

Epsom man awarded for psychosis interventions

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A Peer Support Volunteer based in Epsom has won a Gold Award at the annual Surrey and Borders Partnership NHS Foundation Trust Staff Awards for his extraordinary contribution to the Early Intervention in Psychosis (EIIP) team, which previously supported him.

David Laycock received the Award for a Person with Lived Experience, recognising his remarkable impact on the EIIP team for East Surrey, which supports individuals aged 14-65 who have experienced psychosis. Drawing from his own lived experience of the disorder, David now helps others on their path to recovery, sharing his personal story to inspire hope, reduce stigma, and encourage engagement—particularly among men who may find it difficult to talk about mental health.

He also contributes to the development of EIIP workshops, including the service’s innovative Canal Boat project, which teaches service users to drive a boat—an initiative designed to build confidence and aid recovery through hands-on learning and empowerment.

David received his award during the trust’s 17th annual Staff Awards, an event held at Reigate Manor Hotel on Wednesday, 14 May. Over 160 guests attended, including Councillor Rich Michalowski, Mayor Elect of the Borough of Reigate and Banstead.

Reflecting on the recognition, David said: “Having been cared for by the team I now volunteer with and to be recognised at such a prestigious event celebrating the incredible work so many people do within the trust has been extremely humbling. Volunteering with EIIP has been so rewarding in so many ways, from helping to organise groups to being able to share my lived experience—every aspect of my journey has been supported by our incredible team.”

David’s nominator added: “He has overcome his challenges and now proactively supports others. He is warm, welcoming and has a lovely sense of humour he brings to everything.”

Surrey and Borders Partnership NHS Foundation Trust provides a wide range of specialist services in mental health, learning disabilities, and substance misuse. Operating across Surrey, North East Hampshire, and parts of Sussex, the trust also delivers social care for individuals with learning disabilities in Croydon and autism assessment services in Hampshire. With a workforce of over 2,400 staff across 39 sites, the trust is a major regional provider. This independent recognition underscores the Trust’s ongoing role in promoting recovery-focused, person-centred care through the dedication of staff and volunteers alike.

Image L-R: Graham Wareham, David Laycock, Peer Support Worker, Andrew Jackman, Lead Governor