

# Woodland Walk & Talk at Long Grove Park, Epsom

3 July 2026



Join us on Sunday 12th July at Age Concern Epsom & Ewell's 'In Memory Woodland' in Long Grove Park, Epsom, for a free guided woodland trail. Led by designer Howard Gregory, you'll discover how the woodland was created using his unique Lifecycle Woodland approach to support nature and biodiversity. Explore beautiful trees, seasonal flowers, and wildlife while learning how each element contributes to a healthy, thriving environment. Trail sessions are available at 11am, 1pm and 3pm. Perfect for nature lovers, gardeners, and anyone who enjoys peaceful walks. The woodland is located in Long Grove Park, Epsom, KT19 8TF.