

Epsom's World Mission Society Church of God response to social justice day

13 March 2025



February 20th, 2025, was a Thursday, but it was not just any Thursday—it was the **UN's World Day of Social Justice**. Many people are unaware of this important day, observed annually on February 20th, which aims to promote **equality, solidarity, and human rights**, while addressing **poverty, unemployment, and social exclusion**.

How is World Day of Social Justice Observed?

There are many ways to take part in this day, including:

- Learning and researching social justice issues
- Supporting organisations through donations, volunteering, or spreading awareness
- Engaging in community activities

For more ideas on how to observe the day, visit the Awareness Days website.

Volunteers in Epsom Take Action

On **Wednesday, 26th February**, a group of volunteers from Epsom put social justice into action at the **Nourish Hub**. The volunteers, from the **World Mission Society Church of God**, commemorated the day by **donating food and volunteering**. This initiative was part of a larger campaign called **"Hold Hope!"**, which was carried out across **30 countries** to mark UN Social Justice Day.

The volunteers had been preparing for about a month. Initially unsure of what to donate, they obtained a **wish list** from the Nourish Hub and packed enough food for **15 to 20 families**. The **Nourish Hub staff** were extremely grateful, with the manager stating that the donation would significantly help in providing **nourishing meals**. The **deputy manager** was especially delighted, noting that the donation was almost equal to the food currently in stock.

What is the Nourish Hub?

The **Nourish Hub**, located in **Shepherd's Bush**, is run by **UKHarvest**, an environmental charity dedicated to **reducing food waste and promoting healthy eating**. The hub is also supported by **Hammersmith and Fulham Council** and provides an average of **200 meals per day** to those in need.

Across the UK, including in **Epsom and Surrey**, food banks are working tirelessly to support struggling individuals and families. Often, we don't give much thought to food banks, but **small donations can make a big difference**. As the saying goes, **"Every little helps."**

Spreading Love and Raising Awareness

The volunteers wanted to **share love and raise awareness** of social justice, especially on this day. They found great fulfillment in helping others and hope their efforts inspire **you** to take action and support your local community.

The **Church of God**, which operates in **175 countries**, continues to engage in **diverse voluntary activities**. The **Epsom branch, located on East Street**, is planning more initiatives, including:

- **Donations to the Epsom & Ewell Foodbank**
- **Street clean-ups**
- **Help for the homeless**
- **Tree planting**
- **And more!**

Get Involved - Volunteering is Good for You!

Did you know that **volunteering is proven to improve well-being**? Helping others **boosts happiness and mental health**. If you have some free time, why not **get involved, make a difference, and brighten someone's day—along with your own**?

Joseph Adams