



## Health & Wellbeing Fair

17 September 2023



Please visit our Health & Wellbeing Fair taking place in Rosebery Park, Epsom. This free event includes talks and demonstrations from groups and small businesses that promote living wellness. Have your posture checked, your back massaged, your body stretched, your mind and tastebuds nourished plus lots more. Children can find their rhythm, have their faces painted and join our fun and informative Tree Trail, (trail entry fee applies) with a prize for completion. The fair is hosted by Age Concern Epsom & Ewell to help raise funds and awareness for the services that we provide for our older community.