EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

12th November 2026

ISSN 2753-2771

EPSOM & EWELL TIMES
For the community, by the community. A not-for-profit service

Up to £1 where sold

ISSN 2753-2771

Epsom Charity Celebrates Project Milestone with a BBC Radio Takeover

28 March 2025



The Sunnybank Trust is celebrating a major milestone – five years of **Sunny Sessions**, its inclusive radio show dedicated to amplifying the voices of the learning disability community.

Founded during the lockdown by CEO **Dorothy Watson** and Futures Manager **Claire Dawson**, the show began with the goal of keeping the community connected during a difficult and isolating time. *Sunny Sessions* aimed to provide comfort, connection, and positivity through buzzing music, exercise segments, and relevant news updates.

Dorothy Watson, CEO of The Sunnybank Trust, said:
"We are proud to be celebrating five years of Sunny Sessions. What started as a way to connect people has become a vibrant platform run by and for the learning disability community. Congratulations to Jon Andrews, our dedicated producer, and many thanks to Surrey Hills Community Radio for hosting our show."

To mark this milestone, The Sunnybank Trust is pleased to announce that the **BBC Breakfast Show** will host the anniversary celebration on **28 March 2025**, between **7 – 9 am** on **BBC Radio Surrey & Sussex**.

As part of the celebration, the show will feature an interview between **Emma Blackmore**, a Sunnybank reporter based in Bristol, and the consultants from **Understand Us**, a consultancy founded by The Sunnybank Trust in 2019.

Understand Us is a learning disability-led consultancy based in Epsom, offering services such as training, workshops, and audits to help businesses become more accessible to people with learning disabilities. For more information, visit understandus.co.uk.

During the interview, the consultants will share insights into their roles, discuss how businesses can benefit from Understand Us, and reflect on their favourite projects.

James Cannon, BBC Producer, said:
"We are incredibly proud of the journey Sunny Sessions has taken over the past five years. This anniversary and the feature on BBC Breakfast provide an opportunity to share the voices and stories of the individuals who have been part of the show's success. Our mission has always been to amplify these voices and promote inclusion, and we are excited to take this next step in reaching an even wider audience."

Today, *Sunny Sessions* is presented by **Jon Andrews**, who brings his passion and energy to the show as it continues to grow. The programme has expanded to cover a wide variety of topics, providing a platform for people to share their stories, engage in meaningful discussions, and raise awareness about issues that matter to them.

Jon Andrews said:
"I'm incredibly proud of what we have achieved with the radio show and excited to see where the next five years will take us."

The Sunnybank Trust

Photo: **Jon Andrews from The Sunnybank Trust**, and **James Fieldus, a Sunnybank Reporter.** Photo by The Sunnybank Trust.

© 2021-2026. No content may be copied without the permission of Epsom and Ewell Times Ltd. Registered office: Upper Chambers, 7 Waterloo Road, Epsom KT19 8AY