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Meet the man cycling to Ukraine for charity

When raising money for charity, some people do bake sales, others go on a sponsored run or maybe organise a benefit concert, but one Epsom resident is doing something a little different.

If you're in the town centre today, look out for Rob Carin who has popped himself on an exercise bike to cycle the whole distance from Epsom to Ukraine, in order to raise money for the Ukrainian people. Rob Carin is a volunteer for SSWU (Surrey Stands with Ukraine), a wonderful charity we've spoken about before, they're set up in the Ashley Centre, taking donations for much needed medical supplies to send to Ukraine, along with other essentials. SSWU has done amazing work, uniting local people and inspiring charitable spirit for a country in crisis.

Rob tells me that the volunteers take it turns on the bike, and that they average 100KM a day. Collectively, they're going to cycle the full distance of 2504KM from Epsom to Independence Square in Ukraine.

Go along and donate to him if you can, and support the fantastic work that he and SSWU are doing during this crisis.

To donate to Surrey Stands With Ukraine, please follow the link below:

surreystandswithukraine.org

Read more of our community and volunteer-based coverage here.