

# Love Me Love My Mind workshop

7 March 2023



The Friends of Horton Cemetery has been awarded a grant by Historic England for the Out of Sight, Out of Mind digital, arts-based project, revisioning the life histories of patients in Europe's largest asylum cemetery. Led by Dr Alana Harris on behalf of the charity, we seek to recapture the stories of patients and create a crowd-sourced memorial, overcoming historical amnesia, neglect, and inaction.

As a part of this project, we are painting 900 ceramic flowers to commemorate the 9000 patients buried through regular arts-therapy-based craft workshops.

All welcome. Free of charge.

The event includes discussions about mental health past and present.