

# Dementia Hub serving Epsom and Ewell

16 March 2023



Epsom & Ewell Borough Council have renamed their Dementia Daycare Service the Dementia Hub - and are using the opportunity to remind those living locally about the fantastic service the Hub offers for the community.

The Dementia Hub, situated in Sefton Road in Epsom, offers specialist respite daycare for people living with memory loss and dementia. It offers a safe, friendly environment where clients can enjoy activities, social interaction and develop skills to improve their quality of life. The Dementia Hub is part of the Community & Wellbeing Centre, a support hub which offers social and recreational activities for over 55s. The Community & Wellbeing Centre also provides services including assisted bathing, a community alarm service, foot clinic, meals at home, a shopping service and transport from home.

The Dementia Hub's new name and logo will make it easier for people to find information about the facility online, as well as helping create a stronger identity for the service. Councillor Alex Coley, Chair of the Community and Wellbeing Committee, said: "We're incredibly proud of the work that the Dementia Hub does to help enrich the lives of people living with memory loss and dementia, and the lives of their carers too.



Cllr Coley RA Ruxley Ward Chair Community and Wellbeing Committee

"The specialist team at the Dementia Hub provide a home-from-home environment where people can take part in memory therapies, gentle exercise, art therapy and more - whilst also making friends. "Caring for a loved one with dementia or memory loss can be challenging at times. The Dementia Hub also enables carers to take precious time to rest and recharge - or simply catch up with essential tasks."



People who are interested in finding out more about the Dementia Hub or who'd like to book a free assessment can call 01372 727583 or visit: [www.epsom-ewell.gov.uk/dementia-hub](http://www.epsom-ewell.gov.uk/dementia-hub)

The Dementia Hub is a service offered by Epsom & Ewell Borough Council at the Community & Wellbeing Centre, on Sefton Road in Epsom.

Full and half day sessions are available for people aged 50+ living with memory loss, dementia, confusion due to medical conditions such as a stroke, conditions such as Parkinson's Disease, and more.

For more information on services offered by Epsom & Ewell Borough Council, visit: <https://epsom-ewell.gov.uk/residents/communities-health-and-wellbeing>