



Epsom Mother and Daughter join British Army together

9 August 2025



A mother and daughter from Epsom have completed Army entry training within weeks of each other, marking the start of their respective military careers.

Sherene De Stadler, 40, will join the Army Reserve with the Grenadier Guards, while her daughter Chloe, 17, has graduated from the Army Foundation College in Harrogate.

Chloe was among 750 Junior Soldiers taking part in a parade at Harrogate to mark the end of months of basic training. The programme included military skills, fitness, education and a two-week battle camp and tactical exercise to prepare recruits for Army life.

Having completed phase one training, Chloe will now move on to trade training in her chosen specialism. She hopes to join the Army Air Corps as ground crew, aiming to work with Apache helicopters as part of the rear crew team.

She enlisted shortly after sitting her GCSEs at Epsom High School. "Joining the Army always interested me because of all it has to offer," Chloe said. "I am grateful for the opportunities it will give my future career and the challenges I will need to overcome to get there."

Over 5,000 family members attended the parade, including Sherene. "It felt amazing knowing my mum was in the audience, knowing what I've gone through to be on that parade square," Chloe said. "It's so nice to be able to talk to her about Army life because she understands and can relate to it. I hope my mum is as proud of me as I am of her."

Sherene, who completed her own basic training weeks earlier, said: "There's definitely been loads of tears from myself and her father today. Chloe has quit projects before when they've been hard, so I'm very proud of her for going through the challenges of Army training and enjoying it."

Chloe fought to get time off to attend Sherene's passing out parade earlier this year. "It's very different from watching your daughter graduate from university," Sherene said. "We've completed training so close together that we both have a unique mother-daughter bond that not many people get to have."

Chloe's advice to any young person considering the Army is: "Try your hardest and do not let other people get into your head."

The Senior Inspecting Officer at the Harrogate parade was Chief of the General Staff, General Sir Roly Walker, with former England football manager Sir Gareth Southgate as guest of honour.

The Army Foundation College takes two cohorts of Junior Soldiers each year, offering either a 49-week course or a shorter 23-week course.

For more information, resources and how to join junior training at AFC Harrogate click [here](#).