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Stable Visit Opens Doors on Epsom Downs

8 April 2026



Residents were given a rare glimpse behind the scenes of one of Epsom's most picturesque racing yards as a community visit brought locals face-to-face with the daily life of a professional training stable.

Around 30 racing enthusiasts gathered on Epsom Downs for an exclusive morning at the yard of trainer George Baker, with the early mist still hanging over the gallops as the visit began. The event was organised by Councillor Steven McCormick, Chair of the Epsom Downs Conservators, with support from fellow Conservator Councillor Kim Spickett.

Guests were welcomed inside the stable gates for a guided tour led by Candida Baker, who offered an engaging insight into the routines, challenges and traditions of the yard. The visit revealed not only the meticulous care given to each horse but also the individual personalities that make up a working stable.

The highlight of the morning came as the group moved out to the fibre sand gallop, where they watched horses thunder past at full speed. Standing trackside, visitors experienced first-hand the power and elegance that define training on the Downs.

The visit also served as a reminder of the deep historical roots of horse racing in Epsom. Councillor Kim Spickett said the morning demonstrated how local traditions continue to be preserved in active use, describing the stables as "living museums" connecting the present to centuries of heritage.

Councillor McCormick added that events like this are about bringing the community closer to what makes Epsom unique, highlighting the importance of maintaining a connection between residents and the Downs.

Further visits are already planned, with the next taking place at Michael Attwater's yard on April 11th. Spaces are limited and expected to fill quickly, with booking available via Eventbrite. A subsequent visit to Craig Benton's yard is scheduled for April 18th

Attwater Racing

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- Date: April 11th
- Location: Attwater Racing, Epsom
- Host: Organised by Cllr Steven McCormick & Cllr Kim Spickett

How to Book:

Spaces are strictly limited and fill up fast. To secure your place for the April 11th visit

https://www.eventbrite.co.uk/e/1986793626219?aff=oddtdtcreator

Craig Benton – April 18th

https://www.eventbrite.co.uk/e/1986793958212?aff=oddtdtcreator

Contact: Councillor Steven McCormick stevenjmccormick@yahoo.co.uk

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