FB95ZIQ

Participation in the census is voluntary, but owners are strongly encouraged to join the community and contribute. Full findings will be disclosed in the first quarter of 2024.

Reeds Weybridge 27 - Sutton & Epsom 12

12 September 2023



Following the disappointment of last season’s relegation **Sutton & Epsom RFC** had a stern test in their Regional 2 South East opener with a trip to Reeds Weybridge. The hosts are one of the country’s most upwardly mobile clubs with six promotions in the last eight campaigns whilst they finished finished third at the last time of asking. There was some compensation for missing out on their habitual climb up the rugby pyramid. An excellent cup run ended in an 18-3 defeat to league rivals Battersea Ironsides at Saracens’ StoneX Stadium in the final of the inaugural Papa John’s Regional 2 South Plate. For the Black & Whites it was their first league encounter with the men from Whiteley Village. S&E welcomed debutants Chris Ballard, Kean Orchard and Max Russell to the 1 st XV whilst, on the other end of the scale, it was a red-letter-day for Will Lloyd as the veteran prop made his 100 th 1 st XV league appearance. Unfortunately, Sutton failed to open their account at the first time of asking as Reeds Weybridge deservedly won by 27-12.

On a magnificent summer’s afternoon, with a cricket match in progress on the other side of the trees, S&E’s new captain, Freddy Bunting, initiated proceedings kicking down the modest slope with a gentle breeze in his face. The hosts completely dominated the opening fifteen minutes. They imposed their tempo and pattern on the game. After an initial penetrative carry by a forward or two the ball was spun wide. Despite the territory and possession the forward bursts were modest rather than devastating. Sutton survived a quick tapped penalty from the alert Ollie Palmer but having cleared their lines incurred their first penalty to the new experimental tackle laws. A probing kick to the corner gave RW a great attacking platform. The first assault was repelled by a Matt Whitaker tackle but swift recycling saw the ball swung blind and an overlap was created for lock Cameron Goodwin to stride home. Jack Jesty added the extras with a sweetly struck conversion from the flank for a 7-0 lead.

Buoyed by the opening score on five minutes the Hersham men looked to stamp their authority on the game and extend their advantage. Despite the next ten minutes being one-way traffic the hosts and spectators were frustrated by the stop-start nature of the proceedings. Errors were met with a bountiful whistle as infringements and rustiness were not excused by Referee Wright. A second try for RW seemed inevitable as Coriolanian Sutton defence was required to hold their line. The ball was sent wide for an inevitable score but a diving Michael Davies intercepted a pass with a catch more familiar to cricket than rugby. The frustrated hosts conceded a penalty and the visitors cleared from under their posts.

Belatedly S&E had some possession and immediately put it to great effect. Fluent handling saw them arrive for their first visit into the alien 22. Another penalty was awarded and Bunting kicked to the corner. Before the lineout was taken prop Alex Mount was replaced by Tom Boaden. From the throw a well-executed lineout saw the mass of Black & White shirts bundle over the line. Rob Hegarty emerged from the pile to claim the try. Freddy Bunting’s touchline conversion drifted wide as Reeds led 7-5. Their followed a period of dominance from the men from Rugby Lane. The visitors mimicked their opposition by failing to add to their total despite the monopoly of territory and possession. Though they were unfortunate that when Ben Tame crossed the whitewash from another lineout the referee was unsighted and gave the only decision available to her and Reeds had a relieving drop out. However, the visitors only had themselves to blame for failing to secure the lead. They were turned over near the line and conceded a penalty with a try at their mercy. It was the turn of RW to show the virtues of Horatio on his famous bridge.

Sutton’s profligacy was punished in the 40 th minute. Chris Ballard’s pass was impeded at

the ruck and the loose ball was poached. Captain Bunting made an excellent tackle to stop the try but the second wave saw hooker Rhys Day score despite another thunderous tackle. Jack Jesty added the conversion to stretch the lead to 14-5. There was eight additional minutes to the half and Sutton spent more time in the far 22 but to no avail as the sides went into the interval with Reeds Weybridge 14-5 to the good.

Naturally Sutton and Epsom were desperate for the opening score of the second period. But within a minute it was the boot of Jesty that added an early penalty from in front of the posts for a healthy advantage of 17-5. The visitors played at a higher tempo but still struggled to be clinical as they tried to get back into the game. Frequent blasts of the whistle impaired both teams until the Hersham side were offered another opportunity to extend their lead. For the only occasion in the game Jack Jesty erred and S&E’s task was not made any harder. Solid defence rebuffed the Black & Whites as Gareth O’Brien’s scything run was halted by the offence of crossing. Reeds Weybridge then gave the visitors a lesson in scoring. From a period of sustained pressure and patient ball retention blindside Joe Wastie rounded off the attack. Normal service resumed from Jack Jesty and RW led by the sizeable margin of 24-5.

Sutton and Epsom needed a rapid reply and it came from the most familiar source. An alert Chris Ballard took a quick tap penalty then the ball was spread wide and S&E threatened again but this time Matt Whitaker was on hand to score. Freddy Bunting eased over the conversion to trail 12-24. For Reeds’ Captain Herbie Finn there was not the standard scalding vituperation that often follows these moments but the sagacious advice to his troops that the game was not over. The Black & Whites needed to maintain the pressure and add to this score to create doubt in the minds of their opponents. However, careless penalties were conceded, the ball was cleared and any flames of recovery were extinguished by the commendably calm game management of the hosts.

In the last five minutes Referee Wright brandished a yellow card, going about the task with a mortician’s lofty detachment from the irksome job in hand. Reeds would have to play out the game with 14 but is was too late to have a telling impact as Joe Wastie went from player to spectator. After five minutes of time added on the hosts were awarded another penalty and the assured Jack Jesty bisected the uprights to conclude proceedings with Reeds Weybridge victorious to the tune of 27-12.

Reeds deserved their victory. Their lineout provided quality possession, their forwards carried effectively and they played at pace. Through notable absentees in their ranks they perhaps lacked that telling intervention in the back division to punch holes in the defence but they will not be overtly concerned having taken the points. Unlike Sutton and Epsom they opted to kick simple penalties and kept the opposition at arm’s length. The hosts played with an excellent tempo and to their familiar pattern and imposed themselves on the game in the first quarter. They should have gained more than their solitary goal but early season rustiness will no doubt be replaced by clinical efficiency in the weeks to come. Their defence was resolute and their game management in the last quarter meant there was going to be no famous Sutton comeback.

For the visitors it was a delight to see the return of Matt Whitaker. Sutton and Epsom without Whitaker would be like Hamlet without the Prince and for the umpteenth time the opposition declared him the pick of the S&E bunch. Debutant Chris Ballard at 9 impressed with not only his service but also his ability to exploit the gaps. It was not for want of effort that centurion Will Lloyd failed to be on the winning side. He was rock solid in the scrum, made his carries and offloads as well as a crucial intervention on the line that prevented a Reeds try. Neither side benefited from the frequency of the stoppages but the Black & Whites failed to play with the fluency that was demonstrated in pre-season. One feels a victory would transform their demeanour.

Next Saturday 9th September league rugby returns to Rugby Lane with a 3pm home fixture against Beckenham RFC all are most welcome to attend.

Sutton & Epsom:
Michael Bennion, Max Russell, Michael Davies, Freddy Bunting ©, Ciaran Mohr, Gareth O’Brien, Chris Ballard, Alex Mount, Chris Farrell, Will Lloyd, Kean Orchard, Josh Glanville, Ben Tame, Rob Hegarty & Matt Whitaker.
Replacements: (all used)
Tom Boaden, Ewan McTaggart and Ross Parsons.

Reeds Weybridge
Brad Robbins, Kitan Ojo, Josh Clark, Billy Maddock, Jack Grady, Jack Jesty, Ollie Palmer, Lennan Day, Rhys Day, Riley Milsom, Cameron Goodwin, Herbie Finn ©, Joe Wastie, Lewis Jones, Michael Wasko.
Replacements: (all used)
William Scott, Shannon Fullen and Peter Daverns.

Pot of gold for Rainbow?

12 September 2023



Rainbow Leisure Centre in East Street Epsom has been shortlisted for a prestigious award from trade association UK Active.

The centre – which was renovated recently- boasts a 25m pool, dance studio, large gym and over-60s social room. As a result, it has been nominated for ‘Local and Regional Club/Centre of the Year’ in recognition of its huge contribution to the local community.

Rainbow caters to customers of all ages with an innovative programme that includes fourteen classes dedicated to people over 60, plus swimming, gym sessions and classes for the centre’s junior members – currently numbering more than 500. The centre is also used by three disability clubs and four special needs schools who participate in tailored activities such as ping pong, dance and Boccia.

Customers are kept involved in the centre’s plans with social events and ‘Meet the Manager’ sessions. Currently, they are accepting almost 30,000 bookings per month.

The centre is run by charitable social enterprise GLL under the ‘Better’ brand. The organisation’s ethos is to reinvest profits to support local communities and Rainbow is an important part of this commitment.

Darren Pope, Rainbow’s General Manager, comments, “We couldn’t be prouder to have been shortlisted for the best centre/club in the South of England. Making the shortlist would not have been possible without the incredible work from the staff at Rainbow. No matter what the result, I am very proud of my team’s achievements this year.”

UK Active award winners will be announced at the end of October this year.

Better was founded in 1993 as a charitable social enterprise with seven leisure centres in Greenwich. In 1996 the social enterprise started expanding outside of the London Borough of Greenwich and now runs all kinds of community services and spaces across the UK. Now renamed Better, over 250 public sport and leisure centres and 57 libraries are managed in partnership with more than 30 local councils, public agencies and sporting organisations. Membership to the organisations’ centres has increased to over 650,000 with 40 million visitors a year.

Unarresting match with the police

12 September 2023



Epsom & Ewell 0-0 Met Police. Emirates F.A. Cup – Preliminary Round. Friday 18th August 2023.

We had our first taste of Friday night football at the Madgwick this season as Isthmian League Met Police visited for this Emirates FA Cup tie and despite having the lion’s share of the possession, rarely threatened in this goalless draw. This was the ninth time the clubs had met in this competition and we have only won two of the matches, with three draws now.

For our part, we were missing three players who were injured in Tuesday’s League match and at times almost seemed content to cancel the opposition out and aim for a replay, where hopefully some of the walking wounded will be able to return.

The first bit of good news was that first choice keeper Harvey Keogh was back between the posts after dislocating his little finger in the Redhill warm up, but unfortunately Jaan Stanley, Callum Wilson and Tommy Williams were all unable to go, so Zach Powell took the armband on with Ayran Kugathas and Chester Clothier in place of the others. Additionally Ollie Thompson and Sirak Negassi moved onto the bench and Tino Carpena and Nick Inwugwu took their places.

Before the match commenced a minute’s applause was held in recognition of regular supporter Mark Durbridge who passed away on Friday 11th August. A few former players and his family were present and all stood around the centre circle with the teams and officials for the duration of the applause.

We have had some slow starts this season and we got off to a nervy opening in this match too. Kugathas sent his header beyond Keogh and out for an unnecessary corner which was half cleared to the edge of the box where we then conceded a free kick. Fortunately, the strike on goal was dealt with easily enough by our keeper. However, in the seventh minute Bayley Mummery struck a shot against our far post and although the ball rebounded back into play, it appeared from where I was as though another player then struck our other post, but by this time the flag was raised for offside and the danger was over.

We had our first opportunity in the tenth minute when the ball was fed through to Kiyo Brown and he ran at goal, although his shot was too close to the experienced Liam Beach and he tipped the ball over for a corner which we were unable to take advantage of. Brown then had another run, but what looked like being a threatening ball in was blocked at the last second by a defender.

However, for the majority of the half we were on the defensive, happy to counter attack when the chance arose and looking quite difficult to break down. We also had a couple of yellow cards in the middle of the park with Rory Edwards getting one and then Alfie Walters for a cynical trip on Carpena who had threatened to get away on the left wing. This would have consequences for their defender later. There was nearly a third yellow card after Carpena was brought down by Laurence Ernest and the referee was there quickly to wave the card before being made aware that his Assistant had flagged belatedly for the ball going out of play.

Kugathas was next to pick up a yellow for pulling back his man as this stop-start game was never really allowed to get going. Regular visits from our physio ensured that an extra six minutes were played, but there was nothing of note within it and the teams trooped off at the break with honours even.

The second half started in a similar fashion and we weren’t asking many questions of our visitors, although Brown got to the touchline once, but his low ball in was cut out by Beach. Next to try was Ade Batula, but his shot from a narrow angle was never going to beat the well-positioned keeper who blocked the ball out for a corner.

Brown picked up a yellow card for a clumsy tackle before Dan Stewart also found his way into the rapidly filling book, even though this was not a dirty game in any way. Unfortunately with fifteen minutes of normal time remaining Powell limped off and Ollie Thompson came on at the back, moving Inwugwu to a centre position within the back three and Clothier inherited the arm band. A sixth card followed for another visiting player for a foul on Ethan Nelson-Roberts and two further substitutions occurred for us with Ben Amissah coming on for Carpena and Jabari Ofosu-Hernandez made his debut in relief of Nelson-Roberts.

We still appeared to be quite happy not to rush things and to settle for a replay, but nearly won the tie in the 92nd minute after Amissah was put through on goal. Regrettably, he stumbled and this enabled Beach to get a hand to the ball before our man could fully recover. However, the loose ball fell kindly for Batula who just needed to clip the ball over the retreating defenders from twenty-five yards, which he did, but it didn’t come down in time and thumped the Met crossbar before going over for a goal kick.

There was time for an unusual incident in the 93rd minute as Walters had been injured and Beach told him to leave the pitch so as not to play any of our players onside. However, he then came back on after the attack had been cleared and picked up a second yellow card for re-entering the field of play without permission. Harsh!

Ultimately, the fact that I am referring to all the yellow cards and substitutions tells you that there wasn’t really much to report in terms of real opportunities in this match. It was constantly interrupted by injury and the somewhat fussy referee and the crowd of around 165 or so probably wondered whether they should have bothered to come out at all as the rain then gave them a thorough soaking as they walked 300 yards to reach their cars!

Most importantly though, the two teams remain in the hat for Monday’s draw and will now meet again on Tuesday for the replay, which will have to be settled on the night, even if it takes extra time and penalties. There is one good omen here as the last time we met in the FA Cup back in 1989 we drew 0-0 at home before winning the replay 2-0 at Imber Court. Déjà vu anyone?

[For the replay report visit: www.eefconline.co.uk as Epsom and Ewell Times will be on a short production break.]

Epsom & Ewell: Harvey Keogh, Ayran Kugathas, Ethan Nelson-Roberts, Zach Powell (c), Nick Inwugwu, Ash Snadden, Kiyo Brown, Chester Clothier, Ade Batula, Rory Edwards, Tino Carpena

Subs: Ollie Thompson for Powell (75), Ben Amissah for Carpena (83), Jabari Ofosu-Hernandez for Nelson-Roberts (87)

Redhill cruise to victory on Epsom waters

12 September 2023



Epsom & Ewell 1-3 Redhill. Combined Counties League – Premier Division South. Tuesday 15th August 2023.

We opened up our home League campaign on Tuesday evening against Redhill and found out fairly quickly why they will be involved at the business end of the table come season’s end as they cruised to a 3-1 victory.

It has to be said that we didn’t have a lot of fortune over the course of the evening either. Before the match Harvey Keogh jammed his finger into the turf making a save in the warm up and with it either dislocated or broken, Toby Colwell came in for his debut at rather short notice. Also making his debut was Kiyo Brown and he showed up well in the first half before being replaced in the second.

This was one of those matches that you watched from a distance. As most people know, I stand behind the goal we attack and if I’m honest, there wasn’t an awful lot of that going on in this match!

Redhill had cheekily created a match poster including four former Salts, Adam Grant, Gavin Quintyne, Athan Smith-Joseph and Coach Matt Chapman, but they could have also included Manager Jordan Clark and Tom Harland-Goddard too. As it turned out, only the ageless Quintyne and Smith-Joseph were in the starting eleven and they nearly took an early lead when Colwell stood up well to make a fine save from a Smith-Joseph shot in the fourth minute which was then cleared.

A couple of dangerous crosses went through our six yard box and out as Redhill controlled much of the first half. We had occasional half chances and Ethan Nelson-Roberts was set up for a strike by Sirak Negassi, but his shot was easily dealt with by Luke Roberts in the Redhill goal.

We then saw our Captain Callum Wilson injure his ankle in a collision with a Redhill player and although he had treatment, he was clearly not able to continue much longer and he limped off around ten minutes later. Negassi got past Quintyne who brought him down cynically, although no card was issued when it probably should have been, and Rory Edwards sent the free kick from an angle goalwards, but without enough power to trouble Roberts.

The visitors continued to threaten and Jack Saunders struck the bar from the edge of the penalty area, having just shot over the bar moments previously. Then Reuben Duncan sent his low shot just beyond our far post. They were getting closer and it was no surprise when they went ahead in the 39th minute with a move down the left that was finished off by a shot from around 15 yards across Colwell into the far corner by Tyrese Sutherland.

At this point Wilson was replaced and a couple of minutes later Tommy Williams also needed to go off. In fact every few minutes it seemed like we had another player on the deck. Nick Inwugwu and Ayrán Kugathas came on in their places, but Duncan broke through in the 48th minute after we had failed to clear the danger and smashed the ball back past Colwell from just inside the area, giving him no chance as Redhill registered their second goal. It nearly got worse as Inwugwu had to be alert to clear the ball off the line and although Ade Batula struck just over in the eighth minute of injury time, it was a very despondent looking Salts eleven that trooped off at the break.

The visitors continued to press in the second half and shots came in, but we weathered the storm and on the hour we started to become a lot more competitive ourselves, and the final half hour was much more even as a contest. We put together a good move, only for the final pass to Batula to be accompanied by the raising of the Assistant’s flag for offside. We then held the ball for a bit of time, although the Redhill defence looked fairly solid and despite having our best ten minutes of the match we then conceded a third goal when Grant broke through our defence and finished easily past Colwell in the 70th minute.

We made a couple of substitutions with Ben Amissah and Jaan Stanley joining the fray and Batula saw his shot deflected for a corner. The 79th minute set piece looked like being an easy catch for Roberts, but he dropped it and Inwugwu was there to force the loose ball over the line at the second attempt to register his first goal for the club with the Redhill defenders hoping for a flag or whistle that might save them, but it didn’t come, and rightly so.

Despite pulling a goal back, we rarely looked like adding to it and Redhill almost scored a fourth with a great crossfield pass to the right wing where a low shot from an angle was parried to safety by Colwell. In the final minute of normal time we had our final opportunity when a long ball found the advancing Zach Powell who set up substitute Jaan Stanley who found Batula but the shot was dragged across goal with his weaker foot.

To be fair though, a second goal on the night would have seriously flattered us and we could have no complaints with the final score. More concerningly, with Friday’s F.A. Cup match coming up against Met Police there must surely be some question marks over the availability of some of our players following the injuries and with other players Chester Clothier and Ben Bauchop at the match but also unable to play, we appear to have a rather early injury crisis.

Epsom & Ewell: Toby Colwell, Tommy Williams, Ethan Nelson-Roberts, Zach Powell, Ollie Thompson, Callum Wilson ©, Kiyo Brown, Ash Snadden, Ade Batula, Rory Edwards, Sirak Negassi

Subs: Nick Inwugwu for Wilson (41), Ayrán Kugathas for Williams (44), Jaan Stanley for Brown (74), Ben Amissah for Negassi (74)

Report Source: www.eefconline.co.uk

Rugby Returning To Rugby Lane in Ewell

12 September 2023



This time last year **Sutton & Epsom Rugby Football Club** were looking optimistically at the brand new Regional 1 South Central anticipating opening their account at Lily Hill Park against Bracknell. Twelve months later following a season that was underwhelming in the extreme Sutton and Epsom came bottom of the league and were relegated. With the RFU shuffling the deck once more S&E have been placed in Regional 2 South East. For the second campaign on the bounce the Black & Whites will be welcoming some new league opponents in the form of Battersea Ironsides and Reeds Weybridge. Meanwhile they will be reacquainting themselves with familiar foes like Sidcup whilst Old Colfeians make a welcome return to Rugby Lane for the first time since 2006.

Notable players have departed for a variety of reasons including age, family life or the golf course and Messrs Caddy, Cooksammy, Drye, Harwood, Hurley & See will be hard to replace and a most grateful club offer them their heartiest best wishes for the future. But this is the cyclical nature of club rugby and it will provide an opportunity for young players to step into big boots and establish their reputation as an essential starter for the 1 st XV.

For the supporters the loss of those favourites will be compensated by the long-awaited return to the colours for Matt Whitaker following surgery after a fallow season last time around. One senior player has not hung up his boots and will be hoping for at least one more league encounter as prop Will Lloyd is currently a man with 99 league appearances under his belt and hopes to become the club’s 32nd league centurion.

Head Coach Paul Hodgson commenting on the season ahead said: “Since my return back at Sutton & Epsom RFC, I don’t feel there has been a more exciting time in this transition period between seasons. The main reason being is that a young crop of players, mainly graduates from the S&E RFC Junior section, will be making up the majority of the starting squad. Mixed in with a few experienced players and new faces, I feel the 1 st XV representing this great club will be a very competitive side. My prediction for the season is that there will be a lot of good times playing down at Rugby Lane and there will be some good wins achieved on the road.”

As usual the league season begins on the opening Saturday in September when Sutton & Epsom travel to Whitely Village to experience an inaugural league fixture with Reeds Weybridge. For those of you who frequent Rugby Lane the first home fixture is against Beckenham on Saturday 9th September kicking off at 3pm.

Full fixtures for the season can be found on the club's website

The Rugby Lane ground can be found on this map.

Cruel ending at Calthorpe Park for Epsom and Ewell FC

12 September 2023



Fleet Town 2-1 Epsom & Ewell FC. Combined Counties League – Premier Division South. Saturday 12th August 2023.

Despite a slow start to our opening League fixture of the season, we fought back to equalise and deserve a draw, only to then lose the match to a long range deflected strike in the fourth minute of injury time as Fleet Town edged through by the narrowest of 2-1 score lines.

We made four changes from our win over Horsham YMCA. Our Assistant Manager Ash Snaddon was getting married, while Ade Batula and Chester Clothier were unavailable and Nick Inwugwu started on the bench. In their places came Rory Edwards, Ollie Thompson and Sirak Negassi who had all come off the bench the previous Saturday, while Ben Bauchop made his first appearance of the season. Snaddon's absence, together with both of our coaches Steve Springett and Kevin Espinosa being away, resulted in an emergency call for another of our previous keepers Dave Tidy to step into the role and help James Scott out on the sidelines. Tidy actually had a foot in both camps for this match as had also coached the opposition keeper Roan Strong!

As with recent previous matches we made a slow start and in front of a loud crowd that gave the impression of being more than the official attendance of 109 we went behind in the sixth minute after Bauchop was caught in possession and on a lightning counter attack the ball was fed through to Connor Young who slotted the ball past Harvey Keogh from around twelve yards.

It nearly got worse as our Captain Callum Wilson then also found himself robbed on the edge of the area, although on this occasion the shot was an easy one for Keogh to deal with. The home side were pressing us at every opportunity and it took us a while to come to terms with this.

However, as the half progressed we began to improve and Sirak Negassi got a decent shot away that Strong was able to beat away. Strong played in our colours back in a January friendly before spending the season at South Park and appeared very solid here. He was then alert to make a good save from Negassi a few minutes later after our man had won the ball after a Farnham defender had been caught in possession.

It was at times a very rapid contest with both teams really pushing the other and this energy was shown best by our left wing back Ethan Nelson-Roberts. He had been competing well against the dangerous Fleet winger Naz Miah and in the 39th minute he got forward and won a free kick out wide after the referee had decided we had no advantage. This was a crucial decision as Edwards then whipped in a free kick and Thompson met it about three yards beyond the far post with a solid header back into the net for our equaliser.

The second half started with a scare as Miah went down in the penalty area under a challenge, after making a good run, but it wasn't convincing enough and we escaped. We then had a great opportunity when Bauchop took the ball off a defender and we were suddenly three on two on the edge of the Fleet area, but he couldn't pick a pass to a waiting teammate and we were unable to take advantage.

The game was switching from end to end and if anything it was probably a little too open for both Managers' liking. It also became a bit scrappy in patches as both teams fought for every inch out there. On the hour, former Salt Sam Marks put a decent ball in from the right, although Wilson did well to clear the danger at the last minute with a stretching volley. Miah was then clattered by Thompson who picked up our second yellow card after Wilson in the first half and we made a couple of substitutions with Nick Inwugwu coming on for Thompson and Ben Amissah making his debut in relief of Jaan Stanley who had a quiet day by his standards.

Then things got a little nervy in our area and a close range header was well saved by Keogh. In response Amissah made a good run and found Negassi, although his shot didn't trouble Strong. We saw another debutant enter the fray as Ayran Kugathas came on for Tommy Williams on the right before it was our turn to press for a while. Nelson-Roberts put in a great burst on the left and his low ball in was turned away by a defender, even though a goal kick was awarded. Then Amissah got through on the left too and drew the keeper out, but his pull back was cleared for another corner. Tino Carpena was next to strike at goal from twelve yards but Strong made a good save.

It looked as though it was a matter of time before we would pinch the win, and the Fleet Manager was having kittens on the touchline, but a cruel twist of fate was waiting for us in the 94th minute when Mohamed Konte struck speculatively at goal from around twenty-five yards. I've been advised by people from a different angle to me, who thought the shot was going wide, but the ball struck Inwugwu and flew into the opposite corner with Keogh helpless to do anything about it.

There was still time for us to have a couple of chances as the final seconds expired and Negassi saw his angled shot kept out by Strong. Then from the corner it was all hands to the pump as we rained in three shots on goal in about ten seconds; the second of which from Inwugwu hit a defender fully on the chest while he was standing on the line. A yard either side and we'd have been level, but there were no infringements by the home side and shortly after this the final whistle blew.

Did we deserve to lose this match? Absolutely not! However, for what it's worth and regardless of the entertaining contest, I felt that neither team had done quite enough to say they deserved the win and a 1-1 draw would have been a fair result from this most even of contests. Alas, it was not to be and we now face high-flying Redhill in our opening home League match in three days time.

Epsom & Ewell: Harvey Keogh, Tommy Williams, Ethan Nelson-Roberts, Zach Powell, Ollie Thompson, Callum Wilson ©, Sirak Negassi, Ben Bauchop, Jaan Stanley, Rory Edwards, Tino Carpena

Subs: Nick Inwugwu for Thompson (70), Ben Amissah for Stanley (70), Ayran Kugathas for Williams (77)

Report Source: www.eefconline.co.uk

Salts open season with FA Cup win

12 September 2023



Epsom & Ewell 2-1 Horsham YMCA. Emirates F.A. Cup – Extra-Preliminary Round. Saturday 5th August 2023.

The James Scott era kicked off on Saturday as we opened up our fifth different ground share at Cobham's Reg Madgwick Stadium with a narrow 2-1 win over Horsham YMCA in what was just the second ever competitive meeting between the clubs.

As is almost always the case with a new Manager, you see some new players on the field. However, today's match also set a club record here as ten players made their debuts. We had nine new faces at the start of the match, equalling the record set in both 1945 and 1982 (if you exclude our first ever match of course!) and a tenth debutant, Sirak Negathas, would join the fray from the bench in the second half to set a new mark.

We have of course spent some time at Step Six in recent years, and as a result this was our first F.A. Cup fixture since losing 3-0 after extra time to Beckenham Town way back in the August of 2018, so it's been a while, but we were fortunate that the game took place at all as a torrential downpour made the new artificial surface waterlogged as the players tried to warm up. It looked like the game would be called off, but the referee chose to wait for a while to see whether conditions would improve and at just around 3.00pm the rain relented. By 3.15 it was clear that the surface was going to be playable shortly and we kicked off at 3.30 on the dot! How nice to see a match official apply a bit of common sense, instead of going by the book, which would have forced us all to congregate there again on the Wednesday!

We finally got going under cloudy and leaden skies, but just like our final friendly on Tuesday against Corinthian Casuals we were a bit slow out of the blocks against a team that had already played two Southern Combination League matches and almost went behind in the third minute after a miscommunication between Zach Powell and our new keeper Harvey Keogh resulting in a back pass that was just creeping inside the post before Keogh recovered to claw the ball away.

Keogh looked like he was going to have a busy day as the visitors threatened again seconds later and he had to make a superb double save; first from a long range strike and then from the follow up from a narrow angle. We hadn't really started and he then had to make a third save to tip a header wide from a Horsham YMCA free kick, all inside the opening ten minutes!

The match was taking place almost exclusively in our half and Keogh had to palm away another shot after one of our defenders Nick Inwugwu had been dispossessed, before the visitors finally took the lead in the 21st minute. A corner wasn't fully cleared by our boys and Sekou Toure swivelled well and struck the ball back across everyone into the far corner from around 18 yards.

It was the least they deserved to this point, but we made some changes to our shape and started to look a little more competitive. Tommy Williams made some progress down the right and set up Jaan Stanley, who laid the ball into the path of Ade Batula, but the side footed strike was a weak one and was straight at Harrison Mott in the YMCA goal. Batula then had another chance from an angle which forced Mott into a more challenging save and from the loose ball Williams sent a deep ball in that was headed away from Ethan Nelson-Roberts at the last second.

Nelson-Roberts then picked up a booking for a reason completely unknown to me and new Club Captain Callum Wilson tried his luck from fully forty yards but the shot dribbled wide of the goal. Just as I was about to send out a half time tweet advising the deficit, we pulled out an equaliser somewhat against the run of play as Batula got away down the left flank, cut in and slotted the ball past Mott from about eight yards in the second minute of injury time with the visiting defence nowhere. This was even more impressive seeing as Batula had just received treatment after being on the wrong end of a solid, crunching but fair challenge from Danny White, following a bit of a hospital pass from Ash Snaddon our Assistant Manager!

In the end we played around five minutes of added time, for this and two other delays caused by injury to visiting players who had to be substituted off and a third YMCA substitution would be required just nine minutes into the second half, leaving them with none left, due to the limit of three in FA Cup ties.

As the second half progressed we found ourselves a little on the defensive and a sliced clearance from Keogh gave the opposition a good chance, but the attack was blocked out excellently by Inwugwu for a corner, although as a result of the challenge he was replaced a couple of minutes later by Ollie Thompson. However, in the 63rd minute we took the lead. Williams made good ground on the right wing and his low ball in was just reached by Tino Carpena who got his toe to the ball ahead of a defensive challenge just inside the box and won the penalty. It can't have looked too clear for others as a couple of people asked for my view on it during and after the match, but I was certain and more importantly, so was the referee!

Stanley stepped up and scored his third penalty in three weeks, but his first official one for the club in the 64th minute to give us a 2-1 advantage that we would not let slip. The visitors pushed for an equaliser but they seemed to have run out of ideas and were restricted to a couple of long range efforts and a shot dragged across goal from twelve yards which really should have hit the target. We rarely looked in danger and might even have made it 3-1 after a great run down the right from substitute Negathas which ended with a pull back for Stanley, but he sent the chance just over the bar from ten yards out.

Fortunately the miss didn't cost us and after nearly nine minutes of injury time the final whistle confirmed the victory which now gives us a home tie against Step Four Met Police in the Preliminary Round. It wasn't the greatest of starts, but we grew into what became quite an enjoyable match and I'm just grateful that the game was played, even if it was the final tie to complete on this FA Cup Saturday!

Epsom & Ewell: Harvey Keogh, Tommy Williams, Ethan Nelson-Roberts, Zach Powell, Nick Inwugwu, Callum Wilson ©, Ade Batula, Ash Snaddon, Jaan Stanley, Chester Clothier, Tino Carpena

Subs: Ollie Thompson for Inwugwu (61), Rory Edwards for Snaddon (78), Sirak Negathas for Carpena (88)

Report Source: www.eefconline.co.uk