

## Surrey taking care of your future care

Residents in Surrey and surrounding areas are being invited to take part in the first ever **Planning for Your Future Day** aimed at helping people plan for the later life they want.

Two free events – one in Guildford and one online – are being held on 11 March to equip people with information to make the right decisions at a time when they may need extra support.

Planning for Your Future Day – part of a campaign run by Surrey County Council in partnership with local charity Age UK Surrey – aims to raise awareness of care and support options, costs of social care and ways to maintain independence. By understanding options and starting conversations with loved ones early, people can make informed choices and avoid rushed decisions in a crisis.

Resident research shows that 88 per cent of adults in Surrey are concerned about needing future support and 81 per cent of local people are moderately, or really, concerned, about paying for care. This is an increase on the figure from just two years ago.

Separate figures show that, each year, around 300 to 400 Surrey residents who are paying for their own care run out of money, putting them at risk of having to move to a new care home, or their families needing to contribute a top-up to cover the costs of the home.

Planning for Your Future Day is believed to be the first of its kind in the country and is already gaining regional momentum, with three other local authorities – Hampshire, Oxfordshire and West Berkshire – also inviting their residents to join the online event.

In Surrey, more than 2,000 people have already attended a Planning for Your Future presentation held in a community location or joined an online webinar, and nine in ten people would recommend it to a friend.

The event on 11 March – at Guildford Baptist Church in Millmead – is set to be the biggest public event yet and will be followed in the evening by the online webinar.

**Sinead Mooney**, Surrey County Council's Cabinet Member for Adult Social Care, said: "It's great to see Surrey at the forefront of helping people take control of their future so they can make confident, informed decisions. This initiative offers a wealth of useful tips and advice on everything from independent living to care costs, while also directing people to the vast range of local support provided by charities, voluntary organisations, faith groups and neighbourhood networks.

"The Government commission on social care won't report until 2028 so it's vital that we equip people to navigate the system that's in place now. By getting out into the community with information and support, we can help people make the right choices for them and avoid making decisions in a crisis which may not be suitable in the long run."

Planning for Your Future aims to help those who will need to pay for care themselves or whose family pay members pay. The events will cover key topics such as care options, typical costs of care, Powers of Attorney and practical steps to stay independent for longer, including equipment and technology in the home.

The in-person event starts at 11am on 11 March and will include a talk, Q&A and some light refreshments, with everyone who comes along able to leave with a checklist containing a reminder of the key points.

Alongside the council's adult social care team and Age UK Surrey, the event will be attended by other organisations such as Mole Valley Life, who can help respond to falls, and the Society of Later Life Advisors, who are financial planning experts.

There will be an online version of the presentation the same evening at 7pm. Both sessions can be booked by visiting the Planning for Your Future information hub on the Age UK Surrey website.

The in-person event will be held from 11am – 1pm on Tuesday 11 March at the Guildford Baptist Church, Millmead, Guildford GU2 4BE.

Parking available at Portsmouth Road, Millmead and other local car parks.

The evening's online presentation will take place on 11 March from 7pm.

Both sessions can be booked by visiting the Planning for Your Future information hub on the Age UK Surrey website.