## Yes to chocolate, tea, apples and grapes

We might have another reason to enjoy our daily cup of tea or small piece of dark chocolate, as a new study from the University of Surrey has found that naturally occurring compounds called flavan-3-ols – found in cocoa, tea, apples and grapes – may improve blood pressure and the health of our blood vessels.

The research, published in the European Journal of Preventive Cardiology, analysed data from 145 randomised controlled studies, and found that regular consumption of flavan-3-ols can lead to a reduction in blood pressure readings, particularly in people with elevated or high blood pressure. In some cases, the average blood pressure-lowering effects were comparable to those seen with some medications.

Flavan-3-ols were also found to improve the function of the endothelium – the inner lining of blood vessels – which is crucial for overall cardiovascular health. This improvement occurred independently of blood pressure changes, suggesting a broader positive impact on the circulatory system.

Professor Christian Heiss, lead-author of the study and Professor of Cardiovascular Medicine at the University of Surrey, said:

"The findings are encouraging for those looking for accessible ways to manage their blood pressure and support their heart health through enjoyable dietary changes. Incorporating small amounts of commonly consumed foods like tea, apples, dark chocolate, or cocoa powder into a daily balanced diet could provide beneficial amounts of flavan-3-ols.

"While not a replacement for prescribed medications or medical advice, including more flavan-3-ol-rich foods in a daily routine could be a valuable addition to a healthy lifestyle, especially for those with higher blood pressure. These are findings that, although promising, require ongoing investigation."

### No release from LGR releases

## Surrey district and borough councils submit proposal to government outlining vision for future governance in the county

Today, district and borough councils in Surrey have submitted proposals to government outlining their vision for the future of local government in Surrey.

Nine district and borough councils support the formation of three unitary councils (Epsom & Ewell, Guildford, Reigate & Banstead, Runnymede, Spelthorne, Surrey Heath, Tandridge, Waverley and Woking) while two district and borough councils (Elmbridge and Mole Valley) and the county council favour two. Both proposals are published on council websites.

The proposal submitted by district and borough councils supporting three unitary councils is underpinned by the following priorities:

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- housing and infrastructure delivery
- unlocking devolution
- valuing and advocating for Surrey's unique local identities and places
- providing strong democratic accountability, representation and community empowerment
- securing financial efficiency, resilience and the ability to withstand financial shocks
- delivering high-quality, innovative and sustainable public services that are responsive to local need and that enable wider public sector reform.

Speaking about the proposal for three unitaries, Councillor Hannah Dalton, Chair of the Surrey Leaders Group and Leader of Epsom & Ewell Borough Council, said: "Today, district and borough councils have submitted a proposal for local government reorganisation in Surrey, a proposal rooted in what local government is all about: local identity, representation and economic alignment.

ISSN 2753-2771

This is a once in a generation opportunity to shape Surrey's future, to improve outcomes and opportunities for our residents, businesses and people across the county who rely on us most. We look forward to the government's response to our proposal.

The government set out proposals for local government reform in the English Devolution White Paper. This outlines their plans to move away from the current two-tier system of district and county councils.

Residents can keep up-to-date with plans for local government reorganisation on the Surrey Local Government Hub.

Proposals can be read here: Epsom and Ewell Democracy and on all Surrey council websites.

## Surrey's children services improve

After a seven-year improvement process, Surrey County Council's children's services spun its 'Inadequate' Ofsted rating to 'Good' on May 9.

Inspectors looking at the council's performance in March found "services have improved substantially since the last inspection". In 2018 Surrey was slammed with an 'inadequate' rating for their children's services, which include supporting children and families' welfare and protecting vulnerable kids. This picked up slightly in 2022 but Ofsted inspectors still said they still "required improvement".

But the new Ofsted report finds "most children and families in Surrey now receive the help, protection and care that they need". The report read: "A model of strengths-based practice has become embedded since the previous inspection. In particular, the quality and consistency of relationship-based practice, direct work with children and families, and written records have significantly improved."

The inspection focussed on the experiences and progress of children who need help and protection, those of children in care, and those of care leavers, as well as the impact of leaders on social work practice with children and families. Each of these focus areas were also judged to be 'good', alongside the overall effectiveness.

Inspectors said: "Given the size and geography of Surrey, this is impressive and means that most children in Surrey receive effective help and support that improves their lives."

The report detailed social workers use creative life-story work to help children understand why they are in care. It read: "The impact of this was evident in the words of one child, who, after completing life-story work, said, 'Considering everything that has happened to me, and everything I have been through, I am pretty amazing.' "

Clare Curran, cabinet member for children, families and life-long learning, said the services have been on an "amazing improvement journey". She explained a lot of hard work from the council's staff and partners has gone into "tirelessly supporting Surrey's children in often very difficult circumstances".

Speaking to the Local Democracy Reporting Service (LDRS), the Conservative councillor said the Ofsted report put the new authorities under local government reorganisation in the "strongest position". Cllr Curran said: "It will really empower the new shadow authorities to take services for children and young people to the next level."

A model of strengths-based practice has become embedded since the previous inspection. In particular, the quality and consistency of relationship-based practice, direct work with children and families, and written records have significantly improved.

Recruitment, especially in senior and experienced professionals, has been flagged as an issue in the past for Surrey as part of a wider national problem. Inspectors said the county has improved its staffing since the last inspection which has partly been tackled by the council's training and development programme.

Some inconsistencies and room for improvement were highlighted on children's safety plans-which outline specific safeguarding risks in the present and future. Inspectors found their safety plans did not always clearly show the immediate actions a family should take for child protection, or what to do if risk increased.

Inspectors also highlighted the county council is inconsistent in providing support and services to children placed outside of Surrey. These kids, who are born in Surrey, may have to live outside the county because that is the best home for them currently. But Ofsted found children living outside of Surrey do not always get timely health inspection or get the protective responses needed if they go missing or are at risk of exploitation.

ISSN 2753-2771

Inspectors noted that some care leavers (18-year-olds who are leaving foster or residential care) are not studying, working a job or in training, the report noted. Although the numbers are reported to be reducing, leaders recognise there is more to do.

"We're redoubling efforts to make sure that every young person, particularly those who have care experience, is really supported to be able to fulfil their potential and achieve their goals," said Cllr Curran. She explained not every one will want to go to university, but it is ensuring people have the right career pathway, training or volunteering opportunities open to them.

Care leavers remain living with their foster carers when this is possible, and most live in suitable homes that meet their needs. However, a small number of care leavers do not obtain suitable permanent accommodation at the right time for them. The disparity in banding across 11 district councils is a perennial factor in a minority of care leavers not securing the right accommodation at the right time.

Cllr Curran said: "It's showing the really good relationships our workers are developing with children and young people that they support, and putting children at the heart of their work. I was really pleased to see that the inspectors noted that our social workers work in a kind, sensitive, motivational, and respectful way. We're striving for all children to reach their full potential.

"I want to extend my personal thanks to the leaders of the service and also all of the staff for the tireless and determined way that they have worked with children and driven this marvellous improvement through.

"We know there is still more to do to ensure that every single child in Surrey gets the positive experiences and outcomes that they deserve. We are now focused on our areas for development and are united in our determination to continue to provide even better care for children and young people in Surrey."

Surrey County Council headquarters. Credit: Emily Coady-Stemp

## Surrey Uni knows the display way to San Jose

A radical new approach to display screen technology could halve production costs, reduce harmful waste, and deliver brighter, more energy-efficient screens for our smartphones, smartwatches, and even certain medical devices, say researchers at the University of Surrey.

Most display screens use complex circuits made up of tiny switches called thin-film transistors (TFTs), which control when each pixel turns on or off and how bright it should be. However, building these circuits requires a lot of time, energy, water and harsh chemicals, making the manufacturing process expensive and resource-heavy.

At this year's Display Week 2025 Technical Symposium in San Jose, California (11-16 May), Dr Radu Sporea and Dr Eva Bestelink will unveil their latest research, based on a new type of electronic component called a multimodal transistor (MMT). Originally designed as a hardware AI computing element, the MMT also has the ability to simplify display circuits while improving performance and sustainability.

Dr Radu Sporea, Associate Professor in Semiconductor Devices at the University of Surrey, said:

"Our invention challenges decades of industry practice by embracing properties usually seen as flaws. In most displays, engineers try to eliminate the energy barriers that form where metals meet semiconductors because they restrict current flow. But instead of working around them, we've made those barriers central to how our transistors operate.

"Using these effects deliberately, we've shown that the electronic circuits at the heart of display screens can be made with fewer components and processing steps – reducing waste, cutting costs and improving performance. And because it works with existing materials and tools, it's a smarter, more sustainable upgrade for the screens we use every day. For the user, the reduced power requirements in operation will also mean significantly improved battery life."

The MMT's unique operation enables extremely compact, high-performance circuits that are particularly well suited to devices where size, energy use and image quality are critical – such as smartphones, tablets, smartwatches, automotive displays, and future wearable devices.

The technology is already showing promise in simulations, with real-world applications in AMOLED and microLED displays – two of the most advanced and rapidly growing areas of screen technology. It can also be integrated into current production lines with minimal disruption.

Dr Eva Bestelink, Senior Research Fellow at the University of Surrey's Advanced Technology Institute, said:

"I've been working on this technology since my undergraduate days at Surrey, where I had the idea to develop a transistor based on neural behaviour, so seeing it evolve into something with real-world potential is incredibly rewarding. We've shown that it's possible to rethink how displays are built without starting from scratch.

"The MMT lets us design circuits that perform better while also being cleaner and cheaper to make. That's a win for manufacturers, a win for users and a win for the environment. Beyond displays, it could also have major applications in areas like microfluidics, imaging arrays and hardware AI. We're still actively researching the AI potential, but the implication for revolutionising manufacturing is clear – especially if we're to achieve Net Zero."

Dr Bestelink and Dr Sporea will present their research on 15 and 16 May at this year's Display Week 2025 Technical Symposium in San Jose, California. Their invention – the multimodal transistor (MMT), now granted a US patent – builds on more than two decades of pioneering research in thin-film electronics at the University of Surrey.

Image: By Redd Angelo in Technology CC0 license

# Surrey Uni Research Exposes Toll of Controlling Coaching on Athletes' Health

Controlling coaching tactics shatter athletes' wellbeing, says new study

Controlling coaching styles disrupt athletes leaving them vulnerable to physical and psychological strain, according to a new study from the University of Surrey and the Université du Québec à Montréal, Canada.

This exposes a critical flaw in current sporting culture that prioritises results over athlete welfare. The research argues that coaches who micromanage and belittle athletes are fuelling both acute stress and burnout in their teams.

The study, published in Motivation and Emotion, tracked 72 student-athletes from Université du Québec à Montréal, Canada, using daily diaries to capture their experiences and heart rate variability (HRV) measurements to assess their stress responses. This combination of psychological and physiological data provides a comprehensive picture of how coaching behaviours seep into athletes' daily experiences, affecting their motivation and mental state. Researchers analysed how athletes perceived their coaches' behaviour and then linked these perceptions to both their psychological needs (satisfaction or frustration) and their psychobiological health.

Autonomy-supportive coaches – those encouraging choice and collaboration – boosted athletes' mental resilience. In contrast, controlling tactics like public criticism and arbitrary punishments spiked acute stress and eroded long-term wellbeing.

Dr Sebastiano Massaro, Associate Professor of Organizational Neuroscience and co-author of the study at the University of Surrey said:

"It's heart-breaking to see how these controlling tactics, often masked as 'discipline' or 'tough love', are fundamentally damaging our athletes."

Florence Jauvine, at the Université du Québec à Montréal, Canada, added:

"We're not just talking about hurt feelings; we're seeing measurable increases in stress and burnout that can have long-term consequences for their careers and their lives."

The research highlights a crucial counterpoint: when coaches support athletes' autonomy – giving them choices, acknowledging their perspectives, and encouraging their growth – it fuels their psychological needs, leading to greater engagement and acting as a buffer against burnout. The data shows a powerful connection between autonomy-supportive coaching, need satisfaction, and positive athlete outcomes.

Dr Sebastiano Massaro continued:

"We urge sporting organisations and governing bodies to implement urgent changes. This includes mandatory training for coaches at all levels, focusing on autonomy support and the detrimental effects of controlling behaviours. A shift in emphasis is required, moving away from a win-at-all-costs mentality towards a model that prioritises the holistic well-being of athletes."

## Sutton & Epsom Secure Spot in the Final with Another 49-Point Display

Sutton & Epsom 49 - Harlow 19. Saturday 10th May

A great deal of credit must be given to Papa Johns for their contribution to grassroots sport. Sutton & Epsom have finally caught up with their soccer neighbours in Gander Green Lane and heartily embraced the competition. In 2022 Sutton United had a day out at Wembley for the 2022 EFL Trophy Final sponsored by the renowned pizza supplier. United lost 4-2 after extra time having been denied by Rotherham's 96th-minute equaliser in normal time. In contrast to the soccer competition that had all of the League One and League Two clubs plus 16 category one academy teams the take up for the rugby equivalent has been apathetic. A picture of the end of season landscape was provided via the unreliable format of a club survey and the inaugural year was greeted with cascade of walkovers and the competition remains somewhat unloved despite a plethora of trophies being available that are spread liberally across the levels.

This season Sutton could have felt unlucky having been given a rare away first round tie and being in a section of the draw that would lead to two further away rounds. But the appetite for this competition is akin to a super model dining on nouvelle cuisine in the 1970s. Grasshoppers RFC generously provided a walkover in Round 1. S&E advanced to the next round against London Irish Wild Geese for a game due to be played at Hazelwood. However, a pre-booked tournament meant that no pitches were available and the game was switched to Rugby Lane. A grateful Black & Whites scored a magnificent seven goals in a 49-33 triumph. Destined to be on the road again they were saved by the start of the cricket season and Crescent Farm was unavailable for Rugby and Sidcup RFC journeyed to Cheam. Another 49-point haul, including a hat trick from lock Ewan McTaggart, and a 49-27 win saw the hosts advanced into a semi-final against Harlow.

For devotees of Sutton Rugby Harlow RFC are a familiar foe having been promoted as champions of London 2 North they played S&E from 1993-4 to 2003-4. So it was a delight for the Rugby Lane crowd to welcome back the Essex club on a beautiful sunny afternoon with a place in the final the prize for the winners. Sutton & Epsom fielded a strong squad featuring 11 from 18 of the players with the most league appearances from this season. Liam Batty initiated proceedings for the visitors who played towards the Cabbage Patch. S&E opened brightly looking to employ their back division at every opportunity. An excellent 50/22 from Tom Lennard put the hosts in a prime attacking position. The ball safely secured from the throw it went to the wing where Archie Fitzgerald touched down. Unfortunately, the final pass was forward but fortunately play was brought back for an earlier misdemeanour. Sutton took a tapped penalty and Rob Hegarty muscled his way over from short-range. Freddy Bunting mastered the breeze for a 7-0 lead after five minutes.

The Black & Whites dropped the restart on their 22. Harlow took advantage and centre Casey Teague made a telling break with Brad Etherington in support the ball came to lock Bamidele Coker who lost control just short of glory. Denied the instant reply the visitors were forced back on the defensive. Captain Bunting turned down a kick at the sticks on the 22 in favour of the nudge to the corner. The Rams repelled the catch and drive and Sutton released their backs. A long miss pass by Bunting bounced favourably for Archie Fitzgerald, on a rare visit to the UK, to gather and score in the corner. Freddy Bunting made light of a challenging conversion for 14-0.

At the end of the first quarter the hosts were reduced to 14 men when Kyren Ghumra knocked on an attempted interception. It was a justifiable yellow as a wonderful floated pass on the Harlow 22 had created a fabulous opportunity to counter. Buoyed by the numerical advantage the Latton Park men went in search of their first score. Once more the ball was lost under the posts but, on this occasion, Harlow secured possession and a jubilant Matt Gleeson crossed the whitewash to score. Liam Batty impressively converted the winger's try to trail 7-14. However, Sutton soon restored their 14-point cushion. On the half-hour, having secured the line out ball, Freddy Bunting executed a set play to score. He added the extras to his try for a 21-7 lead.

If the home crowd thought this was going to be a pleasant processional bathed in sunshine they had a rude awakening. For the remainder of the first period the men from Essex gained the ascendancy. The back row triumvirate of Stalley, Hoole-Jackson & Etherington marauded forward. The centre combination of Teague and Lancaster made breaks and lock Bamidele Coker was producing an eye-catching display. Running back a Sutton clearance from halfway forwards and backs combined in unison. For the third time a probable score was thwarted by a fumble in sight of the line. However, as per Sutton's opener, play was brought back for a penalty. Prop Mobashar Mahmood powered over the line for the visitor's second try. Liam Batty made it 14-21 with an excellent kick.

With the first period approaching time added on the men in green made a stunning break from halfway deep into the Black &



ISSN 2753-2771

Whites 22 as the hosts scrambled in defence. In fact, S&E were saved when the play was interrupted by their physio treating an injured player who was in the path of the attack. Play was brought back for a knock on and a Harlow scrum. Brad Etherington picked up from a retreating pack and carried it forward for his back row comrade Dale Stalley to score. The conversion just drifted by the posts but the game was well poised with Sutton & Epsom leading 21-19. The first half concluded with Harlow on the front foot and the result very much in the balance.

The second half began with two key incidents, which on reflection, proved to be most significant for the final outcome and shifted the momentum in this encounter. In the first minute Kyren Ghumra made amends for his earlier botched interception by picking off a pass and sauntering in from forty metres. The Bunting boot made it 28-19. That most demoralising form of try to concede was followed moments later by a yellow card awarded against Harlow. The team of three showing consistency penalised a knock on that occurred whilst attempting to cut out a Sutton pass. Down to 14 the visitors were immediately punished. The penalty was kicked to the corner, the catch and drive was clinically executed as Dan Jones was ushered over the line for S&E's fifth try of the afternoon. Another immaculate conversion from the flank made it 35-19 and a game that was on a knife-edge had swung violently in favour of the hosts.

In addition, the Sutton defence was much improved in the second period as the organisation and alignment that had become an encouraging feature of the recent league campaign was present once more. Indeed the Black & Whites were to keep a clean slate in the second half. Another familiar feature, the impressive form of Adam Bibby, became evident the longer the game continued. His balanced running, gliding through the defence and bouncing off would-be tacklers combined with selfless passing gave the S&E attack another dimension. With the numerical advantage the Surrey men could have added three more scores. Firstly, they failed to pass the ball down the line where an eager Archie

Fitzgerald would have scored. Secondly, Kyren Ghumra was held up over the line by tenacious tackling. Finally, and most unexpectedly, Adam Bibby lost control of the ball under the posts in the act of scoring.

The dynamic Dale Stalley lifted the siege with a barnstorming break from the scrum that followed the Bibby boob. The flanker exploded down the paddock and reached halfway leaving a poleaxed Sam Palombo in his wake. The unfortunate 15 was ushered off the pitch to take no further part in the contest. Restored to their full complement the Rams tried to get back into the match. They were aided by a flurry of penalties as they pressed hard for a morale-boosting score. The Black & Whites defence was now far more resolute and cussed resilience eventually saw them earn a turnover penalty near their line.

As the match continued the Essex team were not helped by injuries as key performers were replaced. The heat, the situation and the scoreboard made the game become increasingly scrappy. With the final whistle approaching the Rugby Lane team added two more goals to their ledger. Good fortune favoured the hosts as a probing kick bounced cruelly away from the cover and arrived in the hands of Josh Rea who triumphantly strode over. The Captain made it 42-19. Then Sutton maintained their numerical novelty of scoring 49 points in every round. A penalty awarded for a scrum infringement on halfway was kicked to the 22. Tom Lennard made the telling break from ten and Archie Fitzgerald, with his dubious hair colouring, collected his second try. Freddy Bunting maintained his 100% conversion record for the day, and in the competition, as his personal tally rose to 19 points and his side advanced to 49-19. Soon after the referee concluded proceedings.

After a thoroughly entertaining match Sutton & Epsom had earned their place in the Papa Johns Men's Regional 2 South Plate Final. The game had started with a Sutton swagger, no doubt the result of two comprehensive victories in earlier rounds, but Harlow had shown enough intent to indicate to the neutral observer that this might not be an easy afternoon for the hosts. Harlow hit back and by the break were more than in contention as only an errant conversion separated the teams at 21-19. However, the Black & Whites scored 28 unanswered points in the second half to gain the glory of a place in the final. That match will take place on Saturday 17th May at Shaftesbury Park. This fine facility is familiar to S&E as it was a venue during their National 2 season being the home of Dings Crusaders in Bristol. Their Plate Final will be one of four matches that afternoon as a festival of club rugby starts at 11am. The Sutton charabancs will not be departing at breakfast but at a more polite time of midday as their game against Drybrook is the last one on the menu at 5pm. The West Country outfit were Sutton's first ever Papa Johns opponent in 2023. On April Fool's Day the Mannings Ground men left Rugby Lane 31-0 winners so the 2025 Sutton vintage will be keen to make amends this Saturday.

Sutton & Epsom: Palombo, Fitzgerald, Bibby, Bunting ©, Ghumra, Lennard, Lovatt, Lennie, Howes,

Johnson, Glanville, McTaggart, Rea, Jones & Hegarty.

Replacements: Madadangoma, Duey, Davies, Davis, Williams & Nelson.

Harlow: Creasey, Hunter, Lancaster, Teague, Gleeson, Batty, Enyon R., Mahmood,

Davies, King, Coker, Garner, Stalley, Hoole-Jackson & Etherington ©. **Replacements:** Alagoz, Clark, Terrington, Enyon O., Wright & Rundall.

Image credits: Robin Kennedy

## Your Councillor Community Fund now open for applications

Surrey residents can once again apply for cash grants to improve their local area through the Your Councillor Community Fund.

Surrey County Council is committed to making a difference in communities across the county. The Your Councillor Community Fund has benefitted communities in towns and villages from North to South and East to West.

Last year, the Fund supported over 371 community projects via Surrey County Councillors, totalling £403,344.

The Your Councillor Community Fund is designed to flexibly support a variety of costs, from purchasing sports equipment for local clubs to creating websites. It provides financial assistance to community groups and projects that enhance the quality of life for residents across Surrey on their doorsteps.

Each year, Surrey County Council's 81 councillors allocate £5,000 of funding within their local communities. With their deep understanding of the needs and priorities of their towns and villages, they can ensure that the funding is targeted to areas where it is most needed and where it can make the biggest impact. It can be used across a variety of projects that help promote the social, economic, and environmental wellbeing of their communities.

Examples of projects funded last year include:

£2,000 towards equipment for the 2024 Ottershaw Village Fete, including hiring a generator, printing programmes and purchasing walkie talkies to be used at the event.

£240 towards replacing old wooden bollards that were no longer fit for purpose at Churt Recreation Ground, making it more visually appealing and welcoming for the community.

£1,000 to provide Horsell Community Gardening Project with new platers, bulbs and perennials, helping to bring together residents of all ages to cultivate and maintain green spaces in the local area.

 ${\bf £3,000}$  to the Weybridge Society towards equipment for the 2024 Weybridge Festival.

Surrey County Council Deputy Leader and Cabinet Member for Customer and Communities Denise Turner-Stewart said: "The Your Councillor Community Fund has been incredibly successful in supporting a wide range of community projects on residents' doorsteps. We are thrilled to see the positive impact it has had across Surrey and I am delighted it is open again for another year.

This fund has played a crucial role in enabling councillors to address local needs and serve our residents effectively. By backing initiatives driven by the passion and dedication of our residents, we aim to build vibrant, inclusive communities where everyone can thrive and No One is Left Behind."

The Your Councillor Community Fund is open now and closes at the end of January 2026. A new grant management system is now in place, making the application process even easier for residents.

To apply for money from this year's Your Councillor Community Fund you should contact your local county councillor.

More information can be found here Your Councillor Community Fund - Surrey County Council (surreycc.gov.uk).

### **Epsom and Ewell PSPO**

Anyone arrested for behaving badly on Epsom Derby day could be stuck with a £100 fine, a Surrey council says.

Epsom and Ewell Borough Council has green-lit a public space protection order (PSPO) ahead of this year's Epsom Derby on June 7. Members voted through the new rules at a full council meeting, which could last up to three years, on Tuesday May 6.

The order applies to anyone harassing or threatening others, or continuing to drink alcohol after being ordered to stop by a police officer, community support officer or council officer. People wearing a piece of clothing with the intent to hide their identity to commit crime or behave anti-socially could also be at risk of large fines.

ISSN 2753-2771

"There is an escalating amount of antisocial behaviour in the borough," said Councillor Shanice Goldman, Chair of the Crime and Disorder Committee. She said: "The PSPO is a new tool specifically for the Epsom & Ewell area which will allow police and appropriate council staff to address antisocial behaviour effectively, without immediately resorting to arrests."

Cllr Bernie Muir exclaimed: "Some residents are actually actively thinking of leaving the borough." She said people have told her they do not like walking through an "intimidating" bunch of people to get into a restaurant or Epsom playhouse. Cllr Muir said: "Just having to put up with what is bad enough in itself the fear and uncertainty of antisocial behaviour but it's going to impact economic life as well."

Members spoke up in support of the order and hoped it would bring positive change to Epsom and Ewell. Cllr Goldman said: "I hope this order will ensure a more enjoyable experience for everyone on the day, as well as a safer environment in the borough going forward."

 $Report:\ https://democracy.epsom-ewell.gov.uk/documents/s35629/Adoption\%20of\%20a\%20Public\%20Spaces\%20Protection\%20Order.pdf$ 

Press

 $release: \ https://www.epsom-ewell.gov.uk/news/epsom-ewell-borough-council-put-measures-place-combat-anti-social-\%C2\%A0 behaviour-borough-ahead$ 

# Surrey district and borough councils submit proposal to government

Epsom and Ewell Times is bringing you all positions being taken on local government reorganisation. We believe in providing you as much information as possible, even if statements are repeated across the stream of reports and press releases.

Today, district and borough councils in Surrey have submitted proposals to government outlining their vision for the future of local government in Surrey.

Nine district and borough councils support the formation of three unitary councils (Epsom & Ewell, Guildford, Reigate & Banstead, Runnymede, Spelthorne, Surrey Heath, Tandridge, Waverley and Woking) while two district and borough councils (Elmbridge and Mole Valley) and the county council favour two. Both proposals are published on council websites.

The proposal submitted by district and borough councils supporting three unitary councils is underpinned by the following priorities:

- supporting economic growth
- housing and infrastructure delivery
- unlocking devolution
- valuing and advocating for Surrey's unique local identities and places
- providing strong democratic accountability, representation and community empowerment
- securing financial efficiency, resilience and the ability to withstand financial shocks
- delivering high-quality, innovative and sustainable public services that are responsive to local need and that enable wider public sector reform.

Speaking about the proposal for three unitaries, Councillor Hannah Dalton, Chair of the Surrey Leaders Group and Leader of Epsom & Ewell Borough Council, said: "Today, district and borough councils have submitted a proposal for local government reorganisation in Surrey, a proposal rooted in what local government is all about: local identity, representation and economic alignment.

This is a once in a generation opportunity to shape Surrey's future, to improve outcomes and opportunities for our residents, businesses and people across the county who rely us most. We look forward to the government's response to our proposal."

## **Spelthorne Borough Council commissioners**

#### PLEASE NOTE FRESH QUOTES FROM SBC HAVE BEEN ADDED. IN BOLD BELOW

Serious concerns over Spelthorne Borough Council's financial failures have led the Government to appoint commissioners, experienced in taking over bankrupt authorities, to run key functions at the heavily indebted authority.

Spelthorne Borough Council has significant debts that stood at £1.096 billion in March 2023 making it the second worst for a district authority in England, after Woking.

Such is the "severity and size of the challenge at Spelthorne", the Government has put in place measures that could last for up to five years to try to bring about some level of value for money and financial sustainably.

This includes taking over the council's operating model and a redesign of services offered to residents.

The commissioners, some of whom have already dealt with crises at Liverpool and Woking, will look to close any budget gaps and reduce Spelthorne's "exceptionally high level of external borrowing".

Since May 2022, the Ministry of Housing, Communities and Local Government has monitored several councils with high levels of debt and raised "serious concerns across a number of areas" at Spelthorne.

In particular they highlighted the council's "poor record" of addressing recommendations from external reviews and had "no confidence" in the council's ability to make the changes "without significant external support".

They found an unwarranted "culture of optimism bias" with senior officers lacking "awareness" and being "clouded" to the dangers of its financial situation", according to a slew of documents released by the Government today, Thursday May 8.

They spoke of strained and deteriorating relationships between senior management and political leadership as well as a lack of trust – with a high number of complaints against members.

Inspectors also found "poor, late and incomplete reporting, together with a lack of audit and a reluctance to accept and act on challenge" that "severely undermined informed decision-making".

The debt was amassed despite, or perhaps because of a "lack of long-term planning, risk management" and an "overly-optimistic reliance" on property markets" which created an "unsustainable" financial strategy .

Extracts from the report read: "The council's commercial activities are fragmented and lack a unified strategy, leading to uncoordinated decisions that do not align with broader objectives.

"The council's large-scale property investments, driven by concerns over funding shortfalls, have exposed it to significant financial risks, especially post-covid.

"The decision-making process was short-sighted and overly optimistic, with risks not fully understood or mitigated.

"Investments are disproportionate to the size of the authority, raising concerns about risk and return considerations."

"The authority has not fully adhered to statutory guidance on local authority investments, and decision-making reports have been inadequate, often lacking key elements and clear financial implications.

"The finance function lacks the structure, staffing, and expertise to manage the authority's property portfolios effectively.

"The authority financed its property acquisitions with over £1 billion in loans from the Public Works Loan Board, with terms up to 50 years and fixed rates averaging 2.58 per cent.

"This debt is greater than the authority's core funding equating to over £10,000 per resident.

"While senior officers believe the Authority can service this debt using property revenues, there are significant issues such as property voids, high maintenance costs, and no clear long-term exit strategy.

"Having carefully considered the evidence, together with the representations received, the Secretary of State is confident that there is sufficient evidence to conclude that the authority is failing to comply with its Best Value Duty."

The commissioners will take over:

Governance, scrutiny and transparency of strategic decision making



ISSN 2753-2771

- Financial governance and scrutiny of strategic financial decision
- Strategic financial management
- Commercial decision-making, regeneration, property management, procurement and the management of commercial
- The council's operating model and redesign of services to achieve value for money and financial sustainability.
- Hiring and firing of senior officers and statutory officers.

Issuing a statement, the council said commissioners will be accountable to the Secretary of State and 'uphold proper standards and due process and recommend action to the authority'.

Cllr Joanne Sexton, Leader of Spelthorne Borough Council, said: "We will tackle these challenges head-on. I am resolute in restoring Spelthorne's financial health and will continue to improve our services and work hand-in-hand with the Commissioners to deliver lasting improvements."

Cllr Chris Bateson, Deputy Leader of Spelthorne Borough Council, added: "We stand united in our commitment to drive value for money, cut borrowing and protect vital services. There is no Plan B - we are all in to secure our Borough's future."

The council has gone through many changes in the past five years, having previously been under continuous Conservative control since its inception in 1974. In 2020 the council had its first independent leader when former Tory Ian Harvey crossed the floor. He was replaced that year by the Conservative Cllr John Boughtflower in 2020, the Liberal Democrat Cllr Lawrence Nichols in 2021, Cllr Boughtflower again in 2022. The current leader, the Independent Cllr Joanne Sexton has been in the position since 2023.

She said: "We are determined to address the challenges facing the authority and look forward to working collaboratively with the commissioners to ensure long-term improvement in the areas highlighted."