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Coroner visits Surrey cricket hero’s mental decline

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Coroner’s Inquest visits the loss of former England and Surrey batting great **Graham Thorpe MBE**, who died in August 2024 aged 55. Following an inquest held this week at Surrey Coroner’s Court, his life and tragic death have returned to the headlines, casting fresh light on his legacy and personal struggles.

Born in Farnham, Surrey on 1 August 1969, Graham Thorpe rose through the county’s cricketing ranks with prodigious talent and steely determination. He made his first-class debut for Surrey County Cricket Club in 1988 and quickly established himself as one of the most technically gifted left-handers of his generation.

Thorpe’s early promise blossomed into a formidable career with Surrey, for whom he scored over 21,000 runs across formats. His stylish strokeplay, calm temperament, and ability to perform under pressure made him a linchpin for the county during the 1990s and early 2000s.

Surrey’s return to success in the late 1990s—including their Sunday League title in 1996 and County Championship victories—bore Thorpe’s fingerprints, and his bond with the club remained strong well beyond retirement. He later served as Surrey’s batting coach, mentoring a new generation of cricketers at the Oval.

Thorpe made an instant impact on the international stage, scoring a century on his Test debut against Australia in 1993. Over a 12-year England career, he compiled 6,744 Test runs at an average of 44.66, with 16 centuries—cementing his place among the country’s most reliable middle-order batsmen.

He was central to key series wins in the subcontinent, notably England’s victories in Pakistan and Sri Lanka in 2000, and was named a Wisden Cricketer of the Year in 1998. His unbeaten 200 against New Zealand in 2002 was widely hailed as one of the finest innings of its era.

A naturally modest figure, Thorpe’s contribution to English cricket went beyond runs. He embodied a quiet resilience and professionalism that won the admiration of teammates and opponents alike.

After retiring from playing in 2005, Thorpe remained in the game as a respected batting coach, including roles with Surrey and later as a key figure in the England coaching setup. He was part of the ECB’s elite coaching team and served as a mentor to many of England’s current generation of batters.

However, his career in coaching came to a sudden end in 2022 following the fallout from a video showing players drinking after a heavy Ashes defeat in Australia. Though not the subject of disciplinary action, Thorpe lost his role as England’s batting coach soon after—an event that proved devastating.

This week’s inquest at Surrey Coroner’s Court revealed the full extent of Thorpe’s mental health battle, casting a sombre shadow over his final years.

Thorpe had reportedly suffered from anxiety and depression since at least 2018. After the loss of his ECB coaching job in 2022, his condition deteriorated significantly. He became socially withdrawn, suffered from insomnia, and described feelings of shame and worthlessness.

His wife, Amanda, told the inquest that he had even asked her to assist him in dying, expressing an intention to seek assisted suicide in Switzerland. In April 2022, he attempted suicide and spent weeks in intensive care. Though he made a partial physical recovery, the psychological toll persisted.

On 4 August 2024, Thorpe tragically died after being struck by a train at Esher railway station. The coroner concluded that he had taken his own life. His family chose to speak publicly in the hope of raising awareness and encouraging open conversation around mental health in sport.

Surrey County Cricket Club paid tribute to Thorpe, calling him “one of the finest cricketers the club has ever produced.” The club has honoured his legacy with a commemorative gallery at the Oval and moments of silence at matches.

Teammates and former England captains described Thorpe as a “warrior at the crease” and a “gentleman off it,” highlighting both his cricketing prowess and quiet dignity.

Thorpe’s story has also reignited national debate about the mental health pressures faced by elite athletes and the need for more robust support structures—both during and after their careers.

Graham Thorpe’s life was rich in achievement, marked by loyalty to Surrey, excellence for England, and a deep love for

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the game. But his death also reminds us of the vulnerabilities behind even the most accomplished public figures.

As his family bravely noted, “Graham’s legacy must be more than his cricket. Let it also be a call to look out for each other.”

Thorpe is survived by his wife Amanda and their children. He remains, to many in Surrey and beyond, a hero of the game—and a symbol of the need to treat mental health with the seriousness it deserves.

If you or someone you know is struggling with mental health, contact Samaritans at 116 123 or visit www.samaritans.org.

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