

Epsom Pantry has a sister in Banstead

Sat bang in the middle between M&S and Waitrose on Banstead high street, a new community food store has opened to help people struggling to buy affordable groceries in Surrey.

Surrey's second pantry officially opened October 7, stocked with donations and surplus food from supermarkets which would otherwise be thrown away. For just £5 a week, members of the pantry can receive £30-35 worth of food and household items.

"We want shopping to be a dignified experience," said Project Manager Bex. She explained that everyone can access good quality food and members have the choice of what they want to buy, like in any shop.

After a soft launch in mid-September, the pantry already has about 75 members despite no advertising. "There is a really nice buzz when it opens up," Bex said. "People sometimes shop at the same times to meet people every week, or share recipes if buying the same ingredients."

Located on Banstead's high street, Pantry Manager Ashley said it was important for there "not to be any shame associated" with coming to the food store. "Living in Surrey is can be really difficult when you don't have a disposable income."

Although Banstead features low on the level of deprivation in Surrey, Ashley explained that there are pockets of hidden food poverty. "Sometimes where there is obvious need, there is obvious help," Ashley said. Banstead's pantry aims to address this issue in providing support for people who may be missed in areas more affluent.

Epsom Pantry first opened in July 2022, as the cost-of-living crisis was beginning to pinch. The typically leafy market town has been ranked in the top 10% of least deprived areas in the UK. Now, with around 400 members to the pantry, Epsom is now oversubscribed.

Bex, who used to work at Epsom Pantry, said there was a real community feel. "People used to come in at similar times, rely on each other and check-in how people were doing," Bex said.

The mission of the Pantry is to bridge the gap between food banks and commercial grocery stores. Some people may not be eligible for crisis support from Food banks but are still struggling to make ends meet in their weekly shop.

Fresh fruit and veg is free, with high value items like Kellogg's Crunchy Nut and Yorkshire Tea more restricted. Standard cupboard essential like pasta, tinned beans, herbs and biscuits are also on offer.

Customers can sign up to the Pantry and answer a few questions about their financial situation. Then, they will be invited in for an assessment to see if the Pantry is the right support for them or whether they need any other help.

Beyond the food store operations, the pantry is also looking at putting on cooking classes, sewing workshops, energy saving guides to help members save money and develop community.

The initiative is led by a partnership between Raven Housing Trust (RHT), Good Company Surrey, as well as Reigate and Banstead Borough Council. RHT's housing association and the council can point people in the direction of the service who may be eligible for support.

Link: <https://www.yourlocalpantry.co.uk/pantry-listings/banstead-pantry-surrey/>

Food bank locations: <https://epsomewell.foodbank.org.uk/locations/>

Image: Project Manager Bex and Pantry Manager Ashley outside Banstead Pantry. (Credit: Emily Dalton/LDRS)