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Epsom residents to get “care closer to home”?

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Residents across East Surrey and Surrey Downs are set to benefit from more joined-up healthcare closer to home, as the area becomes one of the first in the country to roll out a new NHS neighbourhood health service.

The initiative forms part of the **National Neighbourhood Health Implementation Programme (NNHIP)** – a flagship element of the NHS Long Term Plan designed to move more care out of hospitals and into communities. Forty-three sites nationwide have been chosen to pioneer the programme, which brings together doctors, nurses, care staff, voluntary sector partners and community organisations into one coordinated neighbourhood team.

The idea is simple but ambitious: to make it easier for people to access help where they live, particularly those with multiple or complex needs, and to reduce pressure on hospitals by intervening earlier and more effectively in the community. Nationally, the NHS has argued that neighbourhood-based teams are key to tackling challenges such as an ageing population, rising demand for urgent care and workforce shortages, while also offering a more personalised, holistic service.

Local impact

Surrey East – covering Reigate, Oxted, Epsom, Dorking and Leatherhead – has already been recognised for its collaborative, place-based approach to health and care as part of the **Surrey Heartlands Integrated Care System (ICS)**. By joining the national programme, local leaders believe they can accelerate that work.

Thirza Sawtell, Place Lead for Surrey East, said:
“Our work within Surrey East has long embraced a neighbourhood-based approach to health and care, and joining the NNHIP marks an exciting opportunity to build on that foundation. Being part of this national

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programme builds on our ambition to shift care out of hospitals and into the heart of our communities, tailoring care around the specific needs of our residents and putting them at the very heart of our decision making.

“We’re proud to be part of a movement that’s driving real change in how care is delivered locally, which ultimately will help improve health outcomes, reduce reliance on hospital services, and support our communities to live healthier, more independent lives right where they live.”

Alongside East Surrey, **Surrey West** – newly formed from the North West Surrey and Guildford & Waverley alliances – will take part in the **South East Neighbourhood Health Accelerator Programme**, which focuses on strengthening team working, responding to local health priorities and testing practical projects to improve access to services.

National background

The NHS has been gradually building neighbourhood-level models of care since the publication of the Long Term Plan in 2019. The goal is for Integrated Care Systems across England to establish around 1,000 such neighbourhoods, typically serving populations of 30,000–50,000 people. Each will be supported by multidisciplinary teams – from GPs and district nurses to physiotherapists, mental health workers and social care staff – working together to prevent ill-health and provide continuity of care.

Early pilot schemes in other parts of the country have reported benefits such as fewer hospital admissions for frail patients, faster access to community mental health support, and more proactive management of long-term conditions like diabetes and COPD. The rollout in Surrey East means local residents are among the first to see these principles put into practice.

Sam Jones – Reporter



Image: Idealised neighbour hood health centre

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