EPSOM & EWELL TIMES
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It’s Walk to School Week in Surrey

17 May 2023



May is the month to talk about walking, more walking and even more walking. The weather is brighter, dryer and warmer and is the best time to get outdoors as a family.

We know how important walking to school is for children’s health and the environment. It reduces congestion, improves road safety at the school gates and instils lifelong healthy habits. It’s been proven that children who do some form of exercise, especially a walk before school, do better in class because they arrive refreshed, fit and ready to learn.

The school run alone is responsible for generating half a million tonnes of CO2 nationally per year

Not everyone is able to walk to school, but there might be part of the journey you could walk. This Walk to School Week (15 to 19 May), could you think about turning rides into strides which can really make a difference? Take a look on our active travel webpage for inspiration.

Making it safe for Surrey’s children

It’s important for parents to know that their children are safe when walking along a road. This is where our Feet First: Walking Training comes in – a programme that provides school children aged 7 to 8 years old (Year 3) with the road safety skills to enable them to safely walk to and from school with their parents and carers, whilst also preparing children to travel independently in the future. The training is done in the classroom as well as using online resources, at home activities and taking children outside on Surrey’s streets for them to practice what they’ve learned in a real-world environment. It includes teaching:

- The Green Cross Code and how to cross the road safely
- Road signs and pedestrian crossings
- Recognising safe and unsafe places to cross
- Dealing with distractions and rushing
- How to cross between parked cars
- Understanding vehicle lights and sounds
- Crossing driveways
- The benefits of active travel

Last term, our Feet First: Walking Training instructors taught 3,500 pupils across 65 schools the skills they need to stay safe on Surrey’s roads. By the end of this academic year our instructors will have taught over 5,500 pupils at nearly 100 primary schools in the county.

For more information on the training visit the Walking training for schools webpage or speak to your school to see if they’re signed up.

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