Drawing conclusions in Epsom and Ewell v Horley tie

Epsom and Ewell FC 2-2 Horley Town. Combined Counties League - Premier Division South. Saturday 28th September 2024.

An entertaining contest took place at King George's Field on Saturday and although the visitors took a share of the points from this 2-2 draw with a late equaliser, it would have been harsh on them if they had lost, as both teams played their part in a fully committed and competitive encounter.

An official attendance of 94 was advised for this match, even though only 77 were counted half way through the first half, but maybe an inflation of the crowd was inevitable this week, following the poor number of attendees for the midweek win over Hilltop. Either way, our team went into this match in good form, having won five of our last six matches and bearing this in mind, the figure remains a disappointing one.

We made three changes to our line up after the win over Hilltop with Anthony Nazareth coming in for his first start in place of the injured Toby Young, while further forward Fabio Nunes came back in ahead of Luke Taylor. The final change was with Dan O'Donovan back in goal ahead of Faebian Witter, who was destined to be on the bench until he injured himself in the warm up. He was then replaced in the line up just before the kick off by young defender David Romer. He was joined there by fit again Ali Fofahan, following his injury at Tooting & Mitcham United and also Jason Bloor who had scored on his debut before missing the last couple of matches due to a holiday.

The visitors were first to fashion an opportunity when a right wing cross was met with a far post volley, but the ball struck a defender and was cleared. Horley dragged a free kick wide from a good position, but in the ninth minute we created a good chance of our own as Carl Oblitey, showing no effects of the hamstring twinge he suffered four days previously, beat two men and as he drew other defenders towards him, he sent the pass to the right where Luke Miller was in a large amount of space. Our tricky winger would usually bury this chance, but on this occasion he lashed it straight at George Hyde in the Horley goal from just inside the penalty area and he parried the ball to safety.

Then just a minute later a visiting defender sliced the ball straight into Oblitey's path, but he also sent his shot too close to Hyde, who blocked the ball up in the air and was alert to get up quickly and claw the ball away as it threatened to cross the goal line.

We were now well and truly in this match, yet surprisingly we then went behind in the 18th minute and it might well have been avoidable. Nazareth cut his head in a collision and had to leave the field to await the arrival of a clean shirt, which for some reason was still back in the changing room and he was still off the field when a right wing delivery was met by a close range header from former Salt Lewis Pearch that gave O'Donovan no chance.

Another cross was just headed wide by Mason Seagroatt as the visitors threatened to get a second goal and they then sent a low volley just wide of O'Donovan's right hand post. The frustrating thing about this last chance was that we had chosen to attack before losing the ball, yet by kicking the ball out of play, we would have been up to eleven men again. Instead, Nazareth was left standing there on the sideline and waiting to come back on, so to have conceded at this stage would have been a really serious error. Finally after nearly seven minutes off the field, our bandaged up defender finally returned to the field of play. It was all a bit Sunday League!

But with eleven men again we threatened to level things up when Oblitey sent Miller through in the left hand channel, from where his powerful shot just clipped a defender, sending the ball onto the crossbar and out for a corner. Then from the Adam Green corner, the ball skipped straight through everyone before hitting Ethan Nelson-Roberts at the far post only a couple of yards out, and as the ball rebounded back off him and into the danger area, Nazareth skied the ball from just eight yards out.

Horley were also making chances and a good ball down the right sat up nicely for Pearch to strike a volley towards goal, which O'Donovan just plucked out of the air. Then we had a bit of an issue after Nazareth was accused of stepping on a player. Obviously, we were a long way from the action, and he may well have caught him, but the referee either decided that it was accidental, or maybe he didn't get a great view of it, so no further action was taken. From the subsequent free kick O'Donovan got his hands to the ball but couldn't hold on and required a defensive clearance before we could relax. We nearly equalised right on the half when a deep Nelson-Roberts cross was met by a volley from Miller, but it was from a narrow angle and the ball zipped across the six yard area and out for a goal kick.

A goal down at the break, and with the knowledge that we had missed some really good chances and still hadn't managed to score in the opening half of any of our ten League matches this season, it was important that we didn't concede again, but it nearly happened in the 50th minute when Pearch set up another former Salt in Warren Colman, but the shot at goal had the sting taken out of it by the covering Ethan Brazier and the ball dribbled tamely through to O'Donovan.

The visitors continued to seek a second and a loose header from Reece Tierney forced Nazareth to try and reach the second ball,

which he failed to do; colliding with a Horley striker and picking up a yellow card for his troubles. Fortunately, Aaron Moody's free kick from twenty yards was straightforward for O'Donovan.

After this wobbly start to the second half we began to get a foothold in the contest and Oblitey set up Miller for a low shot, although Hyde made a decent save. Then Romer came on for his debut in place of Tierney. It was odd to see the new boy taking the field as the first substitute, seeing as he hadn't even been in the sixteen man squad originally, so I have to assume that Tierney had suffered an injury.

He didn't have much defending to do for a while as we continued to press. Nunes saw his shot take a slight deflection before Hyde was able to palm it beyond the far post on the hour and from the corner Nunes then saw his low shot blocked, but not held by Hyde, although he was up quickly to block the close range effort from Nelson-Roberts just wide. Finally, from the second corner, the ball reached Miller at the far post and his pinpoint cross back into the danger area was met by Oblitey eight yards out with a thumping header that flew into the net in the 61st minute for our equaliser.

We were well on top at this stage and Nelson-Roberts did really well on the left to turn his man and run in, sending an early delivery for the incoming Oblitey, but he had more time than he realised and snatched at the ball, slicing it wide from eighteen yards. Then Nunes saw his shot blocked by Hyde's legs and although it sat up kindly for Green, his header didn't have enough power on it to beat Hyde.

We continued to attack and Miller received a great pass from midfield, only for his cross to be just ahead of Oblitey. Miller was then caught by a defender after his delivery but the referee decided that it wasn't worth a penalty, even though our man was adamant that he had been fouled. Fortunately, it wouldn't make much difference as Bloor had come on in the 71st minute and within 120 seconds he made the breakthrough for his second goal in his second match. It was a nice move, coming from a throw on that Green flicked on, and Oblitey cleverly dummied, which gave Bloor a bit of space and he drilled the ball in at the near post from the edge of the area with Hyde unsighted to give us the lead.

Craig Dundas was next to test Hyde, and although the shot was well saved, Miller then blazed the loose ball high and wide from fairly close in. As time began to tick down though, Horley started to make some chances. Brazier picked up a yellow card for a foul that led to a bit of handbags between the players. One delivery whizzed across our six yard box, before an 85th minute Matt Rapson cross to the far post was met by a looping header from Seagroatt that O'Donovan couldn't reach and Horley were level at 2-2.

Both teams had one good chance in the closing minutes. Horley sent a ball in from the left that was just ahead of their incoming striker, while substitute Fofahan was put through on goal, but Hyde was out quickly to block the shot. Overall though, a draw was a fair result, and whilst the visiting keeper Hyde was the busier of the two keepers, our lack of clinicality meant that we hadn't done enough to deserve the win and we now face a trip to Tooting & Mitcham United on Wednesday where we will face Balham in our next attempt to get three points.

The final word goes to the referee Mr Sotimirin. I have not always been a fan of some of his performances, going all the way back to 2008, but he let the game flow nicely and although the players occasionally threatened to take advantage of his leniency at times, his handling ensured that this was one of the most entertaining matches of the season so far and credit is due for this.

Epsom & Ewell: Dan O'Donovan, Ethan Brazier, Kionte Gillfillian-Waul, Adam Green (c), Reece Tierney, Anthony Nazareth, Luke Miller, Craig Dundas, Carl Oblitey, Fabio Nunes, Ethan Nelson-Roberts

Subs: David Romer for Tierney (59), Jason Bloor for Nunes (71), Ali Fofahan for Oblitey (88)

Report Source: www.eefconline.co.uk

Epsom's Love Me Love My Mind week of healing

This year's theme is 'Be Kind to your Mind'

- Be active For your mental and emotional health, and wellbeing
- Be Mindful Practise mindfulness, live in the present moment and look for the positives.
- Be Kind Connect with others, be kind to yourself.
- Give to others Perform random acts of kindness, volunteer and give to your local community.
- Keep Learning Invest in your interests and hobbies.
- Talk kindly to yourself: Think about how you speak to your loved ones and use that voice on yourself.

- Practise gratitude, reflect daily, write a journal.
- Focus on self-care and be responsible for your wellbeing.

PROGRAMME OF EVENTS AND ACTIVITIES - BE KIND TO YOUR MIND

Saturday 5th October

10am - 4pm Community engagement stand in Epsom Marketplace, High St, Epsom KT19 8EB:

Come along and meet the Friends of Horton Cemetery on Saturday 5th and 12th October and pick a ceramic flower to plant in your garden. Last year we painted over 1000 flowers to Remember Epsom's Forgotten Residents buried at Horton Cemetery, and we want to give the flowers back to the local community. Any donations that we receive for the flowers will support our future research into the

lives of the 9000 patients buried at the cemetery.

11am - 2pm Kids Art Club at Epsom Social, 1 Derby Square, Epsom KT19 8AG:

Join us for Colouring activities, create Be Kind bracelets and Seminal Events will be with us for face painting and henna tattoos

1pm Bodhi Eden, Epsom Yoga Studio - 29 Waterloo Road, Epsom KT19 8EX:

FREE taster sessions

Hatha Yoga Taster | 30 mins | 13:00 pm

Sound Bath Taster | 20mins | 13:40pm

please book via https://www.bodhieden.com/be-kind-tasters

Sunday 6th October

10.00am We Power On - Men's Social Walk and Talk, meet outside the Rubbing House pub, on Epsom Downs (every Sunday unless otherwise advertised) at 9.50am for a 10am start.

10.15am Church service at St Barnabas Church, Temple Road, Epsom, KT19 8HA - Being Kind to Your Mind

2 – 4pm Free Kids Art and Craft Club at Epsom Social, Derby Square, Epsom KT19 8AG join us for Colouring activities, create Be Kind bracelets and Seminal Events will be with us for face painting and henna tattoos

Monday 7th October

10am - 1pm Drop-in service at Citizens Advice Epsom & Ewell, The Old Town Hall, The Parade, Epsom KT18 5AG

3 - 7pm Monday Drop-in at St Barnabas Church, Temple Road, Epsom, KT19 8HA

3.30pm Guided Mindfulness and Relaxation practice with This Little Yogini at St Barnabas Church, Temple Road, Epsom, KT19 8HA

4pm Be Kind to your Mind - Debbie Brewin, Consultant Therapist, Supervisor & Trainer at Mind-Growth Mastery at St Barnabas Church, Temple Road, Epsom, KT19 8HA

Tuesday 8th October

10am - 1pm Drop-in service at Citizens Advice Epsom & Ewell, The Old Town Hall, The Parade, Epsom KT18 5AG

2 - 4pm Talking Table at The Old Moat Garden Centre, Horton Lane, Epsom, KT19 8PQ

Come and join the team at The Old Moat Garden Centre for a cup of tea and piece of cake and find out what our Wellbeing Service has to offer, receive a free tour, or just come for a chat. We would love to meet you!

6 - 7.30pm Come and join The Include Choir Epsom at St Joseph's Church, St Margaret's Drive, Epsom, KT18 7JQ. The Include Choir provides social, musical and volunteering opportunities (for anyone age 16+), it also teaches inclusive Makaton signing and provides 'joy and uplift' which means you are 'guaranteed to leave with a smile'.

Wednesday 9th October

9:45 - 11:45 Home-Start Epsom, Ewell and Banstead, Ewell Family Centre, Riverview Road, West Ewell, KT19 0JP. Dealing with Difficult Emotions workshop - this workshop is designed to help parents who may be struggling to manage or deal with their children's emotions, providing emotional support and practical suggestions to make parenting just a little more manageable.

10am – 1pm Open day at the Forget-me-not Allotment at Appley House Care Home, Longmead Road, Epsom, KT19 9RX. Love Me Love Me Mind volunteers have been visiting the allotment weekly since early 2024 helping the staff and residents of the care home to use the space, planting flowers and vegetables, and making future plans for a sensory space.

5 - 7pm Open evening at CYP Haven Epsom. Visit our Focus youth centre, 9 Depot Road, Epsom, KT17 4RJ and meet the staff at the CYP Haven in Epsom. We will be serving Tea/Coffee and biscuits and look around, we then showcase our youth services at

5.30pm, followed by a Q&A with staff and find out how we support children's mental health within the community. The CYP Haven is an open access wellbeing drop-in for young people aged 10-18 years. Working closely with local schools and CAHMS/Surrey CC services. Check out our website: cyphaven.net

7 - 8.30pm Grow & Glow - Epsom Methodist Church, Ashley Road, Epsom, KT18 5AQ. A woman's only mental health support group. A place to grow, glow and connect with others No booking required to attend, just come as you are.

Thursday 10th October - World Mental Health Day

9.15am-10.15am Yoga for Wellbeing - The Horton Arts Centre, Haven Way, Epsom KT19 8NP (Doors open 9am) Start the day with a session of gentle yoga. Yoga teacher Louise Tozer will incorporate breathing techniques, sound and gentle movements into her class to improve self-awareness, flexibility and relaxation. This is an all-inclusive class, suitable for all levels. Wear comfortable clothing and bring layers. • Bring your own mat or use a towel or blanket if you don't have a yoga mat. • Bring water This session is normally £12 but for World Mental Health Day, the session will be freely open to all. Donations are welcome.

10am - 3pm Drop in service at Citizens Advice Epsom & Ewell, The Old Town Hall, The Parade, Epsom KT18 5AG

10am – 4pm Community engagement stand in Epsom Marketplace, High St, Epsom KT19 8EB. Come and get a FREE hug, a high five or a handshake! Join LMLMM and Age Concern Epsom & Ewell for a Delicious CAKE sale, and an opportunity to chat to two local charities.

- 5 6pm Join the Sunnybank drama group for a workshop about being kind, St Barnabas Church, Temple Road, Epsom, KT19 8HA 6pm 7pm Let's Talk Epsom Peer Support group at St Barnabas Church, Temple Road, Epsom, KT19 8HA
- 7 8pm Live Music performed by Steve Dyke, a trustee of LMLMM at St Barnabas Church, Temple Road, Epsom, KT19 8HA. Join us for an evening of stories and songs, written and performed by Steve. Some

funny, some poignant, some with themes from local history and a couple of singalong classics for everyone to join in. Refreshments are available, free entry with the option to donate on your way out if you feel you've been entertained. It promises to be a great evening, and we'd love to see you there.

Friday 11th October

10am – 12noon Advice Cafe at St Barnabas Church, Temple Road, Epsom, KT19 8HA – providing a space for our partners and groups to provide support, advice and care in a warm and welcoming environment. Action for Carers Surrey, Christians Against Poverty, Citizens Advice Epsom & Ewell, Epsom Foodbank, Epsom Primary Care Network, Love Me Love My Mind, Mary Frances Trust

10am – 12noon – Action for Carers Surrey – Find out more about Action For Carers and how we support unpaid carers throughout Surrey. You'll also be able to meet one of our specialist mental health carer support advisers, whose role is to support unpaid carers who are looking after someone with poor mental health or substance issues.

Saturday 12th October

10am - 4pm Community engagement stand in Epsom Marketplace, High St, Epsom KT19 8EB

Come along and meet the Friends of Horton Cemetery on Saturday 5th and 12th October and pick a ceramic flower to plant in your garden. Last year we painted over 1000 flowers to Remember Epsom's Forgotten Residents buried at Horton Cemetery, and we want to give the flowers back to the local community. Any donations that we receive for the flowers will support our future research into the

lives of the 9000 patients buried at the cemetery.

11am - 2pm Free Kids Art and Craft Club at Epsom Social, Derby Square, Epsom KT19 8AG - Join us for Colouring activities, create Be Kind bracelets and Seminal Events will be with us for face painting and henna tattoos

11am - 7pm Epsom Picturehouse, Epsom Square KT19 8AG. Join us for a Wellbeing Fun Day, in collaboration with Surrey Community Lounges, End Stigma Surrey, Epsom Library and hosted by Epsom Picturehouse - we'd love for you to be there! Come along for a day of community, connection, and fun!

Whether you're in the mood for a friendly chat over tea, want to play some games, or need a quiet space to relax, there's something for everyone. This special day will focus on celebrating wellness, sparking conversations around mental health, and showing you where to find support within the borough.

1pm Bodhi Eden, Epsom Yoga Studio – 29 Waterloo Road, Epsom KT19 8EX FREE taster sessions Yin Taster | 30mins | 13:00pm Meditation Taster | 20mins | 13:40pm Please book via https://www.bodhieden.com/be-kind-tasters

Sunday 13th October.

10am We Power On - Men's Social Walk and Talk, meet outside the Rubbing House pub, on Epsom Downs (every Sunday unless otherwise advertised) at 9.50am for a 10am start.

2 - 4pm join us for Free Kids Art and Craft Club at Epsom Social, Derby Square, Epsom KT19 8AG

Epsom pensioners gather less winter fuel pay this St Stephens

Thousands of pensioners across Epsom, Ewell, Ashtead, and Leatherhead are facing the loss of vital winter fuel payments following cuts by the UK government, sparking fears that many will struggle to keep warm this winter.

Helen Maguire, the Liberal Democrat MP for Epsom and Ewell, has urged the government to reconsider its decision, warning that vulnerable pensioners could be left choosing between "heating and eating" during the colder months. Maguire opposed the cuts when they were voted on in the House of Commons on 10th September, but the measures were passed despite her concerns.

The cuts primarily affect pensioners over the age of 80 who are not in receipt of pension credit. Previously, these pensioners were automatically entitled to an additional £300 to help cover their energy bills in the winter. Now, many will lose this support unless they qualify for other benefits.

Data released earlier this week shows that in Epsom and surrounding areas, 5,788 pensioners aged over 80 who do not receive pension credit are at risk of losing their Winter Fuel Payment. In total, 18,261 pensioners in Epsom and Ewell could be affected by the government's decision.

Last winter, over £3.3 million in support was distributed to pensioners in the constituency, with £1,525,800 going to those aged over 80. These figures are expected to fall significantly this year due to the cuts.

"Thousands of pensioners here in Epsom and Ewell are desperately worried about how they will make it through this winter," said Ms Maguire. "These latest figures are deeply concerning. It is not too late for this government to change course, reverse their plans, and protect vulnerable pensioners here in Epsom."

In response, Chancellor **Rachel Reeves** has defended the government's decision, framing it as part of a broader strategy to stabilise public finances. "We are facing challenging economic times, and difficult choices must be made to ensure the sustainability of our public services," Reeves said in a recent statement. "However, we remain committed to supporting those most in need, and we have maintained targeted assistance for the poorest households."

Reeves also pointed to ongoing support measures, including the Energy Price Guarantee, which she says will help alleviate pressure on households most at risk. "We recognise the importance of protecting our pensioners, and our policies are designed to ensure that no one is left behind. But we must also take steps to manage public expenditure responsibly."

Despite this, charities and local advocacy groups have voiced concerns about the potential impact on older residents. Many fear an increase in demand for services such as food banks and emergency heating grants as pensioners struggle to afford rising energy bills without the additional winter fuel support.

As winter approaches, the situation remains uncertain, with many pensioners hoping for a reversal of the cuts or further government action to protect those most affected.

Image: Richard Peter Creative Commons Attribution-Share Alike 3.0 German

Surrey's one stop shop to save energy

Surrey residents can now receive support to upgrade their homes with energy saving 'retrofit' measures including insulation, heat pumps and solar panels through an innovative Home Energy Improvement 'One-Stop Shop' pilot scheme.

Surrey County Council (SCC) is working in partnership with Furbnow, specialists in home energy improvements, to help people make the transition to a lower energy and better performing home.

The service is for households that are looking to invest in their home's energy performance but need help to get their home energy project planned, designed and installed. Eligible Surrey residents can access 60% off the cost to plan, design and manage their home energy project.

Marisa Heath, Surrey County Council Cabinet Member for Environment said: "I am delighted that we are working with Furbnow on such an innovative and important pilot to support our residents to install energy saving measures.

"We know that cost plays a huge part in residents being able to self-fund improvements to their homes, but this could be a way for everyone to reduce their bills for the long-term.

"As well as saving money, and making your home more resilient and future proofed, residential energy use accounts for over 30% of Surrey's emissions so improving the energy performance of as many of our homes as we can makes a huge difference in achieving our goal of being Net Zero Carbon by 2050."

All Surrey residents can receive support from Furbnow's team via their website, and the first 245 homes can access a subsidised whole house assessment and Home Energy Plan, if they live in one of the 300,000 Surrey homes that have poor energy performance.

Becky Lane, CEO of Furbnow, added: "We're thrilled to partner with Surrey County Council on this groundbreaking initiative. The Home Energy Improvement One-Stop Shop is designed to simplify the often-complex process of home energy upgrades. By providing expert guidance, quality assurance, and streamlined service from planning to installing, we're empowering Surrey residents to make their homes more energy-efficient, comfortable, and valuable.

"This not only benefits individual homeowners through reduced energy bills and improved living conditions but also contributes significantly to Surrey's carbon reduction goals. We're excited to see the positive impact this pilot will have on the community and the environment."

All Surrey residents can receive support from Furbnow's team via their website, and the first 245 homes can access a subsidised whole house assessment and Home Energy Plan, if they live in one of the 300,000 Surrey homes that have poor energy performance.

A Home Energy Plan, after the in-person survey, outlines recommended energy efficiency improvements for a home, detailing, the benefits, estimated costs, impacts, and suggested installation order. This can reduce their energy consumption and their bills, and improve the respiratory health of their household, and perhaps even increase the value of their homes. Furbnow also manage the design and installation of any energy efficiency improvements to your home to take the hassle out of your project.

It's free to register and there is no obligation to go ahead with a Home Energy Plan or the installation of measures.

For more information about the One Stop Shop scheme, visit www.furbnow.com/surrey.

Epsom's Master plan to walk and cycle

On 24 September, Epsom & Ewell Borough Council's Licensing and Planning Policy Committee approved the Epsom Town Centre Masterplan. The Masterplan sets out clear and comprehensive guidelines for the development of Epsom Town Centre. The Committee also endorsed the Epsom & Ewell Local Cycling and Walking Infrastructure Plan that aims to increase walking, wheeling and cycling across the borough. Together, the plans feed into the vision of the borough and form part of the evidence base for the borough's Draft Local Plan.

Epsom Town Centre Masterplan

The Masterplan sets out a vision to make Epsom Town Centre a place that attracts, connects and inspires people, with a strong sense of community, commerce and creativity. Climate change is the cornerstone of the Masterplan with a comprehensive approach to transport, low carbon development, green infrastructure and health. The Masterplan also identifies site locations where regeneration and improvements could take place, subject to planning permission being granted.

The Masterplan was subject to two rounds of public consultation, with over 2,000 individuals or organisations responding to the consultations, highlighting interests, attachments and aspirations.

Epsom & Ewell Local Cycling and Walking Infrastructure Plan

The Plan aims to provide a safe, attractive and convenient infrastructure to encourage residents, visitors and workers to walk,

wheel and cycle. Plans include expanding the existing network and improving connectivity to key destinations within the borough.

The Epsom and Ewell LCWIP is part of Surrey's broader LCWIP programme to develop LCWIPs county-wide. Following endorsement of the LCWIP, Surrey County Council can formally adopt the document.

Cllr **Peter O'Donovan**, (RA Ewell Court) Chair of the Licensing and Planning Policy Committee said: "The Town Centre Masterplan and Local Cycling and Walking Infrastructure Plan provide Epsom & Ewell with a fantastic opportunity to bring wide ranging benefits to our community.

Our lifestyles and working patterns have changed dramatically over the last few years, especially since COVID-19, and I'm proud that these plans allow us to strategically improve areas for residents to enjoy, and help us to provide solutions for broader issues that we, as a borough, face including housing and climate change, which is at the heart of the Masterplan and supports the transition towards zero-carbon transport throughout the borough. The Masterplan will also help in the process of assessing planning applications."

He added: "I would like to thank all the residents who took part in the public consultations and feeding into our vision for the borough. We want our community and visitors to be proud of Epsom & Ewell and through these plans, we are in a position to deliver!"

About the Epsom Town Centre Masterplan

The Town Centre Masterplan forms part of the evidence base for the Draft Local Plan and will be taken into consideration for decision-making, however it will not be a statutory planning document. Local Plan FAQs | Epsom and Ewell Borough Council (epsom-ewell.gov.uk)

The Town Centre Master Plan was approved at the Licensing and Planning Policy Committee on 24 September 2024. The responses received to the consultation have been published on our consultation portal and a summary of the responses received is attached as Appendix 3. Epsom *Town Centre Masterplan information starts from p.169* –

 $democracy.epsom-ewell.gov.uk/documents/g1657/Public \ reports \ pack \ 24th-Sep-2024 \ 19.30 \ Licensing \ and \ Planning \ Policy \ Committee.pdf?T=10$

Epsom & Ewell Local Cycling and Walking Infrastructure Plan

The Epsom & Ewell LCWIP was approved at the Licensing and Planning Policy Committee on 24 September 2024. *E&ELCWIP information starts from p.421* – democracy.epsom-ewell.gov.uk/documents/g1657/Public reports pack 24th-Sep-2024 19.30 Licensing and Planning Policy Committee.pdf?T=10

In 2017 the Government produced a Cycling and Walking Investment Strategy (CWIS) outlining its ambition to make cycling and walking a natural choice for shorter journeys or as part of longer journeys by 2040.vSecond cycling and walking investment strategy – July 2022 – GOV.UK (www.gov.uk)

The Epsom and Ewell LCWIP is part of Surrey's broader LCWIP programme to develop LCWIPs county-wide. These have been considered during development of the Epsom & Ewell LCWIP for greater connectivity across political boundaries.

Plans to improve walking and cycling - Surrey County Council (surreycc.gov.uk)

Image: Google street view Epsom

Epsom's local life savers

A Covid survivor who was so poorly her children were warned she wouldn't survive the night and the mum of a young boy who bravely battled leukaemia have thrown their support behind an inaugural event that celebrates incredible NHS staff.

Jan Ehtash, from Carshalton, spent 12 weeks in Epsom and St Helier hospitals after falling seriously ill with Covid – receiving care from a dedicated team of nurses, doctors, and other health professionals.

Sutton schoolboy Jackson Hall, meanwhile, was treated at St George's Hospital for leukaemia, where paediatric teams went "the extra mile" to support the now-seven-year-old and his family.

Both Jan and Jackson have finished treatment, and they and their families are calling on others to cast their nominations for the very first staff awards at St George's, Epsom and St Helier University Hospitals and Health Group.

"They are amazing, just wonderful people," said Jan, 60. "All of the nurses, the doctors, the cleaners, they are just so, so caring.

"When I went into hospital, all I took with me was a handbag with a set of pyjamas, a toothbrush, and a pair of underwear. I had no idea I would be there that long, but quickly started to deteriorate and was told I would have to go into intensive care. I just remember turning to the doctor and saying, 'I don't want to die'.

"It's thanks to the staff at Epsom and St Helier that I am here today, and I cannot thank them enough for saving my life and for being there when my family and I needed them the most."

Sam Hall, Jackson's mum, added: "All the staff were incredible throughout Jackson's treatment and they really went the extra mile – from giving me a hug when I had to choose between staying at hospital or going home with my daughter, to making me a cup of tea. The care they provided was fantastic, but it was these small things, too, that made a difference.

"Jackson is doing amazingly, settling back into school and becoming an amazing big brother to three-month-old Louie. He makes us so proud.

"Sometimes as a patient or a family member it's hard to know exactly how to show your gratitude to the incredible people who have been there in your time of need. But one way you can say thank you is by nominating a team or member of staff for this award."

The Outstanding CARE Award is dedicated to staff and teams who have been nominated by a member of the public, while colleagues will put forward their nominations in several other categories. All 17,000 members of staff working for the hospitals Group - from frontline clinicians, to essential support teams - are eligible for nomination.

Jacqueline Totterdell, Group Chief Executive, said: "Our biggest-ever awards event will recognise the incredible teams and individuals who go above and beyond for patients like Jan and Jackson.

"Hearing stories about the amazing efforts our staff go to is one of my greatest joys, and every single day they make me proud. I'm already looking forward to reading all the nominations and celebrating everyone who is shortlisted."

The awards take place on Tuesday 10 December at the Oval cricket ground, and will be generously supported by the hospital charities and local businesses. To make your nomination, visit www.stgeorges.nhs.uk/about/gesh-care-awards or www.epsom-sthelier.nhs.uk/gesh-care-awards by Tuesday 22 October.

NHS Press

Image: Jan in ITU with family

Dorking refurb: "it's behind you"!

Dorking's "sleeping beauty" will wake up in time for the busy panto season - it has been confirmed.

Dorking Halls closed in June 2024 for refurbishment work that could cost up to £11 million – with the initial focus on replacing the 1930s plaster ceiling in its grand hall as well as much needed mechanical and electrical work.

Mole Valley District Council this week confirmed work was on schedule and Dorking's flagship theatre is on track to welcome the public through its doors from Monday, December 9.

Councillor Nick Wright, cabinet member for leisure and tourism said: "The pantomime is Sleeping Beauty and I like to think of Dorking Halls as a sleeping beauty that will wake up on December 9."

With the first stage of work set for completion, the council cabinet agreed on Tuesday, September 24, to release the remaining £6.1m needed to complete phase 2, set to take place next summer.

Cllr Margaret Cooksey (Liberal Democrats; Dorking South), said: "It's really exciting that we have a date.

"There is a program and everybody is going to be welcomed back into our favourite venue and it won't be how we have been used to it.

It will take some time to get the hang of it, but it's an exciting prospect."

In addition to the new ceiling, quests will notice enlarged toilet provision, a draft lobby and new fire alarms.

Next year's work will mostly consist of replacing electrical and mechanical installations that are near the end of their useful life.

The meeting heard that new seating, bigger bars and improved accessibility remained a pipe dream for the foreseeable future unless new revenue streams or grants are found.

Instead, the work has been to ensure Dorking Halls continues to meet health and safety standards, with improved visitor comfort and better energy efficiency "while meeting the changing technical requirements for future shows and events".

Cllr Wright added: "Dorking Halls is a tremendously important part of Mole Valley's community life.

"It not only serves as a key cultural and arts hub, but also provides opportunities for residents and visitors to gather and celebrate local, British and International talent.

"This beautiful art-deco building, which has served us for so many years, has reached a point where significant investment is needed to continue its community mission.

"I'm pleased that the proposed budget has been approved by Cabinet, and the important upgrades to the building can continue to move forward."

Shows that had been scheduled to be held at Dorking Halls were shifted to Leatherhead Theatre, the Green Room Theatre and Pippbrook House.

Dorking Halls (image Google)

Season finale tips for Epsom racecourse

The finale meeting of the Summer Flat season at Epsom Downs arrives on Sunday with a seven-race card to bring the campaign to a close.

Racing gets underway at 1.45pm with a class four nursery contest before the action – and the season – rounds off at 5.15pm with a class four handicap.

Read below to discover the latest tips and a full meeting preview for Epsom's final card of the year on Sunday courtesy of **Racing TV.**

The opening contest on Sunday's card sees a small field of five head to the start for the class four jersey contest (1.45). The Paul and Oliver Cole-trained White Chapel Road could be the play in the opener, getting off the mark in a Brighton maiden 27 days ago in fine style and he should be right up there again if showing the same form. Previous course and distance winner Pietro can fill the second spot and rates the chief threat.

Race two on the card (2.20) is another five runner contest, this time in a class two conditions stakes over the extended mile around Epsom. Anniversary holds an entry in the Group 1 Futurity Stakes at Doncaster next month and this could be an ideal prep run for the Ralph Beckett runner, off the mark on debut at Newmarket six weeks ago so is the clear horse to beat here.

Sene runners aged between three and four years old will tackle race three on the card (2.55) over the one mile and two furlong trip. Rickshaw made a promising start for trainer Harry Charlton when landed a third in a Pontefract maiden ten days ago and should be in with a big shout here stepping up in trip. Of his rivals, Sir Lowry's Pass rates the main danger, a winner of a Goodwood novice earlier this month despite missing the break that day.

Mark Of Gold looks to be the one to beat in the fourth race on the card (3.30), returning to the Flat having been pulled up in a handicap hurdle at Sandown in April for trainer Gary Moore and back on a handy looking mark as well, will take all the beating. Stablemate Miller Spirit can run him closer, a three-time winner in 2024 and produced a career-best when winning at this track just 17 days ago.

Nine runners will tackle the one mile and two furlong class three handicap at 4.05 with preference heading the way of Andrew Balding's handicapping newcomer Winston's Tipple, who got off the mark in a six runner novice at Lingfield last time out and has the eye-catching jockey booking of Oisin Murphy to boot. Qitaal looked better than ever when scoring under the now retired Franny Norton at Chester on his last run and can take the second spot here as he has to defy a 9lb rise in the weights.

The penultimate on the card is up next at 4.40 and Arkhalia Flynn is taken to get back to winning ways having only been narrowly denied in his hat trick bid last time out at Haydock for trainer Jack Channon.

Finally, the card and the season at Epsom comes to a close with an 11-runner handicap in class four over the seven furlong trip (5.15). Preference in the finale goes to Hodler, who has a good record at this track including a win over course and distance 17

days ago for which he is penalised 6lb in the weights but given how impressive his last run was, looks the type to be able to shoulder the rise with ease.

Epsom selections - Sunday

- 1.45 White Chapel Road
- 2.20 Anniversary
- 2.55 Rickshaw
- 3.30 Mark Of Gold
- 4.05 Winston's Tipple
- 4.40 Arkhalia Flynn
- 5.15 Hodler

Horses racing Image: Credit Paul. CC BY 2.0

Epsom man pounds Epsom streets for charity

Local man and charity CEO, **Lucas Mee**, ran 125km in under 24 hours this weekend, joined in part by local MP **Helen Maguire**, to help raise funds and awareness for children on the streets in Uganda. Starting at 3pm on Saturday 21 st September 2024, Lucas pounded the local pavements of Epsom and ran on a treadmill through the night. Lucas completed the 125km in 23 hours and 27 minutes.

On the morning of Sunday 22 nd September he met Epsom and Ewell's MP **Helen Maguire** and her running group, the Epsom and Ewell Harriers Athletic Club in Horton Country Park, to cross the 100km mark and share with them the reasons for his run.

Lucas is fundraising for S.A.L.V.E. International – the charity he is CEO of – which supports young people and their families in Jinja, Eastern Uganda, to leave the streets and have brighter futures through education, business empowerment and permaculture.

This epic run is part of a month-long fundraising campaign to help raise £10,000 for young people who live and work on the streets. Thanks to Lucas' fundraising efforts this total has now been beaten.

Lucas says, "Every day, children in Uganda leave their homes and families in search of a better life. They can travel vast distances to reach major cities, hoping for new opportunities, but often end up at the mercy of the street, where life is constantly dangerous.

"S.A.L.V.E. International works to provide immediate support to street connected children in Jinja, with the aim of helping them to return home and achieve their full potential.

"To raise awareness of the extreme decisions that children on the streets are forced to make, as well as raise vital funds for our work, I have decided to put my fitness to the test and take on this ambitious challenge.

"125km is the equivalent distance between Uganda's capital, Kampala, and Jinja where we are based. This is a journey that many children make by foot. I know it will be tough, but it's nothing compared to spending even one night on the street".

Lucas' challenge is part of S.A.L.V.E. International's Step up for S.A.L.V.E. campaign, which invites people across the globe to take on their own fitness challenge in September to help raise funds for children living and working on the streets of Uganda.

Another Epsom pub gets a major face-lift

Much-loved Church Street pub, The Faraday, has reopened after an exciting six-figure investment, creating six new jobs in the local community.

Located in the town centre, the site was originally an eclectic showroom and was named after the experimental physicist Michael Faraday. Today, The Faraday has become one of the most popular bars in Surrey.

As part of Stonegate Group's commitment to position every site for success, the investment has been carefully allocated to enhance the pub's offerings while preserving its unique charm.

All renovations have been carefully crafted to aid the pub's goal of being a welcoming space for sports teams, social societies and locals looking for an unforgettable night out.

The venue's attractive new décor has revitalised the space, creating a contemporary setting that's perfect for bottomless brunch on Saturdays.

The sports experience at the pub has been enhanced with the addition of multiple HD TV screens. Whether it's Premier League football, rugby, boxing, or Formula 1, The Faraday has it all covered.

With a huge 60-inch HD TV, and now a whopping 23 HD TVs throughout the site, every seat has a view of the sporting action.

The Faraday also has multiple dartboards for Epsom locals who want to find their inner Luke Littler.

The pub has a popular beer garden, where guests can enjoy soaking up the last of the autumn sun, with the front garden also providing a relaxing spot for a lovely cold pint of premium world lager.

A popular student hub, the pub is renowned for its student deals, with the best student night in the city, offering alcoholic drinks starting at just £2.35, burgers or pizza and a drink for a generous £8 and soft drinks starting at 65p.

The Epsom pub offers a fantastic range of craft beers, world beers, cider, and cocktails, all at some of the most competitive prices in the area. It's the perfect place to enjoy a drink in front of one of the many big screens, with 2-for-1 cocktails available all day, every day.

However, those not drinking alcohol will be able to choose from an extensive range of no and low alcohol options, ensuring everyone is accommodated to.

What's more, furry friends are welcome throughout the pub, with the venue being a popular spot for dog walkers popping in for a pint.

MiXR users can unlock exclusive rewards at The Faraday by downloading the MiXR app and creating an account, including a free drink for signing up. Students can also take advantage of special discounts available exclusively through the app.

Samantha Camara, General Manager of The Faraday, said: "These renovations align with Stonegate Group's commitment to always improve and innovate, meaning we can give our guests the best possible experience at our beloved pub.

"We want the investment to position our pub as the place to be for students as well as being the premiere venue to watch sport in Epsom with a huge range of big screens and food and drink at competitive prices.

"I've been General Manager of The Faraday for six years now and my love for this venue only continues to grow. This renovation marks a new chapter for our team which we cannot wait to start!"

The venue features a jam-packed weekly deals schedule, including 2-for-1 pizzas on Mondays, Student Baskets on Tuesdays, Wing Wednesdays, and Craft & Cocktails on Thursdays. Additionally, there are food and drink deals available throughout the week, along with the popular 2-for-1 cocktail offer.

But that's not all, the beloved bar always has a reason for guests to visit with karaoke night on Thursday and Friday, and Saturday nights seeing local DJs spinning decks late into the night.

Finishing the week in style, the pub hosts a quiz night on Sundays at 7pm, where locals are invited to test their knowledge amongst the smartest in Epsom to win exciting prizes.

Related reports:

Landmark pub re-assembles Tuesday