



Epsom medics sky-dive for babies

A team of obstetricians, gynaecologists, neonatologists and nurses who work at **Epsom and St Helier NHS Trust** have raised nearly £10,000 for **Bliss**, the UK's leading charity for babies born premature or sick.

Radhika Viswanatha, Nina Underwood, Ramesh Ganapathy, Demetri Panayi, Salim Yasin, Charlotte Pearse, Vicky Minns, Cristina Arias-Rey and Sharon Young took part in a skydive on 28 May 2023 at the Old Sarum Park in Salisbury.

1 in every 7 babies born in the UK will need specialist care and the group have a special link to Bliss, as they each look after women and their babies during pregnancy and delivery and beyond at Epsom and St Helier Hospital.

Some of the babies they deliver are more vulnerable than others, so are looked after by the hospital's neonatal team.

Demetri Panayi said: "Our charity skydive was born out of moments of madness, midlife crises and irrational personal desire! But it gave us the opportunity to raise money for a cause close to our hearts, and to our patients."

Donations to their skydive are helping Bliss to drive improvements in neonatal care, to ensure that the needs of babies are at the heart of policy and planning for the future, and to provide information and support to all families with a baby born premature or sick.

Richard Moody, Director of Fundraising at Bliss, said: "We are so grateful for the exceptional fundraising efforts of Demetri and his colleagues. Each donation to Bliss is going towards our mission of helping all babies born premature or sick in the UK have the best chance of survival and quality of life.

"This is a great example of how a perinatal team can come together to raise awareness and money for Bliss."

You can find more information and donate here: <https://www.justgiving.com/page/skydive2023>

Molly Gorman