

Volunteers Tackle Plastic Waste in Epsom Town Centre

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Plastic waste is a global menace that often ends up closer to home than we think. According to recent studies, the average person could be consuming up to five grams of microplastic every week — equivalent to the weight of a credit card — through food and drink. With plastic present in around 70% of consumer products, and evidence of its harmful impact on marine life and ecosystems, managing our plastic footprint is becoming increasingly urgent.

On Sunday 29 June, local volunteers from ASEZ WAO UK, a community group with a focus on sustainability, staged a “Rethink Plastic” event around Epsom’s Clock Tower. Around 40 volunteers, joined by members of the public, took part in a litter pick, public awareness presentations, and an upcycling workshop to highlight practical solutions to plastic waste.

Their efforts drew the support of the Mayor of Epsom and Ewell, Councillor **Robert Leach** (RA Nonsuch), who questioned the scale of modern packaging waste and praised the volunteers for helping to keep the town clean. Councillor **Steven McCormick** (RA Woodcote and Langley Vale) also lent his backing, commenting, “Wouldn’t it be great if people just used the bins?”

In total, volunteers collected around 35 bags of rubbish from the town centre. Under a pop-up gazebo, families were invited to transform discarded plastic bottles into creative items such as phone stands, piggy banks, toy cars and flowers — demonstrating how waste materials can be given a second life. A young mother taking part with her daughter described the workshop as “really good, really fun — a great idea.”

Upcycling — the process of turning unwanted materials into something of higher value — is gaining traction as one response to the growing problem of plastic pollution. However, recycling still faces challenges. For example, items such as greasy pizza boxes and disposable coffee cups often cannot be recycled through normal household collections, highlighting the importance of checking local guidelines to avoid contaminating recyclable waste streams.

Littering and plastic waste remain significant problems in the UK. The charity Keep Britain Tidy estimates that local councils spend nearly £700 million each year cleaning up litter, much of which includes plastic packaging. With plastic pollution known to damage habitats and harm wildlife, local action is seen as a vital part of tackling a wider environmental crisis.

ASEZ WAO UK says it plans to continue its local campaigns and is encouraging residents to get involved in future events. More information about their activities is available online or from volunteers active in the community.

For those inspired to act, it’s a timely reminder: our throwaway habits may have far-reaching consequences — and tackling them starts on our own doorstep.

Image: Cllrs McCormick and Leach speak out against plastic waste