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Excellence on ageing

28 April 2023



Between the two censuses of 2011 and 2021 the over 65 population of Epsom and Ewell increased by 16.1% to a total of about 14,670. About 18% of the total Borough population of about 81,000. As of 2021, Epsom and Ewell is the 12th most densely populated of the South East's 64 local authority areas, with around 17 people living on each football pitch-sized area of land. Surrey University is doing something about ageism.

Combatting ageism and promoting the interests of older people through scientific research is crucial, particularly as a response to the discriminatory treatment they faced during the pandemic, according to the Director of the University of Surrey's new Centre of Excellence on Ageing.

The University of Surrey's new centre is in partnership with the Global Initiative on Ageing (GIA), which operates under the auspices of the United Nations. The Centre was formally launched on 26 April 2023, with the University hosting a formal dinner that brings together notable scholars and stakeholders focused on ageing. This was followed by a one-day showcase on 27 April, celebrating Surrey's work in areas such as ageing and work, artificial intelligence and ageing, sleep patterns, nutrition, and generational shifts in ageing.

Professor **Max Lu**, President and Vice-Chancellor of the University of Surrey, said:

"The Surrey community is deeply passionate about improving the standard of wellbeing for our elderly population – this is evidenced in our internationally-recognised research activities in areas such as improving the quality of sleep of individuals living with dementia, improving inclusion of the elderly population in the tourism and hospitality sector, and investigating the mechanisms underlying osteoarthritis and finding ways to treat it.

"The new Centre of Excellence for Ageing will serve to amplify these efforts, allowing us to understand more and provide genuine solutions that help to enrich the lives of our elderly relatives, friends, and fellow citizens while safeguarding their rights."

More than 1.1 billion people worldwide are over 65 years of age; by 2050, the global population will be more than 2.1 billion.

GIA's mission is to support the goals laid out within the UN Decade of Healthy Ageing, and the Sustainable Development Goals (SDGs), by improving the overall standard of living, participation and inclusion of the world's ageing population. One of GIA's key implementing partners is the UN's Institute for Training and Research, UNITAR, which is dedicated to training and capacity building on a whole range of policy-based areas.

Professor **Paul A. Townsend**, the inaugural Director of the Centre of Excellence on Ageing and Pro-Vice-Chancellor and Executive Dean of the Faculty of Health and Medical Sciences at the University of Surrey, said:

"I am incredibly proud to be part of our new Centre of Excellence on Ageing, which is a critical part of a global movement that recognises the need for a better understanding of the life course and ageing. We will focus on processes ranging from preconception through to appreciating the treatment of our elderly population. The pandemic disproportionately affected our seniors, leaving them to face discrimination and a lack of sympathy, with many left in care homes unable to see their families. This new Centre is dedicated to helping older people to benefit from the latest research and greatest advances in science today. They should receive the respect, care and quality of life that they deserve."

Silvia Neira, Vice President of GIA, said:

"We are thrilled to announce the launch of the Centre of Excellence on Ageing at the University of Surrey. This new initiative will build on the incredible work of the GIA Foundation, expanding our capacity to research and engage with the many intersections of ageing and longevity."

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