



Surrey walkers invited to tackle five peaks for young people

30 June 2026



Local charity Surrey Care Trust is calling on walkers, families, friends and businesses to take on a 13-mile - or even 26-mile - challenge across Surrey this year, helping young people overcome barriers, build confidence and create brighter futures.

Surrey Care Trust's 5 Peaks Challenge will see participants take on either a half-marathon or full-marathon distance walk, tackling the "five peaks of Surrey": St Martha's Hill, Newlands Corner, Leith Hill, Holmbury Hill and Pitch Hill.

The event aims to raise funds for the charity's work with young people across Surrey.

For many young people, the biggest obstacles are not physical. Low confidence, anxiety, a lack of skills or uncertainty about the future can make it difficult to remain connected to education, training and employment.

Surrey Care Trust provides alternative education, mentoring, confidence-building activities, skills development and practical support to help young people recognise their potential and move towards a positive future.

Through its Steps2Work programme, the charity says it has supported hundreds of young people into employment, education, training and volunteering.

"Everyone faces challenges in life, and sometimes young people need someone to help them find their way forward. The 5 Peaks Challenge is a fantastic opportunity for the Surrey community to come together, take on a personal challenge and help young people build confidence and achieve their goals," said Rachel Perez-Lofty, Fundraising and Marketing Manager.

The bespoke orienteering route offers participants the chance to challenge themselves while enjoying Surrey's countryside, whether walking alone, with friends or as part of a workplace team.

"The Surrey 5 Peaks Challenge really is an adventure not to be missed. I speak from experience. Expert organisation, stunning Surrey Hills countryside, the challenge of the five peaks, fresh air and the chance to meet other walkers all combine to make the day something very special.

"By taking part, you will be helping support vulnerable young people and families across Surrey. You really can make a difference," said Teresa, a long-time Surrey 5 Peaks walker.

Surrey Care Trust is encouraging people of all abilities to take part, whether they are experienced walkers or simply looking for a new challenge.

The event takes place on Saturday 12 September 2026, following a route from Shamley Green to Wootton and back to Shamley Green.

To register, visit:

<https://www.surreycaretrust.org.uk/event/charity-challenge-event-surrey-5-peaks-challenge-2026/>

Surrey Care Trust supports people across Surrey to overcome barriers, build skills and create better futures through mentoring, education, training and community support.

Surrey Care Trust