

# Community Wellness Day

23 March 2026



Epsom and Ewell Hub are hosting a free Community Wellness Day in Epsom on Thursday 26th March.

We will have a variety of wellbeing charities in attendance, we can support you with signposting and will be hosting a range of workshops throughout the day. This event is free to attend.

Event: Community Wellness Day

Where: Epsom and Ewell Hub | Global House, 2nd Floor, 1 Ashley Avenue, Epsom, KT18 5AD

When: Thursday 26th of March between 10am - 3pm - Come anytime