

Run for humanity in Epsom and Ewell

27 May 2025



On Sunday, 18th May 2025, the Ahmadiyya Muslim Youth Association (AMYA) in the Southwest Region of England hosted a remarkable charity run that brought together people from across the local community in a spirited show of unity and compassion.

Held at Auriol Park, a public park in the Borough of Epsom and Ewell, the event ran from 10 AM to 2 PM and served as a vibrant platform for both raising funds and awareness. With over £8,000 collected on the day, the event was a resounding success. All proceeds went to AMYA's partner charity, *Humanity First*.

Humanity First, established in 1995 and registered with the UK Charities Commission, operates in 66 countries across six continents. It runs eight core programmes that have collectively transformed millions of lives through disaster relief efforts, sustainable development, and community empowerment. The funds raised through this event will directly support the charity's response to various crises around the world, including the ongoing humanitarian catastrophe in Gaza.

Participants came from across the region, with residents of Kingston, Worcester Park, Tolworth, Malden Manor, New Malden, Surbiton, Epsom and Ewell all playing their part in contributing to this noble cause.

The day began with a competitive 10K run that set the tone for the rest of the event, as runners, supporters, and volunteers came together with a shared purpose. Alongside the run, attendees enjoyed a variety of activities, including inflatable attractions, food stalls, and exhibitions that added a festive and welcoming atmosphere for families and supporters alike.

Beyond the fundraising, the event provided an invaluable opportunity for the public to learn more about the Islamic principle of serving humanity. In Islam, service to others is not just encouraged — it is considered a vital part of one's faith and spiritual fulfilment.

The Ahmadiyya Muslim Youth Association, known for its strong emphasis on community welfare and interfaith cooperation, exemplifies this teaching by actively engaging in charitable activities across the UK and internationally. By organising such events, AMYA not only raises funds for critical humanitarian efforts but also helps foster mutual understanding and a sense of shared responsibility within the wider community.

Faran Shaheen

Regional Press Secretary for the Ahmadiyya Muslim Youth Association (AMYA) UK