

Surrey boost for mental health includes Epsom

6 February 2024



Surrey County Council has announced a significant investment of £3.6 million from the Mental Health Investment Fund (MHIF) into 13 innovative, community-focused projects. This allocation follows a previous grant of £530,000 in 2023 to 9 projects. The overarching goal of these initiatives is to bolster emotional well-being, with a dual focus on preventing poor mental health and providing support for those already grappling with mental health challenges.

The MHIF operates in collaboration with Surrey Heartlands Health and Care Partnership.

The 2019 Surrey Health and Wellbeing Strategy guides the allocation of MHIF funds, emphasizing the reduction of health inequalities and targeting specific groups and neighbourhoods. The MHIF focuses on prevention, dismantling barriers, and empowering individuals to proactively improve their emotional health and well-being.

Mark Nuti, Surrey County Council Cabinet Member for Health, expressed delight in the diverse allocation of the second round of funding. Spread across all 11 districts and boroughs of Surrey, the funds support a range of organizations employing innovative, community-focused approaches to address mental health challenges.

In the table summarizing mental health projects in Surrey, here are the projects targeting Epsom and Ewell and frequently the Court Ward area in Epsom in particular, among other areas in Surrey.

Emerge Advocacy

Supports people aged 10-25 who are in A&E because of self-harm, a suicide attempt or emotional crisis, 7pm - 11pm when many other services are closed, and hospital staff are very busy. The MHIF funding will allow Emmerge to expand their post hospital follow up support so that young people and their families do not have to endure long waits for support during their most vulnerable moments. Emmerge Advocacy runs Emmerge projects in the Royal Surrey, Epsom, Frimley and East Surrey hospitals.

Other projects involving Epsom and Ewell include:

Barnardo's Paediatric Parenting Service

- **Target District:** Court in Epsom
- **Description:** Barnardo's will provide support to parents/carers of children under 6 years old, diagnosed with autism and/or ADHD, in key neighbourhoods, including Court.
- **Funding:** £409,609
- **Duration:** 2.5 years

PAPYRUS: Prevention of Young Suicide

- **Target District:**
 - Year 1: Court in Epsom
- **Description:** PAPERUS aims to expand its impact in Surrey schools through various initiatives, including direct intervention in specific neighbourhoods.
- **Funding:** £139,834
- **Duration:** 2 years

YMCA: Step Forward

- **Target District:**
 - Epsom and Ewell
 - Hooley, Merstham, Netherne, Tattenham Corner, Preston, Horley Central and South, Redhill West, Wray Common
- **Description:** Step Forward addresses the gap in service provision for young adults with poor mental health,

including those in Epsom and Ewell and surrounding districts.

- **Duration:** Not specified in the provided information

These projects aim to provide various forms of support, from inclusive wellbeing coaching to parenting services, suicide prevention, and support for young adults, specifically in the mentioned districts of Epsom, Ewell, and Epsom Court.