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## Should have gone to the Surrey Youth Games?

On Saturday, children in **Epsom & Ewell** who took part in the 2023 **Specsavers** Surrey Youth Games and their families came together to celebrate the Games at the Surrey Sports Park in Guildford. Around 70 children from Epsom & Ewell aged 7-16 took part in the Games this year, having a go at a fun across a range of activities – from boccia, boxing and street basketball to judo and rugby, all at no charge.

The Specsavers Surrey Youth Games is the biggest multi-sport youth programme of its kind in the south east. The Games were open to all but were actively promoted to encourage those who might not normally get the chance to join a sports club or are otherwise inactive.

The Games would not have been possible without the 12 young ambassadors who helped promote them in their schools, encouraging young people to find out more and sign up to take part.

Councillor **Clive Woodbridge**, (RA Ewell Village) Chair of the Community and Wellbeing Committee said "We were overjoyed to see so many children from Epsom & Ewell take part in the Specsavers Surrey Youth Games this year.

"We know that building positive habits in early life is vital for the long-term health of our children and the Games are a great way for children who may not previously have had access to some of these sports to join in and have fun taking part.

I was honoured to meet the young ambassadors who volunteered their time to help promote the Games to their peers earlier in the year while I was serving as Mayor of Epsom & Ewell and was delighted to see the positive outcome of their efforts this weekend."

The Specsavers Surrey Youth Games were coordinated by Active Surrey and sponsored by Specsavers.